## **Our Location & Directions**

#### From the North

Take I-271 South to Rt. 8 South and exit at Graham Rd. Turn left off the exit and head East on Graham Rd. At Rt. 91/Darrow Rd., turn left to head North on Rt. 91/Darrow Rd. Continue about a half a mile on Darrow Rd. The building will be on the right.

#### From the South

Take I-77 North to Rt. 8 North. Continue on Rt. 8 North to the Rt. 59 (Front St.) Exit. Merge right heading east, and then make a left on Rt. 91/Darrow Rd. Continue for about one mile on Darrow Rd. The building will be on the right.

#### From the East

Take I-76 West to Rt. 8 North. Continue on Rt. 8 North to the Rt. 59 (Front St.) Exit. Merge right heading east, and then make a left on Rt. 91/Darrow Rd. Continue for about one mile on Darrow Rd. The building will be on the right.

#### From the West

Take I-76 East to Rt. 8 North. Continue on Rt. 8 North to the Rt. 59 (Front St.) Exit. Merge right heading east, and then make a left on Rt. 91/Darrow Rd. Continue for about one mile on Darrow Rd. The building will be on the right.

3913 Darrow Road, Suite 100 Stow, OH 44224







# Occupational Medicine & Employee Health

Western Reserve Hospital's Occupational Medicine and Employee Health Center helps your organization promote the health and safety of employees. Our team of physicians and medical professionals is led by our Medical Director, Dr. James Martin, who has more than 20 years experience working with occupational healthcare. We deliver the highest-quality care with a primary focus on increasing patient satisfaction.

#### **Medical Evaluations**

#### **DOT Pre-Employment and Re-Certification Exams**

- Physician Exam according to DOT guidelines
- Includes review of medical history, vitals, whisper hearing

#### **Non-DOT Pre-Employment and Annual Exams**

• Physician exam, includes review of medical history, vitals

#### **Comprehensive Medical Exam**

• Extended physician exam, includes detailed review of systems and medical history

#### **Fitness for Duty Exams**

• Physician review of candidate's physical condition and ability to perform job duties

#### **Return to Work Evaluations**

- Performed after a separation from employment due to injury
- Comprehensive review of the individuals' physical condition, specifically noting limitations on physical activity, and their ability to lift and carry, as required by the position

#### T-8 Pre-Employment and Re-Certification Exams

 Physician Exam according to T-8 guidelines for Bus and Van Drivers

### **Drug and Alcohol Screening**

Our drug and alcohol testing services include:

## **Urine Drug Screens**

- DOT or NON DOT
- 5 to 12 panels
- Instant/rapid testing
- In-house laboratory services or collection only (for outside lab processing)

#### **Hair Drug Screens**

In-house laboratory services or collection only (for outside lab processing)

#### **Breath Alcohol Testing**

• Breathalyzer testing performed by certified technicians

#### eScreen

- Preferred Collection Sight
- Paperless, automated, fast and reliable
- Negative result screening is reported and sent directly to your desktop within 15 minutes

#### **Blood Alcohol Testing**

 Laboratory examination of a sample of blood to determine the concentration of alcohol in the blood

#### **MRO Services**

- Medical Review provided by AAMRO certified physician
- Blood drug screens
- Alcohol or nicotine screening available

### **Consortium Services**

Western Reserve Hospital's Occupational and Employee Health Services program can administer your random drug screen program. We will ensure that the required percentage of employees are tested annually and that the employees are selected at random by our software program.

#### Results

Negative results are typically returned within 48 hours (excluding eScreen), and can be reported via confidential fax, email, or our secure web-portal. Results that need to be reviewed by our medical review officer are generally reported within 5 business days.

# **Diagnostic and Screening Services**

## **Electrocardiograms (EKG)**

 Measures and diagnoses abnormal rhythms of the heart. Available with or without interpretation

#### Spirometry – Pulmonary Function Testing

Measures lung function, specifically the volume and flow of air

#### **Back Strength Exam**

 Physician assessment of back strength and flexibility. Exercises and weight requirements can be modified to suit the needs of your organization

## **Cardiac Stress Testing (Treadmill)**

 Measures the heart's ability to respond to external stress. Performed at Western Reserve Hospital, with results interpreted by cardiologist

#### Audiometry

 Tests hearing ability using audio booth.
Audiometer meets American National Standards Institute (ANSI) standards

#### **Vision Exams**

• Snellen (eye chart) or titmus (color and depth)

#### X-Ray

• Certified radiology technician on-site

## **Laboratory Services**

- Complete blood count, lipid, and chemistry profiles
- Mantoux (TB) testing
- Heavy metal screening
- Hepatitis A, B, C screening
- Mononucleosis screen
- Rapid influenza screen

#### **Immunizations**

- Hepatitis A, B, C
- Tetanus, diphtheria, pertussis
- MMR (measles, mumps, rubella)
- Influenza & pneumonia
- Meningitis vaccine

## **Safety and Health Support Services**

- OSHA respiratory questionnaire review and clearance exams
- First aid and CPR training
- Smoking cessation

### **On-Site Testing**

Our certified technicians can provide immunizations and drug and alcohol screenings on site at your place of business if your facility meets the necessary safety and regulatory requirements. Having these services provided on site is convenient for employees and offers cost savings to employers by eliminating travel time.

## **Injury Care**

As a Bureau of Workers Compensation certified provider, Western Reserve Hospital's Occupational and Employee Health Center specializes in providing care for work related injuries.

In the event that an employee reports to the Western Reserve Hospital Occupational and Employee Health Center with an injury that will prevent them from returning to work, our staff will contact you prior to releasing the employee to provide details of the injury and our recommended care plan. Our BWC Coordinator will then complete all forms and documentation required by the Ohio Bureau of Workers Compensation and will maintain a comprehensive record of the incident.

"You can be confident that everything we do is directed toward improving the patient experience. Our vision is to bring the highest quality of occupational healthcare to the community. I look forward to serving your needs."

Dr. James Martin, Medical Director