



Prehospital Care Protocol and Treatment Guidelines

2023 R1.1



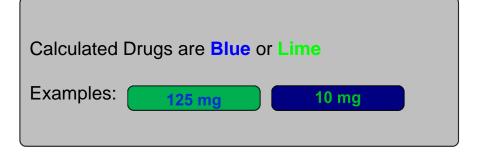
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Key to Algorithms

All algorithms are color coded to denote procedures, which may be performed by each level of certification. To perform procedures color - coded red, Online Medical Control must be contacted for permission. Higher levels of certification will perform lower-level evaluations and procedures when interpreting the algorithms.

The protocol format is for quick reference and does not detail patient assessment, interpretation, or interventions. EMS personnel are accountable for all patient care and documentation to their level of training and lower.

	General Information
EMT	EMT-EMT skill and Assessment Level Interventions
AEMT	AEMT-Advanced EMT and Assessment Level Interventions
Paramedic	Paramedic Skill and Assessment Level Interventions
Med Control Consult	Medical Control Contact/Authorization – Consult Required





Stop – Do NOT perform intervention if listed criteria are present. Discuss with Online Medical Control if provider feels there is therapeutic value despite the stop.



Caution – Reminder about specific intervention. Do NOT perform action unless listed criteria are met and understood. If question(s), contact Online Medical Control



Time sensitive – Requires timely response by providers within timeframe indicated

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Introduction Part A

These protocols and procedures are to be used as guidelines for operation during EMS calls that require medical direction. They are also intended to be guidelines to ensure that personnel are trained in proper pre-hospital patient care.

Procedures are not considered rigid rules, but rather established standards against which EMS practice can be measured.

Treatment protocols are specific orders directing the actions pertaining to techniques and/or medications used by EMS personnel who are required to practice under direct supervision of a physician and under their respective EMS Medical Control authority. Treatment protocols may and should be initiated without prior direct Medical Control contact, especially when the patient's condition and / or situation is life threatening.

Although not identical, these protocols and procedures are derived from the State of Ohio EMS guidelines. Please note that items in this manual are subject to continuous review for the sake of providing members with the most current emergency medical information. Updates to this material may be frequent to maintain a current standard of care to benefit both the patient and the provider of emergency medical care. Please replace older versions with newly updated material as soon as it is issued. Once updated, older versions are to be considered obsolete and are to be discarded to help eliminate confusion.

ONGOING IMPROVEMENT

In an effort to assure these protocols remain relevant and up-to-date, University Hospitals has created an email specific to the ongoing management of this document. Anyone with ideas for improvement should email uhhospitals.org with their suggestions. If there are specific questions about intent, meaning, or interpretation of the protocols, these should be directed to one's EMS coordinator or Medical Director.

The above listed email will serve as a singular collection point for all corrections, and suggestions. Please understand that protocol changes are an ongoing, progressive, process requiring involvement of many parties to bring to print. Not all suggestions can or will be used, but all will be reviewed by the protocol committee and the Medical Directors. We look forward to your suggestions and corrections to assure that we field the finest pre-hospital care protocol.

Introduction Part B

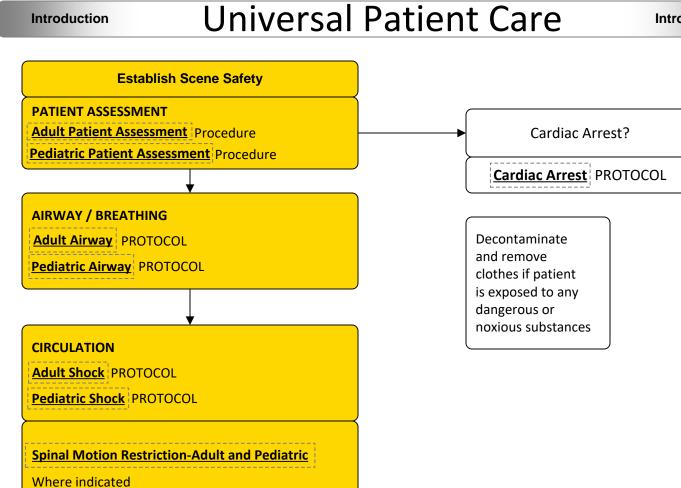
MEDICAL CONTROL GENERAL GUIDELINES

- 1. The patient history should not be obtained at the expense of the patient. Life-threatening problems detected during the primary assessment *must* be treated first.
- 2. Cardiac arrest due to trauma is not treated by medical cardiac arrest protocols. Penetrating trauma patients should be transported promptly with CPR, control of hemorrhage, cervical spine immobilization, and other indicated procedures attempted enroute.
- 3. In patients with non-life-threatening emergencies who require IV's, only two attempts at IV insertion should be attempted in the field; additional attempts must be made enroute.
- 4. In patients requiring IV's, as a courtesy to the patient and emergency department, attempts should be made to obtain a full set of bloods. A patient IV should not be compromised to obtain a set of bloods.
- 5. Patient transport, or other needed treatments, must not be delayed for multiple attempts at endotracheal intubation. Limit to two attempts pre-hospital.
- 6. Verbally repeat all orders received before their initiation.
- 7. Any adult medical patient or patients of any age with a cardiac history, irregular pulse, unstable blood pressure, dyspnea, chest pain, medication administration, or venous access *must* be placed on a cardiac monitor.
- 8. Where clinically indicated, obtain a 12-lead EKG, and transmit to the emergency department. The transmission must include the patient's name, age, and sex.
- 9. When transferring lower level prehospital care to a higher level of prehospital care, a thorough consult should be performed between caregivers describing initial patient presentation and care rendered to the point of transfer.
- 10. If the patient's condition does not seem to fit a protocol or protocols, contact Online Medical Control for guidance.
- 11. All trauma patients with a mechanism or history for multiple system trauma should be transported as soon as possible. The scene time should be 10 minutes or less.
- 12. Medical patients will be transported in the most efficient manner possible considering the medical condition. Advanced life support therapy should be provided at the scene if it would positively impact patient care. Justification for scene times greater than 20 minutes should be documented.

VITAL SIGNS Heart Rate Respirations **Blood Pressure**

high flow O₂

4 / 12 Lead ECG



CONTACT ONLINE MEDICAL CONTROL

Patient Does NOT Fit Any Protocol?

Room Air SpO₂ – Apply O2 if Needed to

maintain $SpO_2 \ge 94$ unless specific protocol requires

Go to Appropriate Protocol

Introduction

Universal Patient Care Key Points

Introduction

- Any patient contact, whether it results in an EMS transport or not, must have a completed PCR.
- Exam: Minimal exam if not noted on the specific protocol is vital signs, mental status, and location of injury or complaint.
- Required vital signs on every patient include BP, pulse, respirations, and pain scale.
- A pediatric patient is defined by the weight-based system If the patient does not fit on the system, they are considered adult.
- Timing of transport should be based on patient's clinical condition and the transport policy.

General

- All patient care and documentation MUST be appropriate for your level of training and within the standard of care of the State of Ohio.
- Minimize over-ventilation. Ventilate Adults 1 breath every 6 seconds (10 breaths / min) with BVM or advanced airway. Ventilate pediatrics 1 breath every 2 3 seconds (20 30 breaths / min) with or without and advanced airway.
- Refer to the Post Resuscitation Cardiac Arrest Protocol for all resuscitated cardiac arrest patients.
- One provider can begin resuscitation and treatment while the other performs the assessment.
- It may be necessary to reference several protocols while treating a patient.
- Refer to the appropriate protocol and provide the required interventions as indicated.
- Additional focus may be needed in specific areas as indicated by the patient's chief complaint.
- Airway management and oxygen administration should be initiated based upon the results of the patient assessment and the protocols.
- IV's should be initiated in all patients based upon the results of the patient assessment and the Intravenous Access Procedure. Attempt to draw blood samples whenever an IV is initiated. However, do not jeopardize the IV for the blood samples.
- IV's are generally preferred over IO access. Attempts should be made to establish IV's. If IO is necessary, humeral head IO's offer greater flow rates and are preferred over tibal IO. Other clinical factors should be considered when deciding any vascular access, as they may dictate delivery of care.
- Administer cardiac monitoring and perform a 12-Lead EKG based upon the results of patient assessment or protocols.
- EMT and Advanced EMT's may apply the cardiac monitor, print a strip, and transfer the strip to the emergency department but may not interpret the rhythm.
- If indicated and possible, perform a 12-Lead EKG before moving to the squad and prior to any medication administration.
- Check the patient's Blood Glucose Level based upon the patient's assessment and the protocols.
- When assessing for pain, use a 0-10 pain scale; 0 = no pain; 10 = worst pain ever experienced.
- It is mandatory to document the reason why an intervention was not performed if it was indicated.
- If Online Medical Control requests that a functioning paramedic perform an intervention outside of the protocol, the functioning paramedic may follow the orders if **ALL** of the following apply:
 - o The patient's condition could be severely affected if the intervention is not performed.
 - o The paramedic has documented training in the intervention within the last 3 years.
 - o The intervention is in the recognized scope of practice for paramedics in the state of Ohio.
 - o The paramedic has received permission to perform the intervention from Online Medical Control.
 - o Online Medical Control was notified that the intervention is not in the protocol.

Adult

- Patients who are taking rate control medications may not have an elevated heart rate, but may still be in shock.
- General weakness can be a symptom of a life threatening illness.
- Hip fractures and dislocations in the elderly have a high mortality rate.
- What would be considered a minor or moderate injury in the adult patient can be life threatening in the elderly.
- Diabetic patients may have abnormal presentations of AMI and other conditions due to neuropathy.
- A medical cardiac arrest is not a "load and go" situation. It is in the best interest of the patient to perform all initial interventions (Defib, CPR, ETT, IV) and 1-2 rounds of medications prior to transport.
- An adult patient is considered hypotensive if their systolic BP is 90 mmHg or less or a MAP < 65.
- Assess the patient after every 250 ml of normal saline, and continue with fluid resuscitation until it is no longer indicated.

Pediatric

- Assess the pediatric patient after every fluid bolus of normal saline, and continue with fluid resuscitation until it is no longer indicated.
- Refer to the Pediatric Intraosseous Procedure, if indicated.
- It may be necessary to alter the order of the assessment (except for the Initial Assessment) based upon the developmental stage of the patient.
- A pediatric trauma patient is any trauma patient who is less than 16 years old.
- Refer to the Pediatric Vital Signs Chart, as needed.

Guidelines of Airway/Breathing Assessment

PARTIAL OBSTRUCTION

• May include coughing with some air movement. Give 100% Oxygen and encourage the patient to cough. Monitor for changes. Transport immediately and be prepared for a total obstruction to develop.

FOREIGN BODY AIRWAY OBSTRUCTIONS (FBAO)

• Should be removed immediately if able. Visualize airway and either suction or sweep out liquids and other materials. Solids must be hooked with an instrument. A laryngoscope may be used for direct visualization of the airway. If unable to clear airway by these methods, use Heimlich maneuver and abdominal or chest thrusts as appropriate.

STRIDOR

• High pitched crowing sound caused by obstruction of the upper airway.

WHEEZING

• A whistling or sighing sound, usually lower airway and found upon expiration.

DALEC

• Fine to coarse crackles representing fluid in the lower airway.

RHONCHI

• Coarse upper airway sound representing various levels of upper airway obstruction.

COPD

• Pulmonary disease (as emphysema or chronic bronchitis) that is characterized by chronic typically irreversible airway obstruction resulting in prolonged exhalation.

CROUP

• Inflammation, edema, and subsequent obstruction of the larynx, trachea, and bronchi especially of infants and young children that is typically caused by a virus and is marked by episodes of difficulty breathing and hoarse metallic cough.

EPIGLOTTITIS

• Inflammation of the epiglottis usually caused by HIB microbes, now uncommon in children.

Management of Tracheostomy Patients

Tracheostomies come in 2 types

- Cuffed tracheostomy has a distal cuff to create seal in patient trachea. Necessary for patients requiring mechanical ventilation. There is a ET tube like pilot balloon to verify cuff patency once placed in the tracheal stoma. Select devices may be filled with saline rather than air, this is device specific. Nearly all will be filled with air.
- Uncuffed tracheostomy does not have distal cuff and does not seal in the trachea. This type is used for spontaneously breathing patients who require an alternate airway due to upper airway defect. These patients may be able to speak with the use of special tracheostomies or valves.

Tracheostomies have 2 essential parts

- Outer cannula This is the base that secures in the tracheal stoma. If it is cuffed tracheostomy, the cuff is on this section. There are "wings" that allow for attachment of a tie around the patient's neck. Some recently placed devices may be sutured in place.
- Inner cannula is removeable for cleaning / replacement. Usually clips or is locked in with a quarter turn detent.

Management of tracheostomy patients

- Have suction equipment on hand throughout all phases of treatment and transport suction to maintain patency as required.
- If a tracheostomy becomes dislodged and cannot be reinserted, use a ET tube sized to the stoma size.
- If a tracheostomy comes out and can be reinserted or needs changed, utilize a bougie (tube changer) if available to insert into stoma and "railroad" the tracheostomy over the bougie into place.
- Check all cuffed tracheostomy cuffs for patency, add additional air if an air leak can be appreciated around stoma.
- If a tracheostomy patient cannot be bagged effectively suspect mucous plug. Alternate trachea lavage with saline, suction, and bagging until resolved.
- If a tracheostomy patient presents with increased work of breathing, remove and inspect inner cannula.
- Pediatric tracheostomies may not have inner cannulas due to their size
- Take an extra tracheostomy kit or inner cannula with you during transport if available at pickup location
- Patients and their care givers are frequently very adept at managing these devices, utilize them as a resource.
- See procedures section for stoma and trachostomy care procedures

Key Points

Airway Assessment:

- If you don't have an airway you don't have anything!
- C-spine precautions must be considered prior to the insertion of airway adjuncts. Provide manual stabilization prior to insertion.
- See PEDIATRIC Section for pediatric airway management.

Breathing Assessment:

- Be sure that the airway is open before assessing breathing.
- When assessing breathing, observe rate, quality, depth, and equality of chest movement.
- COPD patients maintain on low flow oxygen (usually <2 L which keeps their O2 Sat in the 90's%), and some may stop breathing on high flow. However if the COPD patient needs high flow oxygen it should be given. Be prepared to support breathing with BVM if needed.
- Always record vital signs when treating breathing problems.

Adult Airway/

Breathing

Adjunct	Indications	Contraindications	Comments
Suction	Indispensable for all patients with fluid or particulate debris in airway	None	No more than 15 seconds per attempt
Modified jaw thrust	Initial airway maneuver for all trauma patients	None	None of these adjuncts protects against aspiration in patient with depressed consciousness
Hyperextension of neck	Opening airway of non-trauma patient	Potential cervical spine injury	None of these adjuncts protects against aspiration in patient with depressed consciousness
Nasal airway	Obstruction by tongue with gag reflex present	Potential mid-face injury	None of these adjuncts protects against aspiration in patient with depressed consciousness
Oral airway	Obstruction to tongue, etc.	Positive gag reflex	None of these adjuncts protects against aspiration in patient with depressed consciousness
Orotracheal intubation	Failure of above; provides airway protection	None	Difficult in patients with severe maxillofacial injuries
King Airway (Extraglottic Device) Blind Insertion Airway Device (BIAD)	Difficult airway Airway device for BLS providers	None	Primary salvage airway Size appropriately
LMA / iGel (Extraglottic Device) Blind Insertion Airway Device (BIAD)	Difficult airway Airway device for BLS providers	None	Requires training prior to use Size appropriately
Needle cricothyrotomy If Trained	High obstructed airway – unable to clear. Unable to establish any other airway.	Must be able to identify cricoid ring. Not best for anterior neck trauma.	Provides route for temporary oxygenation only Requires special training prior to use
Quicktrach or other cricothyrotomy device If Trained	High obstructed airway – unable to clear. Unable to establish any other airway.	Must be able to identify cricoid ring. Not best for anterior neck trauma.	Cricothyrotomy kits requires special training prior to use
Surgical cricothyrotomy If Trained	High obstructed airway – unable to clear. Unable to establish any other airway.	Must be able to identify cricoid ring.	Surgical cricothyrotomy kits requires special training prior to use

Indications	Signs & Symptoms	Differential Diagnosis
 Apnea Coughing Choking Inability to speak Unresponsive Burns Trauma 	 Witnessed aspiration Sudden episode of choking Gagging Audible stridor Change in skin color Decreased LOC Increased or decreased Respiratory rate Labored breathing Unproductive cough 	 Cardiac arrest Respiratory arrest Anaphylaxis Esophageal obstruction

Extraglottic airway device / BIAD (Blind Insertion Airway Device) Examples (not limited to); King Airway, LMA, Combitube, iGel

Differentiate airway obstruction from esophageal obstruction. If esophageal obstruction, place patient in position of comfort, suction as needed and treat pain.

Key Points

- EMT may only place extraglottic (BIAD) airways in pulseless and apneic patients.
- Advanced EMT's may perform orotracheal intubation or place an extraglottic (BIAD) airway on apneic or apneic and pulseless patients.
- Capnography is mandatory with all methods of intubation. Document results.
- Maintain C-spine immobilization for patients with suspected spinal injury.
- Do not assume hyperventilation is psychogenic use oxygen, not a paper bag.
- Sellick's maneuver should be used to assist with difficult intubations.
- Paramedics should consider using an extraglottic (BIAD) airway if they are unable to intubate. Consider c-collar to maintain ETT placement for all intubated patients to maintain tube.
- Consider the use of intubation aids such as bougie or video laryngoscope to facilitate intubation.
- Ketamine use in pregnancy is a risk / benefit assessment per case. Consult Medical Direction if there are questions.

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

I-Mild	II-Moderate	III-Severe
Heart Rate	Heart Rate	Heart Rate
Normal range	Tachycardia	Tachycardia then drops to
Blood Pressure	Blood Pressure	bradycardia
Normal or slightly elevated	Elevated	Blood Pressure
Breath Sounds	Breath Sounds	Elevated HIGH then drops
Bilateral rales	Bilateral diffuse rales	to Hypotension
Rhonchi	Wheezing possible	Breath Sounds
Wheezing possible	Diminished	May be ominously quiet
Some difficulty breathing	Working hard to breath	Fatigued from work of breathing
0	Frothy sputum may occur	
History	Signs & Symptoms	Differential Diagnosis
Congestive heart failure	Respiratory distress, bilateral rales	Myocardial infarction
Past medical history	Apprehension, orthopnea	Congestive heart failure
Medications Ex. Digoxin	Jugular vein distention	Asthma
(Lanoxin), Furosemide (Lasix)	• Pink, frothy sputum	Anaphylaxis
• Erectile dysfunction medication use	• Diaphoresis	• Aspiration
• Cardiac history - past myocardial	Hypotension, shock	• COPD
, , ,	• Chest pain	Pleural effusion
infarction		
• Patient >75 years old	Positive hepato-jugular reflux (HIR)	Pneumonia
infarction • Patient >75 years old	Positive hepato-jugular reflux (HJR)Orthopnea	PneumoniaPulmonary embolus

Differentiate CHF vs. Pneumonia

Congestive Heart Failure	Pneumonia Signs and Symptoms
Signs and Symptoms	Febrile
Afebrile	• Cough
 Jugular venous distension (JVD) 	History of infectious illness
 Positive hepato-jugular reflux (HJR) 	Unilateral rales
Bilateral rales	No distal edema
Distal edema	No jugular venous distension (JVD)
Orthopnea	No hepato-jugular reflux (HJR)
History of CHF	

Key Points

- Exam: Mental Status, Skin, Neck, Lung, Heart, Abdomen, Back, Extremities, Neuro
- Obtain 12-lead EKG to evaluate for M.I.
- Differentiate and document CHF vs.: pneumonia.
- Monitor for hypotension after administration of Nitroglycerin (Nitro-Stat).
- Monitor for hypotension while using CPAP, specifically with Nitroglycerine (Nitro-Stat).
- DO NOT administer Nitroglycerin (Nitro-Stat / GoNitro) to a patient who took an erectile dysfunction (ED) medication; Sildenafil (Viagra), Tadalafil (Cialas), Vardenafil (Levitra), etc. or pulmonary hypertension medication (PHTN) within the last 48 hours. Ask all patients.

Indications	Signs & Symptoms	Differential Diagnosis
 Coughing Choking Inability to speak Unresponsive 	 Witnessed aspiration Sudden episode of choking Gagging Audible stridor Change in skin color Decreased LOC Increased or decreased Respiratory rate Labored breathing Unproductive cough 	 Cardiac arrest Respiratory arrest Anaphylaxis Esophageal obstruction

Key Points

- With complete obstruction, positive-pressure ventilation may be successful.
- Needle cricothyrotomy will provide short term oxygenation only (not ventilation) and is used to "buy time" until other interventions can assure appropriate ventilation.
- Cricothyrotomy kits have a larger internal diameter than needle cric and thus will provide some minimal ventilation.
- Needle cricothyrotomy and cricothyrotomy kits are bridge devices to surgical intervention.

FOR DEPARTMENTS / PARAMEDICS WHO HAVE RECEIVED TRAINING AND MEDICAL CONTROL APPROVAL ONLY

⚠

1

Current Approval / Special Training Required Must Have at Least 3 Personnel

2 Being Paramedics

Video Laryngoscopy Must Be Available

Have Back-Up Airways Available

Paralytics Do Not Change Poor Anatomy

RSI will likely cause cardiovascular collapse if attempted in the already hypotensive patient – Resuscitate prior to RSI

Universal Patient Care

BASIC MANUVERS FIRST Open airway Nasal / Oral Airway Bag-Valve-Mask

Adult IV/IO

Apply nasal cannula 15 LPM during intubation attempts

Capnography Procedure

Indications

- SpO₂ < 90% on high flow O2
- Respiratory rate <10 or >32
- Partial airway obstruction due to blood, secretions, trauma, or GCS less than 8
- Respiratory exhaustion or inevitable loss of the airway

Meets Criteria

Ketamine (Ketalar)

1 - 2 mg/kg | IV, IO — Usual dose 100 mg

If Ketamine (Ketalar unavailable, then

Etomidate (Amidate)

0.2 - 0.3 mg/kg | IV, IO – Usual Dose Dose 20 mg – No Repeat

Rocuronium (Zemuron)

1 mg/kg IV, IO - Usual Dose 100 mg

If Rocuronium (Zemuron) unavailable, then

Succinylcholine (Anectine)

🚌 | 1 - 2 mg/kg | IV, IO – Average Dose 100 mg – No Repeat

See additional SUCCINYLCHOLINE warnings on next page

Intubation Procedure

Maximum 2 Intubation Attempts

Document Failed Attempt(s)

Extraglottic (BIAD) Airway Device If Intubation Unsuccessful

Paralysis lasts longer than the induction / sedative agents Re-dose ketamine (or benzodiazepine and fentanyl) at 20 min or sooner if patient displays signs of undersedation, which may include

Hypertension, Tachycardia, Facial Grimacing, Tearing, and Wakefulness

Post Intubation Sedation

After 20 minutes or sooner if clinical signs of undersedation – as needed

Ketamine (Ketalar) 1 mg/kg IV, IO

If Ketamine (Ketalar) unavailable, then Midazolam (Versed) 2.5 mg IV, IO

OR

LORazepam (Ativan) 1 mg IV, IO

If Evidence of Pain

FentaNYL (Sublimaze) 1 mcg/kg doses until pain tolerance prn

ONLY IF additional paralysis is needed

Rocuronium (Zemuron) 1 mg/kg V, IO – Usual Dose 100 mg

Ventilate to maintain CAPNOGRAPHY and PULSE OXIMETRY

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

Indications	Signs & Symptoms	Differential Diagnosis
 SpO₂ < 90% on high flow O₂ Respiratory rate <10 or >32 Partial airway obstruction due to blood, secretions, trauma, or GCS 8 or less Respiratory exhaustion or inevitable loss of the airway 	 Gagging Audible stridor Change in skin color Decreased LOC Increased or decreased Respiratory rate Labored breathing 	 Cardiac arrest Respiratory arrest Respiratory failure Anaphylaxis Esophageal obstruction

Restrictions and Conditions for Procedure

- You must be approved and trained by Medical Direction in Rapid Sequence Intubation
- Video laryngoscopy must be available
- Salvage airways (extraglottic airways) must be available
- Capnography must be available
- A minimum of 3 EMS personnel are available to facilitate the procedure, 2 of which are Paramedics

The "P's" of Rapid Sequence Intubation

- P = Preparation
- P = Preoxygenation
- P = Paralysis with Induction
- P = Protection
- P = Placement of the Tube
- P = Post-Induction Management

Only if ROCURONIUM (ZEMURON) unavailable and using SUCCINYLCHOLINE (ANECTINE)

- Burn or Crush Injury > 24hr old
- HX: Muscular Dystrophy, Multiple Sclerosis, Amyotrophic Lateral Sclerosis (ALS)
- HX: Malignant Hyperthermia (including family)
- Hyperkalemia or Renal Failure

INTUBATION CHECKLIST

Preparation	Procedural Equipment	Back-Up Plan
 Pulse Ox & ECG monitor Functional IV WITH fluids attached – 2 optimal Appropriate Medications drawn – each in own syringe without extra Medication verified by second crew member Pre-oxygenation (NRB, BVM, or CPAP) 100% Fio2 Position patient – towel roll behind head (not shoulders) 	Oxygen - BVM on source 1 Nasal Cannula on source 2 Ensure enough for extrication (if applicable) ETCo2 in-line detector connected, monitor initialized Suction on and functioning Video laryngoscope -functioning – recording if capable Tube with intact pilot balloon Syringe (10ml) Bougie Stylet as back up Stethoscope Commercial tube holder Wrist Restraints	 Prepare for hypotension (even if not in shock) IV fluids spiked and hung (not running unless needed) Prepare push dose epi Back-up handle, blade(s), tube(s), and stylet Extraglottic airway out and sized Surgical airway equipment available

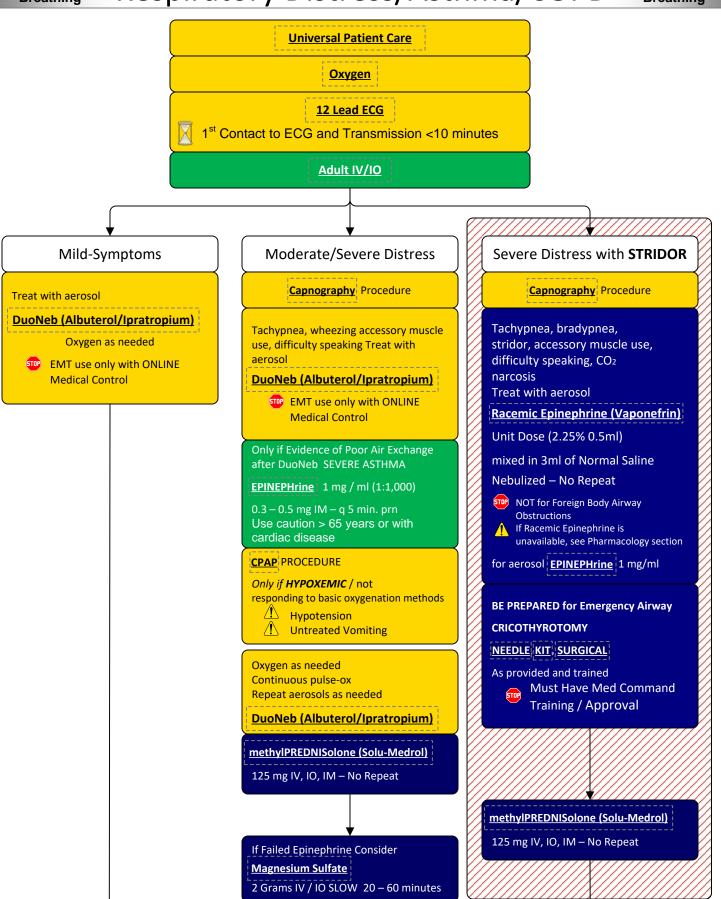
Key Points

Waveform Capnography is required before, during, and after intubation attempts. Ventilate to maintain Capnography and SpO2.

- Paralytics are never given alone. It is always preceded by an induction agent (a hypnotic / sedative medication) such as Ketamine (Ketalar) or Etomidate (Amidate).
- Set up and test all equipment prior to intubation attempt, including suction and back-up airways
- Limit attempts post paralysis to 2 attempts then utilize an extraglottic airway such as a King or an LMA.
- Do not attempt RSI if the team is not able or trained to perform a cricothyrotomy, either surgical or cricothyrotomy kit.
- Once paralytics are administered the airway must be managed from that point forward.
- Apply a nasal cannula to supply 15 LPM during the intubation attempts to maintain oxygen saturation
- Consider Mallampati grade to determine difficulty PRIOR to intubation attempt
- A 30% Change in HR or BP post procedure suggests light sedation and additional sedation must be added.
- If Succinylcholine (Anectine)is used there is no repeat dosing for additional paralysis.
- Succinylcholine (Anectine) is contraindicated in persons with personal or family history of malignant hyperthermia, skeletal muscle myopathies, known or suspected hyperkalemia, and hypersensitivity to the medication.
- If patient becomes hyperthermic post administration of Succinylcholine (Anectine) advise receiving facility immediately stressing it was post Succinylcholine (Anectine) administration. Begin cooling measures per the HYPERTHERMIA / HEAT EXPOSURE and the

TARGETED TMPERATURE MANAGEMENT PROCEDURE

• Larger doses of Succinylcholine (Anectine) may be required in myasthenia gravis.



History	Signs & Symptoms	Differential Diagnosis
 Asthma; COPD chronic bronchitis, emphysema, congestive heart failure Home treatment (oxygen, nebulizer) Medications (Theophylline, steroids, inhalers) Toxic exposure, smoke inhalation 	 Shortness of breath Pursed lip breathing Decreased ability to speak Increased respiratory rate and effort Wheezing, rhonchi Use of accessory muscles Fever, cough Tachycardia Tripod position 	 Asthma Anaphylaxis Aspiration COPD (emphysema, bronchitis) Pleural effusion Pneumonia Pulmonary embolus Pneumothorax Cardiac (MI or CHF) Pericardial tamponade Hyperventilation Inhaled toxin (Carbon monoxide, etc.)

CPAP should be used as a last resort in asthmatic / COPD patents whom are HYPOXEMIC. Prepare to intubate and ventilate.

SEVERE ASTHMA / STATUS ASTHMATICUS patients not moving air or is not moving the mist from an aerosol treatment give EPINEPHrine (Adrenaline) 1 mg / ml 0.3 - 0.5 mg IM.

Key Points

- Exam: Mental Status, HEENT, Skin, Neck, Heart, Lungs, Abdomen, Extremities, Neuro
- Status asthmaticus severe prolonged asthma attack unresponsive to therapy life threatening!
- If the patient is over 50 years of age, has a history of cardiac disease, or if the patient's heart rate is >120 EPINEPHrine (Adrenaline) may precipitate cardiac ischemia.
- Monitor pulse oximetery continuously during treatment and transport.
- A silent chest in respiratory distress is a pre respiratory arrest sign.
- Be alert for respiratory depression in COPD patients on prolonged high flow oxygen administration.
- DO NOT withhold oxygen from hypoxic patients.
- If Albuterol (Proventil) and / or Ipratropium (Atrovent) is given, monitor the patient's cardiac rhythm and initiate IV.
- Patient with known COPD, asthma and a history of steroid use should receive IV methylPREDNISolone (Solu-Medrol). Use with caution in diabetics (hyperglycemia), GI bleeds, and febrile patients (sepsis / infections).
- Assure sufficient expiration time when ventilating COPD or asthma patients to prevent breath stacking and Co2elimination.
- Albuterol (Proventil) and Ipratropium (Atrovent) can be given down an ETT or Tracheotomy during ventilation if there is evidence of bronchoconstriction.

Traumatic Breathing

Universal Patient Care Evidence of Trauma - Blunt or Penetrating Abnormal breath sounds, inadequate respiratory rate, unequal symmetry, diminished chest excursion, cyanosis **Identify Treatable Causes** Assess for Patency – Consider Jaw Thrust Airway ManeuverGive High Flow Oxygen **Sucking Chest Wound** Apply 3-sided Occlusive Dressing or Commercial Chest Seal

Flail Chest

Assist with Ventilation - Gentle Positive Pressure Consider CPAP if isolated chest trauma and no hypotension / shock / tension pneumothorax and spontaneous adequate respiration

Penetrating Object Immobilize Object Apply Sterile Saline Dressing

If S&S of Tension Pneumothorax (No lung sounds on affected side, Hypotension, JVD)

Needle Chest Decompression PROCEDURE



Be Prepared to Repeat IF S&S Return

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

Key Points

- These injuries involve the airway and are life-threatening.
- Do not become distracted by non-life-threatening injuries that appear terrible.
- A sucking chest wound is when the thorax is open to the outside. The occlusive dressing may be anything such as petroleum gauze, plastic, or a defibrillator pad. Tape only 3 sides down so that excess intrathoracic pressure can escape, preventing a tension pneumothorax. It may help respirations to place patient on the injured side, allowing unaffected lung to expand easier.
- A flail chest is when there are extensive rib fractures present, causing a loose segment of the chest wall resulting in paradoxical and ineffective air movement. This movement must be stopped by applying a bulky pad to inhibit the outward excursion of the segment. Positive pressure breathing via BVM will help push the segment and the normal chest wall out with inhalation and to move inward together with exhalation, getting them working together again. Do not use too much pressure, as to prevent additional damage or
- A penetrating object must be immobilized by any means possible. If it is very large, cutting may be possible, with care taken to not move it while making the cut. Place an occlusive & bulky dressing over the entry wound.
- A tension pneumothorax is life threatening, look for HYPOTENSION, unequal breath sounds, JVD, increasing respiratory distress, and decreasing mental status. The pleura must be decompressed with a needle to provide relief. Use the intercostal space between the 2nd and 3rd ribs on the midclavicular line, going in on the top side of the 3rd rib. Alternate site, 5th intercostal space mid axillary or anterior axillary line. Once the catheter is placed, watch closely for reocclusion. Be prepared to repeat decompression if signs of tension pneumothorax return. Use a long 3 - 3 1/4" 14-gauge needle based on the patient.

Types of Shock	Signs and Symptoms
CARDIOGENIC SHOCK	 Hypotension Difficulty breathing Cool, clammy skin Weakness
HYPOVOLEMIC SHOCK	 Tachycardia Weak, thready pulse Hypotension with narrow pulse pressure Hypotension or falling systolic BP Pale skin Clammy or dry skin Dyspnea Altered LOC / coma Decreased urine output Restlessness Irritability Decreased urine output
ANAPHYLACTIC SHOCK (Distributive Shock)	 Hypotension Severe respiratory distress Shock Dyspnea Wheezing Hoarseness / stridor Cyanosis Facial / airway edema Urticaria / hives Warm burning feeling Itching Rhinorrhea Altered LOC / coma Pulmonary edema
NEUROGENIC SHOCK (Distributive Shock)	 Hypotension with a narrow pulse pressure Evidence of trauma (lacerations, bruising, swelling, deformity) Normal or bradycardic HR Compromise in neurological function Normal or flushed skin color
SEPTIC SHOCK (Distributive Shock)	 Hypotension with a narrow pulse pressure Dyspnea Febrile Tachycardia Signs of infection Hx of UTI Hypovolemia (Fever, Sweating) Dehydration Altered LOC / coma
OBSTRUCTIVE SHOCK	 Obstruction that interferes with preload / afterload Commonly caused by tension pneumothorax / pulmonary embolism Hypotension Chest pain Hypoxia Absent lung sounds (tension pneumothorax) Present lung sounds (pulmonary embolism)

History	Signs & Symptoms	Differential Diagnosis
Blood loss - vaginal or gastrointestinal bleeding, AAA, ectopic Fluid loss - vomiting, diarrhea, fever Infection Cardiac ischemia (MI, CHF) Medications Allergic reaction Pregnancy	 Restlessness, confusion Weakness, dizziness Weak, rapid pulse Pale, cool, clammy skin Delayed capillary refill Hypotension Coffee-ground emesis Tarry stools 	 Shock Hypovolemic Cardiogenic Septic Neurogenic Anaphylactic Ectopic pregnancy Dysrhythmias Pulmonary embolus Tension pneumothorax Medication effect / overdose Vasovagal hypotension Physiologic (pregnancy)

Key Points

- Exam: Mental Status, Skin, Heart, Lungs, Abdomen, Back, Extremities, Neuro
- Hypotension can be defined as a systolic blood pressure of less than 90 systolic or MAP less than 65
- Consider performing orthostatic vital signs on patients in non-trauma situations if suspected blood or fluid loss
- Consider all possible causes of shock and treat per appropriate protocol

Anaphylactic Shock

- Anaphylactic shock is the involvement of 2 or more body systems. Consider IM EPINEPHrine (Adrenaline).
- Do not confuse EPINEPHrine (Adrenaline) 1 mg / ml IM and 0.1 mg / ml IV.
- Treat patients with a history of anaphylaxis aggressively.
- Routine assessment and supportive care of the patient's respiratory and cardiovascular systems is required.
- When possible, remove any stingers.

Cardiogenic Shock

- Circulatory failure is due to inadequate cardiac function.
- Be aware of patients with congenital defects.
- Cardiogenic shock exists in the prehospital setting when an MI is suspected and there is no specific indication of volume related shock.
- · Pulmonary edema or CHF may cause cardiogenic shock. (Pediatrics with congenital heart defects may rarely have pulmonary edema)
- Marked, symptomatic tachycardia and bradycardia will also cause cardiogenic shock. Fix rate first.

Hypovolemic Shock

- Patients suffering from hemorrhagic shock secondary to trauma, should be treated under the <u>Trauma Criteria</u>, and should be rapidly transported tearest appropriate facility.
- Initiate a second large bore IV for all patients in hypovolemic shock, resuscitate to a MAP of at least 70 or a SBP of 90 (100 SBP if >70 years old) or radial pulses where NIBP is unavailable.

Neurogenic Shock

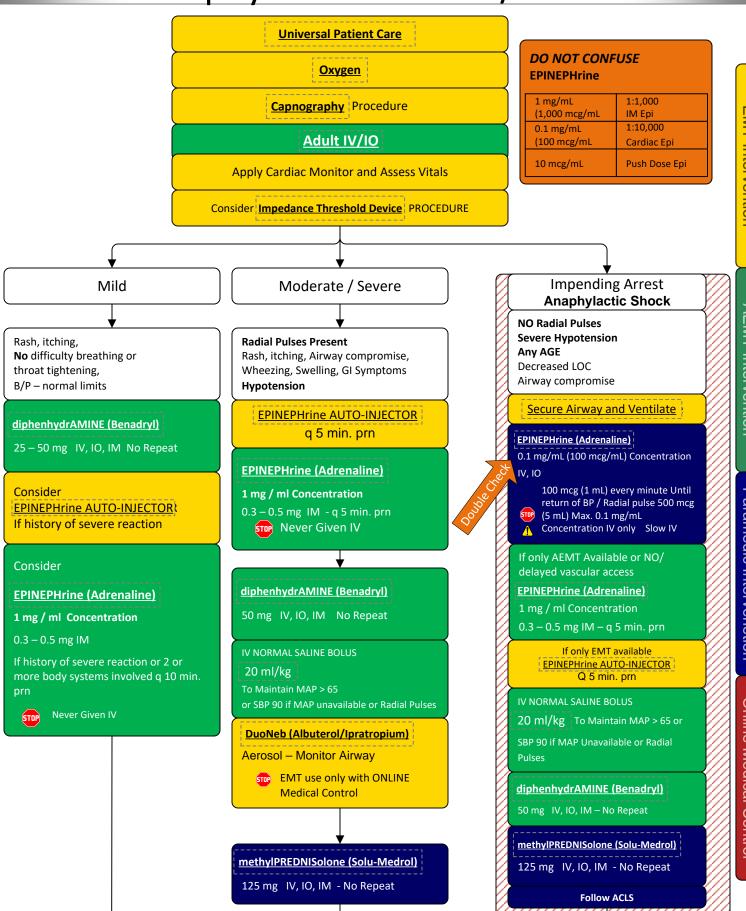
- Cushings triad is a sign of increased ICP.
- Cushings triad presents as high blood pressure, low pulse rate, and irregular respirations.

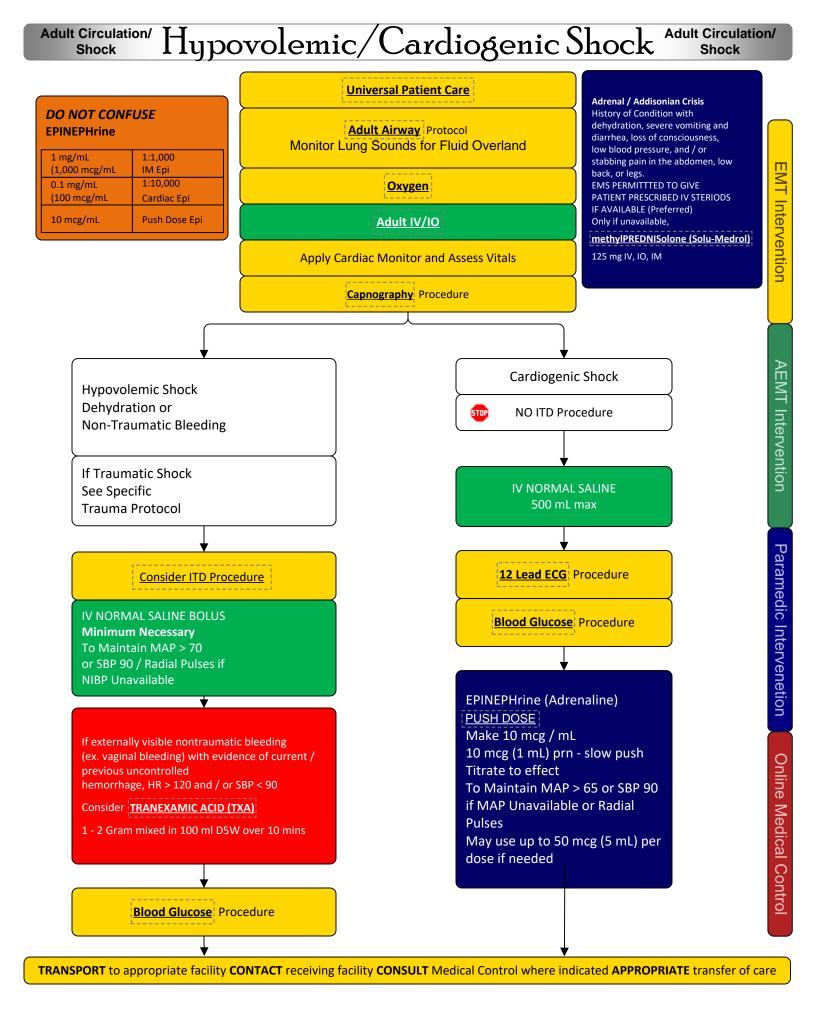
Septic Shock

- Hypotensive septic shock patients require aggressive fluid resuscitation and should receive vasopressor support if not responding to fluid challenges.
- Be alert for septic shock in the elderly.

Addisonian Crisis / Adrenal Crisis

- Not a field diagnosis. Patient / family / historian should be aware of diagnosis. They are coached to make sure the patient gets IV steroids emergently. May have their own prescribed injectable steroids for EMS to administer. Check for medical alert tags / bracelet.
- Presents with Dehydration and/or severe vomiting and diarrhea stabbing pain in the abdomen, low back, or legs, low blood pressure (shock), low blood sugar, loss of consciousness.
- Emergent steroid administration in addition to other standard resuscitation techniques. (ex. BGL correction and fluid resuscitation). Use patient supplied steroids before EMS supplied if available.





Adrenal / Addisonian Crisis

diarrhea, loss of consciousness, low blood pressure, and / or

History of Condition with dehydration, severe vomiting and

Intervention

AEMT Intervention

Paramedic Intervenetion

stabbing pain in the abdomen, low back, or legs. **EMS PERMITTTED TO GIVE** PATIENT PERSCRIBED IV STERIODS IF AVAILABLE (Preferred)

methylPREDNISolone (Solu-Medrol)

125 mg IV, IO, IM

Only if unavailable,

Universal Patient Care Adult Airway Protocol **Oxygen** Adult IV/IO

Apply Cardiac Monitor and Assess Vitals

Capnography Procedure

DO NOT CONFUSE EPINEPHrine

1 mg/mL 1:1,000 (1,000 mcg/mL IM Epi 0.1 mg/mL 1:10.000 (100 mcg/mL Cardiac Epi 10 mcg/mL Push Dose Epi

Neurogenic Shock

Consider

Spinal Motion Restriction-Adult

Consider

Consider ITD Procedure

IV NORMAL SALINE BOLUS **Minimum Necessary**

To Maintain MAP > 65 or SBP 90 if MAP Unavailable or **Radial Pulses**

Blood Glucose Procedure

EPINEPHrine (Adrenaline)

PUSH DOSE

Make 10 mcg / mL 10 mcg (1 mL) prn - slow push Titrate to effect To Maintain MAP > 65 or SBP 90 if MAP Unavailable or Radial

May use up to 50 mcg (5 mL) per dose if needed

Septic Shock

Identify Possible SIRS Patient or Severe Sepsis Patient Use Checklist on Following Page

NOTIFY RECEIVING FACILITY – SEPSIS ALERT

12 Lead ECG Procedure

Blood Glucose Procedure

IV NORMAL SALINE BOLUS **Minimum Necessary**

To Maintain MAP > 70 or SBP 90 if MAP Unavailable or **Radial Pulses**

Consider ITD Procedure

EPINEPHrine (Adrenaline)

PUSH DOSE

Make 10 mcg / mL 10 mcg (1 mL) prn - slow push Titrate to effect To Maintain MAP > 65 or SBP 90 if MAP Unavailable or Radial **Pulses**

May use up to 50 mcg (5 mL) per dose if needed

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Control where indicated APPROPRIATE transfer of care

History Pneumonia Urinary Tract Infection Cellulitis Septic Arthritis Diarrhea ABD pain Wound Infection Decubitus Ulcer Indwelling Device Fever Decreased urine output last 8 hours Prolonged bleeding		
Checklist Checklist		
Clinical Findings (Present and NEW to Patient) SBP < 90 SPo2 < 90 No Urine Output last 8 Hours Prolonged bleeding from gums Lactate ≥ 4 MAP Calculation		

Push Dose EPINEPHrine (Adrenaline) Preparation

Mix 1 mg EPINEPHrine (Adrenaline) of 1mg / ml in 100 ml of D5 or Normal Saline

This makes 10 mcg / mL concentration

Shake bag well to mix

Draw from bag and administer

10 mcg (1 mL) every 2 - 5 mins Titrated to Maintain MAP > 65 or SBP 90 id MAP Unavailable or Radial Pulses



Acute Coronary Syndrome

Universal Patient Care

Do not give Oxygen unless SpO2 < 94% - may treat SOB with O2

Capnography Procedure

Adult IV/IO

12 Lead ECG PROCEDURE - LEFT

Look for ST Elevation - Transmit to ED

1ST Contact to ECG and Transmission < 10 Min

ECG INDICATES STEMI - CONSULT PHYSICIAN IF UNSURE

Strongly encourage transport to hospital with interventional cath lab (PCI) when STEMI is present on 12 lead

If unremarkable LEFT EKG and presentation consistent with MI 12 Lead ECG PROCEDURE - RIGHT (V4R)

DO NOT DELAY TRANSPORT TO ACQUIRE RIGHT SIDED 12 LEAD

Assure adequate IV and BP before

NITROGLYCERINE (NITRO-STAT) if right sided infarction

Use caution with acute septal wall MI

(V1, V2) – Watch for AV blocks – Consider placing pacing pads

Aspirin 324 mg chew and swallow (81 mg / tab x4) No Repeat

Nitroglycerin (Nitro-Stat) 0.4 mg SL (400 mcg)

(If SBP > 110 with IV or SBP >120 without IV)

Q 5 min. prn up to 3 doses if working

Erectile Dysfunction / Pulmonary HTN drug use within 48 hrs EMT use requires On-Line Med Control

Continue with other treatment between Nitro Doses

If Cocaine or stimulant Induced STEMI If Midazolam (Versed) Tret per Toxic Ingestion/Exposure/Overdose-Sympathomimetic Overdose (Stimulants) Column

If Nausea / Vomiting

Ondansetron (Zofran) 4 mg IV, IM q 10 min prn-Max 8 mg

Metoclopramide (Reglan) 10 mg IV / IM – No Repeat Do not administer if EKG obtained and QT> (2.5 large EKG boxes)

OR-Ondansetron (Zofran) Oral Disintegrating Tablet (ODT)

if Nausea / Vomiting - 4 mg Oral - q 10 min. Max. 8 mg

Treatment if Confirmed STEMI

Ticagrelor (Brilinta) 180 mg Chew and Swallow PO No Repeat

- Do Not Administer if Already on Antiplatelets See Key Points
 - Do Not Administer if cocaine or stimulant Induced STEMI

Heparin 60 Units/kg | IV, IO

Maximum Dose 4,000 Units No Repeat

- Do Not Administer if Already on Antiplatelets See Key Points
- Do Not Administer if cocaine or stimulant Induced STEMI

NO STEMI ON EKG - ISCHEMIC CHEST PAIN

Aspirin

324 mg chew and swallow (81 mg / tab x4) - No Repeat

Nitroglycerin (Nitro-Stat) 0.4 mg SL (400 mcg)(If SBP > 110 with IV or SBP >120 without IV) q 5 min prn up to 3 doses

Erectile Dysfunction / Pulmonary HTN drug use within 48 hrs

EMT use requires On-Line Medical Control

FentaNYL (Sublimaze)

25 – 100 mcg IV, IO, IM, IN – q 10 min. prn – **Maximum 200 mcg**

If FentaNYL (Sublimaze) is unavailable, See Pharmacology Section for Morphine Sulfate

If Nausea / Vomiting

Ondansetron (Zofran) 4 mg IV, IM prn 10 min. Max 8 mg

Metoclopramide (Reglan) 10 mg IV / IM – No Repeat Do not administer if EKG obtained and QT> 500 ms (2.5 large EKG boxes)

Ondansetron (Zofran) Oral Disintegrating Tablet (ODT)

if Nausea / Vomiting - 4 mg Oral - q 10 min - Max 8 mg

TRANSPORT to appropriate facility (PCI) **CONTACT** receiving facility **CONSULT** Medical Direction where indicated APPROPRIATE transfer of care

CONSIDER FentaNYL (Sublimaze)

25 - 100 mcg IV, IM, IN, IO - SLOW IV - Maximum 100 mcg

- If FentaNYL (Sublimaze) is unavailable, See Pharmaology Section for **Morphine** Sulfate
- Routine use of opiate pain control discouraged if

<u>Ticagrelor (Brilinta)</u> being utilized – interferes with absorption

Adult Cardiac

History	Signs & Symptoms	Differential Diagnosis
 Age Medications Past medical history (MI, angina, diabetes) Allergies Recent physical exertion Onset Palliation / Provocation Quality (crampy, constant, sharp, dull, etc.) Region / Radiation / Referred Severity (1-10) Time (duration / repetition) 	 CP (pain, pressure, aching, tightness) Location (substernal, epigastric, arm, jaw, neck, shoulder) Radiation of pain Pale, diaphoresis Shortness of breath Nausea, vomiting, dizziness 	 Trauma vs. medical Angina vs. myocardial infarction Pericarditis Pulmonary embolism Asthma / COPD Pneumothorax Aortic dissection or aneurysm GE reflux or hiatal hernia Esophageal spasm Chest wall injury or pain Pleural pain
STEMI Checklist Before EMS administration of TICAGRELOR (BRILINTA) or HEPARIN 1. NO sharp ripping / tearing chest or back pain or known dissection 2. NO Altered mental status 3. Known or concern for bleeding (ex., vomiting blood, black tarry stool, hemoptysis, frank rectal bleeding, Gl bleeds, blood in urine, etc.) 4. Trauma / CPR (Post arrest) 5. Severe Headache 6. Consult Medical Control if STEMI mimickers present	Do Not Administer TICAGRELOR (BRILINTA) if already on antiplatelet medications Clopidogrel (Plavix), Ticagrelor (Brilinta), Prasugrel (Effient), Ticlopidine (Ticlid)	Do Not Administer HEPARIN if already on anticoagulant medications Apixaban (Eliquis), Dabigatran (Pradaxa), Edoxaban (Savaysa), Fondaparinux (Arixtra), Rivaroxaban (Xarelto), Warfarin (Coumadin, Jantoven), Betrixaban (Bevyxxa)

- Make the scene safe: All chest pain patients must have an IV and 12 Lead EKG.
- Exam: Mental Status, Skin, Neck, Lung, Heart, Abdomen, Back, Extremities, Neuro.
- If patient has taken Nitroglycerin (Nitro-stat) without relief, consider potency of the medication.
- If positive ECG changes, establish a second IV while enroute to the hospital.
- Monitor for hypotension after administration of Nitroglycerin (Nitro-stat) or FentaNYL (Sublimaze).
- Nitroglycerin (Nitro-stat) or FentaNYL (Sublimaze) may be repeated per dosing guidelines in the Pharmacology SECTION.
- Diabetics / geriatric patients often have atypical pain, vague, or only generalized complaints. Be suspicious of a "silent MI".
- Refer to the <u>Bradycardia</u> PROTOCOL (HR < 60 bpm) or <u>Narrow-Complex Tachycardia</u> PROTOCOL (HR > 150 bpm) if indicated.
- If the patient becomes hypotensive from Nitroglycerin (Nitro-stat), FentaNYL (Sublimaze) administration, place the patient in the Trendelenburg position and administer a Normal Saline bolus.
- Be prepared to administer Narcan (Naloxone) if the patient experiences respiratory depression due to FentaNYL (Sublimaze) administration.
- If pulmonary edema is present, refer to the Congestive Heart Failure (CHF)/Pulmonary Edema PROTOCOL.
- Aspirin can be administered to a patient on Coumadin (Warfarin), unless the patient's physician has advised them otherwise.
- If the patient took a dose of Aspirin that was less than 324 mg in the last (24) hours, then additional Aspirin can be administered to achieve a therapeutic dose of 324 mg.
- DO NOT administer Nitroglycerin (Nitro-stat) to a patient who took an erectile dysfunction medication; Sildenafil (Viagra), Tadalafil (Cialas), Vardenafil (Levitra), etc. within the last 48 hours due to potential severe hypotension.
- Nitroglycerin (Nitro-stat) can be administered to a patient by EMS if the patient has already taken their own prior to your arrival. Document it if the patient had any changes in their symptoms or a headache after taking their own Nitroglycerin.
- Nitroglycerin (Nitro-stat) can be administered without an IV as long as patient has a BP greater than 120 mmHg, without signs of inferior wall MI.
- DO NOT treat PVC's with Amiodarone (Cordarone) unless patient develops runs of V-Tach, or has sustained V-tach.
- Pulse oximetry is not an indicator of myocardial perfusion.
- Only administer oxygen if the patient is hypoxic with a SpO₂ of less than 94. Do not withhold oxygen from patients that are short of breath regardless of SpO₂.
- Once applied to a known or suspected ACS patient do not remove a 12 lead EKG, even if the initial EKG is unremarkable. Some devices continue to look for ST segment changes and will alert if there are changes.
- Consider repeat 12 lead if condition changes or lengthy transport.

Adult Cardiac Acute Coronary Syndrome-Diagnostic & Mimickers Adult Cardiac

Consider STEMI Mimickers

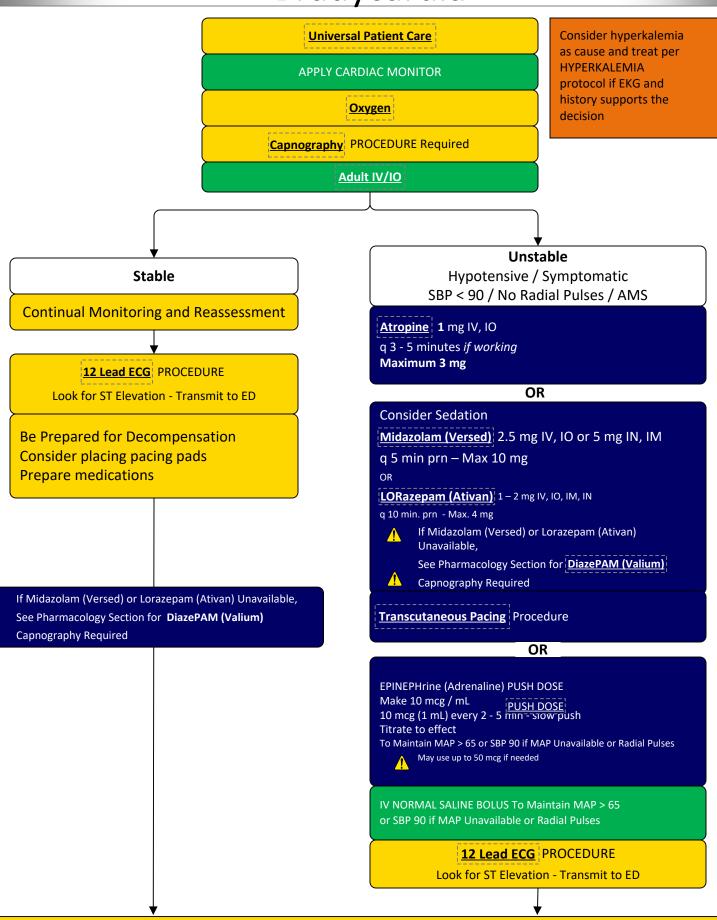
- Left ventricular hypertrophy
- Left bundle branch block
- Early repolarization
- Right bundle branch block

- Ventricular aneurysm
- Hyperkalemia
- Ventricular paced rhythms
- Pericarditis

STEMI Diagnostic Criteria

- >1 mm ST Elevation from baseline in two or more anatomically contiguous leads
- 1 mm = 1 small EKG box

I – Lateral	aVR	V1 – Septal	V4 – Anterior
II – Inferior	aVL – Lateral	V2 – Septal	V5 – Lateral
III – Inferior	aVF – Inferior	V3 – Anterior	V6 – Lateral



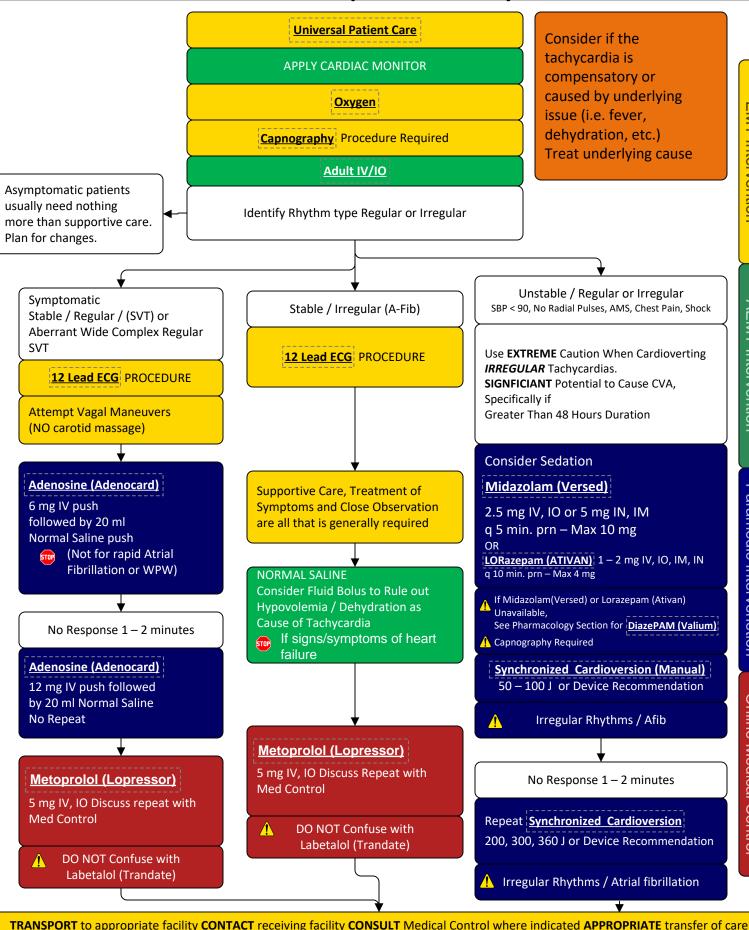
History	Signs & Symptoms	Differential Diagnosis
 Past medical history Medications Beta-blocker use Calcium channel blocker use Clonidine use Digitalis use Pacemaker 	 HR < 60 / min Chest pain Respiratory distress Hypotension or shock Altered mental status Syncope 	 Acute myocardial infarction Hypoxia Hypothermia Sinus bradycardia Athletes Head injury (elevated ICP) or stroke Spinal cord lesion Sick sinus syndrome AV blocks (1°, 2°, or 3°)

- Exam: Mental Status, Neck, Heart, Lungs, Neuro
- The use of Amiodarone (Cordarone) in heart block can worsen bradycardia and lead to asystole.
- Treatment of bradycardia is based upon the presence or absence of hypotension.
- If hypotension exists, treat, If blood pressure is adequate, monitor only but have all treatment modalities immediately available if the patient decompensates.
- Transcutaneous pacing is the treatment of choice for Type II second-degree heart blocks and third degree heart blocks.
- Transcutaneous pacing in demand mode will shut off if patient's intrinsic heart rate rises above the set pacer rate.
- If the patient is critical and an IV is not established, initiate pacing use intranasal sedation if required.
- If the patient converts to another rhythm, refer to the appropriate protocol and treat accordingly.
- If bradycardia is a result of calcium channel blocker or beta blocker overdose, follow the **Toxic Ingestion/Exposure** protocol.

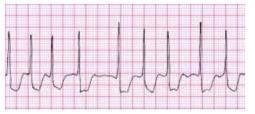
Narrow-Complex Tachycardia

AEMT Intervention

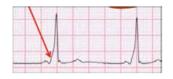
Paramedic Intervenetion



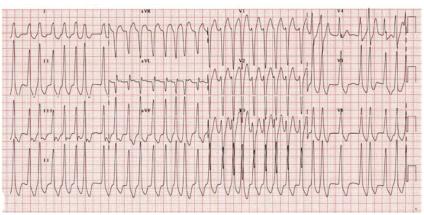
History	Signs & Symptoms	Differential Diagnosis
 Medications (Aminophylline, diet pills, thyroid supplements, decongestants, digoxin) Diet (caffeine, chocolate) Drugs (nicotine, cocaine) Past medical history History of palpitations / heart racing Syncope / near syncope 	 HR > 150 bpm QRS < .12 Sec Dizziness, CP, SOB Potential presenting rhythm Sinus tachycardia Atrial fibrillation / flutter Multifocal atrial tachycardia 	 Heart disease (WPW, valvular) Sick sinus syndrome Myocardial infarction Electrolyte imbalance Exertion, pain, emotional stress Fever Hypoxia Hypovolemia or anemia Drug effect / overdose (see HX) Hyperthyroidism Pulmonary embolus



Known Atrial Fibrillation NO ADENOSINE



Wolf Parkinson White (WPW) NO Adenosine



Atrial Fibrillation / Wolf Parkinson White (WPW) NO ADENOSINE

- Exam: Mental Status, Skin, Neck, Lung, Heart, Abdomen, Back, Extremities, Neuro
- Monitor for respiratory depression and hypotension associated with Lorazepam (Ativan).
- Continuous pulse oximetry is required for all tachycardic patients.
- Document all rhythm changes with monitor strips and obtain monitor strips with each intervention.
- If the patient converts to another rhythm, refer to the appropriate protocol and treat accordingly.
- Examples of vagal maneuvers include bearing down, coughing, or blowing into a syringe. DO NOT perform a carotid massage.
- If possible, the IV should be initiated in either AC.
- Consider applying the cardioversion / pacing pads prior to Adenosine (Adenocard) administration.
- When administering Adenosine (Adenocard), raise the patient's arm and immediately follow the bolus with 20 ml rapid bolus of normal saline.
- Record 3-Lead EKG strips during Adenosine (Adenoacard) administration.
- Perform a 12-Lead EKG prior to and after Adenosine (Adenocard) conversion or after cardioversion.
- If the patient converts into ventricular fibrillation or pulseless ventricular tachycardia immediately DEFIBRILLATE, the patient and refer to the appropriate protocol and treat accordingly. Be sure to switch the defibrillator out of "Sync" before defibrillating.
- Give a copy of the EKGs and / or code summaries with the receiving facility upon arrival.
- Transient periods of sinus bradycardia and ventricular ectopy are common after termination of SVT.
- It is unlikely that symptoms of instability are caused primarily by the tachycardia when the HR is <150 unless there is impaired ventricular function.
- Pay attention for P waves. Sinus tach from underlying problems require treatment of the underlying problem. Ex. PE, hypovolemia.



Pacer spikes may not be present with current pacemaker technology, confirm by History / Physical Exam

Universal Patient Care

APPLY CARDIAC MONITOR

Oxygen

Capnography Procedure

Adult IV/IO

Identify Rhythm type Regular or Irregular

Consider hyperkalemia as cause and treat per HYPERKALEMIA protocol if EKG and history supports the decision

Stable / Regular

12 Lead ECG PROCEDURE

Attempt Vagal Maneuvers (NO carotid massage)

ONLY IF MONOMORPHIC WIDE COMPLEX TACHYCARDIA (Thought to be aberrant SVT) MAY CONSIDER

Adenosine (Adenocard)

6 mg IV push followed by 20 ml Normal Saline push May Repeat

Adenosine (Adenocard)

12 mg IV push If required

Amiodarone (Cordarone)

150 mg IV, IO mix in 100 ml D5W Over 10 minutes

Must have USEABLE 12 Lead EKG and Have Transmitted to Hospital

IF PREGNANT – USE LIDOCAINE, see Medication Section

Medication Section
If Amiodarone
(Cordarone) Unavailable,
See Medication Section
for Lidocaine (Xylocaine)

Stable / Irregular

12 Lead ECG PROCEDURE

Attempt Vagal Maneuvers (NO carotid massage)

If Torsades de pointes

Magnesium Sulfate

1 - 2 grams IV, IO over 5 to 60 minutes

Amiodarone (Cordarone)

150 mg IV, IO mix in 100 ml D5W Over 10 minutes

Must have USEABLE 12 Lead EKG and Have Transmitted to Hospital IF PREGNANT – USE

LIDOCAINE, see

Medication Section

If Amiodarone

(Cordarone) Unavailable, See Medication Section for Lidocaine (Xylocaine)

Unstable / Regular or Irregular

SBP < 90, No Radial Pulses, AMS, Chest Pain, Shock

Consider Sedation

Midazolam (Versed) 2.5 mg IV, IO or 5 mg IN, IM q 5 min. prn – Max 10 mg

OR

LORazepam (ATIVAN) 1 – 2 mg IV, IO, IM, IN

q 10 min. prn – Max 4 mg

If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Medication Section for DiazePAM (Valium)

Synchronized Cardioversion (Manual)

100 J

or Device Recommendation

STOP

Defibrillate if Torsades, do not Synchronize Cardiovert Irregular Rhythms / Atrial fibrillation

No Response 1 – 2 minutes

Repeat | Synchronized Cardioversion

200, 300, 360 J or Device Recommendation

STOP A Defibrillate if Torsades, do not Synchronize Cardiovert Irregular Rhythms / Afib

Consider Medications if Cardioversion Unsuccessful

Amiodarone (Cordarone)

150 mg IV, IO

mix in 100 ml D5W Over 10 minutes

Must have USEABLE 12 Lead EKG and Have Transmitted to Hospital

IF PREGNANT – USE LIDOCAINE, See Medication Section

If Amiodarone (Cordarone) Unavailable, See Medication Section for

Lidocaine (Xylocaine)

If Torsades de pointes

Magnesium Sulfate 1 - 2 grams IV, IO Over 5 minutes

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Control where indicated APPROPRIATE transfer of care

48

Adult Cardiac Wide-Complex Tachycardia-w/Pulse-Notes Adult Cardiac

History	Signs & Symptoms	Differential Diagnosis
 Past medical history / medications, diet, drugs. Syncope / near syncope Palpitations Pacemaker Allergies: Amiodarone (Cordarone) 	 Ventricular tachycardia on ECG (runs or sustained) Conscious, rapid pulse Chest pain, shortness of breath Dizziness Rate usually 150 + bpm for sustained V-Tach 	 Artifact / device failure Cardiac Endocrine / metabolic Drugs Pulmonary

- Exam: Mental Status, Skin, Neck, Lung, Heart, Abdomen, Back, Extremities, Neuro
- Polymorphic V-Tach (Torsades de Pointes) may benefit from the administration of Magnesium Sulfate.
- Polymorphic V-Tach (Torsades de Pointes) requires defibrillation rather than synchronized cardioversion.
- If the patient converts to another rhythm, refer to the appropriate protocol and treat accordingly.
- If the patient relapses back into wide complex tachycardia / ventricular tachycardia, initiate synchronized cardioversion with the joules setting that previously cardioverted the patient.
- Record 3 / 4 Lead EKG strips during medication administration.
- Perform a 12- Lead EKG prior to and after medication administration, or synchronized cardioversion of wide complex tachycardia / ventricular tachycardia.
- Perform a code summary and attach it to the patient run report.
- Be sure to treat the patient and not the monitor.

REFER TO DOA GUIDELINES CONTACT ONLINE MEDICAL CONTROL

Universal Patient Care

Criteria for Death

Criteria for DNR

Begin CPR Immediately

Review DNR Comfort Care
Guidelines
CONTACT ONLINE MEDICAL
CONTROL

AT ANY TIME Return of Spontaneous Circulation (ROSC) GO TO:

Post-Resuscitation
Cardiac Care

Attach Cardiac Monitor

<u>Defibrillator / AED</u> as soon as avialable

Deliver Shock x 1 if Shockable

Immediately Resume CPR - 2 minutes

Adult IV/IO

Adult Airway

Deliver Shock x 1 if Shockable

Maintain CPR / Airway

Follow AED Prompts (if applicable)

Continue CPR

TRANSPORT to appropriate facility

CONTACT receiving facility

CONSULT Medical Direction where indicated

Appropriate transfer of care

Go to Appropriate Protocol

Identify known dialysis patients in asystole, V-fib or pulseless V-tach

IF ALS CARE AVAILABLE IN FIELD
Patients in cardiac arrest SHOULD be worked
on scene UNLESS special resuscitation
circumstances exist that would benefit from
hospital treatment unavailable in the field

Field Termination BLS

- 1. Arrest not witnessed by EMS / first responders
- 2. No ROSC has been obtained after 20 min of CPR
- 3. Non-shockable rhythm

Field Termination Requirements

Field Termination ALS

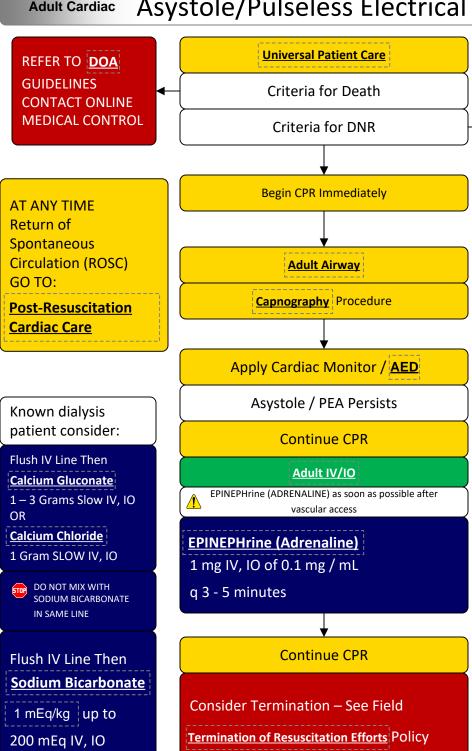
- 1. Arrest not witnessed by EMS / first responders
- 2. Advanced Airway in Place
- 3. Vascular Access in Place
- 4. Continuous CPR During Resuscitation
- 5. At Least 2 Rounds of ACLS Medications
- 6. Asystole Confirmed in 2 leads
- 7. 20 Minutes of Resuscitation
- An intra-arrest capnography reading <10 indicates no perfusion and may be helpful in considering termination or efforts.

Cardiac Arrest-Notes

History	Signs & Symptoms	Differential Diagnosis
 Events leading to arrest Estimated downtime Past medical history Medications Existence of terminal illness Signs of lividity, rigor mortis DNR 	UnresponsiveApneicPulseless	 Medical vs. trauma V-fib vs. pulseless V-tach Asystole Pulseless electrical activity (PEA)

Strongly encourage transport of **resuscitated** patient to facility with hypothermic resuscitation protocol and PCI where available.

- Exam: Mental Status
- Always minimize interruptions to chest compressions.
- Success is based on proper planning and execution. Procedures require space and patient access, make room to work.
- Reassess airway frequently and with every patient move.
- Maternal arrest Treat mother per appropriate protocol with immediate notification to Online Medical Control and rapid transport.
- If the patient converts to another rhythm, refer to the appropriate protocol and treat accordingly.
- Attempt to obtain patient history from family members or bystanders.
 - Estimated down time
 - Medical history
 - Complaints prior to arrest
 - Bystander CPR prior to EMS arrival
 - AED use prior to EMS arrival
- Administer Dextrose only if the patient has a blood glucose level < 70 mg / dl. Dextrose should be administered as soon as hypoglycemia is determined.
- Reassess the patient if the interventions do not produce any changes.
- If indicated, refer to the **Termination of Resuscitation Efforts** POLICY.
- If patient is pregnant and in cardiac arrest, manually manipulate the uterus to the left during CPR



Review DNR Comfort Care
Guidelines
CONTACT ONLINE MEDICAL
CONTROL

IF ALS CARE AVAILABLE IN FIELD
Patients in cardiac arrest SHOULD be worked
on scene UNLESS special resuscitation
circumstances exist that would benefit from
hospital treatment unavailable in the field

Field Termination BLS

- 1. Arrest not witnessed by EMS / first responders
- 2. No ROSC has been obtained after 20 min of CPR
- 3. Non-shockable rhythm

Field Termination

- 1. Arrest not witnessed by EMS / first responders
- 2. Advanced Airway in Place
- 3. Vascular Access in Place
- 4. Continuous CPR During Resuscitation
- 5. At Least 2 Rounds of ACLS Medications
- 6. Asystole Confirmed in 2 leads
- 7. 20 Minutes of Resuscitation
- 8. An intra-arrest capnography reading <10 indicates no perfusion and may be helpful in considering termination or efforts.

If patient awakens during CPR or CPR device use, despite a non-life sustaining rhythm that interferes with treatment consider one of the following medications

Ketamine (Ketalar)

Fentanyl (Sublimaze)

Midazolam (Versed)

Lorazepam (Ativan)

Use usual adult dosing Repeat as needed to yield patient response permitting resuscitation

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Past medical history Medications Events leading to arrest End stage renal disease Estimated downtime Suspected hypothermia Suspected overdose DNR Tricyclics Digitalis Beta blockers Calcium channel blockers 	 Pulseless Apneic No electrical activity on ECG Cyanosis 	 Medical vs. trauma Hypoxia Potassium (hypo / hyper) Acidosis Hypothermia Device (lead) error Death Hypovolemia Cardiac tamponade Drug overdose (Tricyclics, digitalis, beta blockers, calcium channel blockers Massive myocardial infarction Tension pneumothorax Pulmonary embolus

CONSIDER TREATABLE CAUSES		
 Hypovolemia Hypo-hyperkalemia Hypoxia Hypoglycemia Hydrogen ion (acidosis) Hypothermia 	 Toxins Tamponade (cardiac) Tension pneumothorax Thrombosis (coronary or pulmonary) Trauma 	

Strongly encourage transport of **resuscitated** patient to facility with hypothermic resuscitation protocol and PCI where available.

- Exam: Mental Status
- Always minimize interruptions to chest compressions.
- When IV access failed or difficult, humeral head IO are preferred routes over tibial IO for resuscitation.
- Always confirm asystole in more than one lead.
- Consider each possible cause listed in the differential: Survival is based on identifying and correcting the cause!
- Discussion with Online Medical Control can be a valuable tool in developing a differential diagnosis and identifying possible treatment options.
- If the patient converts to another rhythm, refer to the appropriate protocol and treat accordingly.
- Early identification and treatment of reversible causes of PEA increases the chance of a successful outcome.
- Consider volume infusion for all patients in PEA. Be alert for fluid overload.
- Treat as ventricular fibrillation if you cannot differentiate between asystole and fine ventricular fibrillation.
- Dextrose should only be administered to a patient with a confirmed blood glucose level less than 70 mg / dl.
- If patient is pregnant and in cardiac arrest, manually manipulate the uterus to the left during CPR

REFER TO **DOA GUIDELINES CONTACT ONLINE** MEDICAL CONTROL **Universal Patient Care**

Criteria for Death

Criteria for DNR

Review DNR Comfort Care Guidelines **CONTACT ONLINE MEDICAL** CONTROL

AT ANY TIME Return of **Spontaneous** Circulation (ROSC) GO TO:

Post-Resuscitation Cardiac Care

Begin CPR Immediately

Apply Cardiac Monitor Defibrillator / AED - Confirm V-Fib / VTach

Defibrillate 200 J or Device Recommendation

Immediately resume CPR / 2 minutes

Airway Protocol

Capnography Procedure

Adult IV/IO

Reassess Rhythm

Defibrillate 300 J or Device Recommendation

Immediately resume CPR / 2 minutes

EPINEPHrine (Adrenaline)

1 mg IV, IO of 0.1 mg / ml

q 3 - 5 minutes

Calcium Gluconate Reassess Rhythm

Defibrillate 300 J or Device Recommendation

Immediately resume CPR / 2 minutes

Give ONE Antiarrhythmic during CPR

Defibrillate 300 J or Device Recommendation

Immediately resume CPR / 2 minutes

Reassess Rhythm

Defibrillate 300 J or Device Recommendation

Immediately resume CPR / 2 minutes

TRANSPORT to appropriate facility

CONTACT receiving facility

CONSULT Medical Direction where indicated

APPROPRIATE transfer of care

IF ALS CARE AVAILABLE IN FIELD

Patients in cardiac arrest SHOULD be worked on scene UNLESS special resuscitation circumstances exist that would benefit from hospital treatment unavailable in the field

If patient awakens during CPR or CPR device use, despite a non-life sustaining rhythm that interferes with treatment consider one of the following medications

Ketamine (Ketalar)

Fentanyl (Sublimaze)

Midazolam (Versed)

Lorazepam (Ativan)

Use usual adult dosing

Repeat as needed to yield

patient response permitting resuscitation

If Amiodarone (Cordarone) Unavailable, See Medication Section

for Lidocaine (Xylocaine)

Amiodarone (Cordarone)

300 mg IV, IO

May repeat @ 150 mg IV, IO

In 3 – 5 minutes Max 450 mg

If Amiodarone (Cordarone)

Unavailable, See Medication Section

for Lidocaine (Xylocaine)

CONSIDER

Magnesium Sulfate

1 – 2 grams slow IV, IO (Torsades, Alcoholism, Malnutrition ONLY)

Consider Field

Termination of Resuscitation Efforts

1 Gram SLOW IV, IO DO NOT MIX WITH SODIUM BICARBONATE **IN SAME LINE**

Known dialysis

Flush IV Line Then

1 – 3 Grams IV,IO

Calcium Chloride

OR

patient consider:

Flush IV Line Then

Sodium Bicarbonate

1 mEg/kg up to 200 mEq IV, IO

REFRACTORY V-FIB / TACH After failed highest

defibrillation settings Consider ELECTRICAL VECTOR

CHANGE Add Anterior / Posterior Pads Attempt Defibrillation Then CONSIDER Double Sequential Defibrillation ____ If capable, after minimum

of 4 unsuccessful EMS

defibrillations

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Adult Cardiac Ventricular Fibrillation/Pulseless V-Tach-Notes Adult Cardiac

History	Signs & Symptoms	Differential Diagnosis
 Estimated down time Past medical history Medications Events leading to arrest Renal failure / dialysis DNR 	Unresponsive, apneic, pulseless Ventricular fibrillation or ventricular tachycardia on ECG	 Asystole Artifact / device failure Cardiac Endocrine / metabolic Drugs Pulmonary embolus

Strongly encourage transport of **resuscitated** patient to facility with hypothermic resuscitation protocol and PCI where available.

- Exam: Mental Status
- Always minimize interruptions to chest compressions.
- When IV access failed or difficult, humeral head IO are preferred routes over tibial IO for resuscitation.
- Effective CPR should be as continuous as possible with a minimum of 5 cycles or 2 minutes.
- Reassess and document endotracheal tube placement and Capnography frequently, after every move, and at discharge.
- Polymorphic V-Tach (Torsades de Pointes) may benefit from administration of Magnesium Sulfate.
- If the patient converts to another rhythm, or has a return of circulation, refer to the appropriate protocol and treat accordingly.
- If the patient converts back to ventricular fibrillation or pulseless ventricular tachycardia after being converted to ANY other rhythm, defibrillate at the previous setting used.
- Defibrillation following effective CPR is the definitive therapy for ventricular fibrillation and pulseless ventricular tachycardia. Magnesium Sulfate should be administered early in the arrest if hypomagnesemia (chronic alcoholic or malnourished patients) is suspected.
- If patient is pregnant and in cardiac arrest, manually manipulate the uterus to the left during CPR
- Zoll and Phillips equivalency settings are 120,150,200 Joules to Physio Control / Stryker 200,300,360 Joules. If unsure about settings use highest joule setting per AHA.
- Damage to defibrillators during double sequential defibrillation may not be covered by manufacturers, use the technique with prior approval from your department
- Do not delay transport or make stops to obtain a second defibrillator to accomplish double sequential defibrillation.

 This is only for situations where two are already on scene. The defibrillators do not have to be of the same make / model.
- Dextrose should only be administered to a patient with a confirmed blood glucose level less than 70 mg / dl.

Adult Cardiac

Post-Resuscitation Cardiac Care

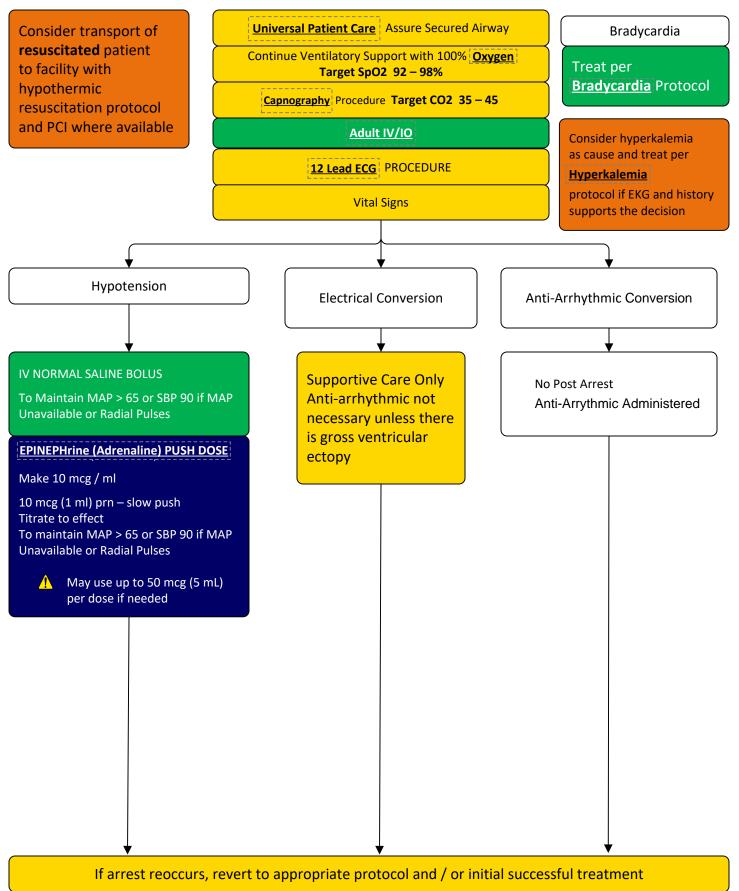
Adult Cardiac



AEMT Intervention

Paramedic Intervenetion

Inline Medical Contro

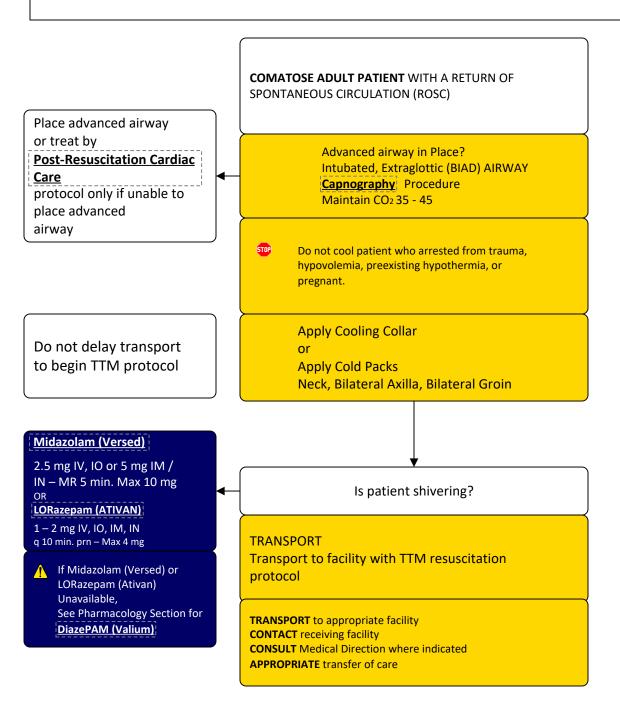


TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Control where indicated APPROPRIATE transfer of care

RECEIVING HOSPITAL MUST BE ABLE TO CONTINUE COOLING!

Use of this protocol is dependent on the ability of the receiving hospital to continue the cooling. Do not begin cooling if the receiving hospital is unable to continue cooling.

Use this protocol in conjunction with standard post resuscitation care. Maintain BP and heart rhythm with treatments in the **Post-Resuscitation Cardiac Care** protocol. If patent loses pulses / re-arrests discontinue cooling and treat per appropriate arrest protocol.



Adult Cardiac Post-Resuscitation Cardiac Care-Notes Adult Cardiac

History	Signs & Symptoms	Differential Diagnosis
Respiratory arrestCardiac arrest	Return of pulse	Continue to address specific differentials associated with the original dysrhythmia

- Exam: Mental Status, Neck, Skin, Lungs, Heart, Abdomen, Extremities, Neuro
- Most patients immediately post resuscitation will require ventilatory assistance.
- The condition of post-resuscitation patients fluctuates rapidly and continuously, and they require close monitoring.
- Appropriate post-resuscitation management can best be planned in consultation with Online Medical Control.
- This is the period of time between restoration of spontaneous circulation and the transfer of care at the emergency department The focus is aimed at optimizing oxygenation and perfusion.
- Post resuscitation SVT should initially be left alone, but routinely monitor the patient. Follow Narrow-Complex Tachycardia PROTOCOL or contact Medical Direction.
- If the patient is profoundly bradycardic, refer to the Bradycardia and treat accordingly.
- Only administer oxygen if the patient is hypoxic with a SpO₂ of 94 or less. Do not withhold oxygen from patients that are short of breath regardless of SpO₂.

Adult Medical Emergencies

Adult Medical Emergencies

Adult Medical Emergencies

Abdominal Pain

Universal Patient Care

Adult IV PROCEDURE

NORMAL SALINE BOLUS

To Maintain MAP > 65 or SBP 90 if MAP Unavailable or Radial Pulses

IF HYPOTENSIVE

Consider Acute Coronary Syndrome PROTOCOL



12 Lead ECG PROCEDURE

1st Contact to ECG and Transmission < 10 Min

IF Nausea / Vomiting

Ondansetron (Zofran) 4 mg IM, IV – q 10 min. prn – Max 8 mg

OR

Metoclopramide (Reglan)

10 mg IV, IM – No Repeat

Do not administer if EKG obtained and QT > 500 ms (2.5 large EKG boxes)

OR Consider Ondansetron (Zofran)

Oral Disintegrating Tabs (ODT) 4 mg Oral – q 10 min prn - Max 8 mg

PAIN MANAGEMENT PROTOCOL

Capnography Procedure

TRANSPORT to appropriate facility
CONTACT receiving facility

CONSULT Medical Control where indicated

APPROPRIATE transfer of care

Differentiate Flank Pain from Abdominal Pain and Treat per Pain Management Protocol

History	Signs & Symptoms	Differential Diagnosis
 Age Past medical / surgical history Medications Onset Palliation / provocation Quality (crampy, constant, sharp, dull, etc.) Region / radiation / referred pain Severity (1-10) Time (duration / repetition) Fever Last meal eaten Last bowel movement / emesis Menstrual history (pregnancy) 	 Pain (location / migration) Tenderness Nausea Vomiting Diarrhea Dysuria Constipation Vaginal bleeding / discharge Pregnancy Associated symptoms: (Helpful to localize source) Fever, headache, weakness, malaise, myalgias, cough, headache, mental status changes, rash 	 Pneumonia or pulmonary embolus Liver (hepatitis, CHF) Peptic ulcer disease / gastritis Gallbladder Myocardial infarction Pancreatitis Kidney stone Abdominal aneurysm Appendicitis Bladder / prostate disorder Pelvic (PID, ectopic pregnancy, ovarian cyst) Spleen enlargement Diverticulitis Bowel obstruction Gastroenteritis (infectious)

- Required Exam: Mental Status, Skin, HEENT, Neck, Heart, Lung, Abdomen, Back, Extremities, Neuro
- Abdominal pain in women of childbearing age should be treated as an ectopic pregnancy until proven otherwise.
- The diagnosis of abdominal aneurysm should be considered with abdominal pain in patients over 50.
- Appendicitis may present with vague, peri-umbilical pain, which migrates, to the RLQ over time.
- It is important to remember that abdominal pain can be caused by a large number of different disease processes. The organ systems that may be involved in abdominal pain include esophagus, stomach, intestinal tract, liver, pancreas, spleen, kidneys, male and female genital organs, bladder, as well as referred pain from the chest that can involve the heart, lungs or pleura. Abdominal pain may also be caused by muscular and skeletal problems.
- Abdominal pain emergencies are likely to lead to death due to hypovolemia. There may also be severe electrolyte abnormalities that cause arrhythmias.
- Myocardial infarction may present as abdominal pain especially in the diabetic and elderly.
- In some patients, cardiac chest pain may manifest as abdominal pain. Consider this in all patients with abdominal pain, especially patients with diabetes and in women.
- Because the abdominal pain may be of cardiac origin, perform cardiac monitoring and a 12-Lead EKG.
- DKA may present with abdominal pain, nausea, and vomiting. Check blood glucose level.
- Ketamine (Ketalar) use in pregnancy is a risk / benefit assessment per case. Consult Medical Direction if there are questions.



All AEMT Medication Administrations on this page require PRIOR agency Medical Director approval and training to use off-line



Alcohol Related Emergencies-Mild Symptoms

RULE OUT OTHER CAUSES / CONCURRENT ISSUES

Oxygen to maintain SpO2 >94 by NC when possible

Adult IV/IO PROCEDURE

Apply Cardiac Monitor and Assess Vitals

Blood Glucose Procedure

Mild Symptoms

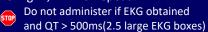
Nausea, Vomiting, Headache, Dehydration, Protecting own Airway, Dizzy, Lightheaded, Responsive

If Nausea / Vomiting Ondansetron (Zofran)

4 mg IV, IM q 10 min prn - Max 8 mg

Metoclopramide (Reglan)

10 mg IV, IM No Repeat



OR

Ondansetron (Zofran)

ODT 4 mg Oral

q 10 Min. prn - Max 8 mg

IV NORMAL SALINE BOLUS

20 ml/kg

If Signs of Dehydration or

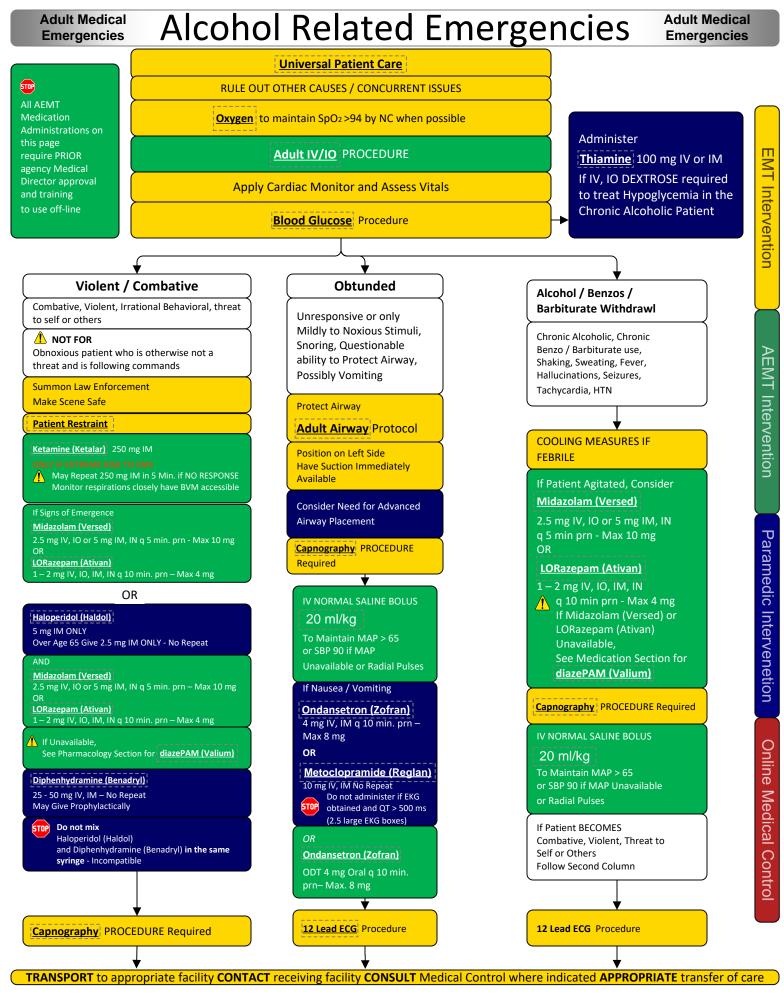
To Maintain MAP > 65

or SBP 90 if MAP Unavailable

or Radial Pulses

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Control where indicated **APPROPRIATE** transfer of care

Administer **Thiamine** 100 mg IV or IM No Repeat If IV, IO DEXTROSE required to treat Hypoglycemia in the **Chronic Alcoholic** Patient



ALL RESPONDERS SHOULD HAVE A HEIGHTENED AWARENESS OF SCENE SAFETY

History	Signs & Symptoms	Differential Diagnosis
Substance abuse / overdose Situational crisis Psychiatric illness / medications Injury to self or threats to others Medic alert tag Diabetes	 Anxiety, agitation, confusion Affect change, hallucinations Delusional thoughts, bizarre behavior Combative violent Expression of suicidal / homicidal thoughts 	See Altered Mental Status differential diagnosis Alcohol Intoxication Toxin / substance abuse Medication effect / OD Withdrawal syndromes Depression Bipolar (manic-depressive) Schizophrenia Anxiety disorders
Agitated – Non-Combative Patient is experiencing a period of high anxiety seemingly from a psychiatric event not otherwise treatable by EMS who is not a treat to self or others	Combative – Not violent Patient is a threat to self or others and can be controlled and restrained with appropriate help without significant risk to the providers	Combative – Violent Patient is in a violent state that puts providers at significant risk despite appropriate help.

Criteria for Restraint Use:

- Patient out of control and may cause harm to self or others.
- Necessary force required for patient control without causing harm.
- · Position of patient must not impede airway or breathing.
- Restraints must not impede circulation.
- Place mask on patient for body secretion protection. May use surgical mask, or Non-rebreather if patient needs oxygen.
- Use supine or lateral positioning ONLY.
- MSP checks are required every 15 min.
- DOCUMENT methods used.
- Medication should be used in conjunction with physical restraint when availble.

Criteria for medication use for combative / violent patients:

- Patient out of control and may cause harm to self or others.
- Patient is NOT a medical patient (treat underlying causes).
- Patient is an ADULT patient.
- Medications can be given safely without harm to patient or EMS.
- Use minimum force required for patient control without causing harm.
- Position of patient must not impede airway or breathing.
- DOCUMENT methods used.

RASS (Richmond Agitation Sedation Score)		
+4	Combative	Overtly combative, violent, immediate danger to staff
+3	Very Agitated	Pulls or removes tube(s) or catheter(s); aggressive
+2	Agitated	Frequent non-purposeful movement, fights ventilator
+1	Restless	Anxious but movements not aggressive vigorous
0	Alert and Calm	
-1	Drowsy	Not fully alert, but has sustained awakening (eye-opening/eye contact) to voice (>10 seconds)
-2	Light Sedation	Briefly awakens with eye contact to voice (<10 seconds)
-3	Moderate Sedation	Movement or eye opening to voice (but no eye contact)
-4	Deep Sedation	No response to voice, but movement or eye opening to <i>physical</i> stimulation
-5	Unarousable	No response to voice or physical stimulation

Adult Medical Emergencies

Alcohol/Withdrawal Related Emergencies-Key Points

Adult Medical Emergencies

Emergence Symptoms

Confusion
Excitement
Irrational Behavior
Hallucinations

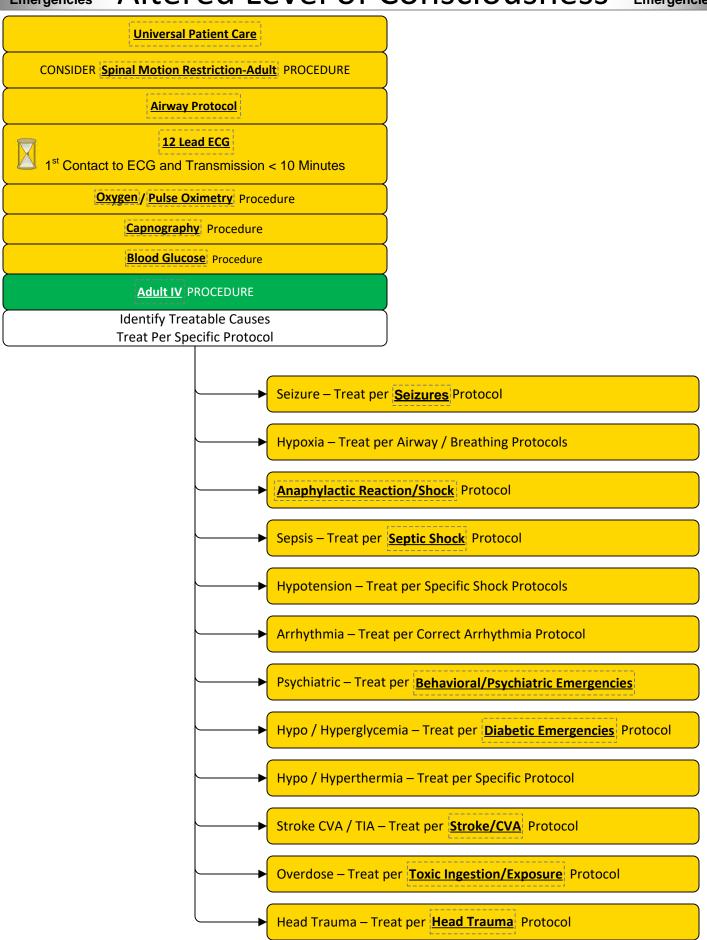
Extrapyramidal Symptoms (EPS)

Involuntary Movements
Purposeless Movements
Tongue Protrusion - Rapid Eye Blinking
Facial Grimacing - Lip Smacking / Puckering

Neuroleptic Malignant Syndrome Increased Body Temp > 38C (100.4F) Muscle Rigidity Diaphoresis

Altered LOC

- Exam: Mental Status, Skin, Heart, Lungs, Neuro
- Your safety first!!
- Be sure to consider all possible medical / trauma causes for behavior. (Hypoglycemia, overdose, substance abuse, hypoxia, head injury, seizure, etc.)
- Do not irritate the patient with a prolonged exam.
- Do not overlook the possibility of associated domestic violence or child abuse.
- The safety of on scene personnel is the priority. Protect yourself and others by summoning law enforcement to assure everyone's safety and if necessary, to enable you to render care. Do not approach the patient if he / she is armed with a weapon.
- Be alert for rapidly changing behaviors.
- Limit patient stimulation and use de-escalation techniques.
- If the patient has been placed in handcuffs by a law enforcement agency, then a member from that agency MUST ride with the patient in the ambulance to the
- hospital.
- Consider treatment of agitation / anxiety combativeness for patients requiring restraint procedure.
- Use of Ketamine (Ketalar) and / or Midazolam (Versed) for behavioral emergencies by AEMTs requires training and approval from the agencies Medical Director before they can use the medications off-line.
- Ketamine use in pregnancy is a risk / benefit assessment per case. Consult Medical Control if there are questions.



History	Signs & Symptoms	Differential Diagnosis
 Known diabetic, medic alert tag Drugs, drug paraphernalia Report of illicit drug use or toxic ingestion Past medical history Medications History of trauma 	 Decreased mental status Change in baseline mental status Bizarre behavior Hypoglycemia (cool, diaphoretic skin) Hyperglycemia (warm, dry skin; fruity breath; Kussmal resps; signs of dehydration) 	 Head trauma CNS (stroke, tumor, seizure, infection) Cardiac (MI, CHF) Infection Thyroid (hyper / hypo) Shock (septic, metabolic, traumatic) Diabetes (hyper / hypoglycemia) Toxicological incident Acidosis / alkalosis Environmental exposure Pulmonary (hypoxia) Electrolyte abnormality Psychiatric disorder

- Exam: Mental Status, HEENT, Skin, Heart, Lungs, Abdomen, Back, Extremities, Neuro
- Be aware of AMS as potential sign of an environmental toxin or Haz-Mat exposure and protect personal safety.
- It is safer to assume hypoglycemia than hyperglycemia if doubt exists.
- Do not let alcohol confuse the clinical picture. Alcoholics frequently develop hypoglycemia and need Thiamine before glucose.
- Low glucose (< 70), normal glucose (70 120), high glucose (> 250).
- Consider restraints if necessary for patient's and / or personnel's protection per the restraint procedure.
- Protect the patient airway and support ABCs.
- Document the patient's glasgow coma score pre-and post-treatment.
- Signs and symptoms of narcotic overdose include respiratory depression and altered mental status.
- Naloxone (Narcan) administration may cause the patient to go into acute opiate withdraw, which includes vomiting, agitation, and / or combative behavior. Always be prepared for combative behavior.
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypoventilate. All A&O 4 patients having received Naloxone (Narcan) should be transported. If patient refuses transport, contact Online Medical Control before release.

For Use in ADULT **Psychosis Only**

NOT For Medical Emergencies Such As Hypoxemia, Sepsis, Seizure, Encephalitis, Hypoglycemia, or Stroke

If patient is Hyperthermic begin cooling with ice packs in groin and axilla.

SCENE SAFETY SUMMON LAW ENFORCEMENT

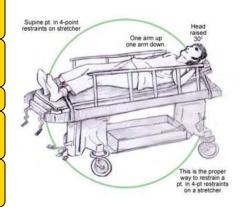
Universal Patient Care

Remove patient from Stressful environment

Verbal techniques (Reassurance, calm, establish rapport)

Treat Suspected Problems per Appropriate Protocol

AMS - Overdose - Head Trauma - Hypoglycemia



Agitation - Not Combative

Midazolam (Versed)

2.5 IV, IO or 5 mg IM, IN q 5 min. prn – Max 10 mg OR

LORazepam (ATIVAN)

- 1 2 mg IV, IO, IM, IN q 10 min. prn – Max 4 mg
- Do not use Midazolam (Versed) or LORazepam (Ativan) and OLANZapine
- (ZyPrexa) together AEMT use requires prior agency MD
- Approval and Training If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Medication Section for

diazePAM (Valium)

Or may Consider WITH PSYCHOSIS

OLANZapine (ZyPREXA)

Orally Disintegrating Tablet 10 mg Oral – No Repeat Instead of Midazolam (Versed)

Capnography PROCEDURE Required

Combative - not Violent Risk to Self or others

Patient Restraint Procedure

Haloperidol (Haldol)

5 mg IM ONLY

Over Age 65 Give 2.5 mg IM ONLY-No Repeat

AND / OR Midazolam (Versed)

2.5 IV, IO or 5 mg IM, IN q 5 min. prn – Max 10 mg

LORazepam (ATIVAN)

- 1 2 mg IV, IO, IM, IN
- q 10 min. prn Max 4 mg
- AEMT use requires prior agency MD
- Approval and Training

If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Medication Section for diazePAM (Valium)

Any time After Injection: If Fasciculations, Extrapyramidal, Symptoms (EPS) Like Dystonia

diphenhydrAMINE (BENADRYL)

25 - 50 mg IV, IM - No Repeat

May Give Prophylactically

Do not mix

HALOPERIDOL (HALDOL) and diphenhydrAMINE (BENADRYL) in the same syringe - Incompatible

Capnography PROCEDURE Required

Combative - Violent Significant Threat to Providers

Patient Restraint Procedure

Ketamine (Ketalar)

250 mg IM

May Repeat 250 mg IM in 5 Min if NO RESPONSE - Max 500 mg

AEMT use requires prior agency MD **Approval and Training**

If Signs of Emergence After KETAMINE Administer

Midazolam (Versed)

2.5 IV, IO or 5 mg IN, IM q 5 min. prn – Max 10 mg

LORazepam (ATIVAN)

- 1 2 mg IV, IO, IM, IN q 10 min. prn – Max 4 mg
- AEMT use requires prior agency MD Approval and Training
- Notify receiving Physician Ketamine (Ketalar) administered so patient presentation is not misconstrued as other etiology
- If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Medication Section for diazePAM (Valium)

Capnography | PROCEDURE Required

Constant reassessment of ABC's, personal, and patient safety

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

ALL RESPONDERS SHOULD HAVE A HEIGHTENED AWARENESS OF SCENE SAFETY		
History	Signs & Symptoms	Differential Diagnosis
 Situational crisis Psychiatric illness / medications Injury to self or threats to others Medic alert tag Substance abuse / overdose Diabetes 	 Anxiety, agitation, confusion Affect change, hallucinations Delusional thoughts, bizarre behavior Combative violent Expression of suicidal / homicidal thoughts 	 See Altered Mental Status differential diagnosis Alcohol Intoxication Toxin / substance abuse Medication effect / OD Withdrawal syndromes Depression Bipolar (manic-depressive) Schizophrenia
Agitated-Non-Combative Patient is experiencing a period of high anxiety seemingly from a psychiatric event not otherwise treatable by EMS who is not a treat to self or others	Combative – Not Violent Patient is a treat to self or others and can be controlled and restrained with appropriate help without significant risk to the providers	Anxiety disorders Combative – Violent Patient is in a violent state that puts providers at significant risk despite appropriate help

Criteria for Restraint Use:

- Patient out of control and may cause harm to self or others.
- Necessary force required for patient control without causing harm.
- Position of patient must not impede airway or breathing.
- Restraints must not impede circulation.
- Place mask on patient for body secretion protection. May use TB mask, or Non-rebreather if patient needs oxygen.
- Use supine or lateral positioning ONLY.
- MSP checks are required every 15 min.
- DOCUMENT methods used.

Criteria for medication usefor anxiolysis / combative patients:

- Patient out of control and may cause harm to self or others.
- Patient is NOT a medical patient (treat underlying causes).
- Patient is an ADULT patient.
- Ketamine (Ketalar) or Haloperidol (Haldol) can be given safely without harm to patient or EMS.
- Use necessary force required for patient control without causing harm.
- Position of patient must not impede airway or breathing.
- DOCUMENT methods used.

	RASS (Richmond Agitation Sedation Score)		
+4	Combative	Overtly combative, violent, immediate danger to staff	
+3	Very Agitated	Pulls or removes tube(s) or catheter(s); aggressive	
+2	Agitated	Frequent non-purposeful movement, fights ventilator	
+1	Restless	Anxious but movements not aggressive vigorous	
0	Alert and Calm		
-1	Drowsy	Not fully alert, but has sustained awakening (eye-opening/eye contact) to voice (>10 seconds)	
-2	Light Sedation	Briefly awakens with eye contact to voice (<10 seconds)	
-3	Moderate Sedation	Movement or eye opening to voice (but no eye contact)	
-4	Deep Sedation	No response to voice, but movement or eye opening to <i>physical</i> stimulation	
-5	Unarousable	No response to voice or physical stimulation	

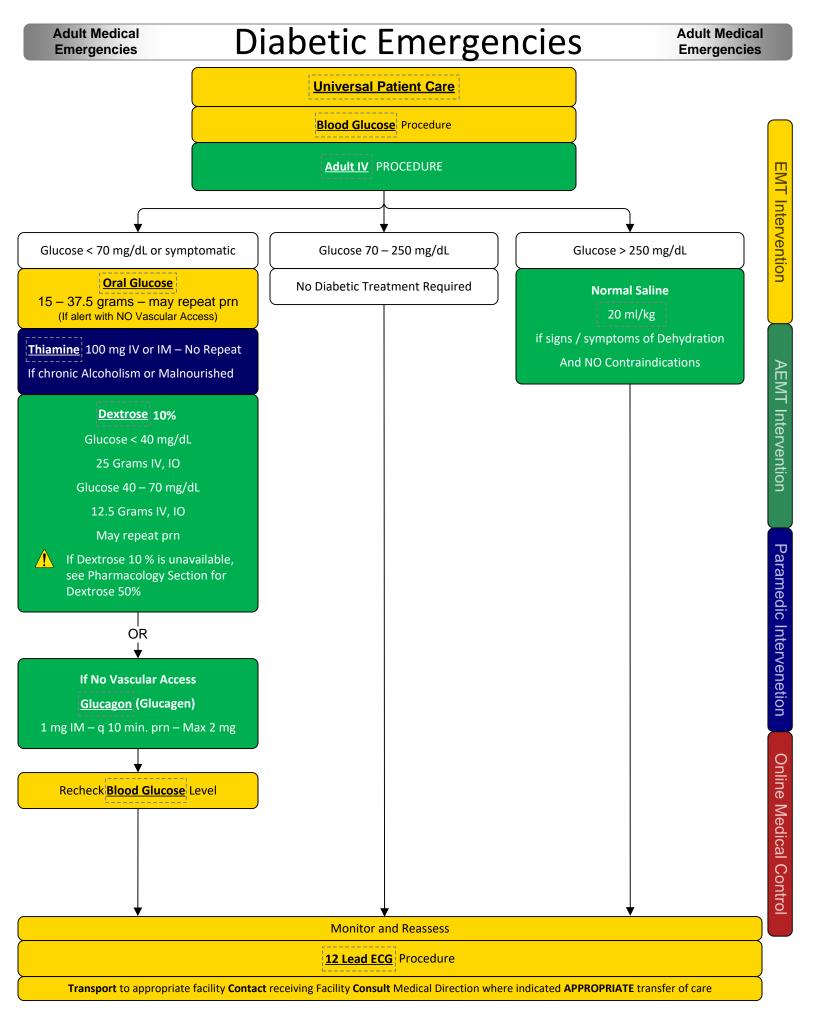
Emergence Symptoms	Extrapyramidal Symptoms (EPS)	Neuroleptic Malignant Syndrome
Confusion	Involuntary Movements	Increased Body Temp > 38C (100.4F)
Excitement	Purposeless Movements	Muscle Rigidity
Irrational Behavior	Tongue Protrusion - Rapid Eye Blinking	Diaphoresis
Hallucinations	Facial Grimacing - Lip Smacking / Puckering	Altered LOC
Tranacinacions	Tadiar drintading Lip drinading / Facility	7

Adult Medical Emergencies

Behavioral/Psychiatric Emergencies-Key Points

Adult Medical Emergencies

- Exam: Mental Status, Skin, Heart, Lungs, Neuro
- All psychiatric patients must have medical clearance at a hospital ED before transport to a mental health facility.
- Your safety first!!
- Be sure to consider all possible medical / trauma causes for behavior. (Hypoglycemia, overdose, substance abuse, hypoxia, head injury, seizure, etc.)
- Do not irritate the patient with a prolonged exam.
- Do not overlook the possibility of associated domestic violence or child abuse.
- The safety of on scene personnel is the priority. Protect yourself and others by summoning law enforcement to assure everyone's safety and if necessary, to enable you to render care. Do not approach the patient if he / she is armed with a weapon.
- Consider the medical causes of acute psychosis. Causes may include; head trauma, hypoglycemia, acute intoxication, sepsis, CNS insult and hypoxia.
- Suicide ideation or attempts must be transported for evaluation.
- Be alert for rapidly changing behaviors.
- Limit patient stimulation and use de-escalation techniques.
- If the patient has been placed in handcuffs by a law enforcement agency, then a member from that agency MUST ride with the patient in the ambulance to the hospital.
- Consider treatment of agitation / anxiety combativeness for patients requiring restraint procedure.
- Ketamine (Ketalar) use in pregnancy is a risk / benefit assessment per case. Consult Medical Direction if there are questions.



Adult Medical Emergencies

Diabetic Emergencies-Notes

Adult Medical Emergencies

Hypoglycemia

History	Signs & Symptoms	Differential Diagnosis
 Known diabetic, medic alert tag Past medical history Medications Last meal Recent Blood Sugar Analysis 	 Altered level of consciousness Dizziness Irritability Diaphoresis Convulsions Hunger Confusion 	 ETOH Toxic Overdose Trauma Seizure Syncope CNS disorder Stroke Pre-existing condition

Hyperglycemia

History	Signs & Symptoms	Differential Diagnosis
 Known diabetic, medic alert tag Past medical history Medications Last meal Recent BGL check 	 Altered level of consciousness / coma Abdominal pain Nausea / vomiting Dehydration Frequent thirst and urination General weakness malaise Hypovolemic shock Hyperventilation Deep / rapid respirations 	 ETOH Toxic overdose Trauma Seizure Syncope CSN disorder Stroke Diabetic ketoacidoss

Hypoglycemic patients who are receiving oral hypoglycemics should be STRONGLY urged to be transported to the hospital. The half-life of such oral medications is long and these patients will need to be closely monitored for recurrent hypoglycemia.

Key Points

Hyperglycemia:

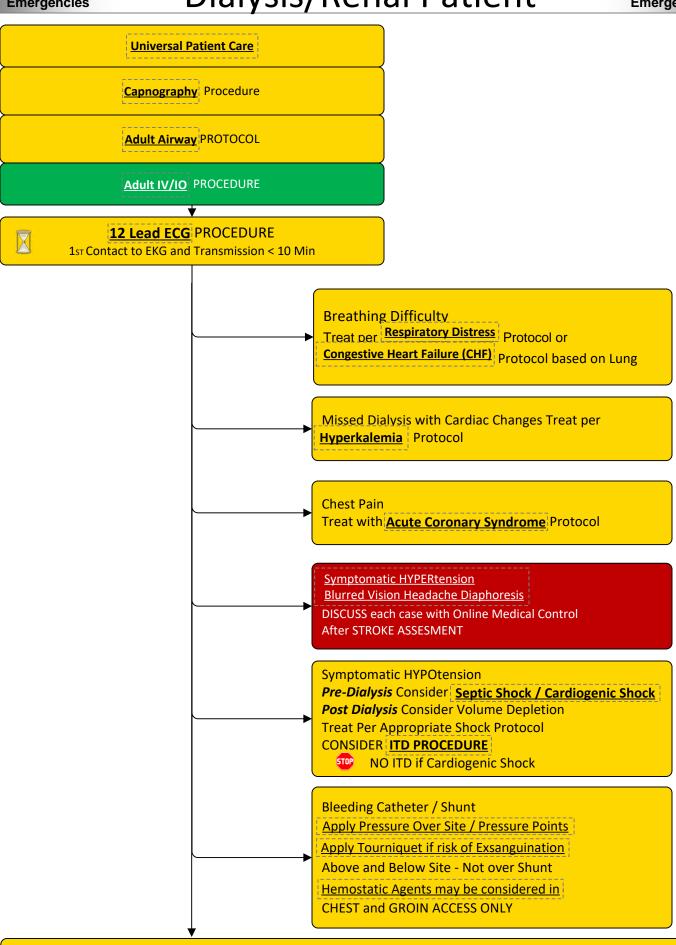
- Diabetic ketoacidosis (DKA) is a complication of diabetes mellitus. It can occur when insulin levels become inadequate to meet the metabolic demands of the body for a prolonged amount of time (onset can be within 12 24 hours). Without enough insulin, the blood glucose increases and cellular glucose depletes. The body removes excess blood glucose by dumping it into the urine.
- . Pediatric patients in DKA should be treated as hyperglycemic under the Pediatric Diabetic Emergencies Protocol.
- Patients can have hyperglycemia without having DKA.

Hypoglycemia:

- Always suspect hypoglycemia in patients with an altered mental status.
- If a blood glucose analysis is not available, a patient with altered mental status and signs and symptoms consistent with hypoglycemia should receive Dextrose or Glucagon (Glucagen).
- Dextrose is used to elevate BGL *but it will not maintain it.* The patient will need to follow up with a meal (carbs), if not transported to a hospital.

Miscellaneous:

- If IV access is successful after Glucagon (Glucagen) IM and the patient is still symptomatic, Dextrose IV / IO can be administered.
- For alcoholic or malnourished patients, give 100 mg Thiamine IV or IM before giving glucose to avoid possible Wernicke's encephalopathy.
- Shut off wearable insulin pumps if patient is hypoglycemic.
- Treat if the patients' blood glucose is 70 or less, or any level with signs and symptoms.
- Glucagon unlikely to be useful in malnourished patients.



History	Signs & Symptoms	Differential Diagnosis
 Renal failure Dialysis treatment Anemia Dialysis treatment schedule Previous implications Long term catheter access Shunt access Hyperkalemia 	 Hypotension Bleeding Fever Electrolyte imbalances Nausea Vomiting Altered mental status Seizure Dysrhythmias 	 Congestive heart failure Pericarditis Diabetic problem

Key Points

The chronic renal dialysis patient has numerous medical problems. The kidneys help maintain electrolyte balance, acidbase balance and rid the body of metabolic waste. Kidney failure results in a build-up of toxins within the body, which can cause many problems.

Dialysis is a process, which filters out the toxins, excess fluids and restores electrolyte balance. The process may be done in two ways:

1. Peritoneal Dialysis

Toxins are absorbed by osmosis through a solution infused into the peritoneal cavity; and then drained out. The solution is placed into the abdomen by means of a catheter, which is placed below the navel. This process must be done frequently, as frequently as every 12 hours for a period of 1 - 2 hours.

2. Hemodialysis

Removes toxins by directly filtering the blood using equipment that functions like an electric kidney, circulating the blood through a Shunt that is connected to a vein and an artery. This process usually needs to be done every 2 - 3 days for a period of 3 - 5 hours. A permanent shunt can be surgically formed as a fistula.

POSSIBLE COMPLICATIONS OF DIALYSIS TREATMENT

- 1. Hypotension (15-30%)
 - May result in angina, MI, dysrhythmia, altered mental status, and seizure
- 2. Removal of therapeutic medications
 - Example: Tegretol
- 3. Disequilibrium syndrome
 - Cause: shift of urea and / or electrolytes
 - Signs and symptoms: Nausea and / or vomiting, altered mentation, or seizure
- 4. Bleeding
 - These patients are often treated with heparin and they may have a low platelet count
 - Bleeding may be at the catheter site, retro peritoneal, gastrointestinal, or subdural
- 5. Equipment malfunctions
 - Possible air embolus
 - Possible fever or endotoxin
- Do not take blood pressure in arm that has the shunt.
- T waves must be higher than the QRS to qualify as tall / peaked. AA dialysis patient may not respond to drug therapy. A renal patient in full cardiac arrest should be treated according to current ACLS guidelines.

Prophylactically apply pacing / defib pads and prepare for decompensation

Pacing may be ineffective until after pharmacologic treatments have been used

Patient has history consistent with hyperkalemia Available Recent Lab Work Missed Dialysis

Kidney Failure (Consider Causes - Dehydration, Failure to Thrive)
Burns / Trauma

Uncontrolled Diabetes / Insulin Deficiency

Addison's Disease

Crush Injury / Compartment Syndrome

Medications (K+ Sparing diuretics, ACE inhibitors,

Antibiotics, ARB's, NSAIDS, Immunosuppressants)

Excessive Potassium Intake

Universal Patient Care

Adult Airway PROTOCOL

Monitor Lung Sounds for Fluid Overload

Oxygen

Adult IV/IO PROCEDURE

12 Lead ECG PROCEDURE

1st Contact to EKG and Transmission < 10 Min

Capnography Procedure

EKG CHANGES

Wide Complex QRS or Peaked T Waves or Bradycardia *Or any combination of these* Suspected Hyperkalemia



<u>Albuterol (Proventil)</u>

Serial Albuterol Treatment Only During Entire Transport 10 mg (x4 2.5 mg Unit Doses) Albuterol ONLY – NOT DUONEB

Flush IV then

<u>Calcium Gluconate</u> 1 – 3 Grams IV, IO or

Calcium Chloride 1 Gram IV, IO

May repeat if available and EKG changes reoccur

IV Normal Saline Bolus
IF SIGNS OF DEHYDRATION AND NO CONTRAINDICATIONS

20 mL/kg

To Maintain MAP > 65

or SBP 90 if MAP Unavailable or Radial Pulses

ONLY IF EKG IS SINE WAVE

TREAT IMMEDIATELY

Flush IV then

Calcium Gluconate

1 – 3 Grams IV, IO or

Calcium Chloride

1 GRAM IV, IO

May repeat if available and EKG changes reoccur



DO NOT MIX IN THE SAME LINE AT SAME TIME

Flush IV then
Sodium Bicarbonate

1 mEq/kg | IV, IO

May repeat if available and EKG changes reoccur

TRANSPORT to appropriate facility, CONTACT receiving facility, CONSULT Medical Direction where indicated APPROPRIATE transfer of care

IF EKG WIDE OR

BECOMES SINE WAVE

History		Signs & Symptoms	Differential Diagnosis	
Missed Dialysis Metabolic acidosis Addison's disease Burns DKA Dehydration ACE inhibitor use Diuretic Use NSIDS chronic use Digitalis toxicity Antibiotic use ARB use Kidney failure Trauma (Crush / Compartment Syndrome) Immunosuppressant use Excessive potassium intake	o Na o Tal limb I o Tal o Flat o Wi o The rhythe o Prol o Dep o Sine o AV I o Ven o Re	ller than 10 mm in the precordial leads tened P-waves dening of P-waves prior to their disappearance e lack of P-waves can result in the appearance of a junct m longed PR Interval lened QRS complexes weessed ST-segment e waves bad QRS complex and tall T-wave blocks tricular dysrhythmias member that slower wide rhythms are often common w kalemia—keep this on the list of differentials!		Sinus bradycardia Wide complex unknown origin rhythms Bundle branch blocks Sodium channel blocker OD Beta Blocker OD Calcium Channel Blocker OD STEMI V-tach

Stages of hyperkalemia and their potassium lab values:

Normal potassium levels: 3.5–5.5 mEq/L
Mild hyperkalemia: 5.5–6.5 mEq/L
Moderate hyperkalemia: 6.5–8.0 mEq/L
Severe hyperkalemia: more than 8.0 mEq/L

- A wide, fast, regular rhythm does not always equate to ventricular tachycardia. Remember that hyperkalemia can be a v-tach mimic.
- In cases where we have a great story for hyperkalemia, it is potentially beneficial to start resuscitation with the thought of treating hyperkalemia prior to standard ACLS.
- Certain medications traditionally used to treat ventricular tachycardia, such as amiodarone, can lose effectiveness in the presence of hyperkalemia.
- Calcium, whether chloride or gluconate, stabilizes the cardiac membrane and reduces myocardial irritability.
- Albuterol is a beta-adrenergic agonist that assists with the movement of potassium from the extracellular space into the intracellular space.
- While there is substantial evidence to limit the routine use of sodium bicarbonate in out-of-hospital cardiac arrest and diabetic ketoacidosis, there is benefit in giving it in hyperkalemia.
- Focus less on the numerical value and more on the severity of symptoms based on the change rate of the potassium value.

Hyperthermia/Heat Exposure

Providers may use purpose If immersion cooling has been **Universal Patient Care** e made continuous core body initiated prior to EMS arrival by temperature monitoring on scene providers, do not devices is already in place or if interrupt cooling for assessment **Document Patient Temperature** provided. Regular spot check or treatment until cooling thermometers are insufficient. period has completed per this If purpose made continuous core body temperature devices Remove Patient from Heat Source unavailable, then use mental status as the indicator to remove from cooling **Remove Patient Clothing** Increase Air Flow around Patient Capnography Procedure HEAT STROKE (+AMS) HEAT SROKE (+AMS) **HEAT EXAUSTION (NO AMS)** Immersion Unavailable Immersion Available **COLD WATER / ICE IMMERSION AVAILABLE** Apply coldest water available or Apply coldest water available or ICE water if possible ICE water if possible **CAN BE PREPARED IN 5 mins** Apply ICE PACKS to Patient (Groin, Apply ICE PACKS to Patient (Groin, Use any local assets / supplies to accomplish Axilla, and Posterior neck) Axilla, and Posterior neck) this STAYING AND GETTING CORE TEMP **Consider Cooling Collar Consider Cooling Collar** DOWN IS IMPERATIVE Submerge as far up to neck as possible – keep head above water with towel or sheet under arms Agitate the water Keep immersed for 10 - 20 mins or return of normal mental status Core temp < 102F (40C) if purpose made continuous core temp monitoring device If mental status fails to return to normal after 20 mins, look for other causes and / or contact Medical Control Do not interrupt submersion cooling for vomiting, bowel movement, combativeness, or seizures Adult IV/IO Procedure Adult IV/IO Procedure Adult IV/IO PROCEDURE IF HYPOTENSIVE - IV Normal Saline IF HYPOTENSIVE - IV Normal Saline **IV Normal Saline** Bolus 20 ml/kg Bolus 20 mL/kg Bolus 20 ml/kg IF NORMOTENSIVE - IV Normal Saline IF NORMOTENSIVE - IV Normal Saline CHILLED SALINE IF AVAILABLE CHILLED SALINE IF AVAILABLE CHILLED SALINE IF AVAILABLE Transport with early notification to receiving hospital to begin preparing ice bath / cooling measures as needed **Blood Glucose** Procedure Cardiac Monitor / 12 Lead ECG Procedure **Monitor and Reassess** TRANSPORT to appropriate facility, CONTACT receiving facility, CONSULT Medical Direction where indicated APPROPRIATE transfer of care

Adult Medical

Emergencies

History	Signs & Symptoms	Differential Diagnosis
 Age Exposure to increased temperatures and humidity Past medical history / medications Extreme exertion Time and length of exposure Poor PO intake Fatigue and / or muscle cramping 	 Altered mental status or unconsciousness Hot, dry, or sweaty skin Hypotension or shock Seizures Nausea 	 Fever (infection) Dehydration Medications Hyperthyroidism (storm) Delirium tremens (DT's) Heat cramps Heat exhaustion Heat stroke CNS lesions or tumors

Heat Exhaustion: Dehydration	Heat Stroke: Cerebral Edema		
 Muscular / abdominal cramping General weakness Diaphoresis Febrile Confusion Dry mouth / thirsty Tachycardia 	 Confusion Bizarre behavior Skin hot dry, febrile Tachycardia Hypotensive Seizure Coma 		
BP normal or orthostatic hypotension	Coma		

- Exam: Mental Status, Skin, HEENT, Heart, Lungs, Neuro
- Extremes of age are more prone to heat emergencies (i.e. young and old).
- Predisposed by use of: tricyclic antidepressants, phenothiazines, anticholinergic medications, and alcohol.
- Cocaine, amphetamines, and salicylates may elevate body temperatures.
- Sweating generally disappears as body temperature rises
- Intense shivering may occur as patient is cooled.
- Heat Cramps consists of benign muscle cramping 2° to dehydration and is not associated with an elevated temperature.
- **Heat Exhaustion** consists of dehydration, salt depletion, dizziness, fever, mental status changes, headache, cramping, nausea and vomiting. Vital signs usually consist of tachycardia, hypotension, and an elevated temperature.
- Heat Stroke consists of dehydration, tachycardia, hypotension, elevated temperature, and altered mental status.
- Patients at risk for heat emergencies include neonates, infants, geriatric patients, and patients with mental illness. Other contributory factors may include heart medications, diuretics, cold medications and / or psychiatric medications.
- Heat exposure can occur either due to increased environmental temperatures or prolonged exercise or a combination of both. Environments with temperature > 90° F and humidity > 60% present the most risk.
- Heat stroke occurs when the cooling mechanism of the body (sweating) ceases due to temperature overload and / or electrolyte imbalances. Be alert for cardiac dysrhythmias for the patient with heat stroke.
- In patents with significant hyperthermia (temp > 104° F) begin actively cooling with natural or chemical ice packs applied to the patients' groin, armpits (axilla), and back of neck.
- Cool patient prior to transport if heat stroke. Coolest water or ice if available.
- Use best cooling options available prior to transport, when feasible cool patient before transport.
- Getting patient wet is most effective, do not delay transport to set up immersion tank, use if already available.

Universal Patient Care

Hypertensive Emergencies

Adult IV PROCEDURE

Assess Neuro Status – Record and Trend GCS
Stroke Exam



12 Lead ECG PROCEDURE

1st Contact to EKG and Transmission < 10 Min

Blood Glucose PROCEDURE

Consider Potential Causes

Concurrent Chest Pain? - Refer to Acute Coronary Syndrome Protocol

Concurrent Pulmonary Edema?

Treat Per Congestive Heart Failure (CHF)/Pulmonary Edema Protocol

Discontinuation / Non -Compliance with Anti-Hypertensive Medications - Supportive Care

Head Trauma (Cushing's Reflex) – See Head Trauma Protocol

Sympathomimetics (Cocaine, Amphetamines, Etc.) – Supportive Care

Aortic Dissection – Supportive Care / Pain Management

Pre-Eclampsia / Eclampsia – See Obstetrical Emergencies

Consult Online Medical Direction
If EMS Needs Consideration of Other Interventions on a Per Case Basis

TRANSPORT Head Up > 30 Degrees Position

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Documented hypertension Related diseases: diabetes, CVA renal failure, cardiac Medications (compliance?) Pregnancy 	One of these: • Systolic BP 220 or greater • Diastolic BP 120 or greater AND at least one of these: • Headache • Nosebleed • Blurred vision • Dizziness	 Hypertensive encephalopathy Primary CNS Injury (Cushing's response = bradycardia with hypertension) Myocardial infarction Aortic dissection Pre-eclampsia / Eclampsia Sympathomimetic ingestion (cocaine)

- Prehospital treatment of hypertension is very conservative because a CVA in progress may be made worse by a drop in B/P following aggressive hypertension treatment.
- Consider treatment ONLY if patient has signs and symptoms of CHF or Cardiac Chest Pain!
- Hypertensive emergencies are life threatening emergencies characterized by an acute elevation in blood pressure AND end-organ damage to the cardiac, CNS or renal systems. These crisis situations may occur when patients have poorly controlled chronic hypertension.
- All symptomatic patients with hypertension should be transported with their head elevated.
- Evidence of neurological deficit includes: confusion, slurred speech, facial asymmetry, focal weakness, coma, lethargy and seizure activity.
- Evidence of cardiac impairment includes: angina, jugular vein distention, chest discomfort and pulmonary edema.
- Toxic ingestion such as cocaine may present with a hypertensive emergency.
- Hypertension can be a neuroprotective reflex in patients with increased intracranial pressure.

Universal Patient Care

Hypothermia/Frostbite

Adult Airway Protocol

<u>Oxygen</u>

Capnography Procedure

Remove wet clothing

Handle Patient Gently

Indirectly Apply Hot Packs and / or Blankets and Turn Up Vehicle Heat

Blood Glucose Procedure

Adult IV PROCEDURE

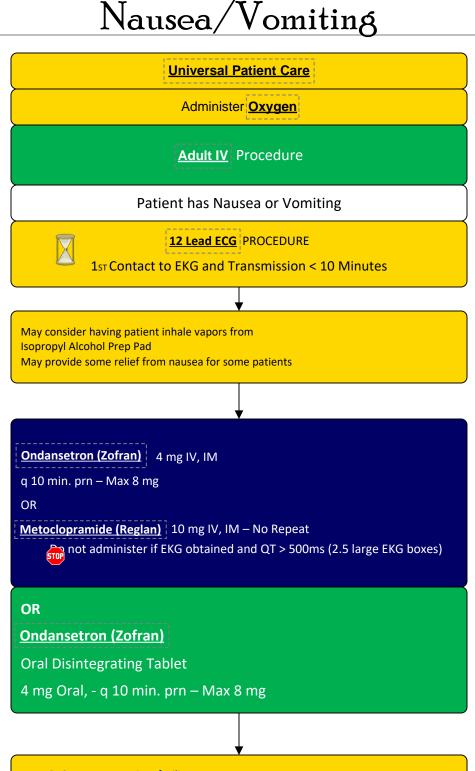
CARDIAC MONITORING PROCEDURE

Appropriate Protocol(s) Based on Patient Signs and Symptoms

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Past medical history Medications Exposure to environment even in normal temperatures Exposure to extreme cold Extremes of age Drug use: alcohol, barbiturates Infections / sepsis Length of exposure / wetness 	 Cold, clammy Shivering Mental status changes Extremity pain or sensory abnormality Bradycardia Hypotension or shock 	 Sepsis Environmental exposure Hypoglycemia CNS dysfunction Stroke Head injury Spinal cord injury

- Exam: Mental Status, Heart, Lungs, Abdomen, Extremities, Neuro
- Hypothermic / drowning / near drowning patients that appear cold and dead are NOT dead until they are warm and dead, or have other signs of obvious death (putrification, traumatic injury unsustainable to life).
- Defined as core temperature < 93.2° F (34° C).
- Extremes of age are most susceptible (i.e. young and old).
- Patients with low core temperatures will not respond to ALS drug interventions. Maintain warming procedure and supportive care. Warming procedures includes removing wet clothing, limiting exposure, and covering the patient with warm blankets if available.
- Do not allow patients with frozen extremities to ambulate.
- Do not attempt to rewarm deep frostbite unless there is an extreme delay in transport, and there is a no risk that the affected body part will be refrozen. Contact medical direction prior to rewarming a deep frostbite injury.
- With temperature less than 86° F (30° C) ventricular fibrillation is common cause of death. Handling patients gently may prevent this.
- If the temperature is unable to be measured, treat the patient based on the suspected temperature.
- Hypothermia may produce severe bradycardia.
- Shivering stops below 90° F (32° C).
- Hot packs can be activated and placed in the armpit and groin area if available.
- Care should be taken not to place the packs directly against the patient's skin.
- Consider withholding CPR if patient has organized rhythm. Discuss with Online Medical Control.
- Patients with low core temperatures may not respond to ALS drug interventions. Discuss ACLS drug use with Online Medical Control in severely hypothermic patients.
- Maintain warming procedure and supportive care. Warming procedures includes removing wet clothing, limiting exposure, and covering the patient with warm blankets if available.
- The most common mechanism of death in hypothermia is ventricular fibrillation. If the hypothermia victim is in ventricular fibrillation, CPR should be initiated. If V-FIB is not present, then all treatment and transport decisions should be tempered by the fact that V-FIB can be caused by rough handling, noxious stimuli or even minor mechanical disturbances, this means that respiratory support with 100% oxygen should be done gently, including intubation, avoiding hyperventilation.
- The heart is most likely to fibrillate between 85 88° F (29 31° C.) Defibrillate VF / VT x1 if no change, perform CPR and defer repeat defibrillation attempts until patient has been rewarmed.
- Do not allow patients with frozen extremities to ambulate.
- Superficial frostbite can be treated by using the patient's own body heat.



TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Nausea Vomiting Medication(s) administration such as narcotic analgesics 	Complaints of nausea and / or vomiting	 Consider AMI / 12 lead EKG Gastroenteritis Toxic ingestion / food poisoning Bowel obstruction Appendicitis Gastritis Cholecystitis (gallbladder) Hepatitis / cirrhosis Headaches / migraine Pregnancy Hypertensive crisis Electrolyte imbalances DKA Intracranial pressure Sepsis / infections

- Position patient to protect airway as appropriate. (Recovery position, sitting up, etc.)
- Immediately position entire patient or their head to side if patient begins vomiting then retrieve suction.
- Patients with altered LOC and nausea / vomiting need to have airway maintenance prioritized before medication.
- Prepare and test suction prior to its need.
- Give Ondansetron (Zofran) or Metoclopramide (Reglan) over at least 2 minutes, slow IV. Follow up with second dose in if symptoms unresolved.
- Treat patients early, no need to wait for patient to begin vomiting to administer Ondansetron (Zofran) or Metoclopramide (Reglan).
- Patients receiving medications such as narcotic analgesics may require concurrent administration of Ondansetron (Zofran) or Metoclopramide (Reglan) to reduce nausea associated with such medications.

Pain Management

Adult Medical Emergencies

Paramedic Intervenetion

AEMT Intervention

- Burns
- Intractable Back Pain
- Intractable Back Pain

Musculoskeletal and / or Fracture Pain

PATIENT HAS:

- Sickle Cell Pain Crisis (Use Supplemental O₂)
- Unremitting Abdominal Pain (NOT OB)

FentaNYL (Sublimaze)

25 – 100 mcg IV, IO, IM, IN – q 10 min. prn 200 mcg max

Narcotic Analgesic

Preferred analgesic for trauma / ACS

Push slow IV / IO

Reduce dose over 65, liver or kidney disease

Morphine ulfate

OR

HYDROmorphone (Dilaudid)

0.5 - 1 mg IV, IO, IM q 10 min. prn – max 2 mg

Narcotic **Analgesic** Preferred analgesic for extended duration / unremitting pain

Reduce dose over 65, liver or kidney disease

If HYDROmorphone (Dilaudid) is unavailable, see medication section for Morphine Sulfate

OR

Non-Narcotic **Analgesic**

Anti-Inflammatory **Ketamine (Ketalar)**

10 mg IV, IO, IM, IN q 10 min. prn – max 30 mg

OR

Ketorolac (Toradol)

15 mg IV, IO – No Repeat

30 mg IM – No Repeat

Over 65, or kidney disease

Any recent or suspected bleeding (GI bleeds, CVA)

Allergy/Hypersensitivity to NSAIDS, Asthmatics w/ sensitivity to NSAIDS Known or obvious pregnancy, Nursing mothers

Preferred analgesic for kidney stones, Flank pain

Consider as needed for Nausea/Vomiting

Ondansetron (Zofran) 4 mg IV, IM q 10 min. – Max 8 mg

Metoclopramide (Reglan)

10 mg IV, IM - q 10 min. prn - No Repeat

Do not administerif EKG obtained and QT> 500ms (2.5 large EKG boxes)

Consider | Ondansetron (Zofran)

Oral Disintegrating Tabs (ODT) 4 mg oral

q 10 min. prn - Max 8 mg

Capnography Procedure

Monitor Airway, Breathing, Vitals

TRANSPORT to appropriate facility

CONTACT receiving facility

CONSULT Medical Direction where indicated

APPROPRIATE transfer of care

Pain Other Than Listed **CONTACT Online Medical Control**

NOT FOR

Altered Mentation, Traumatic Abdominal Pain, Head Trauma, Hypovolemia

History	Signs & Symptoms	Differential Diagnosis
 Age / onset Location Duration Severity (0 - 10) Past medical history Medications Drug allergies 	 Severity (pain scale) Quality (sharp, dull, etc.) Radiation Relation to movement, respiration Increased with palpation of area 	 Per the specific protocol Musculoskeletal Visceral (abdominal) Cardiac Pleuritic (respiratory) Neurogenic Renal (colic)

Pain Scale

The Wong-Baker Faces Pain Rating Scale

Designed for children aged 3 years and older, the Wong-Baker Faces Pain Rating Scale is also helpful for elderly patients who may be cognitively impaired. If offers a visual description for those who don't have the verbal skills to explain how their symptoms make them feel.



HURT





LITTLE



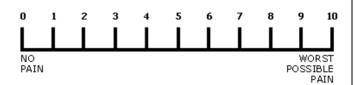
EYEN

MORE



WHOLE





To use this scale, your doctor should explain that each face shows how a person in pain is feeling. That is, a person may feel happy because he or she has no pain (hurt), or a person may feel sad because he or she has some or a lot of pain.

A Numerical Pain Scale

A numerical pain scale allows you to describe the intensity of your discomfort in numbers ranging from 0 to 10 (depending on the scale). Rating the intensity of sensation is one way of helping your doctor determine treatment. Numerical pain scales may include words or descriptions to better label your symptoms, from feeling no pain to experiencing excruciating pain. Some researchers believe that this type of combination scale may be most sensitive to gender and ethnic differences in describing pain.

- Exam: Mental Status, Area of Pain, Neuro
- Pain is an unpleasant sensory and emotional experience associated with actual or potential tissue damage.
- Pain is subjective (whatever the patient says it is).
- Pain severity (0-10) is a vital sign to be recorded pre, and post medication delivery and at disposition.
- Use analgesia for suspected cardiac chest pain within the ACS protocol.
- Abdominal pain patients must have a 12 lead EKG to rule out cardiac involvement.
- Vital signs should be obtained pre, 10 minutes post, and at disposition with all pain medications.
- Contraindications to HYDROmorphone (Dilaudid), or FentaNYL (Sublimaze) use include hypotension, head injury, respiratory distress or severe COPD.
- All patients should have drug allergies documented prior to administering pain medications.
- All patients who receive pain medications must be observed 15 minutes for drug reaction.
- All patients who receive medication for pain must have continuous ECG monitoring, pulse oximetry, and oxygen administration.
- The patient's vital signs must be routinely reassessed.
- Routine assessments and reassessments must be documented on the run report.
- Have Naloxone (Narcan) on hand if the patient has respiratory depression or hypotension after HYDROmorphone (Dilaudid), or FentaNYL (Sublimaze) administration. Be prepared to ventilate.
- DO NOT administer narcotic analgesics if there is any suspicion of a head injury.
- Capnography is required if patient already has narcotic analgesics on board prior to supplementation.
- Capnography is required if second doses of narcotic analgesics are required to control the patient's pain.
- Consider asking patient history of opiate addiction consider non-narcotic options.
- Ketamine use in pregnancy is a risk / benefit assessment per case. Consult Medical Control if there are questions.

Universal Patient Care

Adult Airway Protocol

Consider Spinal Motion Restriction

<u>Capnography</u> PROCEDURE Required

OXYGEN / VENTILATE DURING SEIZURE BASED ON CAPNOGRAPHY AS REQUIRED

Loosen Patient Clothing / Protect Patient

Adult IV PROCEDURE

Check Blood Glucose PROCEDURE

BGL > 70 mg/dl and Status Epilepticus?

Midazolam (Versed)

2.5 mg IV, IO or 5 mg IM, IN – q 10 min. prn – Max 4 mg OR

LORazepam (Ativan)

1 – 2 mg IV, IO, IM, IN – q 10 min. prn – Max 4 mg



Capnography Required



If Midazolam (Versed) or LORazepam (Ativan) Unavailable.

See Pharmacology Section for **DiazePAM (Valium)**

Monitor and Reassess

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

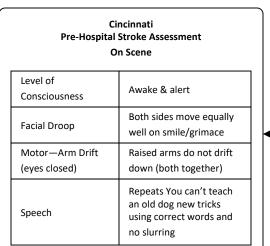
History	Signs & Symptoms	Differential Diagnosis
 Reported / witnessed seizure activity Previous seizure history Medical alert tag information Seizure medications History of trauma History of diabetes History of pregnancy 	 Decreased mental status Sleepiness Incontinence Observed seizure activity Evidence of trauma 	 CNS (head) trauma Tumor Metabolic, hepatic, or renal failure Hypoxia Electrolyte abnormality (na, ca, mg) Drugs, medications, noncompliance Infection / fever Alcohol withdrawal Eclampsia Stroke Hyperthermia

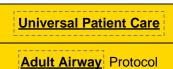
Categories of Seizures

Complex = Unconscious	Focal = Partial, Localized
Simple = Conscious	Generalized = All Body

- Simple Focal
- Simple Generalized
- Complex Focal
- Complex Generalized

- Exam: Mental Status, HEENT, Heart, Lungs, Extremities, Neuro
- **Status epilepticus** is defined as two or more successive seizures without a period of consciousness or recovery. This is a true emergency requiring rapid airway control, treatment, and transport.
- Grand mal seizures (generalized) are associated with loss of consciousness, incontinence, and possibly tongue trauma.
- Focal seizures (petit mal) effect only a part of the body and are not usually associated with a loss of consciousness.
- For any seizure in a pregnant patient, follow the OB Emergencies Protocol and call Online Medical Control
- Benzodiazepine administration is reserved for patients who are actively seizing only, not for prophylaxis of seizures.
- Be prepared to manage the airway and breathing of patients who have received benzodiazepines such as Lorazepam (Ativan) or Midazolam (Versed)
- Jacksonian seizures are seizures that start as a focal seizure and become generalized.
- Be prepared for airway problems and continued seizures.
- Assess possibility of occult trauma and substance abuse.
- The seizure has usually stopped by the time the EMS personnel arrive and the patient will be found in the postictal state.
- There are many causes for seizures including; epilepsy, head trauma, tumor, overdose, infection, hypoglycemia, and withdrawal. Be sure to consider these when doing your assessment.
- Routinely assess the patient's airway.
- If the patient is combative and postictal, DO NOT use the Restraint Procedure before assessing for / treating hypoglycemia and hypoxia.
- If the patient is actively seizing, move any objects that may injure the patient. Protect, but do not try to restrain them.





Adult All Way

<u>Oxygen</u>

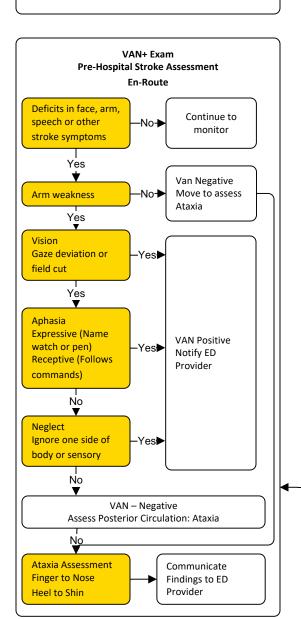
Capnography Procedure

Blood Glucose PROCEDURE

Cincinnati Prehospital Stroke Screen – On Scene

Adult IV PROCEDURE

2 Large Bore in AC if Possible for TPA



Identify Last Time Known Normal and Record
Identify Point of Contact for Last Known Normal

Move to Ambulance Rapid Transport

En-Route Conduct VAN + Exam

12 Lead ECG PROCEDURE

Relay Stroke Exam to Hospital

CONSIDER THROMBECTOMY CAPABLE STROKE CENTER IF SYMPTOMS >4.5 HOURS or on ANTI-PLATELETS

TRANSPORT to appropriate facility

CONTACT receiving facility

CONSULT Medical Direction where indicated

APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Previous CVA, TIA's Previous cardiac / vascular surgery Associated diseases: diabetes, hypertension, CAD Atrial fibrillation Medications (blood thinners) History of trauma 	 Altered mental status Weakness / paralysis Blindness or other sensory loss Aphasia Syncope Vertigo / dizziness Vomiting Headache Seizures Respiratory pattern change Hyper / hypotension 	 See Altered Mental Status TIA (transient ischemic attack) Seizure Hypoglycemia Stroke Thrombotic Embolic Hemorrhagic Tumor Trauma

Determine the following – Notify Recieiving Hospital and Document

Identify Last Time Known Normal and the Associated Clinical Story

Determine if patient is on any anticoagulant medications

Apixaban (Eliquis), Dabigatran (Pradaxa), Edoxaban (Savaysa), Fondaparinux (Arixtra), Rivaroxaban (Xarelto), Warfarin (Coumadin, Jantoven), Betrixaban (Bevyxxa)

- Exam: Mental Status, HEENT, Heart, Lungs, Abdomen, Extremities, Neuro
- Onset of symptoms is defined as the last witnessed time the patient was symptom free. (i.e. awakening with stroke symptoms would be defined as an onset time of the previous night when patient was symptom free)
- The differential diagnosis listed on the Altered Mental Status Protocol should also be considered.
- Elevated blood pressure is commonly present with stroke.
- Be alert for airway problems (swallowing difficulty, vomiting, diminished or absent gag reflex).
- Hypoglycemia can present as a localized neurological deficit, especially in the elderly.
- Patients who experience transient ischemic attack (TIA) develop most of the same signs and symptoms as those who are experiencing a stroke. The signs and symptoms of TIA's can last from minutes up to one day. Thus the patient may initially present with typical signs and symptoms of a stroke, but those findings may progressively resolve. The patient needs to be transported, without delay, to the most appropriate hospital for further evaluation.
- Document the time of onset for the symptoms, or the last time the patient was seen "normal" for them.
- Reassess neurological deficit every 10 minutes and document the findings. Evidence of neurological deficit includes; confusion, slurred speech, facial asymmetry and focal weakness, coma, lethargy, aphasia, dysarthria, and seizure activity.
- Hypertensive emergencies are life threatening emergencies characterized by an acute elevation in blood pressure AND end-organ damage to the cardiac, CNS or renal systems. These crisis situations may occur when patients have poorly controlled chronic hypertension or stroke.
- Document pts GCS score.
- Check patient's pupils and rule out head trauma.
- All symptomatic patients with hypertension should be transported with their head elevated.
- Hypertension can be a neuroprotective reflex in patients with increased intracranial pressure.

Syncope/Near Syncope

Universal Patient Care

CONSIDER Spinal Motion Restriction Adult PROCEDURE

Airway Protocol



12 Lead ECG

1st Contact to ECG and Transmission < 10 Minutes

Oxygen / Pulse Oximetry Procedure

Capnography Procedure

Blood Glucose Procedure

Adult IV PROCEDURE

Identify Treatable Causes Treat Per Specific Protocol

Take cardiac monitor to patient's side. Apply cardiac monitor ASAP once on scene. Maintain monitoring throughout transport including into hospital bed.

Seizure – Treat per | Seizures | Protocol Hypoxia – Treat per Airway / Breathing Protocols Anaphylactic Reaction/Shock Protocol Sepsis – Treat per Septic Shock Protocol Hypotension – Treat per Specific Shock Protocols Arrhythmia – Treat per Correct Arrhythmia Protocol Psychiatric – Treat per Behavioral/Psychiatric Emergencies Hypo / Hyperglycemia – Treat per Diabetic Emergencies Protocol Hypo / Hyperthermia – Treat per Specific Protocol Stroke CVA / TIA – Treat per Stroke/CVA Protocol Overdose – Treat per Toxic Ingestion/Exposure Protocol

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Control where indicated

Head Trauma – Treat per Head Trauma Protocol

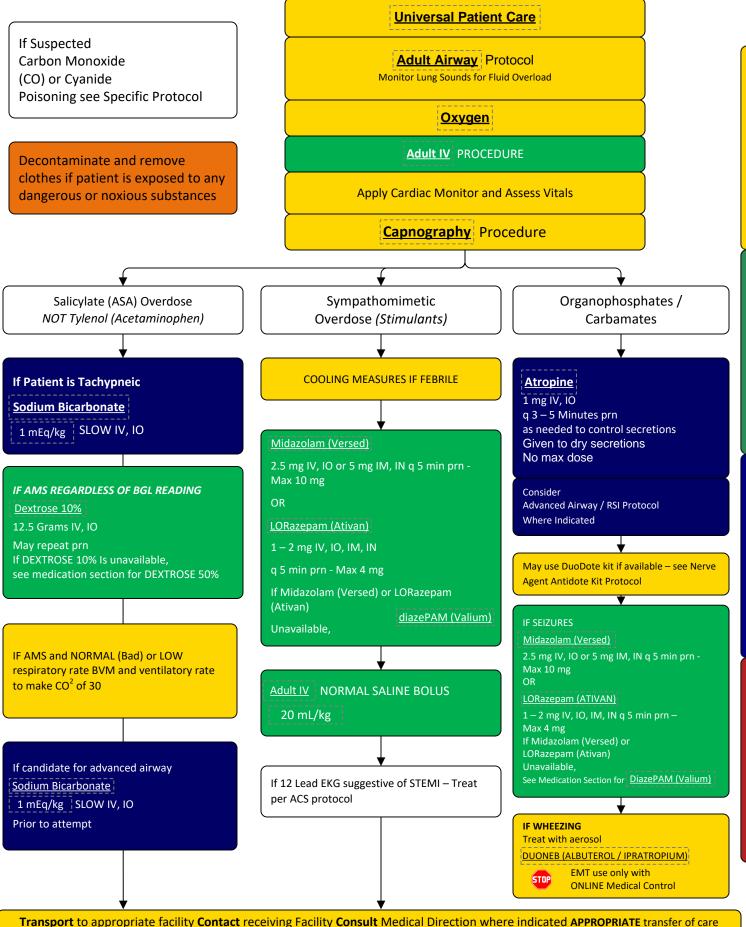
Syncope/Near Syncope Notes

Differential Diagnosis History Signs & Symptoms • Loss of consciousness / near loss of • Vasovagal (BM, urination, coughing, GI • Onset, duration, event recall, • Cardiac (arrythmias, MI, stents, consciousness stimulation) CHF, myocarditis, long QT) • Dizziness / lightheadedness • Cardiac (arrythmia, MI, valve disorders) Stroke / TIA Palpitations • Drug / medication induced • Blood loss (internal, external, GI, • Bradycardia / tachycardia • Orthostatic Hypotension • Irregular pulse • Pulmonary embolism rectal) Volume loss (sweating, vomiting, Hypo / hyperglycemia Hypoglycemia diarrhea, urination) • Electrolyte imbalance Hypotension • Nausea, vomiting, diarrhea • Medications (compliance, new, Dehydration changes, dose, types) • Hypovolemia • Pale • Electrolyte imbalances • Neuro deficits • Stroke / TIA Pregnancy or possibility (last • S1Q3T3 EKG pattern Anaphylaxis menstrual period) • Brugada Syndrome EKG patterns Seizure Recent activity, event(s) preceding • Autonomic failure (MS, Parkinson's, DM, age, • Seizure spinal cord injuries) Fever • Cardiac tamponade Aortic dissection Toxicological

Syncope or Near Syncope in patients of ANY AGE indicates a temporary lack of perfusion to the brain. EMS should have a high index of suspicion and encourage transport for complete assessment despite patient return to baseline. Risk for future complications or death is high in many patients based on cause. Syncope may have many causes, evaluate the patient completely and diligently.

Brugada EKG Pattern (High Risk Cardiac Death)	Type I		Type II	Type III
J wave amplitude	>= 2 mm		>= 2 mm	>= 2mm
T wave ST-T configuration	Negative Coved Type		Positive or biphasic	Positive Saddleback
ST segment (terminal portion)	Gradually descending		Elevated >= 1 mm	Elevated
S1Q3T3 EKG Pattern (High Risk for PE)				
Lead I		Large S Wave Present		
Lead II		Q Wave Present		
Lead III		T Wave Inverted		

- Required Exam: Mental Status, Skin, HEENT, Neck, Heart, Lung, Abdomen, Back, Extremities, Neuro
- Do not write off marginal vitals or findings as "normal". These cases need to be evaluated in depth.
- History of preceding events is crucial to understanding cause. Determine onset, duration, LOC, patient recall of events, speed of recovery, neuro presentations, incontinence.
- Consider family history.
- Consider myocarditis if current or recent viral illness.
- Consider ectopic pregnancy if pregnancy known or suspected.
- CHF are extremely high-risk cases due to potential for arrhythmia.
- Pay attention to 12 lead intervals, U waves, ectopic beats.
- Near syncope does not mean less risk.
- More than 25% of geriatric syncope is a cardiac arrythmia.
- Syncope / near syncope patients should be transported even with identified and EMS treatable causes.





If Suspected Carbon Monoxide (CO) or Cyanide Poisoning see Specific Protocol

Universal Patient Care

Adult Airway Protocol

Monitor Lung Sounds for Fluid Overload

<u>Oxygen</u>

Adult IV/IO PROCEDURE

Apply Cardiac Monitor and Assess Vitals

Capnography Procedure

Decontaminate and remove clothes if patient is exposed to any dangerous or noxious substances

Narcotic Overdose AMS / Respiratory Depression

TAKE PPE PRECAUTIONS

GLOVES / MASK minimum Contact / aerosol risk with fentanyl based substances

ASSURE BLS VENTILATION WITH BVM

Support Hemodynamically Utilize Shock Protocol

Naloxone (Narcan)

2 – 4 mg IN Atomized SUMMON ALS IF NO RESPONSE TO IN DOSE

Naloxone (Narcan)

1 - 2 mg IV, IM, IO

May repeat every 2 minutes as necessary if obvious or suspected opiate OD until respiratory improvement or

12 mg Maximum

If patient is unresponsive to Naloxone (Narcan), supply is exhausted, or the medication is unavailable, consider Advanced Airway and Support Hemodynamically

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Direction where indicated **APPROPRIATE** transfer of care

Adult Medical Emergencies

Toxic Ingestion/Exposure/Overdose-Notes

Adult Medical Emergencies

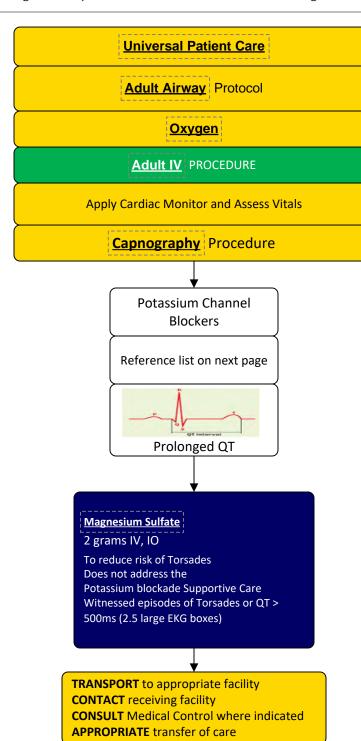
History	Signs & Symptoms	Differential Diagnosis
 Ingestion or suspected ingestion of a potentially toxic substance Substance ingested, route, quantity Time of ingestion Reason (suicidal, accidental, criminal) Available medications in home Past medical history, medications 	 Mental status changes Hypo / hypertension Decreased respiratory rate Tachycardia, dysrhythmias Seizures 	 Tricyclic antidepressants (TCAs) Acetaminophen (Tylenol) Depressants Stimulants Anticholinergic Cardiac medications Solvents, alcohols, Cleaning agents Insecticides (organophosphates) Respiratory depression Other organophosphates Carbamates

- Exam: Mental Status, Skin, HEENT, Heart, Lungs, Abdomen, Extremities, Neuro
- Do not rely on patient history of ingestion, especially in suicide attempts.
- Bring bottles, contents, and emesis to ED.
- Tricyclic: 4 major areas of toxicity: seizures, dysrhythmias, hypotension, decreased mental status or coma; rapid progression from alert mental status to death.
- Acetaminophen: initially normal or nausea / vomiting. If not detected and treated, causes irreversible liver failure.
- Depressants: decreased HR, decreased BP, decreased temperature, decreased respirations, non-specific pupils.
- Stimulants: increased HR, increased BP, increased temperature, dilated pupils, and seizures.
- Anticholinergics: increased HR, increased temperature, dilated pupils, and mental status changes.
- Cardiac Medications: dysrhythmias and mental status changes.
- Solvents: nausea, vomiting, and mental status changes.
- Insecticides: increased or decreased HR, increased secretions, nausea, vomiting, diarrhea, pinpoint pupils.
- Consider restraints if necessary for patient's and / or personnel's protection per the Restraint Procedure.
- If it can be done safely, take whatever container the substance came from to the hospital along with readily obtainable samples of medication unless this results in an unreasonable delay of transport.
- If applicable, DO NOT transport a patient to the hospital until properly decontaminated.
- Naloxone (Narcan) administration may cause the patient to go into acute opiate withdraw, which includes vomiting, agitation, and / or combative behavior. Always be prepared for combative behavior.
- Naloxone (Narcan) goal is to reverse life threating respiratory depression
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypoventilate. All A&O 4 patients having received Naloxone (Narcan) should be transported. If patient refuses transport, contact Online Medical Control before release.

Universal Patient Care Prophylactically Always suspect multiple apply pacing / substances and treat for all identified defib pads and Adult Airway Protocol prepare for decompensation Therapies listed may need to <u>Oxygen</u> all be used together in severe cases Adilt IV | PROCEDURE **Apply Cardiac Monitor and Assess Vitals Capnography** Procedure Sodium Channel **BETA BLOCKER** Calcium Channel Blockers Blocker / Tricyclic "LOL" Drugs Anti - Depressants Reference list on next page Reference list on next page Reference list on next page AVR - R wave final part of QRS Bradycardia QRS >120ms (3 small EKG boxes) Bradycardia Calcium Gluconate 1-3 Grams IV, IO Transcutaneous Pacing | PROCEDURE **Sodium Bicarbonate** Calcium Chloride IV NORMAL SALINE BOLUS 1 Gram IV, IO 1 mEq/kg SLOW IV, IO May repeat either if available and 20 ml/kg Until QRS narrows / condition **EKG** changes reoccur To Maintain MAP > 65 improves or SBP 90 if MAP Unavailable or Radial Pulses If no improvement, Contact ONLINE MEDICAL CONTROL Transcutaneous Pacing | PROCEDURE EPINEPHrine (Adrenaline) PUSH DOSE EPI May repeat if available and EKG changes reoccur Make 10 mcg / ml IV NORMAL SALINE BOLUS 10 mcg (1 ml) prn – slow push Titrate to effect 20 mL/kg To Maintain MAP > 65 or SBP 90 if MAP Unavailable or To Maintain MAP > 65 or SBP 90 if MAP **Radial Pulses** Unavailable or Radial Pulses May use up to 50 mcg (5 ml) per dose if needed EPINEPHrine (Adrenaline) PUSH DOSE EPI Calcium Gluconate Make 10 mcg / ml 10 mcg (1 ml) prn - slow push 1 – 3 Grams IV. IO Titrate to effect To Maintain MAP > 65 or SBP 90 if MAP Calcium Chloride Unavailable or Radial Pulses 1 Gram IV, IO May use up to 50 mcg May repeat either if available and EKG changes reoccur (5 ml) per dose if needed May consider adding May onsider adding Atropine 1 mg IV, IO Atropine 1 mg IV, IO q3-5 min prm Max 3 mg q 3 – 5 min prn Max 3 mg

Always suspect multiple substances and treat for all identified

Therapies listed may need to all be used together in severe cases



Prophylactically apply pacing / defib pads and prepare for decompensation

History	Signs & Symptoms	Differential Diagnosis
 Ingestion or suspected ingestion of a potentially toxic substance Substance ingested, route, quantity Time of ingestion Reason (suicidal, accidental, criminal) Available medications in home Past medical history, medications 	 Mental status changes Hypo / hypertension Decreased respiratory rate Tachycardia, dysrhythmias Seizures 	 Tricyclic antidepressants (TCAs) Acetaminophen (Tylenol) Depressants Stimulants Anticholinergic Cardiac medications Solvents, alcohols, Cleaning agents Insecticides (organophosphates) Respiratory depression Other organophosphates Carbamates

Common Beta Blockers (Rate Inhibiting)		alcium Channel Rate Inhibiting)	Common Potassium Channel Blockers (QT Prolonging)	Common Soc Blockers (QF	dium Channel RS Widening)
Acebutolol	Acalas	Isoptin	Amiodarone	Adapin	Pertofrane
Atenolol	Adalat	Lacidipine	Azimilide	Ajmaline	Phenytoin
Betapace	Amlodipine	Lacipil	Bretylium	Amitriptyline	Procainamide
Betoxolol	Aranidipine	Landel	Clofilium	Anafranil	Propafenone
Bisoprolol	Atelec	Lercanidipine	Dofetilide	Benadryl	Protriptyline
Brevibloc	Azelnidipine	Madipine	Ibutilide	Calcium	Quinidine
Carvedilol	Barnidipine	Manidipine	Nifekalant	Cannabidiol	Saxitoxin
Coreg	Baylotensin	Motens	Sematilide	Clomipramine	Sinequn
Corgard	Baymycard	Nicardipine	Sotalol	Desipramine	Sparteine
Esmolol	Benidipine	Nifedipine	Tedisamil	Diphenhydramine	Surmontil
Inderal	Calan	Nilvadipine	Vernakalant	Disopyramide	Tetrodotoxin
Innopran XL	Calblock	Nimodipine		Doxepin	Tocainide
Kerlone	Calslot	Nimotop		Elavil	Tofranil
Labetolol	Carden SR	Nisoldipine		Encainide	Trimipramine
Levatol	Cardene	Nitrendipine		Endep	Vivactil
Lopressor	Cardif	Nitrepin		Flecainide	
Metoprolol	Cardizem	Nivadil		Imipramine	
Nadolol	Cilnidipine	Norvasc		Lamotrigine	
Nebivolol	Cinalong	Plendil		Lidocaine	
Pindolol	Clevidipine	Pranidipine		Ludiomil	
Propranolol	Cleviprex	Procardia		Maprotine	
Sectral	Coniel	Procorum		Mexiletine	
Sotalol	Diltiazem	Sapresta		Moricizine	
Tenormin	Efonidipine	Siscard		Neosaxitoxin	
Timolol	Felodipine	Sular		Norpramin	
Trandate	Gallopamil	Syscor		Nortryptyline	
Zabeta	Нуроса	Verapamil		Pamelor	

Marie Contract Contra		PROLONGING AGENTS	
Haloperidol	Droperidol	Chlorpromazine	Pimozide
Citalopram	Escitalopram	Tricyclic Antidepressants	Clarithromycin
Erythromycin	Fluoroquinolones	Fluconazole	Itraconazole
Voriconazole	Posaconazole	Pentamidine	Methadone
Cocaine	Loperamide	Ondansetron	Propofol
Arsenic Trioxide	Sunitinib	Vandetanib	

Key Points

- Exam: Mental Status, Skin, HEENT, Heart, Lungs, Abdomen, Extremities, Neuro
- \bullet Do not rely on patient history of ingestion, especially in suicide attempts.
- \bullet Bring bottles, contents, and emesis to ED.
- Tricyclic: 4 major areas of toxicity: seizures, dysrhythmias, hypotension, decreased mental status or coma; rapid progression from alert mental status to death.
- Acetaminophen: initially normal or nausea / vomiting. If not detected and treated, causes irreversible liver failure.
- Depressants: decreased HR, decreased BP, decreased temperature, decreased respirations, non-specific pupils.
- Stimulants: increased HR, increased BP, increased temperature, dilated pupils, and seizures.
- Anticholinergics: increased HR, increased temperature, dilated pupils, and mental status changes.
- Cardiac Medications: dysrhythmias and mental status changes.
- Solvents: nausea, vomiting, and mental status changes.
- Insecticides: increased or decreased HR, increased secretions, nausea, vomiting, diarrhea, pinpoint pupils.
- Consider restraints if necessary for patient's and / or personnel's protection per the Restraint Procedure.
- If it can be done safely, take whatever container the substance came from to the hospital along with readily obtainable samples of medication unless this results in an unreasonable delay of transport.
- If applicable, DO NOT transport a patient to the hospital until properly decontaminated.
- Naloxone (Narcan) administration may cause the patient to go into acute opiate withdraw, which includes vomiting, agitation, and / or combative behavior. Always be prepared for combative behavior.
- Naloxone (Narcan) goal is to reverse life threating respiratory depression
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypoventilate. All A&O 4 patients having received

Naloxone (Narcan) should be transported. If patient refuses transport, contact Online Medical Control before release.

POTENTIAL EXPOSURES

Smoke Inhalation

Intentional or unintentional poisoning or ingestion of Laetrile (vitamin B17) or multiple fruit pits.

Industrial exposure such as metal plating and recovery, plastics, industrial uses of hydrogen cyanide or medical complications from the use of sodium nitroprusside.

Universal Patient Care

Cyanide Ingestion or Inhalation

Immediately Remove From Continued Exposure

Avoid Exertion to Limit Tissue Oxygen Demand

Determine Exposure Time

APPLY HIGH FLOW Oxygen

Capnography Procedure

Secure Airway If Comatose or Compromised Airway Follow

Adult Airway Protocol

CARDIAC MONITORING PROCEDURE

PULSE OXIMETRY
PULSE CO-OXIMETRY (If Available)

Adult IV/IO PROCEDURE

To Maintain MAP > 65 or SBP 90 Unavailable or Radial Pulses Place 2 IV's

Draw blood sample if considering / supplied with <u>Hydroxocob</u>alamin (Cyanokit)

Hydroxocobalamin (Cyanokit) if supplied / available

Reconstitute medication with 200 ml of Normal Saline (or to fill line) Mix thoroughly but do not shake

5 grams IV drip SLOW over 15 - 20 minutes

Monitor for hypotension

EPINEPHrine (Adrenaline)

PUSH DOSE

Make 10 mcg / ml

10 mcg (1 ml) every

2 - 5 min - slow push

Titrate to Maintain MAP > 65

or SBP 90 If MAP Unavailable or Radial Pulses

If Continued Hypotension

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Control where indicated APPROPRIATE transfer of care

Aggressive airway management with delivery of 100% oxygen can be lifesaving.
Supportive care with administration of oxygen alone has proven effective in a number of poisonings. It can also treat potential

simultaneous CO

exposure.

History	Signs & Symptoms	Differential Diagnosis
 Inhalation or ingestion of cyanides Duration of exposure Reason (suicidal, accidental, criminal) Past medical history, medications 	 Malaise, fatigue, drowsiness Reddened skin Dyspnea Chest pain Nausea / vomiting Abdominal pain Dizziness / vertigo Memory disturbances Syncope Seizures Coma 	 Flu / severe cold Chronic fatigue Migraine Myocardial infarction / ACS Encephalitis Anaphylaxis Other ingested toxins Pulmonary embolism

POISON CONTROL 1-800-222-1222

- Exam: Mental Status, Skin, HEENT, Heart, Lungs, Abdomen, Extremities, Neuro
- Cyanide is generally considered to be a rare source of poisoning.
- Cyanide exposure occurs relatively frequently in patients with smoke inhalation from fires.
- Numerous forms of cyanide exist, including gaseous hydrogen cyanide (HCN), water-soluble potassium and sodium cyanide salts, and poorly water-soluble mercury, copper, gold, and silver cyanide salts.
- A number of synthesized (polyacrylonitrile, polyurethane, polyamide, urea-formaldehyde, melamine) and natural (wool, silk) compounds produce HCN when burned.
- Industry widely uses nitriles as solvents and in the manufacturing of plastics. Nitriles may release HCN during burning or when metabolized following absorption by the skin or gastrointestinal tract.
- Cyanide poisoning also may occur in other industries, particularly in the metal trades, mining, electroplating, jewelry manufacturing, and x-ray film recovery.
- Depending on its form, cyanide may cause toxicity through parenteral administration, inhalation, ingestion, or dermal absorption.
- Rapid aggressive therapy, consisting of supportive care and antidote administration, is lifesaving.
- The delay between exposure and onset of symptoms depends on type of cyanide involved, route of entry, and dose. Rapidity of symptom onset, depending on the type of cyanide exposure, occurs in the following order (most rapid to least rapid): gas, soluble salt, insoluble salt, and cyanogens.

CO Levels

Mild <10% Moderate 10 - 20% Severe >20%

Special Considerations for Pregnant Females and Children

Aggressive airway management with delivery of 100% oxygen can be lifesaving.
Supportive care with administration of oxygen alone has proven effective in a number of poisonings. It can also treat potential simultaneous CO exposure.

Universal Patient Care

Known or Suspected Carbon Monoxide Poisoning

Immediately Remove From Continued Exposure Avoid Exertion to Limit Tissue Oxygen Demand Determine Exposure Time

APPLY HIGH FLOW Oxygen

CPAP PROCEDURE if CO >10 %

Capnography Procedure

Secure Airway If Comatose or Compromised Airway

Adult Airway Protocol

CARDIAC MONITORING PROCEDURE

Pulse Oximetry

PULSE CO-OXIMETRY (If Available)

Adult IV/IO Procedure

Draw Blood Sample for CO Levels

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Inhalation of potentially carbon monoxide containing atmosphere Duration of exposure Reason (suicidal, accidental, criminal) Past medical history, medications 	 Malaise, fatigue, drowsiness Flu like symptoms Headache Dyspnea Nausea / vomiting Diarrhea Abdominal pain Dizziness Visual disturbances Memory disturbances Syncope Seizures Coma Incontinence 	 Flu / severe cold Chronic fatigue Migraine Myocardial infarction Diabetic emergencies Altitude sickness Ingested toxins Meningitis Hypothyroidism

CO Levels

Mild <10%

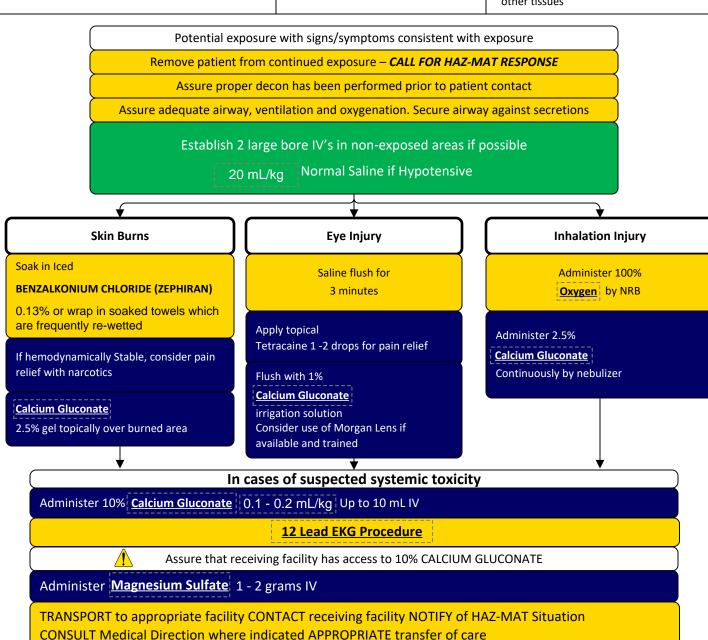
Moderate 10 - 20%

Severe >20%

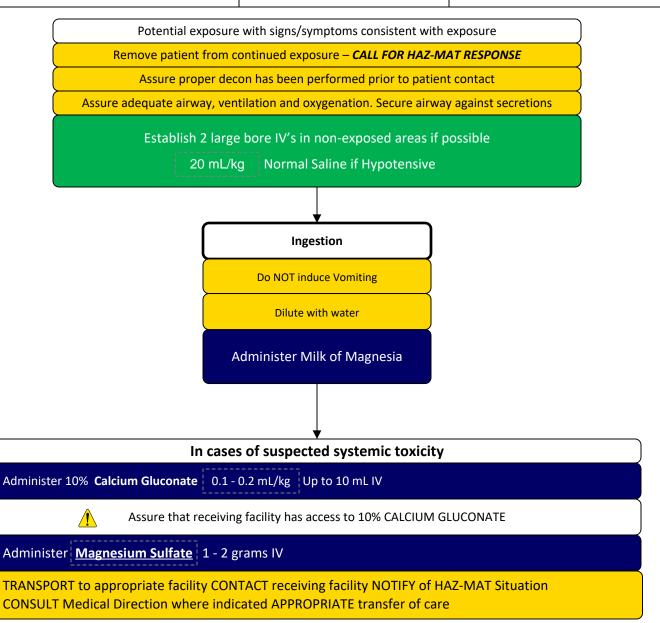
Special Considerations for Pregnant Females and Children

- Exam: Mental Status, Skin, HEENT, Heart, Lungs, Abdomen, Extremities, Neuro
- Consider CO poisoning with any patient exposed to products of combustion.
- Causes and exposure may include malfunctioning gas appliances, vehicle exhaust, improper use of gas burning heaters, animal dung, environmental waste and fires.
- Normal CO levels do not necessarily mean there was not CO poisoning. This is especially true if the patient has already received extensive oxygen therapy.
- Patients that show signs and symptoms at lower CO levels include: pregnant females, infants, children and the elderly.
- Vitals may be normal but could be tachycardic, hypo or hypertensive.
- Cherry red skin is rarely seen.
- PREGNANT patients are special circumstances as the affinity for fetal hemoglobin to carbon monoxide is very high and therapy including hyperbaric care is considered early on.
- Patients that demonstrate altered mental status may NOT sign refusals for treatment or transport.
- Known or suspected CO poisoning patients should receive high flow oxygen despite Spo2 readings.
- The use of a pulse oximeter is not effective in the diagnosis of carbon monoxide poisoning, as patients suffering from carbon monoxide poisoning may have a normal oxygen saturation level on a pulse oximeter.
- Pulse oximetry is still used on all CO poisonings as hypoxia in addition to the CO represents serious compounding respiratory issues possibly from other causes.
- Pulse CO-oximeters estimate carboxyhemoglobin levels with a non-invasive finger clip similar to a pulse oximeter.

Sources and Uses Signs & Symptoms **Pathophysiology and Routes** • Hydrogen Fluoride Gas or liquid can cause corrosive burns Corrosive burns · Hydrofluoric acid to skin and deep underlying tissue. Also Erythema • Industrial ceramic production binds to calcium and magnesium of Excruciating pain Glass etching nerve pathways, bone and blood stream Respiratory burns resulting in symptoms of depolarization **Special Precautions** Pulmonary Edema producing excruciating pain and cardiac • Cardiac Dysthymia due to • Hydrofluoric acid can cause serious, painful dysthymias hypocalcemia burns of the skin. Specialized medical Hypomagnesemia treatment is required. Inhalation • Burns larger than 25 square inches may Seizures **Skin Absorption** result in serious systemic toxicity. ST segment abnormalities • Hydrofluoric acid is a highly corrosive acid Ingestion Symptoms may take hours which can severely burn skin, eyes and mucous membranes. Vapors can also burn to present other tissues



Sources and Uses Signs & Symptoms **Pathophysiology and Routes** • Hydrogen Fluoride Gas or liquid can cause corrosive burns Corrosive burns · Hydrofluoric acid to skin and deep underlying tissue. Also Erythema • Industrial ceramic production binds to calcium and magnesium of Excruciating pain Glass etching nerve pathways, bone and blood stream Respiratory burns resulting in symptoms of depolarization **Special Precautions** Pulmonary Edema producing excruciating pain and cardiac • Cardiac Dysthymia due to • Hydrofluoric acid can cause serious, painful dysthymias hypocalcemia burns of the skin. Specialized medical Hypomagnesemia treatment is required. Inhalation • Burns larger than 25 square inches may Seizures **Skin Absorption** result in serious systemic toxicity. • ST segment abnormalities • Hydrofluoric acid is a highly corrosive acid Ingestion Symptoms may take hours which can severely burn skin, eyes and mucous membranes. Vapors can also burn to present other tissues



Trauma Emergencies

The Golden Period GUIDELINES FOR LOAD AND GO TRAUMA TRANSPORTS INDICATIONS

- Uncorrectable airway obstruction
- Tension pneumothorax
- Pericardial tamponade
- Penetrating chest wounds with signs of shock
- Hemothorax with signs of shock
- Head trauma with unilaterally dilated pupils
- Head trauma with rapidly deteriorating condition
- Unconsciousness

Key Points

- A trauma victim is considered to be a pediatric patient if they are 15 years old or younger.
- Once the patient is determined to be an actual or potential major trauma / multiple system patient, personnel on scene and / or medical control must quickly determine the appropriate course of action including:
 - 1. Requesting aeromedical evacuation from scene. See AEROMEDICAL TRANSPORT PROCEDURE.
 - 2. Ground transportation directly to an appropriate facility.
- Major trauma patients are to be transported to the closest **Trauma Center**.
- Contact the receiving hospital for all major trauma or critical patients.
- Cover open wounds, burns, and eviscerations.
- With the exception of airway control, initiate ALS enroute when transporting major trauma patients.
- If the EMT is unable to access patient airway and ventilate, transport to the closest facility for airway stabilization.
- The on scene time for major trauma patients should not exceed 10 minutes without a documented, acceptable reason for the delay.
- All major trauma patients should receive oxygen administration, an IV(s), and cardiac monitoring.
- Provide a documented reason if an intervention could not be performed.

Mass Casualty Incidents (MCI)

- Upon arrival at a MCI, the first arriving unit should notify their dispatch of the need to implement the mass casualty plan, call for additional resources, establish a safe staging area, and estimate the total number of victims.
- Each EMS service has a pre-defined coordinating hospital based on their county's mass casualty plan. It is the responsibility of the responding jurisdiction to notify their appropriate coordinating hospital as soon as possible, giving a brief description of the incident and the estimated number of victims. The coordinating hospital will then notify the receiving hospitals of the MCI. The transportation officer should maintain a constant contact with the coordinating hospital until the scene has been cleared of salvageable victims.
- Refer to the county MCI protocol

THE GOLDEN PERIOD FOR THE PATIENT BEGINS WHEN THE TRAUMA HAPPENS

DO NOT WASTE VALUABLE TIME ON SCENE

Trauma Guidelines Part A

An Adult Trauma Victim is a person 16 years – 64 years exhibiting one or more of the following physiologic or anatomic conditions:

Physiologic conditions

- Glasgow Coma Scale less than or equal to 13;
- Loss of consciousness greater than 5 minutes;
- Deterioration in level of consciousness at the scene or during transport;
- Failure to localize to pain;
- Respiratory rate < 10 or > 29;
- Requires ventilator support;
- Requires relief of tension pneumothorax;
- Pulse > 120 in combination with evidence of hemorrhagic shock;
- Systolic blood pressure < 90, or absent radial pulse with carotid pulse present;

Anatomic conditions

- Penetrating trauma to the head, neck, or torso;
- Significant, penetrating trauma to extremities proximal to the knee or elbow with evidence of neurovascular compromise;
- Injuries to the head, neck, or torso where the following physical findings are present:
 - Visible crush injury;
 - o Abdominal tenderness, distention, or seatbelt sign;
 - o Pelvic fracture;
 - o Flail chest;
- Injuries to the extremities where the following physical findings are present:
- Amputations proximal to the wrist or ankle;
 - o Visible crush injury;
 - o Fractures of two or more proximal long bones;
 - o Evidence of neurovascular compromise.
- Signs or symptoms of spinal cord injury;
- 2nd or 3rd Degree > 10% total BSA, or other significant burns involving the face, feet, hands, genitalia, or airway.
- Open skull injury
- Vehicle telemetry data consistent with a high risk for injury

A Geriatric Trauma Victim is a person greater than 65 years exhibiting one or more of the following physiologic or anatomic conditions:

Physiologic conditions

- Glasgow Coma Scale less than or equal to 14 with a known or suspected traumatic brain injury;
- Glasgow Coma Scale less than or equal to 13;
- Loss of consciousness greater than 5 minutes;
- Deterioration in level of consciousness at the scene or during transport;
- Failure to localize to pain;
- Respiratory rate < 10 or > 29;
- Requires ventilator support;
- Requires relief of tension pneumothorax;
- Pulse > 120 in combination with evidence of hemorrhagic shock;
- Systolic blood pressure < 100, or absent radial pulse with carotid pulse present;

Anatomic conditions

- Penetrating trauma to the head, neck, or torso;
- Significant, penetrating trauma to extremities proximal to the knee or elbow with evidence of neurovascular compromise;
- Injuries to the head, neck, or torso where the following physical findings are present:
 - o Visible crush injury;
 - o Abdominal tenderness, distention, or seatbelt sign;
 - o Pelvic fracture;
 - o Flail chest;
- Injuries to the extremities where the following physical findings are present:
- Amputations proximal to the wrist or ankle;
 - o Visible crush injury;
 - o Fractures of two or more proximal long bones;
 - o Fractures of one proximal long bones from motor vehicle crash;
 - o Evidence of neurovascular compromise.
- Signs or symptoms of spinal cord injury;
- 2nd or 3rd Degree > 10% total BSA, or other significant burns involving the face, feet, hands, genitalia, or airway.
- Open skull injury
- Pedestrian struck by motor vehicle
- Fall from any height, including standing, with evidence of traumatic brain injury.
- Vehicle telemetry data consistent with a high risk for injury

Adult Trauma

Trauma Guidelines Part B

Adult Trauma

Emergency medical service personnel shall use the following criteria, consistent with their certification, to evaluate whether an injured person qualifies as an adult trauma victim or pediatric trauma victim, in conjunction with the definition of trauma per the State of Ohio Trauma Triage Guidelines.

Field Trauma Triage Criteria: Mechanism of Injury (MOI) & Special Considerations

Co-Morbid Diseases and Special Considerations:

- Age < 5 or > 55
- Cardiac disease
- Respiratory disease
- Diabetes
- Immunosuppression
- Morbid obesity
- Pregnancy
- Substance abuse / intoxication
- Liver disease
- Renal disease
- Bleeding disorder / anticoagulation

Mechanisms of Injury (MOI)

- High speed MVC
- Ejection from vehicle
- Vehicle rollover
- Death in same passenger compartment
- Extrication time > 20 minutes
- Falls greater than 10 feet
- Vehicle versus bicycle / pedestrian
- Pedestrian struck, thrown or run over
- Motorcycle crash > 20 mph with separation of rider from bike
- Fall from any height, including standing, with signs of traumatic brain injury

Burned trauma patients are first seen at a Trauma Center

Key Points

Exceptions to Mandatory Transport to a Trauma Center:

- Emergency Medical Service personnel shall transport a trauma victim directly to an adult or pediatric trauma center that is qualified to provide appropriate adult or pediatric care, unless one or more of the following exceptions apply:
- 1. It is medically necessary to transport the victim to another hospital for initial assessment and stabilization before transfer to an adult or pediatric trauma center;
- 2. It is unsafe or medically inappropriate to transport the victim directly to an adult or pediatric trauma center due to adverse weather or ground conditions or excessive transport time;
- 3. Transporting the victim to an adult or pediatric trauma center would cause a shortage of local emergency medical service resources;
- 4. No appropriate adult or pediatric trauma center is able to receive and provide adult or pediatric trauma care to the trauma victim without undue delay;
- 5. Before transport of a patient begins, the patient requests to be taken to a particular hospital that is not a trauma center or, if the patient is less than eighteen years of age or is not able to communicate, such a request is made by an adult member of the patient's family or a legal representative of the patient.

See Glasgow Coma Score in Tools

NOTS Adult Trauma Field Triage Ad

Step 1- Measure vital signs and level of consciousness of patient with a traumatic mechanism

- ☐ Glasgow Coma Scale < 13 with traumatic mechanism
- Systolic blood pressure < 90mmHg or</p>
- ☐ Respiratory rate < 10 or> 29 breaths/minute or requiring airway/ventilator support

NOTS Transfer Line: 1-216-778-7850

Step 2- Assess anatomy of injury

- ☐ Significant penetrating injuries to the head, neck, torso or extremities proximal the elbow or knee
- Presence of/suspicion of a flail chest
- ☐ Two or more proximal long-bone fractures
- Crushed, degloved, threatened, pulseless or mangled extremity
- Amputation proximal to wrist or ankle
- Pelvic fractures
- Open or depressed skull fracture
- Paralysis

Red/Priority 1

Take to a trauma center, these patients should be transported preferentially to the highest level of care within the trauma system. If transport to a Level I will add greater than 15 minutes, transport to the nearest trauma facility

Step 3- Assess mechanism of injury and evidence of high-energy impact

- □ Falls
 - O Adults > 10ft (one story is equal to 10 ft.)
- ☐ High-risk auto crash
 - Intrusion: Including roof: > 12 in. occupant site, >18 in. any site
 - Extrication time over 20 minutes
 - Ejection (partial or complete) from automobile
 - Death in same passenger compartment
 - Vehicle telemetry data consistent with high risk of injury
- ☐ Auto vs. Pedestrian/Bicyclist thrown, run over or with significant (> 20 mph) impact
- ☐ Motorcycle crash > 20 mph
- Other motorized equipment crashes where the patient has the potential of significant injury

Step 4-Assess special patient or system considerations of trauma patients

- ☐ GCS: 12-14 with evidence of traumatic injury
- ☐ Age- > 65 years old to a Trauma Center
- ☐ Anticoagulant and bleeding disorders on prescription blood thinners
- ☐ Significant burns (+/- trauma mechanism) or inhalation injury, chemical injury electrical injury or frostbite triage to burn center
- Open fractures regardless of location of fracture, except single digit fractures
- Pregnancy > 20 weeks gestation
- ☐ EMS Provider Judgment- When in doubt transfer to a trauma center

Yellow/Priority 2

Transport patient to nearest trauma center within trauma system, need not be the highest level of trauma center

Step 5- Patients not meeting above criteria

Transport to the closest appropriate emergency department

Green/Priority 3

Adult Abdominal Trauma

Bleeding/Hemorrhage Control-Direct Pressure/Gauze Adult Airway PROTOCOL Spinal Motion Restriction Procedure Oxygen Capnography PROCEDURE

Multiple Trauma
Protocol if necessary

Evisceration: Cover, clean saline dressing to loosely stabilize

Determine if Load & Go

Penetrating Object: Cover, clean saline dressing – Immobilize object. If too large to transport – attempt to cut with care not to further injure tissue

Penetrating Wounds: Cover, clean saline dressing. Look for exit wound

Blunt Trauma: Assess for change – distention. Note mechanism

Adult IV/IO PROCEDURE

To Maintain MAP > 65 or SBP 90 (100 systolic if >70 years old) If MAP Unavailable or Radial Pulses

If evidence of current / previous uncontrolled hemorrhage, HR > 120 and / or SBP < 90, within 60 mins of injury

Consider | Tranexamic Acid (TXA)

2 Grams (2,000 mg) IV, IO slow push over 10 min -or-

2 Grams IV, IO (2,000 mg) mixed in 100 ml D5W over 10 mins

Monitor and Reassess

INITATE TRAUMA ALERT

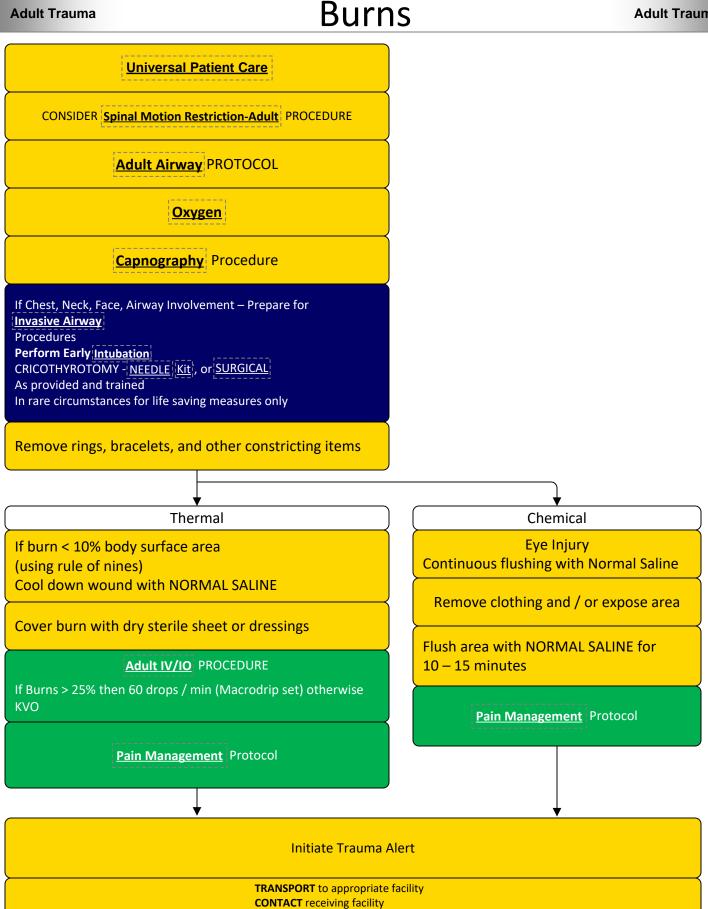
TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

Mechanism	Signs & Symptoms
Blunt	 Altered mental status Shock Distention Swelling Bulging Nausea and vomiting
Penetrating	 Altered mental status Bleeding Tenderness Pain Distention Evisceration Discoloration Entrance / exit wounds Nausea & vomiting

Key Points

Trauma to the abdomen is either Blunt or Penetrating. Blunt injuries are harder to detect and diagnose, and have a death rate twice that of penetrating wounds. Key signs and symptoms of blunt trauma include a patient in shock with no obvious injuries. Distention of the abdomen is an indication of internal hemorrhage. Pain may not be a significant factor. Many abdominal trauma injuries are Load & Go cases.

- Look for both an entrance and exit wound for all penetrating trauma, and treat accordingly.
- For all major trauma patients, the on scene time should be less than ten minutes.
- Pelvic pain with hypotension or tachycardia should have a pelvic binder placed.



CONSULT Medical Direction where indicated

APPROPRIATE transfer of care

Burns-Notes

History	Signs & Symptoms	Differential Diagnosis
 Type of exposure (heat, gas, chemical) Inhalation injury Time of injury Past medical history Medications Other trauma Loss of consciousness Tetanus / immunization status 	 Burns, pain, swelling Dizziness Loss of consciousness Hypotension / shock Airway compromise / distress Singed facial or nasal hair Hoarseness / wheezing 	 Superficial (1°) red and painful Partial thickness (2°) superficial partial thickness, deep partial thickness, blistering Full thickness (3°) painless and charred or leathery skin Chemical Thermal Electrical Radiation

Key Points

- Exam: Mental Status, HEENT, Neck, Heart, Lungs, Abdomen, Extremities, Back, Neuro
- Early intubation is required in significant inhalation injuries.
- Critical Burns: >25% body surface area (BSA); full thickness burns >10% BSA; partial thickness superficial partial thickness, deep partial thickness and full thickness burns to face, eyes, hand or feet; electrical burns; respiratory burns; deep chemical burns; burns with extremes of age or chronic disease; and burns with associated major traumatic injury. These burns may require hospital admission or transfer to a burn center.
- Potential CO exposure should be treated with 100% oxygen.
- Circumferential burns to extremities are dangerous due to potential vascular compromise partial thickness to soft tissue swelling.
- Burn patients are prone to hypothermia Never apply ice or cool burns that involve >10% body surface area.
- Do not overlook the possibility of multiple system trauma.
- Do not overlook the possibility of child abuse with children and burn injuries.
- See appendix for rule of nines.

1. Thermal (dry and moist):

- a. Stop burning process: i.e. remove patient from heat source, cool skin, remove clothing
- b. If patient starts to shiver or skin is cool, stop cooling process.
- c. Estimate extent (%) and depth of burn (see chart). Determine seriousness (see chart) of burn, contact Medical Control and transport accordingly. Cover burn areas with sterile dressing.

2. Radiation Burns:

- a. Treat as thermal burns except when burn is contaminated with radioactive source, then treat as chemical burn.
- b. Wear appropriate protective clothing when dealing with contamination.
- c. Contact HAZ MAT TEAM for assistance in contamination cases.

3. Chemical Burns:

- a. Wear appropriate protective clothing and respirators.
- b. Remove patient from contaminated area to decontamination site (NOT SQUAD).
- $c.\ Determine\ chemical \ involved;\ contact\ appropriate\ agency\ for\ chemical\ information.$
- d. Remove patient's clothing and flush skin.
- e. Leave contaminated clothes at scene. Cover patient over and under before loading into squad.
- f. Patient should be transported by personnel not involved in decontamination process.
- g. Determine severity (see chart), contact Medical Control and transport accordingly.
- h. Relay type of substance involved to Medical Control.

4. Electrical Burns:

- a. Shut down electrical source; do not attempt to remove patient until electricity is CONFIRMED to be shut off.
- b. Assess for visible entrance and exit wounds and treat as thermal burns.
- c. Assess for internal injury, i.e., vascular damage, tissue damage, fractures, and treat accordingly.
- d. Determine severity of burn, contact Medical Control and transport accordingly.

5. Inhalation Burns:

- a. Always suspect inhalation burns when the patient is found in closed smoky environment and / or exhibits any of the following: burns to face / neck, singed nasal hairs, cough and / or stridor, soot in sputum.
- b. Provide oxygen therapy, contact Medical Control and transport.
- Handle patients gently to avoid further damage of the patient's skin.
- If the patient is exposed to a chemical, whenever possible, get the name of the chemical, and document it on the patient run report. **DO NOT** transport any hazardous

materials with the patient.

- Look for signs of dehydration and shock.
- Initiate early intubation for symptomatic patients with inhalation burns.
- Patients with major burns should be transported to the a Regional Burn Center.
- Patients with unstable airway or who are rapidly deteriorating should be transported to the closest appropriate facility.
- Patients with large surface burns lose the ability to regulate their body temperature. Avoid heat loss by covering the patient.

Chest Trauma

Universal Patient Care

Bleeding/Hemorrhage Control-Direct Pressure/Gauze

Adult Airway PROTOCOL

Spinal Motion Restriction | PROCEDURE

High Flow Oxygen

Capnography Procedure

If S&S of Tension Pneumothorax (No lung sounds on affected side, Hypotension, JVD)

Needle Chest Decompression PROCEDURE

Be prepared to Repeat IF S&S Return

Adult IV/IO PROCEDURE

To Maintain MAP > 65 or SBP 90 (100 systolic if >70 years old) / If MAP Unavailable or Radial Pulses

IF Evidence of current / previous uncontrolled hemorrhage, HR > 120 and / or SBP < 90, within 60 mins of injury. Consider Tranexamic Acid (TXA)

2 Gram (2,000 mg) IV, IO slow push over 10 min -or-2 Grams IV, IO (2,000 mg) mixed in 100 ml D5W over 10 min

APPLY CARDIAC MONITOR

Cardiac Tamponade: Assess for + Beck's Triad (Hypotension, +JVD and muffled heart sounds). Paradoxical Pulse (no radial pulse when breathing in) is likely. LOAD AND GO

Massive Hemothorax: Shock, then difficulty breathing. No JVD, decreased breath sounds, dull to percussion. LOAD AND GO

Open Pneumothorax / Sucking Chest Wound: Close wound with occlusive dressing secured on THREE SIDES or commercial device. LOAD AND GO

Flail Chest: Assist with Ventilation – Gentle Positive Pressure - Consider CPAP if isolated chest trauma and no hypotension / shock / tension pneumothorax and spontaneous adequate respiration. LOAD AND GO

Suspected: Traumatic Aortic Rupture, Tracheal or Bronchial Tree Injury, Myocardial Contusion, Diaphragmatic Tears, Esophageal Injury, And Pulmonary Contusion: Ensure an Airway, Administer Oxygen, LOAD AND GO

INITATE TRAUMA ALERT

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Direction where indicated **APPROPRIATE** transfer of care

Chest Trauma-Notes

Simple Pneumothorax	Open Pneu	ımothorax	Tension Pneu	mothorax	Hemothorax
 Shortness of breath Dyspnea Tachypnea Cyanosis Chest pain Absent diminished Lung sounds on the affected side 	 Shortness of Dyspnea Cyanosis Sucking ches Shock Absent / dim Lung sounds of affected side 	t wound inished	 Shortness of bree Cyanosis Shock Absent / diminis Lung sounds Tracheal deviation Hypotension JVD Tachycardia Dyspnea (late signal 	hed on	 Shortness of breath Dyspnea Cyanosis Dullness to Percussion sounds Flat neck veins Hypotension Shock Absent / diminished breath sounds Tachycardia
Cardiac Tampona	ade	Trauma	tic Asphyxia		Flail Chest
 Hypotension Decreasing pulse pressure Elevated neck veins Muffled heart tones Bruising over the sternum Tachycardia 		Bloodshot, IBlue, bulginJVDCyanotic up	g tongue	Upon inspirat DyspneaUnstable ch	chest movement ion

Key Points

Thoracic injuries have been called the deadly dozen. The first six are obvious at the primary assessment.

Airway obstruction
 Flail chest
 Cardiac tamponade
 Massive hemothorax
 Open pneumothorax
 Tension pneumothorax

The second six injuries may be more subtle and not easily found in the field:

7. Traumatic aortic rupture 10. Diaphragmatic tears

8. Esophageal injury 11. Tracheal / bronchial tree injury

9. Myocardial contusion 12. Pulmonary contusion

- A **sucking chest wound** is when the thorax is open to the outside. The occlusive dressing may be anything such as petroleum gauze, plastic, or a defibrillator pad. Tape only 3 sides down so that excess intrathoracic pressure can escape, preventing a tension pneumothorax. May help respirations to place patient on the injured side, allowing unaffected lung to expand easier.
- A **flail chest**is when there are extensive rib fractures present, causing a loose segment of the chest wall resulting in paradoxical and ineffective air movement. Positive pressure breathing via BVM will help push the segment and the normal chest wall out with inhalation and to move inward together with exhalation, getting them working together again. Do not use too much pressure to prevent additional damage or pneumothorax. A **penetrating object** must be immobilized by any means possible. If it is very large, cutting may be possible, with care taken not to move it about when making the cut. Place an occlusive and bulky dressing over the entry wound.
- A **tension pneumothorax** is life threatening, look for *HYPOTENSION*, unequal breath sounds, JVD, increasing respiratory distress, and decreasing mental status. The pleura must be decompressed with a needle to provide relief. Decompress between the 2nd and 3rd ribs, midclavicular placing the catheter over the 3rd rib. Alternate site, 5th intercostal space mid axillary or anterior axillary line. Once the catheter is placed, watch closely for reocclusion. Repeat if needed to prevent reocclusion. Decompress with 3.25" 14 ga catheter or Chest Decompression Needle based on patient's size.

Drowning/Near Drowning

Universal Patient Care

Consider Spinal Motion Restriction PROCEDURE

Place backboard while still in water if able.

Adult Airway Protocol

Initiate ventilation while patient is still in water if not breathing.

If Decompression Sickness

Give oxygen – no positive pressure ventilation unless NOT breathing.

Oxygen ASAP

Capnography Procedure

Apply Cardiac Monitor

IF HYPOTHERMIC Treat per Hypothermia PROTOCOL

Adult IV/IO PROCEDURE

Normal Saline TKO

Monitor and Reassess

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

Adult Trauma

Drowning/Near Drowning-Notes

Adult Trauma

History	Signs & Symptoms	Differential Diagnosis
 Submersion in water regardless of depth Possible trauma i.e.; fall, diving board Duration of immersion Temperature of water Salt vs. fresh water 	 Period of unconsciousness Unresponsive Mental status changes Decreased or absent vital signs Vomiting Coughing 	 Trauma Pre-existing medical problem Barotrauma (diving) Decompression sickness

- Exam: Trauma Survey, Head, Neck, Chest, Abdomen, Pelvis, Back, Extremities, Skin, Neuro
- Drowning due to suffocation from submersion in water.
- 2 causes breath holding which leads to aspiration of water; & laryngospasm which closes the glottis.
- Both causes lead to profound hypoxia and death.
- Fresh water drowning ventricular fibrillation may be likely.
- Salt water drowning may cause pulmonary edema in time.
- Pulmonary edema can develop within 24 48 hours after submersion.
- All victims should be transported for evaluation due to potential for worsening over the next several hours.
- Drowning is a leading cause of death among would-be rescuers.
- Allow appropriately trained and certified rescuers to remove victims from areas of danger.
- With pressure injuries (decompression / barotrauma), consider transport for availability of a hyperbaric chamber.
- All hypothermic / hypothermic / near-drowning patients should have resuscitation performed until care is transferred, or if there are other signs of obvious death (putrification, traumatic injury unsustainable to life).
- A drowning patient is in cardiac arrest after the submersion.
- Consider a c-spine injury in all drowning cases.
- Patients with low core temperatures will not respond to ALS drug interventions. Maintain warming procedures and supportive care.
- DO NOT perform the Heimlich maneuver to remove water from the lungs prior to resuscitation.

Extremity Trauma/Amputation Adult

Consider

Multiple Trauma

Protocol where indicated



Bleeding/Hemorrhage Control-Direct Pressure/Gauze

Risk of Exsanguination? Internally or Externally

Upper Extremities Apply | Commercial Tourniquet

Lower Extremities 2 Commercial Tourniquets

Oxygen

Adult IV/IO PROCEDURE

Pain Management Protocol

Capnography Required for Sedation / PAIN

MANAGEMENT OF TRAUMA PATIENT

IF Evidence of current / previous uncontrolled hemorrhage, HR > 120 and / or SBP < 90, and within 60 mins of injury.

Consider Tranexamic Acid (TXA)

2 Gram (2,000 mg) IV, IO slow push over 10 min-or-

2 Grams IV, IO (2,000 mg) mixed in 100 ml D5W over 10 min

Amputation?

Clean amputated part with normal saline irrigation
Wrap part in sterile dressing and place in plastic bag if able
Place on ice if available – no direct contact to tissue

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

Adult Trauma Extremity Trauma/Amputation-Notes Adult Trauma

History	Signs & Symptoms	Differential Diagnosis
 Type of injury Mechanism: crush / penetrating / amputation Time of injury Open vs. closed wound / fracture Wound contamination Medical history Medications 	 Pain, swelling Deformity Altered sensation / motor function Diminished pulse / capillary refill Decreased extremity temperature 	 Abrasion Contusion Laceration Sprain Dislocation Fracture Amputation

Key Points

- Exam: Mental Status, Extremity, Neuro
- In amputations, time is critical. Transport and notify medical control immediately, so that the appropriate destination can be determined.
- Hip dislocations and knee and elbow fracture / dislocations have a high incidence of vascular compromise.
- Urgently transport any injury with vascular compromise.
- Blood loss may be concealed or not apparent with extremity injuries.
- Lacerations must be evaluated for repair within 6 hours from the time of injury.

Extremity Trauma

- In cases of major trauma, the backboard can work as a whole body splint.
- DO NOT take the time to splint injured extremities in major trauma patients unless it does not delay the scene time or prevents you from performing more pertinent patient care.
- Splint the extremity if the patient has signs and symptoms of a fracture or dislocation.
- Treat all suspected sprains or strains as fractures until proven otherwise.
- Splint the joint above and below for all suspected fractures.
- Splint the bone above and below for all suspected joint injuries.
- Check and document the patient's MSP's before and after splinting.
- A traction splint with a backboard is the preferred splint to use for femur fractures.

Traumatic Amputation

- Care of the amputated extremity include:
 - o Cleanse an amputated extremity with normal saline or sterile water.
 - o DO NOT place any amputated tissue directly on ice or cold pack. Instead, place the amputated limb into a plastic bag. Put the bag into a container of cool water with a few ice cubes (if available).
- Contact the receiving hospital with the patient information, and include the status of the amputated limb.
- Focus on patient care and not on the amputated extremity.
- Tourniquets should be applied early if there is a risk of exsanguination (bleeding out) from extremity injury.
- Remember to calm and reassure the patient. Do not give the patient or their family member's false hope of reattachment of the affected limb. A medical team at the receiving hospital makes this decision.
- Delegate someone to do an on scene search for the amputated part when it cannot be readily found and continue with patient care.

Universal Patient Care Oxygen for all head trauma

Spinal Motion Restriction

Bleeding/Hemorrhage Control-Direct Pressure/Gauze

Determine and Trend GCS

Consider Other Protocols

Multiple Trauma Protocol (if Not Isolated Head Trauma)

Altered Level of Consciousness Protocol

Seizures Protocol (if Seizure Activity)

Isolated Uncomplicated Head Trauma?

Adult Airway PROTOCOL



Do NOT HYPERVENTILATE

Adult IV/IO PROCEDURE

Limit IV fluids due to cerebral edema To Maintain MAP > 65 or SBP 90 (100 systolic if >70 years old) if MAP Unavailable or Radial Pulses



Do NOT allow patient to become hypotensive

Evidence of, or Suspect
Traumatic Brain Injury (TBI)? GCS < =8

Adult Airway PROTOCOL

Do **NOT** Allow Patient to Become Hypoxic During ANY Airway Management Maintain SpO₂ > 94% At All Times!

Apply Capnography If Advanced Airway Used

Ventilate to Maintain CO₂ 35 or 12 Breaths / min.

Adult IV/IO PROCEDURE

Normal Saline Bolus to Maintain MAP > 80 or SBP 110 / Radial Pulses if NIBP Unavailable



Do NOT allow patient to become hypotensive

Monitor and Reassess

INITATE TRAUMA ALERT

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated
APPROPRIATE transfer of care

Head Trauma-Notes

History	Signs & Symptoms	Differential Diagnosis
 Time of injury Mechanism: blunt /penetrating Loss of consciousness Bleeding Medical history Medications Evidence of multi-trauma Helmet use or damage to helmet 	 Pain, swelling, bleeding Altered mental status Unconscious Respiratory distress / failure Vomiting Significant mechanism of injury 	Skull fracture Brain injury (concussion, contusion, hemorrhage, or laceration) Epidural hematoma Subdural hematoma Subarachnoid hemorrhage Spinal injury Abuse

	Glasgow Coma Scale
INFANT	Eye Opening ADULT
Birth to age 4	Age 4 to Adult
4 Spontaneously	Spontaneously 4
3 To speech	To command 3
2 To pain	To pain 2
1 No response	No Response 1
	Best Verbal Response
5 Coos, babbles	Oriented 5
4 Irritable cries	Confused 4
3 Cries to pain	Inappropriate words 3
2 Moans, grunts	Incomprehensible 2
1 No response	No response 1
	Best Motor Response
6 Spontaneous	Obeys commands 6
5 Localizes pain	Localizes pain 5
4 Withdraws from pain	Withdraws from pain 4
3 Flexion (decorticate)	Flexion (decorticate) 3
2 Extension (decerebrate)	Extension (decerebrate) 2
1 No response	No response 1
= TOTAL	TOTAL =

• Exam: Mental Status, HEENT, Heart, Lungs, Abdomen, Extremities, Back, Neuro

- If GCS < 12 consider air / rapid transport and if GCS < 9 intubation should be anticipated.
- GCS < 8? Intubate!
- DO NOT allow patients to become hypoxic, maintain SpO2 > 94%, abandon intubation attempts if this cannot be maintained. Secure airway by other means.
- Increased intracranial pressure (ICP) may cause hypertension and bradycardia (Cushing's Reflex).
- Hypotension usually indicates injury or shock unrelated to the head injury and should be aggressively treated.
- Limit IV fluids unless patient is hypotensive (systolic BP < 90) fluid resuscitate if necessary to maintain BP, Do NOT allow patients to become hypotensive.
- DO NOT attempt to lower the blood pressure in hypertensive head injured patients with medications such as Nitroglycerine (Nitro-Stat).
- Be alert for c-spine injuries with head trauma.
- Continually reassess the patient, including pupils, LOC, and neurological status.
- Any decrease in GCS suggests a TBI surgical emergency, transport to trauma center
- Capnography is critical! Maintain the CO₂ ranges indicated in protocol, 1 point of CO₂ change = 3% decrease in cerebral perfusion.
- The most important item to monitor, trend, and document is a change in the level of consciousness / GCS.
- Herniation may occur. Signs are:
 - o Cushing's reflex; Bradycardia, hypertension, widening pulse pressure
 - o Decreasing level of consciousness progressing towards coma.
 - o Dilation of pupils may be unilateral or bilateral
 - o Decerebrate posturing (extension of arms and legs)
 - o Decorticate posturing (flexion arms and legs)
- Concussions are periods of confusion or LOC associated with trauma, which may have resolved by the time EMS arrives. A physician ASAP should evaluate any prolonged confusion or mental status abnormality, which does not return to normal within 15 minutes or any documented loss of consciousness.
- Consider Restraints if necessary for patient's and / or personnel's protection per the RESTRAINT PROCEDURE.

Maxillofacial Trauma

Universal Patient Care

Determine type of injury

Eye

Remove Contact Lenses (If applicable)

If burn or foreign body, determine substance. Flush with copious Amounts of normal saline

If penetrating trauma, secure object (Do not remove)

Eye Out; Cover with sterile 4 x 4, normal saline and stabilize

If Non-Penetrating Trauma or Chemical Burns CONSIDER TOPICAL PAIN CONTROL

Tetracaine (Pontocaine)

- 1 Drop to affected eye may repeat 1 drop Max 2 Drops
- A

If Tetracaine (Pontocaine) is used, patient must be evaluated at hospital

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Control where
indicated

APPROPRIATE transfer of care

Tongue

Have suction on and Immediately available to maintain airway

Attempt to control bleeding with direct pressure / gauze if able and will not cause airway obstruction

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where
indicated

Ear

If foreign body, Determine substance

Attempt to control bleeding with direct pressure / gauze

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated

APPROPRIATE transfer of care

Nose

Have suction on and Immediately available to maintain airway

Sit patient upright and forward. Pinch nostrils. Consider external applied cold pack to bridge of nose

Traumatic or atraumatic epistaxis not controlled with BLS Measures Consider

Tranexamic Acid (TXA)

Soaked gauze product nostril packing Soak in standard concentration TXA Have patient blow nose, suction active bleeding, then pack nostril with TXA soaked gauze

Resume BLS care as above

Tooth

If tooth out attempt
preservation as soon as possible in;
Commercially
available tooth preservation kit
(if available) or whole milk (if available).
Handle by enamel
only, do not touch roots

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where
indicated
APPROPRIATE transfer of care

Adult Trauma

Maxillofacial Trauma-Notes

Adult Trauma

History	Signs & Symptoms	Differential Diagnosis
Trauma of any type that results in injury to one or both eyes.	 Irritation to eye Visual disturbances Obvious penetrating injury Burn (chemical, thermal) Loss of vision Dizziness Loss of consciousness Nausea 	Hypertension Contact lens problem

Key Points

- If unsure if something can be flushed with water, contact Medical Command.
- A garden hose can be used to help flush the patient's eye(s) if available. **DO NOT** use a high-pressure hose or at a high force. If needed, irrigate the patient's eyes for approximately 5 -15 minutes.
- Begin irrigating immediately, because irreversible damage can occur in a few minutes.

TRAUMA

- Do not allow eye injury to distract you from the basics of trauma care.
- Do not remove any foreign body imbedded in the eye or orbit. Stabilize any large protruding foreign bodies.
- With blunt trauma to the eye, if time permits, examine the globe briefly for gross laceration as the lid may be swollen tightly shut later. Sclera rupture may lie beneath an intact conjunctiva.
- Covering both eyes when only one eye is injured may help to minimize trauma to the injured eye, but in some cases the patient is too anxious to tolerate this.
- Transport patient supine unless other life threats prohibit this from being done. (This is based on physics, the goal of not letting the fluid within the eye drain out of the eye)

CHEMICAL BURNS

- When possible determine type of chemical involved first. The eye should be irrigated with copious amounts of water or saline, using IV tubing wide open for a minimum of 15 minutes started as soon as possible. Any delay may result in serious damage to the eye.
- Always obtain name and, if possible, a sample of the contaminant or ask that they be brought to the hospital as soon as possible.

CONTACT LENSES

- If possible, contact lenses should be removed from the eye; be sure to transport them to the hospital with the patient. If the lenses cannot be removed, notify the ED personnel as soon as possible.
- If the patient is conscious and alert, it is much safer and easier to have the patient remove their lenses.

ACUTE, UNILATERAL VISION LOSS

- When a patient suddenly loses vision in one eye with no pain, there may be a central retinal artery occlusion. Urgent transport and treatment is necessary.
- Patient should be transported flat.

Needle Chest Decompression

Pain Management

INITATE TRAUMA ALERT

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Direction where indicated APPROPRIATE transfer of care

Adult Trauma

Multiple Trauma-Notes

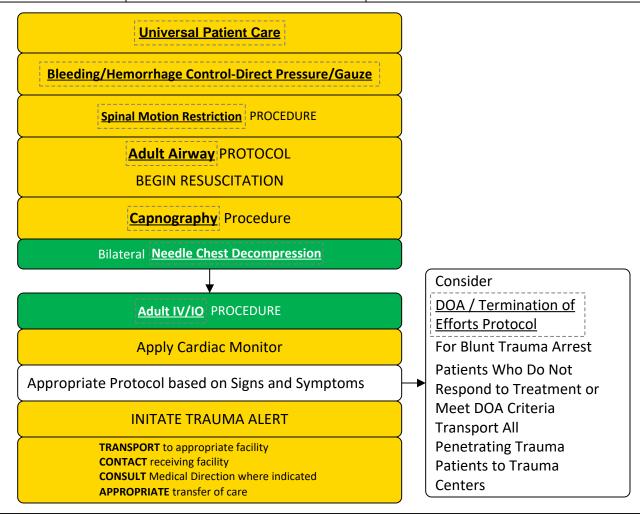
Adult Trauma

History	Signs & Symptoms	Differential Diagnosis
Time and mechanism of injury Damage to structure or vehicle Location in structure or vehicle Others injured or dead Speed and details of MVC Restraints / protective equipment Past medical history Medications	 Pain, swelling Deformity, lesions, bleeding Altered mental status or unconscious Hypotension or shock Arrest 	 Flail chest Tension pneumotorax Pericardial tamponade Open chest wound Hemothorax Intra-abdominal bleeding Pelvis / femur fracture Spine fracture / spinal cord injury Head injury Extremity fracture / dislocation HEENT (airway obstruction) Hypothermia

- Exam: Mental Status, Skin, HEENT, Heart, Lung, Abdomen, Extremities, Back, Neuro
- Mechanism is the most reliable indicator of serious injury.
- In prolonged extrications or serious trauma, consider air transportation for transport times and the ability to give blood.
- Do not overlook the possibility of associated domestic violence or abuse
- Pelvic pain with hypotension or tachycardia should have a pelvic binder placed.

Trauma Arrest

History	Signs & Symptoms	Differential Diagnosis
 Time of injury Mechanism: blunt / penetrating Loss of consciousness Bleeding Medications Evidence of multi-trauma 	 Excessive bleeding Unresponsive; not breathing Cardiac arrest Significant mechanism of injury 	Obvious DOADeath



- Immediately transport traumatic cardiac arrest patients.
- Except for airway management, traumatic cardiac arrests are "load and go" situations.
- Resuscitation should not be attempted in trauma arrest patients with;
 - 1. Spinal transection
 - 2. Decapitation
 - 3. Total body burns
 - 4. Severe blunt trauma that are without vital signs
 - 5. Without pupillary response
 - 6. Without an organized or shockable cardiac rhythm at the scene
- Patients in cardiac arrest with deep penetrating cranial injuries and patients with penetrating cranial or truncal wounds associated with asystole and a transport time of more than 15 minutes to a definitive care facility are unlikely to benefit from resuscitative efforts.
- Extensive, time-consuming care of trauma victims in the field is usually not warranted. Unless the patient is trapped, they should be enroute to a medical facility within 10 minutes after arrival of the ambulance on the scene.

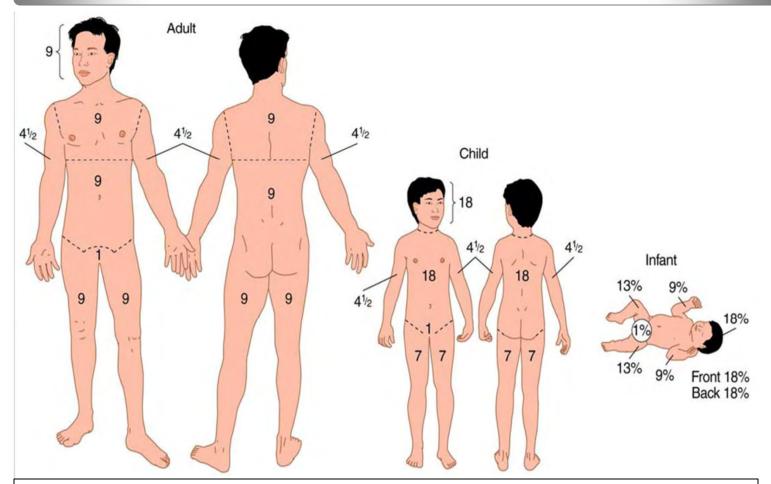
Trauma Assessment Charts

GLASGOW COMA SCORE

Eyes			
	Spontaneous	Spontaneous	4
	To voice	To voice	3
	To pain	To pain	2
	None	None	1
Best Motor Response			
	Oriented	Coos, babbles	5
	Confused	Irritable cry, inconsolable	4
	Inappropriate	Cries to pain	3
	Garbled speech	Moans to Pain	2
	None	None	1
Best Verbal Response			
	Obeys commands	Normal movements	6
	Localizes pain	Withdraws to touch	5
	Withdraws to pain	Withdraws to pain	4
	Flexion	Flexion	3
	Extension	Extension	2
	Flaccid	Flaccid	1

REVISED TRAUMA SCORE

Glasgow Coma Scale		
	13 - 15	4
	9 - 12	3
	6 - 8	2
	4 - 5	1
	0 - 3	0
Respiratory Rate		
	Greater than 29	4
	10 - 29	3
	6 - 9	2
	1-5	1
	0	0
Systolic Blood Pressure		
	Greater than 89	4
	76 - 89	3
	50 - 75	2
	1 - 49	1
	0	0



1% is equal to the surface of the palm of the patient's hand. If unsure of %, describe injured area.

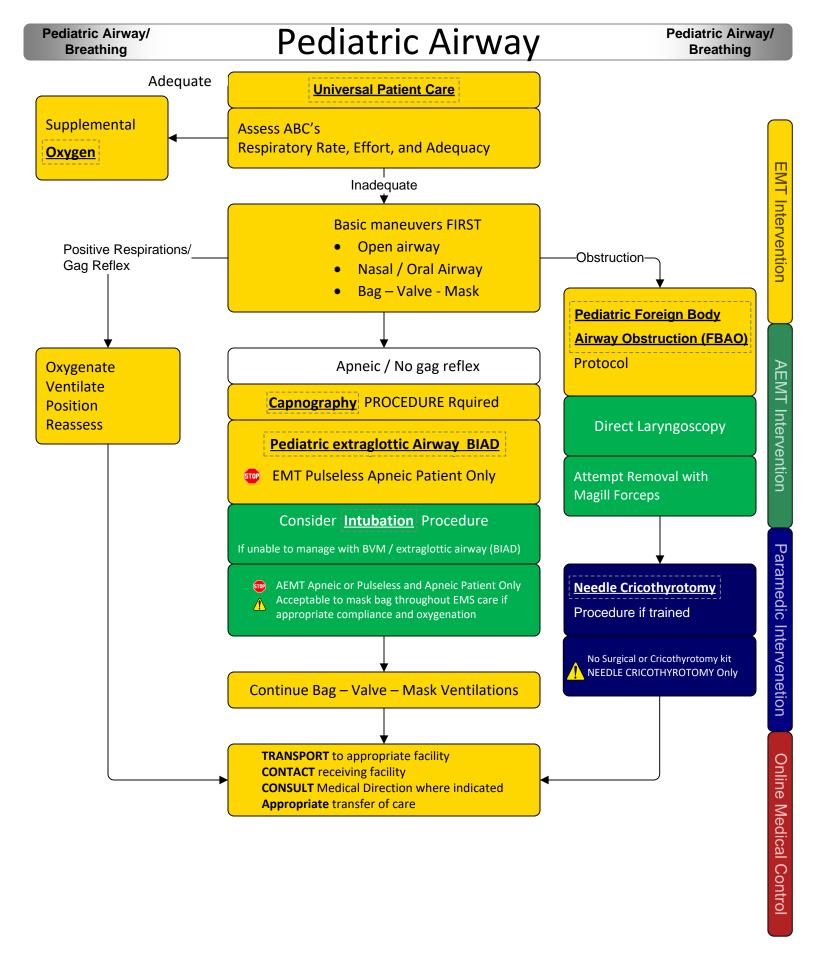
Major Burn Criteria

- 2° and 3° burns > 10% surface area
- Burns of the face, hands feet genitalia
- Electrical shock with burn injury
- Burn with inhalation injury any burn with potential functional or cosmetic impairment

Pediatric Airway/ Breathing

Pediatric Airway/Breathing

Pediatric Airway/ Breathing



Indications	Signs & Symptoms	Differential Diagnosis
 Apnea Coughing Choking Inability to speak Unresponsive Burns Trauma 	 Sudden episode of choking Gagging Audible stridor Change in skin color Decreased LOC Increased or decreased Respiratory rate Labored breathing Unproductive cough 	 Cardiac arrest Respiratory arrest Anaphylaxis Esophageal obstruction

Extraglottic airway device / BIAD (Blind Insertion Airway Device) Examples (not limited to); King Airway, LMA, Combitube, iGel

Differentiate airway obstruction from esophageal obstruction. If esophageal obstruction, place patient in position of comfort, suction as needed and treat pain.

Management of Tracheostomy Patients

Tracheostomies come in 2 types

- Cuffed tracheostomy has a distal cuff to create seal in patient trachea. Necessary for patients requiring mechanical ventilation. There is a ET tube like pilot balloon to verify cuff patency once placed in the tracheal stoma. Select devices may be filled with saline rather than air, this is device specific. Nearly all will be filled with air.
- Uncuffed tracheostomy does not have distal cuff and does not seal in the trachea. This type is used for spontaneously breathing patients who require an alternate airway due to upper airway defect. These patients may be able to speak with the use of special tracheostomies or valves.

Tracheostomies have 2 essential parts

- Outer cannula This is the base that secures in the tracheal stoma. If it is cuffed tracheostomy, the cuff is on this section. There are
 "wings" that allow for attachment of a tie around the patient's neck. Some recently placed devices may be sutured in place.
- Inner cannula is removeable for cleaning / replacement. Usually clips or is locked in with a quarter turn detent.

Management of tracheostomy patients

- · Have suction equipment on hand throughout all phases of treatment and transport suction to maintain patency as required.
- If a tracheostomy becomes dislodged and cannot be reinserted, use a ET tube sized to the stoma size.
- If a tracheostomy comes out and can be reinserted or needs changed, utilize a bougie (tube changer) if available to insert into stoma and "railroad" the tracheostomy over the bougie into place.
- Check all cuffed tracheostomy cuffs for patency, add additional air if an air leak can be appreciated around stoma.
- If a tracheostomy patient cannot be bagged effectively suspect mucous plug. Alternate trachea lavage with saline, suction, and bagging until resolved.
- If a tracheostomy patient presents with increased work of breathing, remove and inspect inner cannula.
- Pediatric tracheostomies may not have inner cannulas due to their size
- · Take an extra tracheostomy kit or inner cannula with you during transport if available at pickup location
- Patients and their care givers are frequently very adept at managing these devices, utilize them as a resource.
- See procedures section for stoma and trachostomy care procedures

- EtCo2 measurement is mandatory with all methods of intubation. Document results of SpO2.
- Limit intubation attempts to 2 per patient max.
- BVM and oral airway is acceptable means of airway control and ventilation during prehospital care.
- If unable to intubate, continue BVM ventilations, transport rapidly, and notify receiving hospital early.
- Provide Spinal Motion Restriction for patients with suspected spinal injury.
- Do not assume hyperventilation is psychogenic use oxygen, not a paper bag.
- Consider c-collar to help maintain ETT placement for all intubated patients.

Intervention

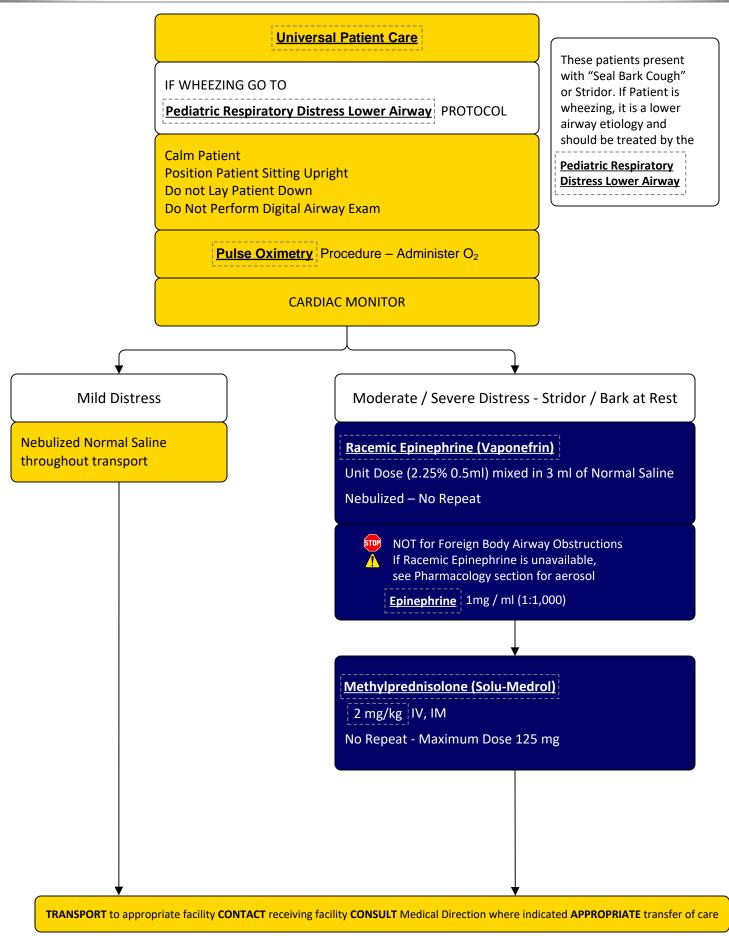
AEMT Intervention

Paramedic Intervenetion

Online Medical Contro

History	Signs & Symptoms	Differential Diagnosis
 Coughing Choking Inability to speak Unresponsive 	 Witnessed aspiration Sudden episode of choking Audible stridor Change in skin color Decreased LOC Increased / decreased Respiratory rate Labored breathing Unproductive cough 	 Cardiac arrest Respiratory arrest Anaphylaxis

- Infants 0 -12 months DO NOT receive abdominal thrusts. Use chest thrusts.
- NEVER perform blind finger sweeps in infants or children.
- Attempt to clear the airway should only be made if foreign body aspiration is witnessed or very strongly suspected and there is complete airway obstruction.
- Even with a complete airway obstruction, positive-pressure ventilation is often successful.



have epiglottis.

History	Signs & Symptoms	Differential Diagnosis
 Time of onset Possibility of foreign body Medical history Medications Fever or respiratory infection Other sick siblings History of trauma 	 Anxious appearance Barking cough Stridor Gagging Drooling Inability to swallow Increased respiratory effort 	 Asthma Aspiration Foreign body Infection Pneumonia Epiglotitis Congenital heart disease Medication or toxin Trauma

- Exam: Mental Status, HEENT, Skin, Neck, Heart, Lungs, Abdomen, Extremities, Neuro
- CONSIDER FOREIGN BODY AIRWAY OBSTRUCTION
- Do not force a child into a position. They will protect their airway by their body position.
- The most important component of respiratory distress is airway control.
- **Croup** typically affects children < 2 years of age. It is viral, possible fever, gradual onset, no drooling is noted.
- Epiglottitis is rare and typically affects children > 2 years of age. Patients will appear very sick. It is bacterial, with fever, rapid onset, possible stridor, patient wants to sit up to keep airway open, and drooling is common.

 Airway manipulation may worsen the condition. DO NOT attempt invasive procedures on the conscious patient who is suspected to
- DO NOT attempt an invasive airway procedure unless the patient is in respiratory arrest.
- Tracheitis presents in a similar manner to epiglottitis and the patient will also appear very sick.
- Stridor, gagging or choking in the breathing patient with respiratory distress may indicate upper airwayobstruction.
- Wheezing in the breathing patient with respiratory distress indicates lower airway disease, which may come from a variety of causes. The patient with severe lower airway disease may have altered LOC, be unable to talk, may have absent or markedly decreased breath sounds and severe retractions with accessory muscle use.
- If the patient has signs of respiratory failure, begin to assist ventilations with BVM, even when they are breathing.

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

Pediatric Airway/
Breathing

History	Signs & Symptoms	Differential Diagnosis
 Time of onset Possibility of foreign body Medical history Medications Fever or respiratory infection Other sick siblings History of trauma 	 Wheezing or stridor Respiratory retractions Increased heart rate Altered level of consciousness Anxious appearance 	 Asthma Aspiration Foreign body Infection Pneumonia Croup Epiglottitis Congenital heart disease Medication or toxin Trauma

- Exam: Mental Status, HEENT, Skin, Neck, Heart, Lungs, Abdomen, Extremities, Neuro
- Do not force a child into a position. They will protect their airway by their body position.
- The most important component of respiratory distress is airway control.
- DO NOT attempt an invasive airway procedure unless the patient is in respiratory arrest.
- For some patients in severe respiratory distress, wheezing may not be heard.
- Use Albuterol (Proventil) and Ipratropium (Atrovent) for the known asthmatic in severe respiratory distress.
- Stridor, gagging or choking in the breathing patient with respiratory distress may indicate upper airway obstruction.
- Wheezing in the breathing patient with respiratory distress indicates lower airway disease, which may come from a variety of causes. The patient with severe lower airway disease may have altered LOC, be unable to talk, may have absent or markedly decreased breath sounds and severe retractions with accessory muscle use.
- If the patient has signs of respiratory failure, begin to assist ventilations with BVM, even when they are breathing.

Universal Patient Care Evidence of Trauma – Blunt or Penetrating Abnormal breath sounds, inadequate respiratory rate, unequal symmetry, diminished chest excursion, cyanosis Identify Treatable Causes

Jaw Thrust Airway Maneuver
Give High Flow Oxygen

Sucking Chest Wound
Apply 3-sided Occlusive Dressing or Commercial Chest Seal

Flail Chest
Assist with Ventilation – Gentle Positive Pressure

Penetrating Object
Immobilize Object
Apply Sterile Saline Dressing

If S&S of Tension Pneumothorax
(No lung sounds on affected side, Hypotension, JVD)

Needle Chest Decompression
PROCEDURE

Be Prepared to Repeat IF S&S Return

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

- These injuries involve the airway and are life-threatening.
- \bullet Do not become distracted by non-life-threatening injuries that appear terrible.
- A sucking chest wound is when the thorax is open to the outside. The occlusive dressing may be anything such as petroleum gauze, plastic, or a defibrillator pad. Tape only 3 sides down so that excess intrathoracic pressure can escape, preventing a tension pneumothorax. It may help respirations to place patient on the injured side, allowing unaffected lung to expand easier.
- A **flail chest** is when there are extensive rib fractures present, causing a loose segment of the chest wall resulting in paradoxical and ineffective air movement. Positive pressure breathing via BVM will help push the segment and the normal chest wall out with inhalation and to move inward together with exhalation, getting them working together again. Do not use too much pressure, as to prevent additional damage or pneumothorax.
- A penetrating object must be immobilized by any means possible. If it is very large, cutting may be possible, with care taken to not move it while making the cut. Place an occlusive & bulky dressing over the entry wound.
- A tension pneumothorax is life threatening, look for *HYPOTENSION*, unequal breath sounds, JVD, increasing respiratory distress, and decreasing mental status. The pleura must be decompressed with a needle to provide relief. Use the intercostal space between the 2nd and 3_{rd} ribs on the midclavicular line, going in on the top side of the 3_{rd} rib. Alternate site, 5th intercostal space mid axillary or anterior axillary line. Once the catheter is placed, watch closely for reocclusion. Be prepared to repeat decompression if signs of tension pneumothorax return. Use a 18-14-gauge needle, length based on the patient.

Pediatric Circulation/Shock

Pediatric Circulation/Shock

Pediatric Circulation/Shock Pediatric Circulation/Shock

Pediatric Shock-Notes Part A

Pediatric Circulation/Shock

TYPES OF SHOCK	SIGNS AND SYMPTOMS
CARDIOGENIC SHOCK	 Hypotension Difficulty breathing Cool, clammy skin Weakness
HYPOVOLEMIC SHOCK	 Tachycardia Weak, thready pulse Hypotension with narrow pulse pressure Hypotension or falling systolic BP Pale skin Clammy or dry skin Dyspnea Altered LOC / coma Decreased urine output Restlessness Irritability Decreased urine output
ANAPHYLACTIC SHOCK (Distributive Shock)	 Hypotension Severe respiratory distress Shock Dyspnea Wheezing Hoarseness / stridor Cyanosis Facial / airway edema Urticaria / hives Warm burning feeling Itching Rhinorrhea Altered LOC / coma Pulmonary edema
NEUROGENIC SHOCK (Distributive Shock)	 Hypotension with a narrow pulse pressure Evidence of trauma (lacerations, bruising, swelling, deformity) Normal or bradycardic HR Compromise in neurological function Normal or flushed skin color
SEPTIC SHOCK (Distributive Shock)	 Hypotension with a narrow pulse pressure Dyspnea Febrile Tachycardia Signs of infection Hx of UTI Hypovolemia (Fever, Sweating) Dehydration Altered LOC / coma
OBSTRUCTIVE SHOCK	 Obstruction that interferes with preload / afterload Commonly caused by tension pneumothorax / pulmonary embolism Hypotension Chest pain Hypoxia Absent lung sounds (tension pneumothorax) Present lung sounds (pulmonary embolism)

Pediatric Circulation/Shock

Pediatric Shock-Notes Part B

Pediatric Circulation/Shock

History	Signs & Symptoms	Differential Diagnosis
 Blood loss Fluid loss Vomiting Diarrhea Fever Infection 	 Restlessness, confusion, weakness Dizziness Increased HR, rapid pulse Decreased BP Pale, cool, clammy skin Delayed capillary refill 	 Trauma Infection Dehydration Vomiting Diarrhea Fever Congenital heart disease Medication or toxin

Allergic Reaction/Anaphylaxis

History	Signs & Symptoms	Differential Diagnosis
 Onset and location Insect sting or bite Food allergy / exposure Medication allergy / exposure New clothing, soap, detergent Past history of reactions Past medical history Medication history 	 Warm burning feeling Itching Rhinorrhea Hoarseness Stridor Wheezing Respiratory distress Altered LOC / coma Cyanosis Pulmonary edema Facial / airway edema Urticaria / hives Dyspnea 	 Urticaria (rash only) Anaphylaxis (systemic effect) Shock (vascular effect) Angioedema (drug induced) Aspiration / airway obstruction Vasovagal event Asthma

Do Not Confuse Epinephrine 1 mg / ml and 0.1 mg / ml

Fluid Resuscitate to systolic of 70 + 2 x age

Key Points

- · Exam: Mental Status, Skin, HEENT, Heart, Lung, Abdomen, Extremities, Back, Neuro
- Consider all possible causes of shock and treat per appropriate protocol.
- Decreasing heart rate is a sign of impending collapse.
- Most maternal medications pass through breast milk to the infant. Examples: Narcotics, Benzodiazepines.
- Be sure to use the appropriate sized BP cuff.
- Findings in the primary assessment should alert you that the patient is in shock. Pay particular attention to the patient's mental
- status, tachycardia, skin color, and capillary refill.
- Shock is not only caused by blood loss. The provider must evaluate for fluid loss from other causes. such as excessive vomiting
- and / or diarrhea, heat exposure and malnutrition.
- Do not use only the patient's blood pressure in evaluating shock; also look for lower body temperature, poor capillary refill,
- decreased LOC, increased heart rate and / or poor skin color or turgor.
- Routinely reassess the patient and provide supportive care.

Addisonian Crisis / Adrenal Crisis

- Not a field diagnosis. Patient / family / historian should be aware of diagnosis. They are coached to make sure the patient gets IV steroids emergently. May have their own prescribed injectable steroids for EMS to administer. Check for medical alert tags / bracelet.
- Presents with Dehydration and/or severe vomiting and diarrhea stabbing pain in the abdomen, low back, or legs, low blood pressure
- (shock), low blood sugar, loss of consciousness.
- Emergent steroid administration in addition to other standard resuscitation techniques. (ex. BGL correction and fluid resuscitation). Use patient supplied steroids before EMS supplied if available.

Pediatric Pediatric Anaphylactic Reaction/Shock Circulation/Shock

Universal Patient Care Oxygen

Capnography Procedure

Pediatric IV/IO PROCEDURE

Apply Cardiac Monitor and Assess Vital Signs

| DO NOT CONFUSE | EPINEPHrine | 1:1,000 | IM Epi | | 1:10,000 | | IM Epi | | 1:10,000 | | Cardiac Epi | | 10 mcg/mL | | Push Dose | Epi | | |

Mild

Rash, itching, **No** difficulty breathing or
throat tightening,
B/P – normal limits

diphenhydrAMINE (Benadryl)

1 mg/kg | slow IV, IM, IO Maximum Dose 50 mg

Consider - If history of severe reaction

EPINEPHrine Auto-Injector

if available

15 - 30 kg (33 - 66 lbs)

AUTO-INJECTOR JR

(0.15 mg dose) IM

> 30 kg (66 lbs)

AUTO-INJECTOR

(0.3 mg dose) IM q 5 min. prn Max 2 injections

Consider - If history of severe reaction

EPINEPHrine (Adrenaline)

1 mg / ml Concentration 0.01 mg/kg IM

Max Dose 0.5 mg

STOP

Never Given IV

Moderate / Severe

Radial Pulses Present Rash, itching, Airway compromise, Wheezing, Swelling, GI Symptoms Hypotension

EPINEPHrine AUTO-INJECTOR if available

15 - 30 kg (33 - 66 lbs)

AUTO-INJECTOR JR (0.15 mg dose) IM > 30 kg (66 lbs)

AUTO-INJECTOR (0.3 mg dose) IM q 5 min. prn Max 2 injections

EPINEPHrine (Adrenaline)

1 mg / ml Concentration

0.01 mg/kg IM Max Dose 0.5 mg

Never Given IV

diphenhydrAMINE (Benadryl)

1 mg/kg | slow IV, IM, IO

No Repeat - Maximum Dose 50 mg

DuoNeb (Albuterol/Ipratropium)

Nebulized Unit Dose

STOP

EMT use only with On-Line Medical Control

IV NORMAL SALINE BOLUS

10 - 20 mL/kg

May Repeat up to 3 times as required

Consider repeat **EPINEPHrine (Adrenaline)**

after 5 min. if no improvement

methylPREDNISolone (Solu-Medrol)

2 mg/kg | IV, IM

No Repeat - Maximum Dose 125 mg

Impending Arrest

Anaphylactic Shock

NO Radial Pulses Severe Hypotension Any AGE

Decreased LOC
Airway compromise

Secure Airway and Ventilate

EPINEPHrine (Adrenaline)

0.01 mg/kg | IV, IO

0.1 mg / ml (100 mcg / ml) concentration q 5 min. prn - Max Dose 0.5 mg

If ONLY AEMT Available

EPINEPHrine (Adrenaline)

1 mg / ml Concentration

0.01 mg / kg IM Max Dose 0.5 mg

IF ONLY EMT Available

EPINEPHrine Auto-Injector if available

15 - 30 kg (33 - 66 lbs)

AUTO-INJECTOR JR (0.15 mg dose)

> 30 kg (66 lbs)

AUTO-INJECTOR (0.3 mg dose)

q 5 min. - Max 2 injector

diphenhydrAMINE (Benadryl)

1 mg/kg slow IV, IM, IO

No Repeat - Maximum Dose 50 mg

IV NORMAL SALINE BOLUS

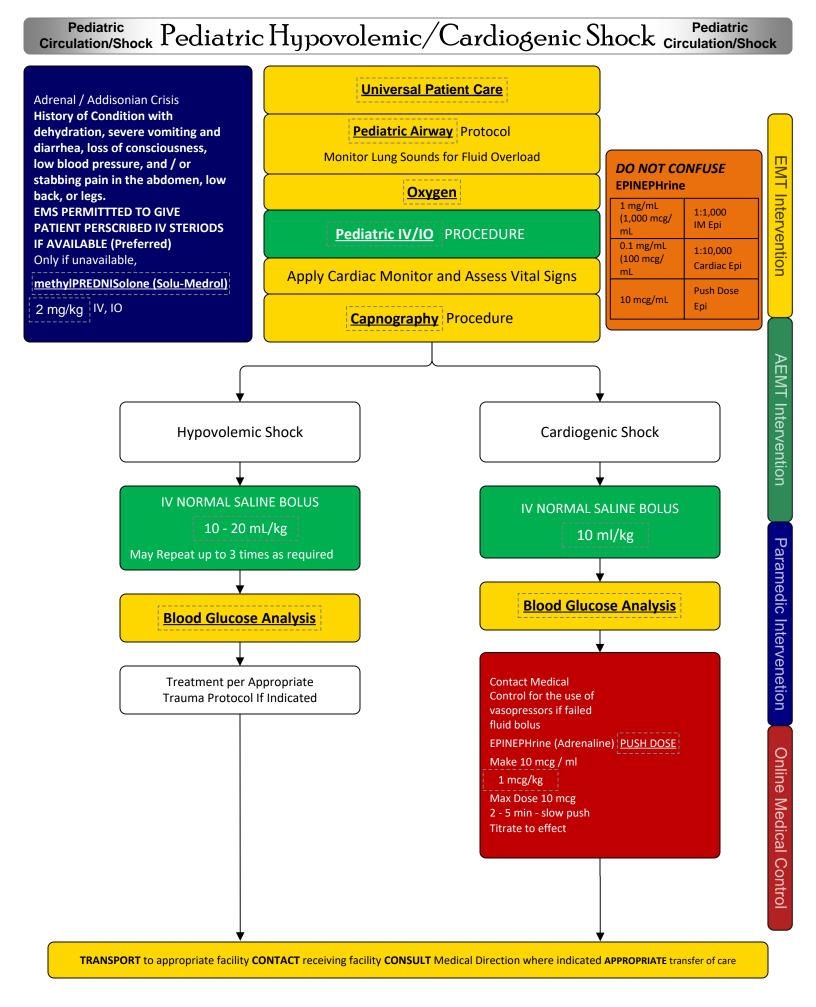
10 - 20 mL/kg

May Repeat up to 3 times as required

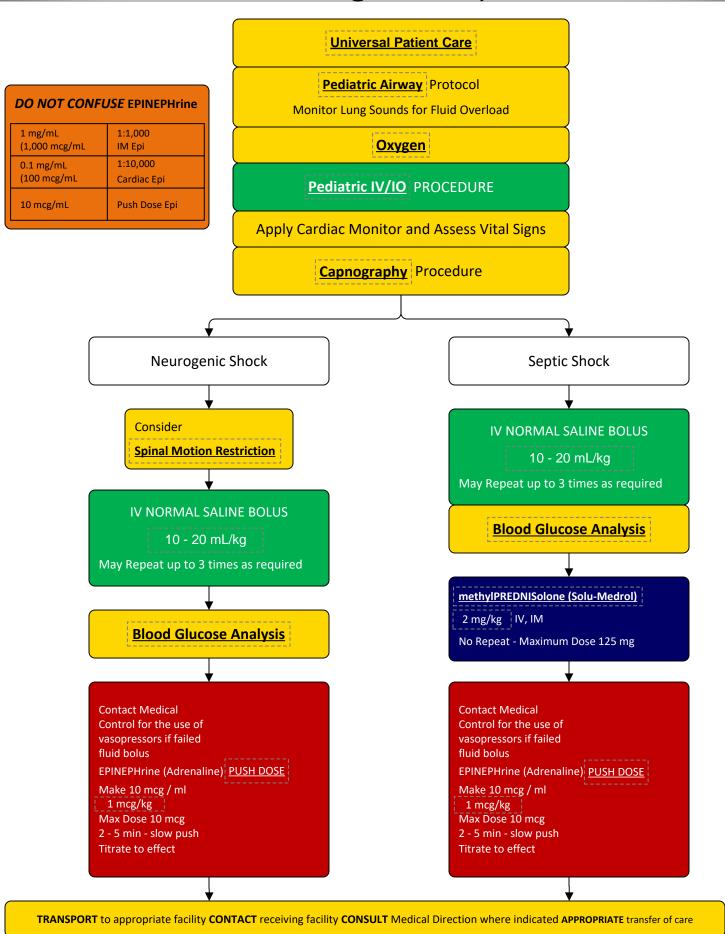
methylPREDNISolone (Solu-Medrol)

2 mg/kg | IV, IM No Repeat - Maximum Dose 125 mg

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care







SIRS Checklist

Clinical Findings

- Temp > 38.3C (100.9F) or < 36C ((6.8F)
- Heart Rate > 90 BPM
- Respiratory Rate > 20 BPM or
- Capnography < 32 mmHg
- **Altered Mental Status**
- SBP <90 or MAP <70
- **Need for CPAP**

Clinical Findings

- Pneumonia
- **Urinary Tract Infection**
- Cellulitis
- Septic Arthritis
- Diarrhea
- ABD pain
- **Wound Infection**
- **Decubitus Ulcer**
- Fever
- Decreased urine output last 8 hours
- Prolonged bleeding

Severe Sepsis Checklist

Clinical Findings (Present and NEW to Patient)

- SBP < 90
- SPO2 < 90
- No Urine Output last 8 hours
- Prolonged bleeding from gums
- Lactate ≥ 4

MAP Calculation

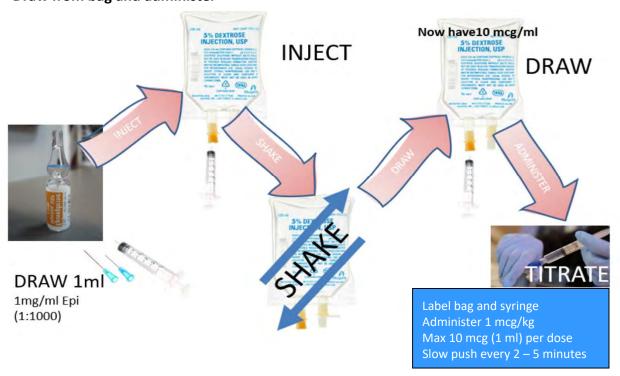
2 X Diastolic Blood Pressure + Systolic Blood Pressure / 3 = MAP

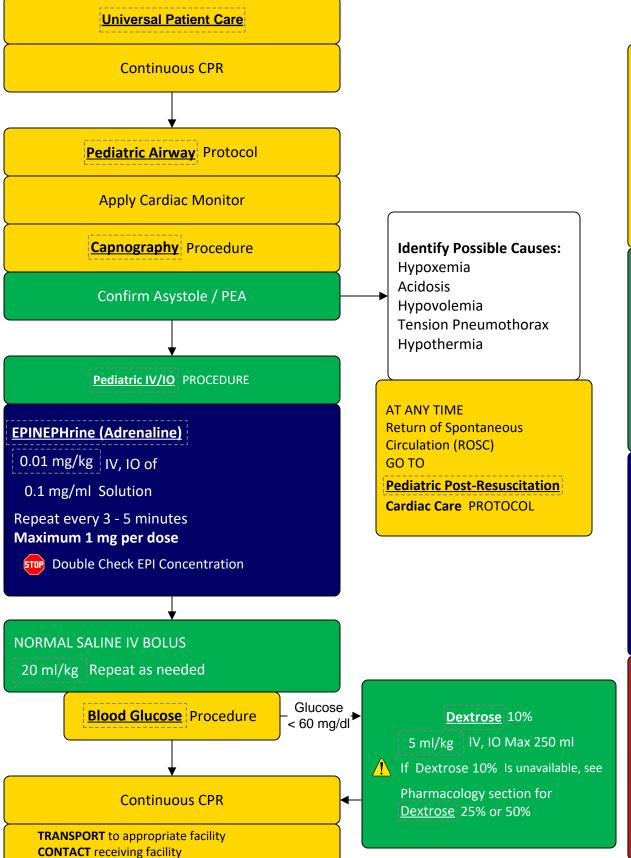
Push Dose EPINEPHrine (Adrenaline) Preparation Mix 1 mg EPINEPHrine (Adrenaline) of 1mg / mL in 100 ml of D5 or Normal Saline

This makes 10 mcg / mL concentration

Shake bag well to mix

Draw from bag and administer





CONSULT Medical Direction where **APPROPRIATE** transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Time of arrest Medical history Medications Possibility of foreign body Hypothermia 	PulselessApneic or agonal RespirationsCyanosis	Ventricular fibrillation Pulseless ventricular tachycardia

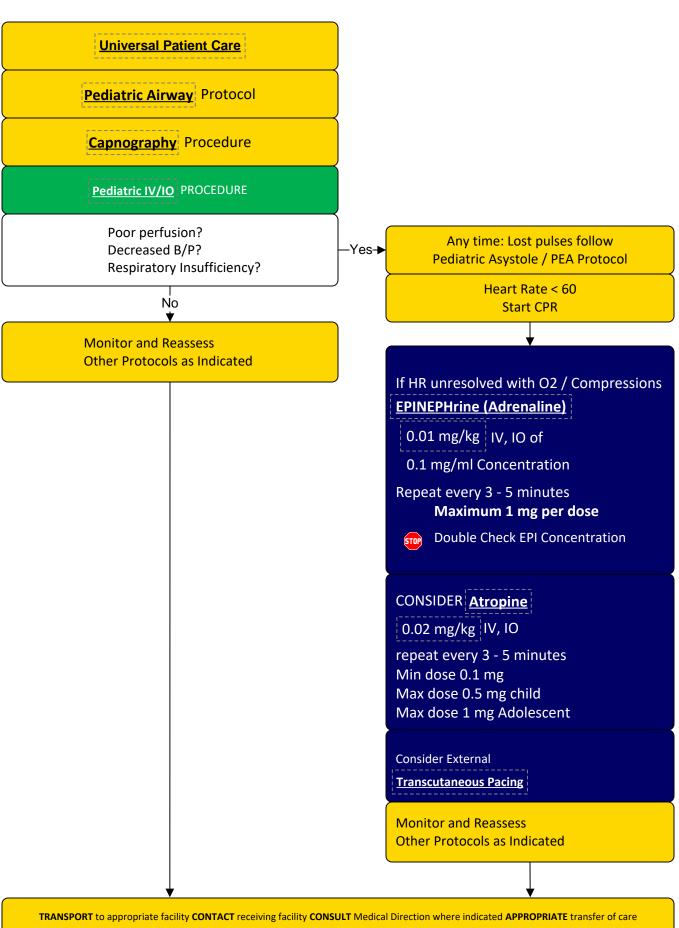
History		
 Hypovolemia Tension pneumothorax Myocardial infarction Drug overdose Hypothermia Acidosis 	 Cardiac tamponade Pulmonary embolism Tricyclic overdose Hypoxia Hypoglycemia Hyperkalemia 	

Do Not Confuse Epinephrine 1 mg / ml and 0.1 mg / ml

If Dextrose 25% Not Available, Draw 25 ml of Dextrose 50% out of syringe and dilute with additional 25 ml of normal saline

Fluid Resuscitate to systolic of 70 + 2 x age

- Exam: Mental Status
- Always confirm asystole in more than one lead.
- Cardiac arrest in children is primarily due to lack of an adequate airway, resulting in hypoxia.
- If the patient converts to another rhythm or has a return of circulation, refer to the appropriate protocol and treat accordingly.
- When assessing for a pulse palpate the brachial or femoral arteries for infants and the carotid or femoral artery for children.
- Continue BLS procedures throughout the resuscitation.
- If the patient is intubated, be sure to routinely reassess tube placement.
- If the patient has an IO, routinely reassess for patency.
- Consider atropine when evidence of increase vagal stimulation is present.



Pediatric Bradycardia

Pediatric Cardiac

Pediatric Bradycardia-Notes

Pediatric Cardiac

History	Signs & Symptoms	Differential Diagnosis
 Past medical history Foreign body exposure Respiratory distress or arrest Apnea Possible toxic or poison exposure Congenital disease Medication (maternal or infant) 	 Hypoxia Decreased heart rate Delayed capillary refill or cyanosis Mottled, cool skin Hypotension or arrest Altered level of consciousness Poor Perfusion Shock Short of breath Pulmonary fluid 	 Respiratory effort Respiratory obstruction Foreign body / secretions Croup / epiglottis Hypovolemia Hypothermia Infection / sepsis Medication or toxin Hypoglycemia Trauma

Do Not Confuse Epinephrine 1 mg / ml and 0.1 mg / ml

- Exam: Mental Status, HEENT, Skin, Heart, Lungs, Abdomen, Back, Extremities, Neuro
- Heart Rate < 100 (Neonates)
- Heart Rate < 80 (Infants)
- Heart Rate <60 (Children > 2 years)
- Infant = < 1 year of age
- Most maternal medications pass through breast milk to the infant.
- The majority of pediatric arrests are due to airway problems.
- Hypoglycemia, severe dehydration and narcotic effects may produce bradycardia.
- Pediatric patients requiring external transcutaneous pacing require the use of pads appropriate for pediatric patients per the manufacturers' guidelines.
- Identify and treat possible causes for pediatric bradycardia:
 - 1. Hypoxia
 - 2. Hypothermia
 - 3. Head injury
 - 4. Heart block
 - 5. Toxic ingestion / exposure
- Refer to pediatric reference material when unsure about patient weight, age and / or drug dosage.
- The minimum dose of Atropine that should be administered to a pediatric patient is 0.1 mg.
- If the rhythm changes, follow the appropriate protocol.
- Be sure of all medication doses, look it up in reference material.

Pediatric Cardiac Pediatric Narrow-Complex Tachycardia Pediatric Cardiac **Universal Patient Care** If rhythm changes, **Apply Cardiac Monitor** Go to Appropriate **Attempt to Identify Cause** Protocol Capnography | PROCEDURE Required **PROCEDURE** Pediatric IV/IO Unstable (Signs of Hypoperfusion) HR > 220 infant / HR > 180 child Stable (Signs of Perfusion) May go directly to Cardioversion AEMT Intervention HR > 220 infant / HR > 180 child Administer Adenosine (Adenocard) if vascular access already in place May attempt Vagal Maneuvers **Consider Sedation** Midazolam (Versed) \ 0.1 mg/kg \ IV, IO q 5 min. prn - Max Dose 5 mg IV, IO Adenosine (Adenocard) Midazolam (Versed) 0.2 mg/kg IN 0.1 mg/kg | IV, IO Rapid - Followed with flush q 5 min. prn - Max Dose 5 mg IN Maximum dose 6 mg LORazepam (Ativan) 0.05 mg/kg slow IV, IO, IN Upper extremity venous access Paramedic Intervenetion q 10 min. prn - Max Dose 2 mg Capnography Required If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Medication Section for DiazePAM (Valium) No response 1 –2 minutes Synchronized Cardioversion 0.5 - 1 J/kg Adenosine (Adenocard) No response 1 –2 minutes 0.2 mg/kg | IV Rapid - Followed with flush Synchronized Cardioversion (Manual) as needed Maximum dose 12 mg No Repeat 1 - 2 J/kg IV Normal Saline Bolus 10 - 20 mL/kg IV Normal Saline Bolus 10 - 20 mL/kg If signs dehydration or hypoperfusion If signs dehydration or hypoperfusion Repeat as needed

TRANSPORT to appropriate facility CONTACT receiving facility CONSULT Medical Direction where indicated APPROPRIATE transfer of care

Repeat as needed

Pediatric Cardiac Pediatric Narrow-Complex Tachycardia-Notes Pediatric Cardiac

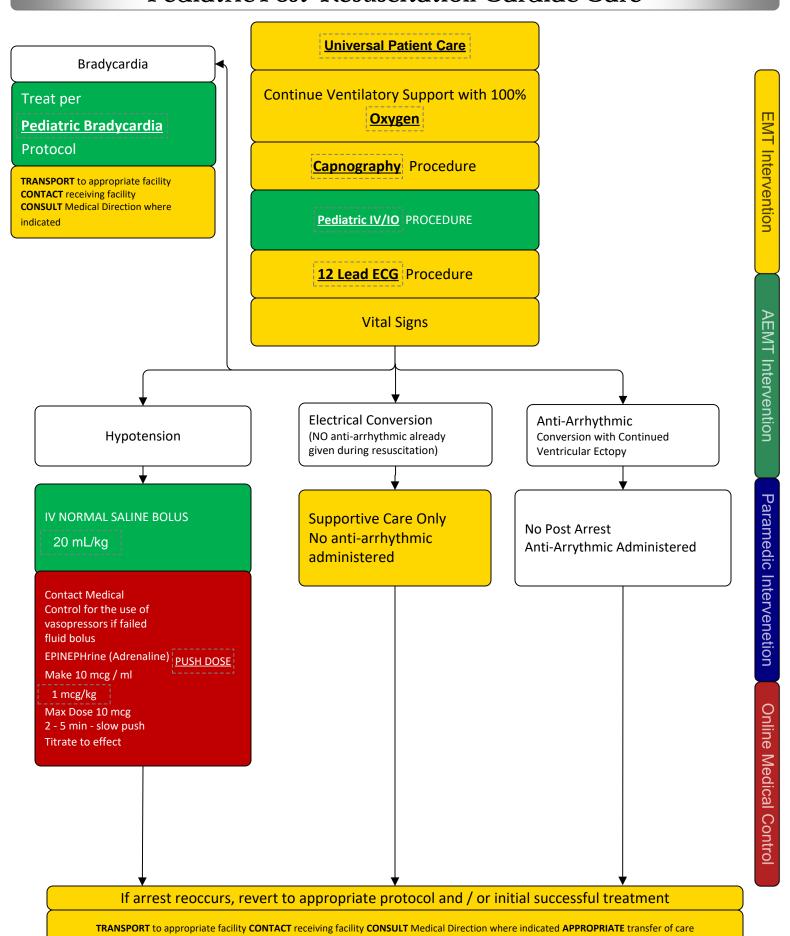
History	Signs & Symptoms	Differential Diagnosis
 Past medical history Medications or toxic ingestion (Aminophylline, diet pills, thyroid supplements, decongestants, digoxin) Drugs (nicotine, cocaine) Congenital heart disease Respiratory distress Syncope or near syncope 	 HR: Child > 180/bpm Infant > 220/bpm Pale or cyanosis Diaphoresis Tachypnea Vomiting Hypotension Altered level of consciousness Pulmonary congestion Syncope 	 Heart disease (congenital) Hypo / hyperthermia Hypovolemia or anemia Electrolyte imbalance Anxiety / pain / emotional stress Fever / infection / sepsis Hypoxia Hypoglycemia Medication / toxin / drugs (see HX) Pulmonary embolus Trauma Tension pneumothorax

If Hypotensive:

Fluid Resuscitate to systolic of 70 + 2 x age

- Exam: Mental Status, Skin, Neck, Lung, Heart, Abdomen, Back, Extremities, Neuro
- Carefully evaluate the rhythm to distinguish Sinus Tachycardia, Supraventricular Tachycardia, and Ventricular Tachycardia
- Separating the child from the caregiver may worsen the child's clinical condition.
- Pediatric pads should be used in children < 10 kg.
- Monitor for respiratory depression and hypotension associated if LORazepam (ATIVAN) or midazOLAM (VERSED) is used.
- Continuous pulse oximetry is required for all SVT Patients if available.
- Document all rhythm changes with monitor strips and obtain monitor strips with each therapeutic intervention.
- Possible causes of tachycardia; hypoxia, hypovolemia, fever, and pain.
- A complete medical history must be obtained.
- Do not delay cardioversion to gain vascular access for the unstable patient.
- If you are unable to get the monitor to select a low enough joule setting, contact Medical Control.
- If the patient is stable, do not cardiovert.
- Record 3-Lead EKG strips during adenosine administration.
- Perform a 12-Lead EKG prior to and after Adenosine (Adenocard) conversion or cardioversion of SVT.
- If the rhythm changes, follow the appropriate protocol.

Pediatric Cardiac Pediatric Post-Resuscitation Cardiac Care Pediatric Cardiac

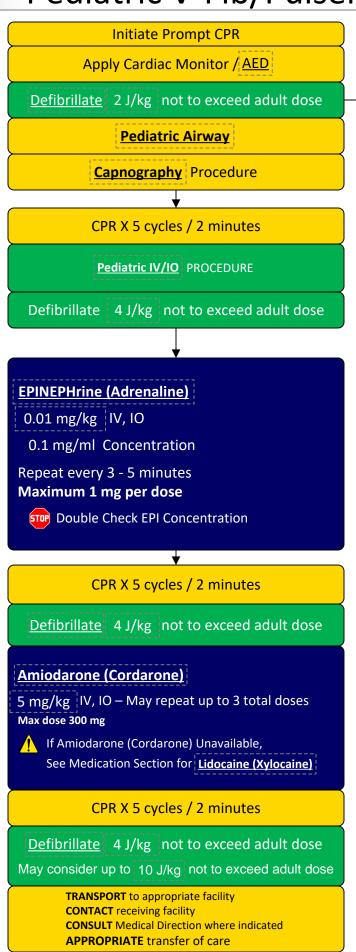


RECEIVING HOSPITAL MUST BE ABLE TO CONTINUE COOLING!

Use of this protocol is dependent on the ability of the receiving hospital to continue the cooling. Do not begin cooling if the receiving hospital is unable to continue cooling.

Use this protocol in conjunction with standard post resuscitation care. Maintain BP and heart rhythm with treatments in the Pediatric Post-Resuscitation Cardiac Care protocol. If patent loses pulses / re-arrests discontinue cooling and treat per appropriate arrest protocol.

COMATOSE PATIENT WITH A RETURN OF SPONTANIOUS CIRCULATION (ROSC) Place advanced airway or treat by **Pediatric Post-Resuscitation** Advanced airway in Place? **Cardiac Care** Intubated, or Extraglottic (BIAD) AIRWAY protocol only if unable to **Capnography** Procedure place advanced airway Maintain CO₂ 35 - 45 Do not cool patient who arrested from trauma, hypovolemia, preexisting hypothermia, or is pregnant. Do not delay transport to begin TTM protocol **Apply Cooling Collar Apply Cold Packs** Neck, Bilateral Axilla, Bilateral Groin Midazolam (Versed) 0.1 mg/kg | IV, IO q 5 min. prn - Max Dose 5 mg Midazolam (Versed) Is patient shivering? 0.2 mg/kg | IN q 5 min. prn - Max. Dose 5 mg **TRANSPORT** LORazepam (Ativan) Transport to facility with TTM resuscitation protocol 0.05 mg/kg | IV, IO, IM, IN q 10 min. prn - Max. Dose 2 mg **TRANSPORT** to appropriate facility If Midazolam (Versed) or **CONTACT** receiving facility LORazepam (Ativan) **CONSULT** Medical Direction where indicated Unavailable, APPROPRIATE transfer of care See Medication Section for DiazePAM (Valium)



Confirm V-Fib / Pulseless V-Tach

Identify Possible Causes:

Hypoxemia Acidosis Hypovolemia Tension Pneumothorax Hypothermia

AT ANY TIME
Return of Spontaneous
Circulation (ROSC)
GO TO

Pediatric Post-Resuscitation

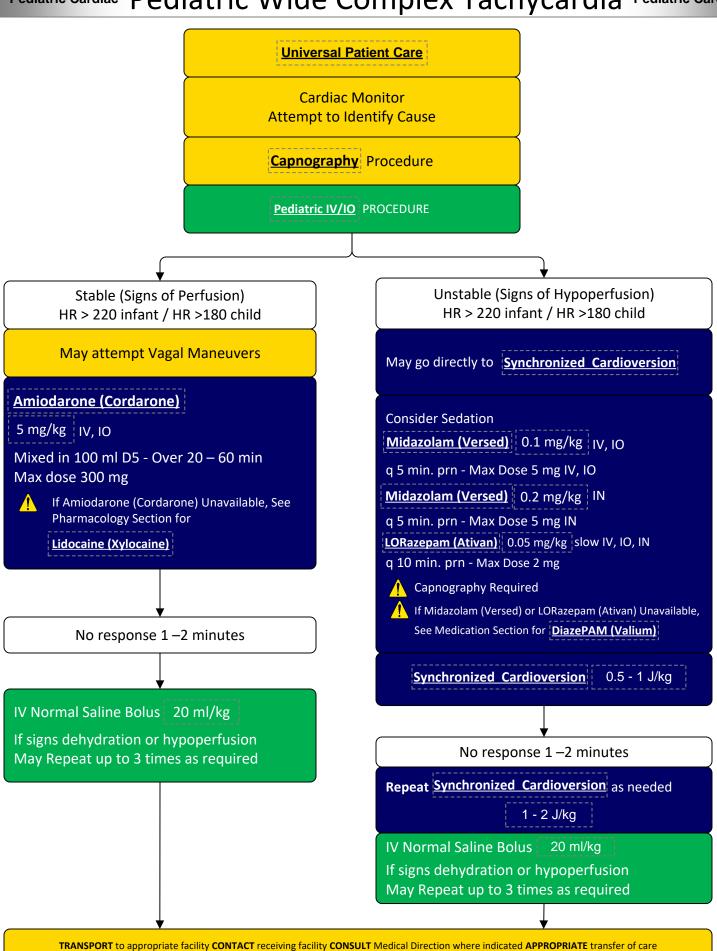
Cardiac Care PROTOCOL

Pediatric Cardiac Pediatric V-Fib/Pulseless V-Tach-Notes Pediatric Cardiac

History	Signs & Symptoms	Differential Diagnosis
 Time of arrest Medical history Medications Possibility of foreign body Hypothermia 	Unresponsive Cardiac arrest	 Respiratory failure Foreign body Secretions Infection (croup, epiglotitis) Hypovolemia (dehydration) Congenital heart disease Trauma Tension pneumothorax Hypothermia Toxin or medication Hypoglycemia Acidosis

Do Not Confuse Epinephrine 1 mg / kg and 0.1 mg / kg

- Exam: Mental Status
- Monophasic and Biphasic waveform defibrillators should use the same energy levels noted.
- In order to be successful in pediatric arrests, a cause must be identified and corrected.
- Airway is the most important intervention. This should be accomplished immediately. Patient survival is often dependent on airway management success.
- If the patient converts to another rhythm, follow the appropriate protocol and treat accordingly.
- If the patient converts back to ventricular fibrillation or pulseless ventricular tachycardia, defibrillate at the previously used setting.
- Defibrillation is the definitive therapy for ventricular fibrillation and pulseless ventricular tachycardia.
- Defibrillate 30 60 seconds after each medication administration.
- The proper administration sequence is CPR (continuous), shock, drug, shock, drug.



Pediatric Cardiac Pediatric Wide-Complex Tachycardia-Notes Pediatric Cardiac

History	Signs & Symptoms	Differential Diagnosis
 Past medical history Medications or toxic ingestion (Aminophylline, diet pills, thyroid supplements, decongestants, digoxin) Drugs (nicotine, cocaine) Congenital heart disease Respiratory distress Syncope or near syncope 	 HR: Child > 180/bpm Infant > 220/bpm Pale or cyanosis Diaphoresis Tachypnea Vomiting Hypotension Altered level of consciousness Pulmonary congestion Syncope 	 Heart disease (congenital) Hypo / hyperthermia Hypovolemia or anemia Electrolyte imbalance Anxiety / pain / emotional stress Fever / infection / sepsis Hypoxia Hypoglycemia Medication / toxin / drugs (see HX) Pulmonary embolus Trauma Tension pneumothorax

Fluid Resuscitate to systolic of 70 + 2 x age

- Exam: Mental Status, Skin, Neck, Lung, Heart, Abdomen, Back, Extremities, Neuro
- Carefully evaluate the rhythm to distinguish Sinus Tachycardia, Supraventricular Tachycardia, and Ventricular Tachycardia
- Separating the child from the caregiver may worsen the child's clinical condition.
- Pediatric paddles should be used in children < 10 kg.
- Monitor for respiratory depression and hypotension associated if LORAZEPAM (ATIVAN) or MIDAZOLAM (VERSED) is used.
- Continuous pulse oximetry is required for all SVT Patients if available.
- Document all rhythm changes with monitor strips and obtain monitor strips with each therapeutic intervention.
- Possible causes of tachycardia; hypoxia, hypovolemia, fear, and pain.
- A complete medical history must be obtained.
- Do not delay cardioversion to gain vascular access for the unstable patient.
- If you are unable to get the monitor to select a low enough joule setting, contact Medical Control.
- If the patient is stable, do not cardiovert.
- Record 3-Lead EKG strips during adenosine administration.
- Perform a 12-Lead EKG prior to and after Amiodarone (Cordarone) conversion or cardioversion of SVT.
- If the rhythm changes, follow the appropriate protocol.

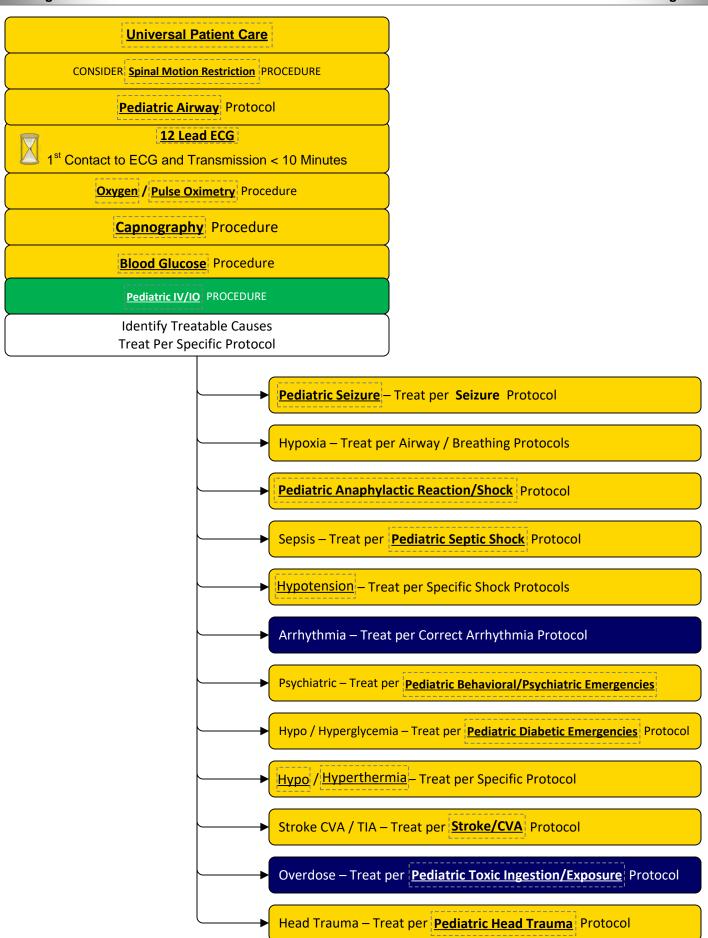
Pediatric Medical Emergencies

Pediatric General Medical

Pediatric Medical Emergencies

Pediatric Medical

Emergencies



History	Signs & Symptoms	Differential Diagnosis
 Known diabetic, medic alert tag Drugs, drug paraphernalia Report of illicit drug use or toxic ingestion Past medical history Medications History of trauma 	 Unresponsive Decreased responsiveness Inadequate respirations Confusion Agitation Decreased mental status Change in baseline mental status Hypoglycemia (cool, diaphoretic skin) 	 Head trauma CNS (stroke, tumor, seizure, infection) Infection Shock (septic, metabolic, traumatic) Diabetes (hyper / hypoglycemia) Toxicologic Acidosis / alkalosis Environmental exposure Pulmonary (Hypoxia) Electrolyte abnormality Psychiatric disorder

Key Points

- Exam: Mental Status, HEENT, Skin, Heart, Lungs, Abdomen, Back, Extremities, Neuro
- Be aware of AMS as potential sign of an environmental toxin or Haz-Mat exposure and protect personal safety.
- It is safer to assume hypoglycemia than hyperglycemia if doubt exists.
- Do not let alcohol confuse the clinical picture.
- Consider restraints if necessary for patient's and / or personnel's protection per the restraint procedure.
- Protect the patient airway and support ABCs.
- Document the patient's Glasgow coma score pre and post treatment.
- Signs and symptoms of narcotic overdose include respiratory depression and altered mental status.
- Naloxone (Narcan) administration may cause the patient to go into acute opiate withdraw, which includes vomiting, agitation, and / or combative behavior. Always be prepared for combative behavior.
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypo ventilate. **Repeat dosing may be necessary**. All A&O 4 patients having received Naloxone (Narcan) should be transported. If patient refuses transport, contact Online Medical Control before release.

ONLY A FEW CAUSES CAN BE TREATED IN THE FIELD. CARE SHOULD FOCUS ON MAINTAINING AIRWAY AND RAPID TRANSPORT

Pediatric Medical

Emergencies

For Use in Psychosis Only

NOT For Medical Emergencies Such As Hypoxemia, Sepsis, Seizure, Encephalitis, Hypoglycemia, or Stroke

If patient is **Hyperthermic** begin cooling with ice packs in groin and axilla.

SCENE SAFETY
SUMMON LAW ENFORCEMENT

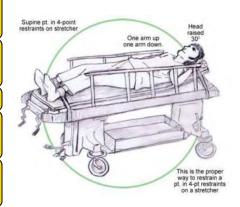
Universal Patient Care

Remove patient from Stressful environment

Verbal techniques (Reassurance, calm, establish rapport)

Treat Suspected Problems per Appropriate Protocol

AMS - Overdose - Head Trauma - Hypoglycemia



Agitation – Not Combative

diphenhydrAMINE (Benadryl) 1 mg/kg | slow IV, IM, IO

No Repeat - Max Dose 50 mg

If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Pharmacology Section for diazePAM (Valium)

<u>Capnography</u> PROCEDURE Required Combative – not Violent **Violent under 16 years** Risk to Self or others

Patient Restraint Procedure

Midazolam (Versed)

0.1 mg/kg | IV, IO q 5 min. prn - Max Dose 5 mg

or 0.2 mg/kg | IM, IN

q 5 min. prn - Max Dose 5 mg

LORazepam (Ativan)

0.05 - 0.1 mg/kg slow IV, IO, IN, IM q 10 min. prn - Max Dose 2 mg

lack

If Midazolam (Versed) or LORazepam (Ativan) Unavailable,
See Pharmacology Section for diazePAM (Valium)

Capnography PROCEDURE
Required

Combative - Violent Significant Threat to Providers 16 years and above, and over 50 kg

Patient Restraint Procedure

Ketamine (Ketalar) 2 mg/kg IM

USE 100 mg/ml Concentration

May Repeat 1 mg/kg IM in 5 Min if NO RESPONSE Max per dose 250 mg

If Signs of Emergence After KETAMINE Administer

Midazolam (Versed)

0.1 mg/kg | IV, IO q 5 min prn Max Dose 5 mg

0.2 mg/kg IM, IN q 5 min prn Max Dose 5 mg

LORazepam (Ativan) 0.05 - 00.1 mg/kg slow IV, IO, IN, IM Max Dose 2 mg

If Midazolam (Versed) or LORazepam (Ativan) Unavailable, See Pharmacology Section for

diazePAM (Valium)

A

I Notify receiving Physician Ketamine (Ketalar) administered so patient presentation is not misconstrued as other etiology

<u>Capnography</u> PROCEDURE Required

Constant reassessment of ABC's, personal, and patient safety

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Direction where indicated

ALL RESPONDERS SHOULD HAVE A HEIGHTENED AWARENESS OF SCENE SAFETY		
History	Signs & Symptoms	Differential Diagnosis
 Situational crisis Psychiatric illness / medications Injury to self or threats to others Medic alert tag Substance abuse / overdose Diabetes 	 Anxiety, agitation, confusion Affect change, hallucinations Delusional thoughts, bizarre behavior Combative violent Expression of suicidal / homicidal thoughts 	 See Altered Mental Status differential diagnosis Alcohol Intoxication Toxin / substance abuse Medication effect / OD Withdrawal syndromes Depression Bipolar (manic-depressive) Schizophrenia
Agitated-Non-Combative Patient is experiencing a period of high anxiety seemingly from a psychiatric event not otherwise treatable by EMS who is not a treat to self or others	Combative – Not Violent Patient is a treat to self or others and can be controlled and restrained with appropriate help without significant risk to the providers	 Anxiety disorders Combative – Violent Patient is in a violent state that puts providers at significant risk despite appropriate help

Criteria for Restraint Use:

- Patient out of control and may cause harm to self or others.
- Necessary force required for patient control without causing harm.
- Position of patient must not impede airway or breathing.
- Restraints must not impede circulation.
- Place mask on patient for body secretion protection. May use TB mask, or Non-rebreather if patient needs oxygen.
- Use supine or lateral positioning ONLY.
- MSP checks are required every 15 min.
- DOCUMENT methods used.

Criteria for medication usefor anxiolysis / combative patients:

- Patient out of control and may cause harm to self or others.
- Patient is NOT a medical patient (treat underlying causes).
- Patient is an ADULT patient.
- Ketamine (Ketalar) or Haloperidol (Haldol) can be given safely without harm to patient or EMS.
- \bullet Use necessary force required for patient control without causing harm.
- Position of patient must not impede airway or breathing.
- DOCUMENT methods used.
- Medication should be used in conjunction with physical restraint when availble.

Emergence Symptoms	Extrapyramidal Symptoms (EPS)	Neuroleptic Malignant Syndrome
Confusion	Involuntary Movements	Increased Body Temp > 38C (100.4F)
Excitement	Purposeless Movements	Muscle Rigidity
Irrational Behavior	Tongue Protrusion - Rapid Eye Blinking	Diaphoresis
Hallucinations	Facial Grimacing - Lip Smacking / Puckering	Altered LOC

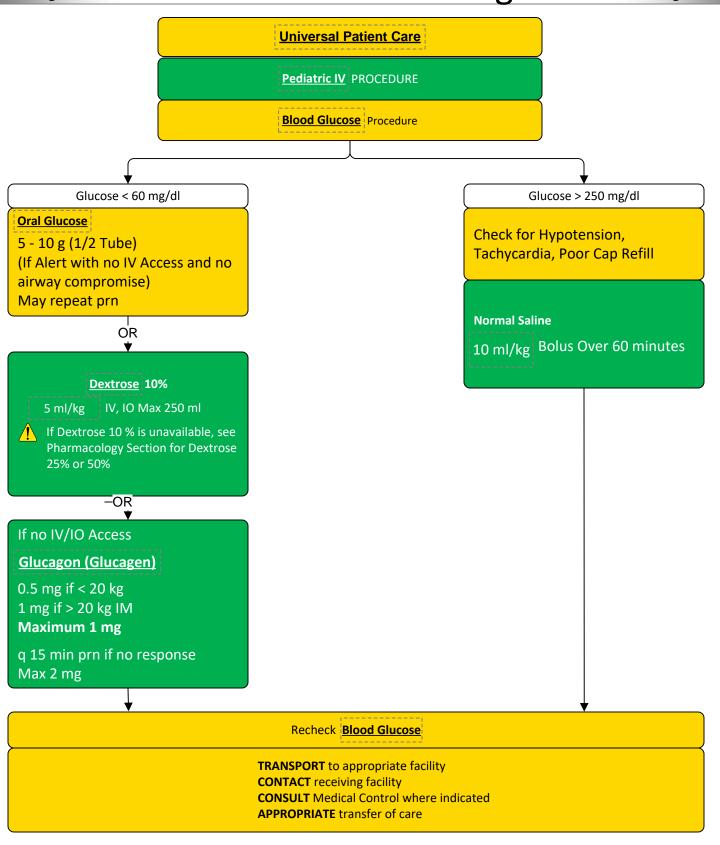
See: Pediatric Behavioral/Psychiatric Emergencies-RASS

- Exam: Mental Status, Skin, Heart, Lungs, Neuro
- All psychiatric patients must have medical clearance at a hospital ED before transport to a mental health facility.
- Your safety first!!
- Be sure to consider all possible medical / trauma causes for behavior. (Hypoglycemia, overdose, substance abuse, hypoxia, head injury, seizure, etc.)
- Do not irritate the patient with a prolonged exam.
- Do not overlook the possibility of associated domestic violence or child abuse.
- The safety of on scene personnel is the priority. Protect yourself and others by summoning law enforcement to assure everyone's safety and if necessary, to enable you to render care. Do not approach the patient if he / she is armed with a weapon.
- Consider the medical causes of acute psychosis. Causes may include; head trauma, hypoglycemia, acute intoxication, sepsis, CNS insult and hypoxia.
- Suicide ideation or attempts must be transported for evaluation.
- Be alert for rapidly changing behaviors.
- Limit patient stimulation and use de-escalation techniques.
- If the patient has been placed in handcuffs by a law enforcement agency, then a member from that agency MUST ride with the patient in the ambulance to the hospital.
- Consider treatment of agitation / anxiety combativeness for patients requiring restraint procedure.
- Ketamine (Ketalar) use in pregnancy is a risk / benefit assessment per case. Consult Medical Direction if there are questions.

	RASS (Richmond Agiation Sedation Score)		
+4	Combative	Overtly combative, violent, immediate danger to staff	
+3	Very Agitated	Pulls or removes tube(s) or catheter(s); aggressive	
+2	Agitated	Frequent non-purposeful movement, fights ventilator	
+1	Restless	Anxious but movements not aggressive vigorous	
0	Alert and Calm		
-1	Drowsy	Not fully alert, but has sustained awakening (eye-opening/eye contact) to voice (>10 seconds)	
-2	Light Sedation	Briefly awakens with eye contact to voice (<10 seconds)	
-3	Moderate Sedation	Movement or eye opening to voice (but no eye contact)	
-4	Deep Sedation	No response to voice, but movement or eye opening to <i>physical</i> stimulation	
-5	Unarousable	No response to voice or physical stimulation	

Pediatric Medical

Emergencies



Hypoglycemia

History	Signs & Symptoms	Differential Diagnosis
 Known diabetic, medic alert tag Past medical history Medications Recent BGL 	 Altered level of consciousness Dizziness Irritability Diaphoresis Convulsions Hunger Confusion 	 ETOH Toxic overdose Trauma Seizure Syncope CSN disorder Stroke Tumor Pre-existing condition

Hyperglycemia

History	Signs & Symptoms	Differential Diagnosis
 Known diabetic, medic alert tag Past medical history Medications Recent BGL 	 Altered level of consciousness / coma Abdominal pain Nausea / vomiting Dehydration Frequent thirst and urination General weakness malaise Hypovolemic shock Hyperventilation Deep / rapid respirations 	 ETOH Toxic overdose Trauma Seizure Syncope CSN disorder Stroke Diabetic ketoacidoss

Fluid Resuscitate to systolic of 70 + 2 x age

Key Points

Hyperglycemia:

- Diabetic Ketoacidosis (DKA) is a complication of diabetes mellitus. It can occur when insulin levels become inadequate to meet the metabolic demands of the body for a prolonged amount of time (onset can be within 12 24 hours). Without enough insulin the blood glucose increases, and cellular glucose depletes. The body removes excess blood glucose by dumping it into the urine. Pediatric patients in DKA should be treated as hyperglycemic under the Pediatric Diabetic Emergencies Protocol.
- Patients can have Hyperglycemia without having DKA.

Hypoglycemia:

- Always suspect Hypoglycemia in patients with an altered mental status.
- If a blood glucose analysis is not available, a patient with altered mental status and signs and symptoms consistent with hypoglycemia should receive Dextrose, or Glucagon (Glucagen).
 - o Dextrose is used to elevate BGL but it will not maintain it. The patient will need to follow up with a meal, if not transported to a hospital.
- If the patient is alert and has the ability to swallow; consider administering oral glucose, have patient drink orange juice with sugar or a sugar containing beverage, or have the patient eat a candy bar or meal.
- Check the patient's BGL after the administration of Dextrose, Glucagon (Glucagen), or after any attempt to raise the patient's BGL.

Miscellaneous:

- If IV access is successful after Glucagon (Glucagen) IM / IN and the patient is still symptomatic, Dextrose should be administered.
- Glucagon unlikely to be useful in malnourished patients.

Pediatric Hyperkalemia

Pediatric Medical Emergencies

Prophylactically apply pacing / defib pads and prepare for decompensation

Pacing may be ineffective until after pharmacologic treatments have been used

Patient has history consistent with hyperkalemia

Available Recent Lab Work

Missed Dialysis

Kidney Failure (Consider Causes - Dehydration, Failure to Thrive)

Burns / Trauma

Uncontrolled Diabetes / Insulin Deficiency

Addison's Disease

Crush Injury / Compartment Syndrome

Medications (K+ Sparing diuretics, ACE inhibitors,

Antibiotics, ARB's, NSAIDS, Immunosuppressants)

Excessive Potassium Intake

Universal Patient Care

Pediatric Airway PROTOCOL

Monitor Lung Sounds for Fluid Overload

Oxygen

Pediatric IV/IO PROCEDURE

12 Lead ECG PROCEDURE

1st Contact to EKG and Transmission < 10 Min

Capnography Procedure

EKG CHANGES

Wide Complex QRS or Peaked T Waves or Bradycardia Or any combination of these Suspected Hyperkalemia





ONLY IF EKG IS SINE WAVE

Albuterol (Proventil)

Serial Albuterol Treatment Only During Entire Transport 10 mg (x4 2.5 mg Unit Doses) Albuterol ONLY – NOT DUONEB

Flush IV then

Calcium Gluconate 60 mg/kg Max 3 grams IV, IO over 10 min or

Calcium Chloride 20 mg/kg IV, IO Max 1 Gram May repeat if available and EKG changes reoccur

IV Normal Saline Bolus IF SIGNS OF DEHYDRATION AND NO CONTRAINDICATIONS 20 mL/kg

To Maintain MAP > 65

or SBP 90 if MAP Unavailable or Radial Pulses

Flush IV then Calcium Gluconate or 60 mg/kg | Max 3 grams IV, IO over 10 min Calcium Chloride

20 mg/kg | IV, IO Max 1 Gram

May repeat if available and EKG changes reoccur



DO NOT MIX IN THE SAME LINE AT SAME TIME

Flush IV then Sodium Bicarbona 1 mEq/kg 1 mEq/kg - IV, IO May repeat if available and EKG changes reoccur

TRANSPORT to appropriate facility, CONTACT receiving facility, CONSULT Medical Direction where indicated APPROPRIATE transfer of care

IF EKG WIDE OR

BECOMES SINE WAVE

History	Signs & Symptoms	Differential Diagnosis
Missed Dialysis Metabolic acidosis Addison's disease Burns DKA Dehydration ACE inhibitor use Diuretic Use NSIDS chronic use Digitalis toxicity Antibiotic use ARB use Kidney failure Trauma (Crush / Compartment Syndrome) Immunosuppressant use Excessive potassium intake	Peaked T-waves Narrow and tall Taller than 5 mm in the limb leads Taller than 10 mm in the precordial leads Flattened P-waves Widening of P-waves prior to their disappearance The lack of P-waves can result in the appearance of a junctional rhythm Prolonged PR Interval Widened QRS complexes Depressed ST-segment Sine waves Broad QRS complex and tall T-wave AV blocks Ventricular dysrhythmias Remember that slower wide rhythms are often common with hyperkalemia—keep this on the list of differentials! Asystole	

Stages of hyperkalemia and their potassium lab values:

Normal potassium levels: 3.5–5.5 mEq/L
Mild hyperkalemia: 5.5–6.5 mEq/L
Moderate hyperkalemia: 6.5–8.0 mEq/L
Severe hyperkalemia: more than 8.0 mEq/L

- A wide, fast, regular rhythm does not always equate to ventricular tachycardia. Remember that hyperkalemia can be a v-tach mimic.
- In cases where we have a great story for hyperkalemia, it is potentially beneficial to start resuscitation with the thought of treating hyperkalemia prior to standard ACLS.
- Certain medications traditionally used to treat ventricular tachycardia, such as amiodarone, can lose effectiveness in the presence of hyperkalemia.
- · Calcium, whether chloride or gluconate, stabilizes the cardiac membrane and reduces myocardial irritability.
- Albuterol is a beta-adrenergic agonist that assists with the movement of potassium from the extracellular space into the intracellular space.
- While there is substantial evidence to limit the routine use of sodium bicarbonate in out-of-hospital cardiac arrest and diabetic ketoacidosis, there is benefit in giving it in hyperkalemia.
- Focus less on the numerical value and more on the severity of symptoms based on the change rate of the potassium value.

Providers may use purpose made continuous core body temperature monitoring devices is already in place or if provided. Regular spot check thermometers are insufficient. If purpose made continuous core body temperature devices unavailable, then use mental status as the indicator to remove from cooling

Universal Patient Care

Document Patient Temperature

Remove Patient from Heat Source

Remove Patient Clothing

Increase Air Flow around Patient

Capnography Procedure

If immersion cooling has been initiated prior to EMS arrival by on scene providers, do not interrupt cooling for assessment or treatment until cooling period has completed per this protocol

HEAT EXAUSTION (NO AMS)

Apply coldest water available or ICE water if possible Apply ICE PACKS to Patient (Groin, Axilla, and Posterior neck) Consider Cooling Collar HEAT STROKE (+AMS)
Immersion Unavailable

Apply coldest water available or ICE water if possible
Apply ICE PACKS to Patient (Groin, Axilla, and Posterior neck)
Consider Cooling Collar

HEAT SROKE (+AMS)
Immersion Available

COLD WATER / ICE IMMERSION AVAILABLE
Or

CAN BE PREPARED IN 5 mins
Use any local assets / supplies to accomplish
this STAYING AND GETTING CORE TEMP
DOWN IS IMPERATIVE

Submerge as far up to neck as possible – keep head above water with towel or sheet under arms
Agitate the water
Keep immersed for 10 – 20 mins or

return of normal mental status

OR

Core temp < 102F (40C) if purpose made

continuous core temp monitoring device available

If mental status fails to return to normal after 20 mins, look for other causes and / or contact Medical Control

Do not interrupt submersion cooling for vomiting, bowel movement, combativeness, or seizures

IV/IO PROCEDURE
IV Normal Saline
Bolus 20 mL/kg

CHILLED SALINE IF AVAILABLE

IV/IO Procedure

IF HYPOTENSIVE - IV Normal Saline

Bolus 20 mL/kg

IF NORMOTENSIVE - IV Normal Saline

TKU

CHILLED SALINE IF AVAILABLE

IV/IO Procedure

IF HYPOTENSIVE - IV Normal Saline

Bolus 20 mL/kg

IF NORMOTENSIVE - IV Normal Saline

IKU

CHILLED SALINE IF AVAILABLE

Transport with early notification to receiving hospital to begin preparing ice bath / cooling measures as needed

Blood Glucose Procedure

Cardiac Monitor / 12 Lead ECG Procedure

Monitor and Reassess

TRANSPORT to appropriate facility, CONTACT receiving facility, CONSULT Medical Direction where indicated APPROPRIATE transfer of care

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Paramedic Intervenetion

AEMT Intervention

History	Signs & Symptoms	Differential Diagnosis
 Age Exposure to increased temperatures and humidity Past medical history / medications Extreme exertion Time and length of exposure Poor PO intake Fatigue and / or muscle cramping 	 Altered mental status or unconsciousness Hot, dry, or sweaty skin Hypotension or shock Seizures Nausea 	 Fever (infection) Dehydration Medications Hyperthyroidism (storm) Delirium tremens (DT's) Heat cramps Heat exhaustion Heat stroke CNS lesions or tumors

Heat Exhaustion: Dehydration	Heat Stroke: Cerebral Edema
 Muscular / abdominal cramping General weakness Diaphoresis Febrile Confusion Dry mouth / thirsty Tachycardia BP normal or orthostatic hypotension 	 Confusion Bizarre behavior Skin hot dry, febrile Tachycardia Hypotensive Seizure Coma

Fluid Resuscitate to systolic of 70 + 2 x age

- Patients at risk for heat emergencies include neonates, infants, geriatric patients, and patients with mental illness. Other
 contributory factors may include heart medications, diuretics, cold medications, tricyclic antidepressants, phenothiazines,
 anticholinergic medications, and alcohol.
- Cocaine, amphetamines, and salicylates may elevate body temperatures.
- Heat exposure can occur either due to increased environmental temperatures or prolonged exercise or a
- combination of both. Environments with temperature > 90th F and humidity > 60% present the most risk.
- Sweating generally disappears as body temperature rises
- Heat Cramps consists of benign muscle cramping 2th to dehydration and is not associated with an elevated temperature.
- **Heat Exhaustion** consists of dehydration, salt depletion, dizziness, fever, headache, cramping, nausea, and vomiting. Vital signs usually consist of tachycardia, hypotension, and an elevated temperature.
- Heat Stroke consists of dehydration, tachycardia, hypotension, elevated temperature, and altered mental status. Requires cooling
- On scene cooling by submersion in ice water for heat stroke is imperative. Take time to prepare and submerge patient if suitable tub, ice, and water are available or can be set up in less than the transport time to the hospital or 5 mins. The hospital is unlikely to have immediate availability of an ice bath. Utilize available resources as soon as available to prevent patient deterioration.
- A body bag with ice and water can be used as a makeshift tub if necessary or during transport if additional cooling is required.
- Agitating the water will help with convection and cooling
- Shivering may occur as patient is cooled. Do not discontinue cooling until mental status or target core temperature is achieved.
- Heat stroke occurs when the cooling mechanism of the body (sweating) ceases due to temperature overload and / or electrolyte imbalances. Be alert for cardiac dysrhythmias for the patient with heat stroke.
- In patents with significant hyperthermia (temp > 104th F) begin actively cooling with natural or chemical ice packs applied to the patients' groin, armpits (axilla), and back of neck if submersion is unavailable.
- Use best cooling options available prior to transport when feasible cool patient before transport.

Universal Patient Care

Remove wet clothing

Evidence or decreased core temperature?

Handle Patient Gently

Apply hot packs indirectly to skin and / or blankets and turn up vehicle heat

CARDIAC MONITOR

<u>Capnography</u> Procedure

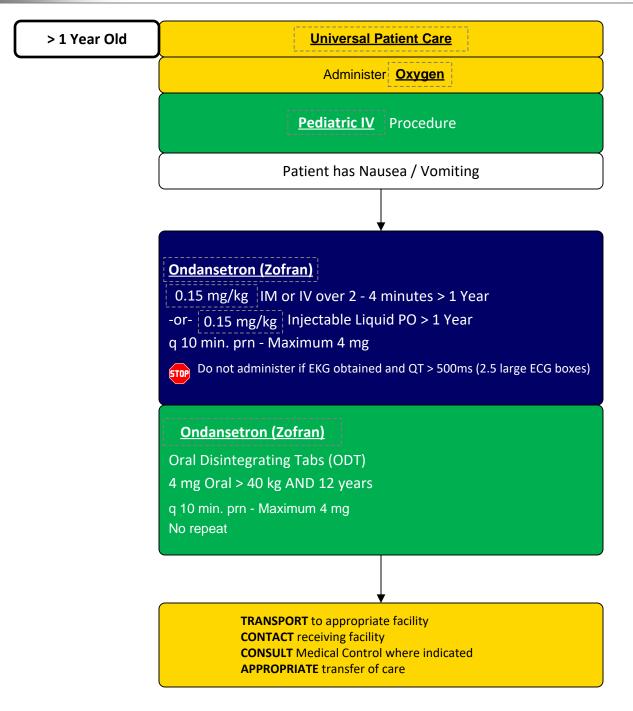
Pediatric IV/IO PROCEDURE

Appropriate Protocol
Based on Patient Signs and Symptoms

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Control where indicated
APPROPRIATE transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Past medical history Medications Exposure to environment even in normal temperatures Exposure to extreme cold Extremes of age Drug use: alcohol, barbiturates Infections / sepsis Length of exposure / wetness 	 Cold, clammy Shivering Mental status changes Extremity pain or sensory abnormality Bradycardia Hypotension or shock 	 Sepsis Environmental exposure Hypoglycemia CNS dysfunction Stroke Head injury Spinal cord injury

- Exam: Mental Status, Heart, Lungs, Abdomen, Extremities, Neuro
- Hypothermic / drowning / near drowning patients that appear cold and dead are NOT dead until they are warm and dead, or have other signs of obvious death (putrification, traumatic injury unsustainable to life).
- Defined as core temperature < 95° F (35° C).
- Extremes of age are more susceptible (i.e. young and old).
- Patients with low core temperatures will not respond to ALS drug interventions. Maintain warming procedure and supportive care. Warming procedures includes removing wet clothing, limiting exposure, and covering the patient with warm blankets if available.
- Do not allow patients with frozen extremities to ambulate.
- Superficial frostbite can be treated by using the patient's own body heat.
- Do not attempt to rewarm deep frostbite unless there is an extreme delay in transport, and there is no risk that the affected body part will be refrozen. Contact Medical Command prior to rewarming a deep frostbite injury.
- With temperature less than 88° F (31° C) ventricular fibrillation is common cause of death. Handling patients gently may prevent this. (rarely responds to defibrillation).
- If the temperature is unable to be measured, treat the patient based on the suspected temperature.
- Hypothermia may produce severe bradycardia.
- Shivering stops below 90° F (32° C).
- Hot packs can be activated and placed in the armpit and groin area if available.
- Care should be taken not to place the packs directly against the patient's skin.
- Consider withholding CPR if patient has organized rhythm. Discuss with medical control.
- All hypothermic patients should have resuscitation performed until care is transferred, or if there are other signs of obvious death (putrification, traumatic injury unsustainable to life).
- Patients with low core temperatures will not respond to ALS drug interventions. Maintain warming procedure and supportive care. Warming procedures includes removing wet clothing, limiting exposure, and covering the patient with warm blankets if available.
- The most common mechanism of death in hypothermia is ventricular fibrillation. If the hypothermia victim is in ventricular fibrillation, CPR should be initiated. If V fib is not present, then all treatment and transport decisions should be tempered by the fact that V fib can be caused by rough handling, noxious stimuli or even minor mechanical disturbances, this means that respiratory support with 100% oxygen should be done gently, including intubation, avoiding hyperventilation.
- The heart is most likely to fibrillate between 85 88° F (29 31° C) Defibrillate VF / VT at 2 4 j / kg with effective CPR intervals.



History	Signs & Symptoms	Differential Diagnosis
 Nausea Vomiting Medication(s) administration such as narcotic analgesics 	Complaints of nausea and / or vomiting	 Consider AMI / 12 lead EKG Gastroenteritis Toxic ingestion / food poisoning Bowel obstruction Appendicitis Gastritis Cholecystitis (gallbladder) Hepatitis / cirrhosis Headaches / migraine Pregnancy Hypertensive crisis Electrolyte imbalances DKA Intracranial pressure Sepsis / infections

- Position patient to protect airway as appropriate. (Recovery position, sitting up, etc.)
- Immediately position entire patient or their head to side if patient begins vomiting then retrieve suction.
- Patients with altered LOC and nausea / vomiting need to have airway maintenance prioritized before medication.
- Prepare and test suction prior to its need.
- Give Ondansetron (Zofran) over at least 2 minutes, slow IV.
- Treat patients early, no need to wait for patient to begin vomiting to administer Ondansetron (Zofran).
- Patients receiving medications such as narcotic analgesics may require concurrent administration of Ondansetron (Zofran) to reduce nausea associated with such medications.

Pediatric Pain Management

Pediatric Medical Emergencies

PATIENT HAS:

- Burns
- Intractable Flank Pain
- Intractable Back Pain
- Musculoskeletal and / or Fracture Pain
- Sickle Cell Pain Crisis (Use Supplemental O₂)
- Unremitting Abdominal Pain

CARDIAC MONITOR

Capnography phy Procedure

FentaNYL (Sublimaze)

1 mcg/kg IV, IO, IN, IM up to 50 mcg/dose

REPEAT If no Improvement in 10 – 15 Mins

q 10 min. prn - Max 2 doses / up to Max.100 mcg cumulative

If FentaNYL (Sublimaze) is unavailable, see

Pharmacology section for **Morphine** Sulfate

Monitor Airway, Breathing, Vital signs

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Control where indicated **APPROPRIATE** transfer of care

Pain Other Than Listed **CONTACT Online Medical Control**

NOT FOR

Altered Mentation, Traumatic Abdominal Pain, Head Trauma, Hypovolemia

History	Signs & Symptoms	Differential Diagnosis
 Age / onset Location Duration Severity (0 - 10) Past medical history Medications Drug allergies 	 Severity (pain scale) Quality (sharp, dull, etc.) Radiation Relation to movement, respiration Increased with palpation of area 	 Per the specific protocol Musculoskeletal Visceral (abdominal) Cardiac Pleuritic (respiratory) Neurogenic Renal (colic)

Pain Scale

The Wong-Baker Faces Pain Rating Scale

Designed for children aged 3 years and older, the Wong-Baker Faces Pain Rating Scale is also helpful for elderly patients who may be cognitively impaired. If offers a visual description for those who don't have the verbal skills to explain how their symptoms make them feel.



HURT





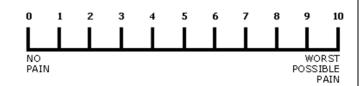


EYEN

MORE







Pediatric Medical

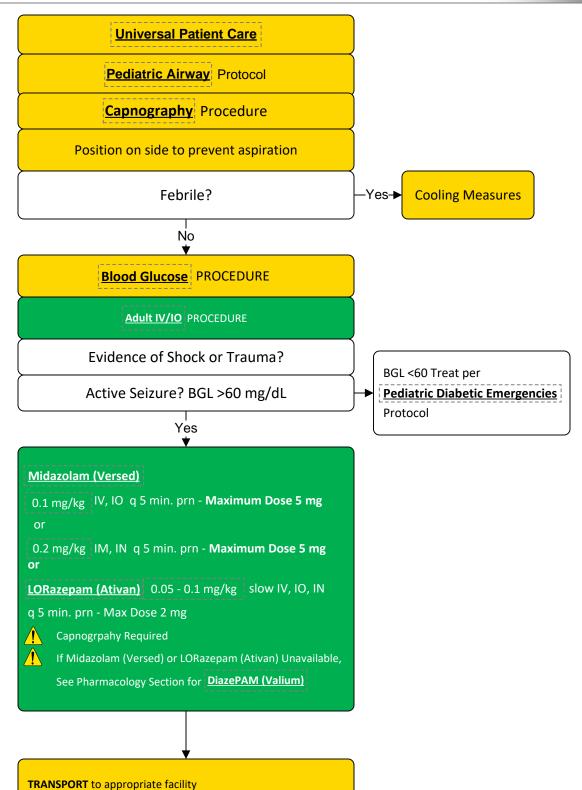
Emergencies

To use this scale, your doctor should explain that each face shows how a person in pain is feeling. That is, a person may feel happy because he or she has no pain (hurt), or a person may feel sad because he or she has some or a lot of pain.

A Numerical Pain Scale

A numerical pain scale allows you to describe the intensity of your discomfort in numbers ranging from 0 to 10 (depending on the scale). Rating the intensity of sensation is one way of helping your doctor determine treatment. Numerical pain scales may include words or descriptions to better label your symptoms, from feeling no pain to experiencing excruciating pain. Some researchers believe that this type of combination scale may be most sensitive to gender and ethnic differences in describing pain.

- Exam: Mental Status, Area of Pain, Neuro
- Pain is an unpleasant sensory and emotional experience associated with actual or potential tissue damage.
- Pain is subjective (whatever the patient says it is).
- Pain severity (0-10) is a vital sign to be recorded pre and post medication delivery and at disposition.
- Vital signs should be obtained pre, 10 minutes post, and at disposition with all pain medications.
- Contraindications to morphine use include hypotension, head injury, and respiratory distress.
- All patients should have drug allergies documented prior to administering pain medications.
- All patients who receive pain medications must be observed 15 minutes for drug reaction.
- All patients who receive medication for pain must have continuous ECG monitoring, pulse oximetry, and oxygen administration.
- The patient's vital signs must be routinely reassessed.
- Routine assessments and reassessments must be documented on the run report.
- Have Naloxone (Narcan) on hand if the patient has respiratory depression or hypotension after Morphine administration.
- NOT FOR Altered Mentation, Traumatic Abdominal Pain, Head Trauma, Hypovolemia, Multiple Trauma



CONTACT receiving facility

APPROPRIATE transfer of care

CONSULT Medical Control where indicated

Pediatric Seizure-Notes

History	Signs & Symptoms	Differential Diagnosis
 Fever Prior history of seizures Seizure medications Reported seizure activity History of recent head trauma Congenital abnormality 	 Observed seizure activity Altered mental status Hot, dry skin or elevated body temperature 	 Fever Infection Head trauma Medication or toxin Hypoxia or respiratory failure Hypoglycemia Metabolic abnormality / acidosis Tumor

Categories of Seizures

Complex = Unconscious	Focal = Partial, Localized
Simple = Conscious	Generalized = All Body

- Simple Focal
- Simple Generalized
- Complex Focal
- Complex Generalized

- Exam: Mental Status, HEENT, Heart, Lungs, Extremities, Neuro
- **Status Epilepticus** is defined as two or more successive seizures without a period of consciousness or recovery. This is a true emergency requiring rapid airway control, treatment, and transport.
- Grand mal seizures (generalized) are associated with loss of consciousness, incontinence, and tongue trauma.
- Focal seizures (petit mal) effect only a part of the body and are not usually associated with a loss of consciousness.
- Jacksonian seizures are seizures, which start as a focal seizure and become generalized.
- Be prepared to assist ventilations especially if a benzodiazepine such as LORazepam (ATIVAN) or MIDAZOLAM (VERSED) is used.
- If evidence or suspicion of trauma, spine should be immobilized.
- If febrile, remove clothing and sponge with room temperature water.
- In an infant, a seizure may be the only evidence of a closed head injury.
- Older than 6 years and febrile, it's not considered a febrile seizure.

Universal Patient Care

CONSIDER Spinal Motion Restriction PROCEDURE

Pediatric Airway Protocol



1st Contact to ECG and Transmission < 10 Minutes

Oxygen / Pulse Oximetry Procedure

Capnography Procedure

Blood Glucose Procedure

IV/IO PROCEDURE

Identify Treatable Causes Treat Per Specific Protocol Take cardiac monitor to patient's side.
Apply cardiac monitor ASAP once on scene.
Maintain monitoring throughout transport including into hospital bed.

Pediatric Seizure – Treat per Seizure Protocol Hypoxia – Treat per Airway / Breathing Protocols Pediatric Anaphylactic Reaction/Shock Protocol Sepsis – Treat per Pediatric Septic Shock Protocol Hypotension – Treat per Specific Shock Protocols Arrhythmia – Treat per Correct Arrhythmia Protocol Psychiatric – Treat per Pediatric Behavioral/Psychiatric Emergencies Hypo / Hyperglycemia – Treat per Pediatric Diabetic Emergencies Protocol Hypo / Hyperthermia - Treat per Specific Protocol Stroke CVA / TIA – Treat per Stroke/CVA Protocol Overdose – Treat per Pediatric Toxic Ingestion/Exposure Protocol Head Trauma – Treat per Pediatric Head Trauma Protocol

care

APPROPRIATE transfer of

TRANSPORT to appropriate

CONTACT receiving facility **CONSULT** Medical Control

where indicated

facility

Pediatric Medical Pediatric Syncope/Near Syncope-Notes Pediatric Medical Emergencies

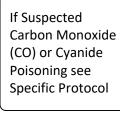
History	Signs & Symptoms	Differential Diagnosis
 Onset, duration, event recall, Cardiac (arrythmias, MI, stents, CHF, myocarditis, long QT) Stroke / TIA Blood loss (internal, external, GI, rectal) Volume loss (sweating, vomiting, diarrhea, urination) Medications (compliance, new, changes, dose, types) Electrolyte imbalances Pregnancy or possibility (last menstrual period) Recent activity, event(s) preceding Seizure Fever 	 Loss of consciousness / near loss of consciousness Dizziness / lightheadedness Palpitations Bradycardia / tachycardia Irregular pulse Hypo / hyperglycemia Hypotension Nausea, vomiting, diarrhea Pale Neuro deficits S1Q3T3 EKG pattern Brugada Syndrome EKG patterns 	 Vasovagal (BM, urination, coughing, GI stimulation) Cardiac (arrythmia, MI, valve disorders) Drug / medication induced Orthostatic Hypotension Pulmonary embolism Hypoglycemia Electrolyte imbalance Dehydration Hypovolemia Stroke / TIA Anaphylaxis Seizure Autonomic failure (MS, Parkinson's, DM, age, spinal cord injuries) Cardiac tamponade Aortic dissection Toxicological

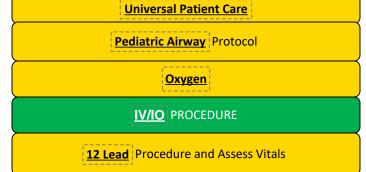
Syncope or Near Syncope in patients of ANY AGE indicates a temporary lack of perfusion to the brain. EMS should have a high index of suspicion and encourage transport for complete assessment despite patient return to baseline. Risk for future complications or death is high in many patients based on cause. Syncope may have many causes, evaluate the patient completely and diligently.

Brugada EKG Pattern (High Risk Cardiac Death) Type I		Type II		Type III		
J wave amplitude	>= 2 mm		>= 2 mm	>= 2mm		
T wave ST-T configuration	Negative Coved Type		· ·		Positive or biphasic	Positive Saddleback
ST segment (terminal portion)	ST segment (terminal portion) Gradually descendi		Elevated >= 1 mm	Elevated		
S1Q3T3 EKG Pattern (High Risk for PE)						
Lead I		Large S Wave Present				
Lead II		Q Wave Present				
Lead III		T Wave Inverted				

Key Points

- Required Exam: Mental Status, Skin, HEENT, Neck, Heart, Lung, Abdomen, Back, Extremities, Neuro
- Do not write off marginal vitals or findings as "normal". These cases need to be evaluated in depth.
- History of preceding events is crucial to understanding cause. Determine onset, duration, LOC, patient recall of events, speed of recovery, neuro presentations, incontinence.
- Consider family history.
- Consider myocarditis if current or recent viral illness.
- Consider ectopic pregnancy if pregnancy known or suspected.
- CHF are extremely high-risk cases due to potential for arrhythmia.
- Pay attention to 12 lead intervals, U waves, ectopic beats.
- Near syncope does not mean less risk.
- More than 25% of geriatric syncope is a cardiac arrythmia.
- Syncope / near syncope patients should be transported even with identified and EMS treatable causes.





Decontaminate and remove clothes if patient is exposed to any dangerous or noxious substances

Salicylate (ASA) Overdose
NOT Tylenol (Acetaminophen)

Sympathomimetic
Overdose (Stimulants)

Blood Glucose Procedure

Capnography Procedure

Organophosphates / Carbamates

If Patient is Tachypneic
Sodium Bicarbonate

1 mEq/kg | SLOW IV, IO Max 50 mEq

IF AMS REGARDLESS OF BGL READING

Dextrose 10%

5 ml/kg | IV, IO Max 250 ml

⚠ Ma

May repeat prn
If DEXTROSE 10% Is unavailable,
see medication section for
DEXTROSE 25% or 50%

IF AMS and NORMAL (Bad) or LOW respiratory rate BVM and ventilatory rate to make CO² of 30

If candidate for advanced airway

Sodium Bicarbonate

1 mEq/kg | SLOW IV, IO

Max 50 mEq Prior to attempt

COOLING MEASURES IF FEBRILE

IF PATIENT AGITATED OR HAS CHEST PAIN

Midazolam (Versed)

0.1 mg/kg IV, IO q 5 min prn - Max Dose 5 mg

or

0.2 mg/kg IM, IN

q 5 min prn - Max Dose 5 mg

or

LORazepam (Ativan)

0.05 - 0.1 mg/kg | slow IV, IO, IN

q 10 min prn-Max Dose 2 mg

If Midazolam (Versed)
or LORazepam (Ativan)

Unavailable,

See Medication Section

for DiazePAM (Valium)

IV NORMAL SALINE BOLUS

20 mL/kg

If 12 Lead EKG suggestive of STEMI – Treat per ACS protocol

Atropine

0.05 mg/kg | IV, IO Max 1 mg per dose

AEMT Intervention

Paramedic Intervenetion

Repeat every 3 – 5 Minutes or as needed to control secretions

No max dose

Consider

Advanced Airway Protocol

Midazolam (Versed)

0.1 mg/kg IV, IO

q 5 min prn - Max Dose 5 mg

or

0.2 mg/kg IM, IN

q 5 min prn - Max Dose 5mg

or

LORazepam (Ativan)

0.05 - 0.1 mg/kg; slow IV, IO, IN q 10 min prn-Max Dose 2 mg

If Midazolam (Versed) or LORazepam (Ativan) Unavailable,

See Medication Section for

<u>DiazePAM (Valium)</u>

IF WHEEZING

Treat with aerosol

<u>DuoNeb (Albuterol/Ipratropium)</u>



EMT use only with ONLINE Medical Control

Transport to appropriate facility Contact receiving Facility Consult Medical Direction where indicated APPROPRIATE transfer of care

If Suspected Carbon Monoxide (CO) or Cyanide Poisoning see Specific Protocol

Pediatric Overdose

Universal Patient Care

Pediatric Airway Protocol

<u>Oxygen</u>

IV/IO PROCEDURE

12 Lead Procedure and Assess Vitals

Blood Glucose Procedure

Capnography Procedure

Decontaminate and remove clothes if patient is exposed to any dangerous or noxious substances

Narcotic Overdose AMS / Respiratory Depression

TAKE PPE PRECAUTIONS

GLOVES / MASK minimum Contact / aerosol risk with fentanyl based substances

ASSURE BLS VENTILATION WITH BVM

Support Hemodynamically Utilize Shock Protocol

Naloxone (Narcan)

1 mg IN Atomized SUMMON ALS IF NO RESPONSE TO IN DOSE

Naloxone (Narcan)

0.1 mg/kg | IV, IM, IN, IO Max 2 mg

May repeat every 2 minutes as necessary if obvious or suspected opiate OD until respiratory improvement or 12 mg Maximum

If patient is unresponsive to Naloxone (Narcan), supply is exhausted, or the medication is unavailable, consider Advanced Airway and Support Hemodynamically

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Direction where indicated **APPROPRIATE** transfer of care

History	Signs & Symptoms	Differential Diagnosis
 Ingestion or suspected ingestion of a potentially toxic substance Substance ingested, route, quantity Time of ingestion Reason (suicidal, accidental, criminal) Available medications in home Past medical history, medications 	 Mental status changes Hypo / hypertension Decreased respiratory rate Tachycardia, dysrhythmias Seizures 	 Tricyclic antidepressants (TCAs) Acetaminophen (Tylenol) Depressants Stimulants Anticholinergic Cardiac medications Solvents, alcohols, Cleaning agents Insecticides (organophosphates) Respiratory depression Other organophosphates Carbamates

Key Points

- Exam: Mental Status, Skin, HEENT, Heart, Lungs, Abdomen, Extremities, Neuro
- Do not rely on patient history of ingestion, especially in suicide attempts.
- Bring bottles, contents, and emesis to ED.
- Tricyclic: 4 major areas of toxicity: seizures, dysrhythmias, hypotension, decreased mental status or coma; rapid progression from alert mental status to death.
- Acetaminophen: initially normal or nausea / vomiting. If not detected and treated, causes irreversible liver failure.
- **Depressants**: decreased HR, decreased BP, decreased temperature, decreased respirations, non-specific pupils.
- **Stimulants**: increased HR, increased BP, increased temperature, dilated pupils, and seizures.
- Anticholinergics: increased HR, increased temperature, dilated pupils, and mental status changes.
- Cardiac Medications: dysrhythmias and mental status changes.
- Solvents: nausea, vomiting, and mental status changes.
- Insecticides: increased or decreased HR, increased secretions, nausea, vomiting, diarrhea, pinpoint pupils.
- Consider restraints if necessary for patient's and / or personnel's protection per the Restraint Procedure.
- If it can be done safely, take whatever container the substance came from to the hospital along with readily obtainable samples of medication unless this results in an unreasonable delay of transport.
- If applicable, DO NOT transport a patient to the hospital until properly decontaminated.
- Medical Direction may order antidotes for specific ingestions.
- DO NOT use syrup of ipecac. Exam: Mental Status, HEENT, Skin, Heart, Lungs, Abdomen, Back, Extremities, Neuro
- Be aware of AMS as potential sign of an environmental toxin or Haz-Mat exposure and protect personal safety.
- \bullet It is safer to assume hypoglycemia than hyperglycemia if doubt exists.
- Do not let alcohol confuse the clinical picture. Alcoholics frequently develop hypoglycemia and need Thiamine before glucose.
- Low glucose (< 60), normal glucose (60 120), high glucose (> 250).
- Consider restraints if necessary for patient's and / or personnel's protection per the restraint procedure.
- Protect the patient airway and support ABCs.
- Document the patient's glasgow coma score pre and post treatment.
- Signs and symptoms of narcotic overdose include respiratory depression and altered mental status.
- Naloxone (Narcan) administration may cause the patient to go into acute opiate withdraw, which includes vomiting, agitation, and / or combative behavior. Always be prepared for combative behavior.
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypoventilate. All A&O 4 patients having received Naloxone (Narcan) should be transported. If patient refuses transport, contact Medical Control before release.
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypoventilate. All A&O 4 patients having received Naloxone (Narcan) should be transported. If patient refuses transport, contact Online Medical Control before release.

POISON CONTROL 1-800-222-1222

Always suspect multiple substances and treat for all identified

Therapies listed may need to all be used together in severe cases

Universal Patient Care

Adult Airway Protocol

<u>Oxygen</u>

IV/IO PROCEDURE

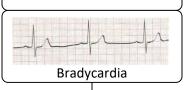
Apply Cardiac Monitor and Assess Vitals

Capnography Procedure

Prophylactically apply pacing / defib pads and prepare for decompensation

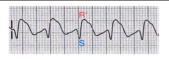
BETA BLOCKER "LOL" Drugs

Reference list on next page

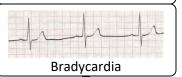


Sodium Channel Blocker / Tricyclic Anti - Depressants

Reference list on next page



AVR - R wave final part of QRS QRS >120ms (3 small EKG boxes) Calcium Channel Blockers



Transcutaneous Pacing | PROCEDURE

IV NORMAL SALINE BOLUS

20 ml/kg

To Maintain MAP > 65

or SBP 90 if MAP Unavailable or Radial Pulses

Contact Medical Control for the use of vasopressors if failed fluid bolus

EPINEPHrine (Adrenaline)

PUSH DOSE EPI

Make 10 mcg / ml

1 mcg/kg

Max Dose 10 mcg

2 - 5 min - slow push

Calcium Gluconate

60 mg/kg | IV, IO Max 3 grams Over 10 min

Calcium Chloride

20 mg/kg IV, IO Max 1 gram

Max 0.5 mg Child Max. 1 mg

May repeat either if available and EKG changes reoccur

May consider adding

Atropine 0.02 mg/kg IV, IO Min 0.1 mg

Sodium Bicarbonate

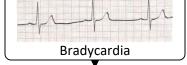
1 mEq/kg SLOW IV, IO Max 50 mEq Until QRS narrows / condition

improves

If no improvement, Contact ONLINE MEDICAL CONTROL

May repeat if available and EKG changes reoccur

Reference list on next page



Calcium Gluconate

60 mg/kg IV, IO Max 3 grams OR

Calcium Chloride

20 mg/kg **IV, IO**

Max 1 gram (1,000 mg)

May repeat either if available and **EKG** changes reoccur

Transcutaneous Pacing PROCEDURE

IV NORMAL SALINE BOLUS

20 mL/kg

To Maintain MAP > 65 or SBP 90 if MAP Unavailable or Radial Pulses

the use of vasopressors if failed fluid bolus EPINEPHrine (Adrenaline) **PUSH DOSE EPI** Make 10 mcg / ml 1 mcg/kg Max Dose 10 mcg 2 - 5 min - slow push Titrate to effect

Contact Medical Control for

May CONSIDER **Atropine**

0.02 mg/kg IV, IO

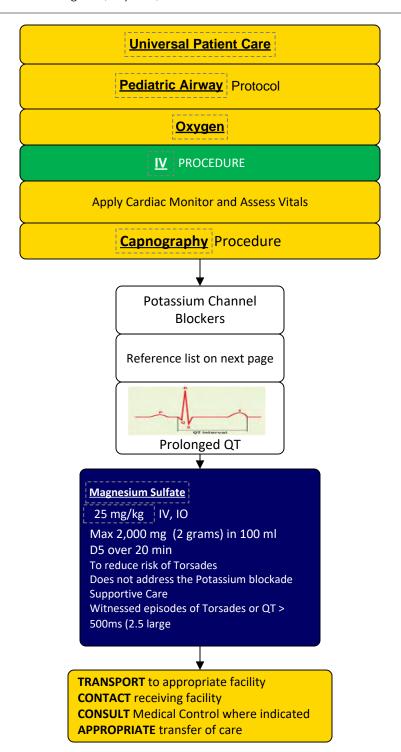
repeat every 3 - 5 minutes

Min dose 0.1 mg Max dose 0.5 mg child

Max dose 1 mg Adolescent

Always suspect multiple substances and treat for all identified

Therapies listed may need to all be used together in severe cases



History	Signs & Symptoms	Differential Diagnosis
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Common Beta Blockers (Rate Inhibiting)		alcium Channel Rate Inhibiting)	Common Potassium Channel Blockers (QT Prolonging)	Common Soc Blockers (QF	dium Channel RS Widening)
Acebutolol	Acalas	Isoptin	Amiodarone	Adapin	Pertofrane
Atenolol	Adalat	Lacidipine	Azimilide	Ajmaline	Phenytoin
Betapace	Amlodipine	Lacipil	Bretylium	Amitriptyline	Procainamide
Betoxolol	Aranidipine	Landel	Clofilium	Anafranil	Propafenone
Bisoprolol	Atelec	Lercanidipine	Dofetilide	Benadryl	Protriptyline
Brevibloc	Azelnidipine	Madipine	Ibutilide	Calcium	Quinidine
Carvedilol	Barnidipine	Manidipine	Nifekalant	Cannabidiol	Saxitoxin
Coreg	Baylotensin	Motens	Sematilide	Clomipramine	Sinequn
Corgard	Baymycard	Nicardipine	Sotalol	Desipramine	Sparteine
Esmolol	Benidipine	Nifedipine	Tedisamil	Diphenhydramine	Surmontil
Inderal	Calan	Nilvadipine	Vernakalant	Disopyramide	Tetrodotoxin
Innopran XL	Calblock	Nimodipine		Doxepin	Tocainide
Kerlone	Calslot	Nimotop		Elavil	Tofranil
Labetolol	Carden SR	Nisoldipine		Encainide	Trimipramine
Levatol	Cardene	Nitrendipine		Endep	Vivactil
Lopressor	Cardif	Nitrepin		Flecainide	
Metoprolol	Cardizem	Nivadil		Imipramine	
Nadolol	Cilnidipine	Norvasc		Lamotrigine	
Nebivolol	Cinalong	Plendil		Lidocaine	
Pindolol	Clevidipine	Pranidipine		Ludiomil	
Propranolol	Cleviprex	Procardia		Maprotine	
Sectral	Coniel	Procorum		Mexiletine	
Sotalol	Diltiazem	Sapresta		Moricizine	
Tenormin	Efonidipine	Siscard		Neosaxitoxin	
Timolol	Felodipine	Sular		Norpramin	
Trandate	Gallopamil	Syscor		Nortryptyline	
Zabeta	Нуроса	Verapamil		Pamelor	

Haloperidol	Droperidol	Chlorpromazine	Pimozide
Citalopram	Escitalopram	Tricyclic Antidepressants	Clarithromycin
Erythromycin	Fluoroquinolones	Fluconazole	Itraconazole
Voriconazole	Posaconazole	Pentamidine	Methadone
Cocaine	Loperamide	Ondansetron	Propofol
Arsenic Trioxide	Sunitinib	Vandetanib	

Key Points

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- Cardiac Medications: dysrhythmias and mental status changes.
- Solvents: nausea, vomiting, and mental status changes.
- Insecticides: increased or decreased HR, increased secretions, nausea, vomiting, diarrhea, pinpoint pupils.
- Consider restraints if necessary for patient's and / or personnel's protection per the Restraint Procedure.
- If it can be done safely, take whatever container the substance came from to the hospital along with readily obtainable samples of medication unless this results in an unreasonable delay of transport.
- If applicable, DO NOT transport a patient to the hospital until properly decontaminated.
- Naloxone (Narcan) administration may cause the patient to go into acute opiate withdraw, which includes vomiting, agitation, and / or combative behavior. Always be prepared for combative behavior.
- Naloxone (Narcan) goal is to reverse life threating respiratory depression
- Naloxone (Narcan) may wear off in as little as 20 minutes causing the patient to become more sedate and possibly hypoventilate. All A&O 4 patients having received

Naloxone (Narcan) should be transported. If patient refuses transport, contact Online Medical Control before release.

Pediatric Trauma Pediatric Trauma Emergencies Pediatric Trauma

The Golden Period

GUIDELINES FOR LOAD AND GO TRAUMA TRANSPORTS

INDICATIONS

- Uncorrectable airway obstruction
- Tension pneumothorax
- Pericardial tamponade
- Penetrating chest wounds with signs of shock
- Hemothorax with signs of shock
- Head trauma with unilaterally dilated pupils
- Head trauma with rapidly deteriorating condition
- Unconsciousness

Key Points

- A trauma victim is considered to be a pediatric patient if they are less than 16 years old.
- Once the patient is determined to be an actual or potential major trauma / multiple system patient, personnel on scene and / or medical control must quickly determine the appropriate course of action including:
 - 1. Requesting aeromedical evacuation from scene. See AEROMEDICAL TRANSPORT PROCEDURE.
 - 2. Ground transportation directly to an appropriate facility.
- Major trauma patients are to be transported to the closest **Trauma Center**.
- Contact the receiving hospital for all major trauma or critical patients.
- Cover open wounds, burns, and eviscerations.
- With the exception of airway control, initiate ALS enroute when transporting major trauma patients.
- If the EMT is unable to access patient airway and ventilate, transport to the closest facility for airway stabilization.
- The on scene time for major trauma patients should not exceed 10 minutes without a documented, acceptable reason for the delay.
- All major trauma patients should receive oxygen administration, an IV(s), and cardiac monitoring.
- Provide a documented reason if an intervention could not be performed.

Mass Casualty Incidents (MCI)

- Upon arrival at a MCI, the first arriving unit should notify their dispatch of the need to implement the mass casualty plan, call for additional resources, establish a safe staging area, and estimate the total number of victims.
- Each EMS service has a pre-defined coordinating hospital based on their county's mass casualty plan. It is the responsibility of the responding jurisdiction to notify their appropriate coordinating hospital as soon as possible, giving a brief description of the incident and the estimated number of victims. The coordinating hospital will then notify the receiving hospitals of the MCI. The transportation officer should maintain a constant contact with the coordinating hospital until the scene has been cleared of salvageable victims.

THE GOLDEN PERIOD FOR THE PATIENT BEGINS WHEN THE TRAUMA HAPPENS

DO NOT WASTE VALUABLE TIME ON SCENE

Pediatric Trauma Guidelines

Emergency medical service personnel shall use the following criteria, consistent with their certification, to evaluate whether an injured person qualifies as an adult trauma victim or pediatric trauma victim, in conjunction with the definition of trauma according to the State of Ohio Trauma Triage Guidelines.

A Pediatric Trauma Victim is a person < 16 years of age exhibiting one or more of the following physiologic or anatomic conditions:

Physiologic conditions

- Glasgow Coma Scale < 13;
- Loss of consciousness > 5 minutes;
- Deterioration in level of consciousness at the scene or during transport;
- Failure to localize to pain;
- Evidence of poor perfusion, or evidence of respiratory distress or failure.

Anatomic conditions

- Penetrating trauma to the head, neck, or torso;
- Significant, penetrating trauma to extremities proximal to the knee or elbow with evidence of neurovascular compromise;
- Injuries to the head, neck, or torso where the following physical findings are present;
- Visible crush injury;
- Abdominal tenderness, distention, or seatbelt sign;
 - o Pelvic fracture;
 - Flail chest;
- Injuries to the extremities where the following physical findings are present:
 - o Amputations proximal to the wrist or ankle;
 - o Visible crush injury:
 - Fractures of two or more proximal long bones;
 - o Evidence of neurovascular compromise.
- Signs or symptoms of spinal cord injury;
- 2nd or 3rd Degree burns > 10% total BSA, or other significant burns involving the face, feet, hands, genitalia, or airway.

Field Trauma Triage Criteria: Mechanism of Injury (MOI) & Special Considerations

Co-Morbid Diseases and Special Considerations:

- Age < 5 or > 55
- Cardiac disease
- Respiratory disease
- Diabetes
- Immunosuppression
- Morbid obesity
- Pregnancy
- Substance abuse / intoxication
- Liver disease
- Renal disease
- Bleeding disorder / anticoagulation

Mechanisms of Injury (MOI)

- High speed MVC
- Ejection from vehicle
- Vehicle rollover
- Death in same passenger compartment
- Extrication time > 20 minutes
- Falls greater than 10 feet
- Vehicle versus bicycle / pedestrian
- Pedestrian **struck**, thrown or run over
- Motorcycle crash > 20 mph with separation of rider from bike
- Fall from any height, including standing, with signs of traumatic brain injury

Pediatric Trauma Guidelines-Notes Pediatric Trauma

Key Points

- Emergency Medical Service personnel shall transport a trauma victim directly to an adult or pediatric trauma center that is qualified to provide appropriate adult or pediatric care, unless one or more of the following exceptions apply:
 - 1. It is medically necessary to transport the victim to another hospital for initial assessment and stabilization before transfer to an adult or pediatric trauma center;
 - 2. It is unsafe or medically inappropriate to transport the victim directly to an adult or pediatric trauma center due to adverse weather or ground conditions or excessive transport time;
 - 3. Transporting the victim to an adult or pediatric trauma center would cause a shortage of local emergency medical service resources;
 - 4. No appropriate adult or pediatric trauma center is able to receive and provide adult or pediatric trauma care to the trauma victim without undue delay;
 - 5. Before transport of a patient begins, the patient requests to be taken to a particular hospital that is not a trauma center or, if the patient is less than eighteen years of age or is not able to communicate, such a request is made by an adult member of the patient's family or a legal representative of the patient.

	Glasgow Coma Scale	
INFANT	Eye Opening	ADULT
Birth to age 4		Age 4 to Adult
4 Spontaneously		Spontaneously 4
3 To speech		To command 3
2 To pain		To pain 2
1 No response		No Response 1
	Best Verbal Response	
5 Coos, babbles		Oriented 5
4 Irritable cries		Confused 4
3 Cries to pain		Inappropriate words 3
2 Moans, grunts		Incomprehensible 2
1 No response		No response 1
	Best Motor Response	
6 Spontaneous		Obeys commands 6
5 Localizes pain		Localizes pain 5
4 Withdraws from pain		Withdraws from pain 4
3 Flexion (decorticate)		Flexion (decorticate) 3
2 Extension (decerebrate)		Extension (decerebrate) 2
1 No response		No response 1
= TOTAL		TOTAL =

Pediatric Trauma Pediatric NOTS Trauma Field Triage Pediatric Trauma

Step 1- Measure vital signs and level of consciousness of patient with a traumatic mechanism

- ☐ Glasgow Coma Scale < 13 with traumatic mechanism
- ☐ Age specific hypotension and/or
- Requiring airway/ventilator support

NOTS Transfer Line: 1-216-778-7850

Step 2- Assess anatomy of injury

- ☐ Significant penetrating injuries to the head, neck, torso or extremities proximal the elbow or knee
- Two or more proximal long-bone fractures
- ☐ Crushed, degloved, threatened, pulseless or mangled extremity
- Amputation proximal to wrist or ankle
- Pelvic fractures
- Open or depressed skull fracture
- Paralysis

Red/Priority 1

Take to a Pediatric Trauma Center. If transport to a Pediatric Trauma center will add greater than 15 minutes, transport to the nearest trauma center.

Step 3- Assess mechanism of injury and evidence of high-energy impact

- → Falls
 - O 10 ft. or 2 3 times the height of the child
- High-risk auto crash
 - o Intrusion: Including roof: > 12 in. occupant site, >18 in. any site
 - Extrication time over 20 minutes
 - Ejection (partial or complete) from automobile
 - Death in same passenger compartment
 - Vehicle telemetry data consistent with high risk of injury
- Auto vs. Pedestrian/Bicyclist thrown, run over or with significant (> 20 mph) impact
- ☐ Motorcycle crash > 20 mph
- Other motorized equipment crashes where the patient has the potential of significant injury
- Signs of/suspicion of abuse

Step 4-Assess special patient or system considerations of trauma patients

- ☐ Anticoagulant and bleeding disorders on prescription blood thinners
- ☐ Significant burns (+/- trauma mechanism) or inhalation injury, chemical injury electrical injury or frostbite triage to burn center
- Open fractures regardless
- ☐ Pregnancy > 20 weeks gestation
- ☐ EMS Provider Judgment- When in doubt transfer to a trauma center

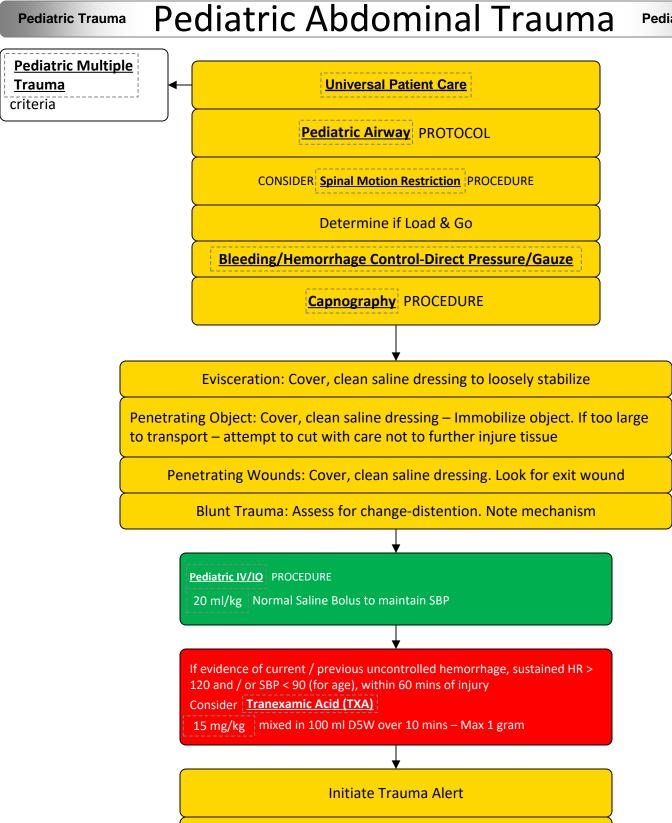
Yellow/Priority 2

Transport patient to nearest trauma center within trauma system, need not be the highest level of trauma center

Step 5- Patients not meeting above criteria

Transport to the closest appropriate emergency department

Green/Priority 3



Monitor and Reassess

TRANSPORT to appropriate facility **CONTACT** receiving facility

APPROPRIATE transfer of care

CONSULT Medical Control where indicated

Pediatric Trauma Pediatric Abdominal Trauma-Notes Pediatric Trauma

Mechanism	Signs & Symptoms
Blunt	 Altered mental status Shock Distention Swelling Bulging Nausea and vomiting
Penetrating	 Altered mental status Bleeding Tenderness Pain Distention Evisceration Discoloration Entrance / exit wounds Nausea & vomiting

Fluid Resuscitate to systolic of 70 + 2 x age

Key Points

Trauma to the abdomen is either Blunt or Penetrating. Blunt injuries are harder to detect and diagnose, and have a death rate twice that of penetrating wounds. Key signs and symptoms of blunt trauma include a patient in shock with no obvious injuries. Distention of the abdomen is an indication of internal hemorrhage. Pain may not be a significant factor. Many abdominal trauma injuries are Load & Go cases.

- Look for both an entrance and exit wound for all penetrating trauma, and treat accordingly.
- For all major trauma patients, the on scene time should be less than ten minutes.

Universal Patient Care

CONSIDER Spinal Motion Restriction PROCEDURE

Pediatric Airway PROTOCOL

Capnography PROCEDURE

If Chest, Neck, Face, Airway Involvement – Prepare for Invasive Airway Procedures
Perform Early Intubation

Remove rings, bracelets, and other constricting items

Thermal

If burn < 10% body surface area (using rule of nines)
Cool down wound with NORMAL SALINE and dressings

Cover burn with dry sterile sheet or dressings

Pediatric IV/IO PROCEDURE

Only if Burns > 15% (KVO Otherwise)

AGE 0 - 5 - Then 20 drops / min (Macrodrip set)

AGE 6 - 13 - Then 40 drops / min (Macrodrip set)

AGE 13 + - Then 60 drops / min (Macrodrip set)

<u>Pediatric Pain Management</u>

Chemical

Eye Injury

Continuous flushing with Normal Saline

Remove clothing and / or expose area

Flush area with NORMAL SALINE for 10 – 15 minutes

Pediatric IV/IO Procedure

Pediatric Pain Management

INITATE TRAUMA ALERT

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Control where indicated
APPROPRIATE transfer of care

Pediatric Burns-Notes

History	Signs & Symptoms	Differential Diagnosis
 Type of exposure (heat, gas, chemical) Inhalation injury Time of injury Past medical history Medications Other trauma Loss of consciousness Tetanus / immunization status 	 Burns, pain, swelling Dizziness Loss of consciousness Hypotension / shock Airway compromise / distress Singed facial or nasal hair Hoarseness / wheezing 	 Superficial (1°) red and painful Partial thickness (2°) superficial partial thickness, deep partial thickness, blistering Full thickness (3°) painless and charred or leathery skin Chemical Thermal Electrical Radiation

Key Points

- Exam: Mental Status, HEENT, Neck, Heart, Lungs, Abdomen, Extremities, Back, Neuro
- Early intubation is required in significant inhalation injuries with airway compromise.
- Critical Burns: >25% body surface area (BSA); full thickness burns >10% BSA; partial thickness superficial partial thickness, deep partial thickness and full thickness burns to face, eyes, hand or feet; electrical burns; respiratory burns; deep chemical burns; burns with extremes of age or chronic disease; and burns with associated major traumatic injury. These burns may require hospital admission or transfer to a burn center.
- Potential CO exposure should be treated with 100% oxygen.
- Circumferential burns to extremities are dangerous due to potential vascular compromise partial thickness to soft tissue swelling.
- Burn patients are prone to hypothermia Never apply ice or cool burns that involve >10% body surface area.
- Do not overlook the possibility of multiple system trauma.
- Do not overlook the possibility of child abuse with children and burn injuries.
- See appendix for rule of nines.

1. Thermal (dry and moist):

- a. Stop burning process: i.e. remove patient from heat source, cool skin, remove clothing
- b. If patient starts to shiver or skin is cool, stop cooling process.
- c. Estimate extent (%) and depth of burn (see chart). Determine seriousness (see chart) of burn, contact Medical Control and transport accordingly. Cover burn areas with sterile dressing.

2. Radiation Burns:

- a. Treat as thermal burns except when burn is contaminated with radioactive source, then treat as chemical burn.
- b. Wear appropriate protective clothing when dealing with contamination.
- c. Contact HAZ MAT TEAM for assistance in contamination cases.

3. Chemical Burns:

- a. Wear appropriate protective clothing and respirators.
- b. Remove patient from contaminated area to decontamination site (NOT SQUAD).
- $c.\ Determine\ chemicals\ involved;\ contact\ appropriate\ agency\ for\ chemical\ information.$
- d. Remove patient's clothing and flush skin.
- e. Leave contaminated clothes at scene. Cover patient over and under before loading into squad.
- f. Patient should be transported by personnel not involved in decontamination process.
- g. Determine severity (see chart), contact Medical Control and transport accordingly.
- h. Relay type of substance involved to Medical Control.

4. Electrical Burns:

- a. Shut down electrical source; do not attempt to remove patient until electricity is CONFIRMED to be shut off.
- b. Assess for visible entrance and exit wounds and treat as thermal burns.
- c. Assess for internal injury, i.e., vascular damage, tissue damage, fractures, and treat accordingly.
- d. Determine severity of burn, contact Medical Control and transport accordingly.

5. Inhalation Burns:

- a. Always suspect inhalation burns when the patient is found in closed smoky environment and / or exhibits any of the following: burns to face / neck, singed nasal hairs, cough and / or stridor, soot in sputum.
- b. Provide oxygen therapy, contact Medical Control and transport.
- Handle patients gently to avoid further damage of the patient's skin.
- If the patient is exposed to a chemical, whenever possible, get the name of the chemical, and document it on the patient run report. **DO NOT** transport any hazardous materials with the patient.
- Look for signs of dehydration and shock.
- Initiate early intubation for symptomatic patients with inhalation burns.
- Patients with major burns should be transported to a Regional Burn Center.
- Patients with unstable airway or who are rapidly deteriorating should be transported to the closest appropriate facility.
- Patients with large surface burns lose the ability to regulate their body temperature. Avoid heat loss by covering the patient.

Pediatric Chest Trauma

Universal Patient Care

Spinal Motion Restriction PROCEDURE

Pediatric Airway PROTOCOL

High Flow Oxygen

Capnography PROCEDURE

If S&S of Tension Pneumothorax (No lung sounds on affected side, Hypotension, JVD)

Needle Chest Decompression PROCEDURE

 Λ

Be prepared to Repeat IF S&S Return

Pediatric IV/IO PROCEDURE Normal Saline Bolus to maintain SBP 90 / Radial Pulses

APPLY CARDIAC MONITOR

If evidence of current / previous uncontrolled hemorrhage, sustained HR > 120 and / or SBP < 90 (for age), within 60 mins of injury

Consider Tranexamic Acid (TXA) 15 mg/kg mixed in 100 ml D5W over 10 mins – Max 1 gram

Cardiac Tamponade: Assess for + Beck's Triad (Hypotension, + JVD and muffled heart sounds). Paradoxical Pulse (no radial pulse when breathing in) is likely. LOAD AND GO

Massive Hemothorax: Shock, then difficulty breathing. No JVD, decreased breath sounds, dull to percussion. LOAD AND GO

Open Pneumothorax / Sucking Chest Wound: Occlusive dressing secured on three sides or Commercial Chest Seal, allowing air escape. Prepare for tension pneumothorax. LOAD AND GO

Flail Chest: Stabilize flail segment with manual pressure then apply bulky dressing and tape. LOAD AND GO

Suspected: Traumatic Aortic Rupture, Tracheal or Bronchial Tree Injury, Myocardial Contusion, Diaphragmatic Tears, Esophageal Injury, Pulmonary Contusion: Ensure an Airway, Administer Oxygen, LOAD AND GO

INITATE TRAUMA ALERT

TRANSPORT to appropriate facility

CONTACT receiving facility

CONSULT Medical Control where indicated

APPROPRIATE transfer of care

Pediatric Trauma Pediatric Chest Trauma-Notes Pediatric Trauma

Signs and Symptoms					
SIMPLE PNEUMOTHORAX	OPEN PN	NEUMOTHORAX	TENSION PNEUMOTHO	RAX	HEMOTHORAX
 Shortness of breath Dyspnea Tachypnea Cyanosis Chest pain Absent diminished Lung sounds on the affected side 	• Shock • Absent /	hest wound	 Shortness of breath Cyanosis Shock Absent / diminished Lusounds Tracheal deviation Hypotension JVD Tachycardia Dyspnea (late sign) 	ng	 Shortness of breath Dyspnea Cyanosis Dullness to Percussion sounds Flat neck veins Hypotension Shock Absent / diminished breath sounds Tachycardia
CARDIAC TAMPONAI	DE	TRAUM	ATIC ASPHYXIA		FLAIL CHEST
 Hypotension Decreasing pulse pressure Elevated neck veins Muffled heart tones Bruising over the sternum Tachycardia 		Bloodshot, bulgi Blue, bulging tor JVD Cyanotic upper l	ngue	• Asy ins • Dys • Un	radoxical chest wall movement ymmetric chest movement Upon piration spnea stable chest segment nificant chest wall pain

Fluid Resuscitate to systolic of 70 + 2 x age

Key Points

Thoracic injuries have been called the deadly dozen. The first six are obvious at the primary assessment.

1. Airway obstruction

4. Massive hemothorax

2. Flail chest

5. Open pneumothorax

3. Cardiac tamponade

6. Tension pneumothorax

The second six injuries may be more subtle and not easily found in the field:

7. Traumatic aortic rupture

10. Diaphragmatic tears

8. Esophageal injury

11. Tracheal / bronchial tree injury

9. Myocardial contusion

12. Pulmonary contusion

- A **sucking chest wound** is when the thorax is open to the outside. The occlusive dressing may be anything such as petroleum gauze, plastic, or a defibrillator pad. Tape only 3 sides down so that excess intrathoracic pressure can escape, preventing a tension pneumothorax. May help respirations to place patient on the injured side, allowing unaffected lung to expand easier.
- A **flail chest** is when there are extensive rib fractures present, causing a loose segment of the chest wall resulting in paradoxical and ineffective air movement. Positive pressure breathing via BVM will help push the segment and the normal chest wall out with inhalation and to move inward together with exhalation, getting them working together again. Do not use too much pressure to prevent additional damage or pneumothorax.
- A **penetrating object** must be immobilized by any means possible. If it is very large, cutting may be possible, with care taken not to move it about when making the cut. Place an occlusive and bulky dressing over the entry wound.
- A **tension pneumothorax** is life threatening, look for *HYPOTENSION*, unequal breath sounds, JVD, increasing respiratory distress, and decreasing mental status. The pleura must be decompressed with a needle to provide relief. Decompress between the 2nd and 3rd ribs, midclavicular placing the catheter over the 3rd rib. Alternate site, 5th intercostal space mid axillary or anterior axillary line. Once the catheter is placed, watch closely for reocclusion. Repeat if needed to prevent reocclusion. Use appropriately sized catheter for age.

Universal Patient Care

Consider | Spinal Motion Restriction | PROCEDURE

Pediatric Airway PROTOCOL

Initiate ventilation while patient is still in water if not breathing.
Provide high flow oxygen ASAP.

Capnography PROCEDURE

IF DECOMPRESSION SICKNESS
Give oxygen – no positive pressure ventilation unless NOT breathing.

Apply Cardiac Monitor

IF HYPOTHERMIC

Treat per Pediatric Hypothermia/Frostbite Protocol

Pediatric IV/IO PROCEDURE Normal Saline TKO

Monitor and Reassess

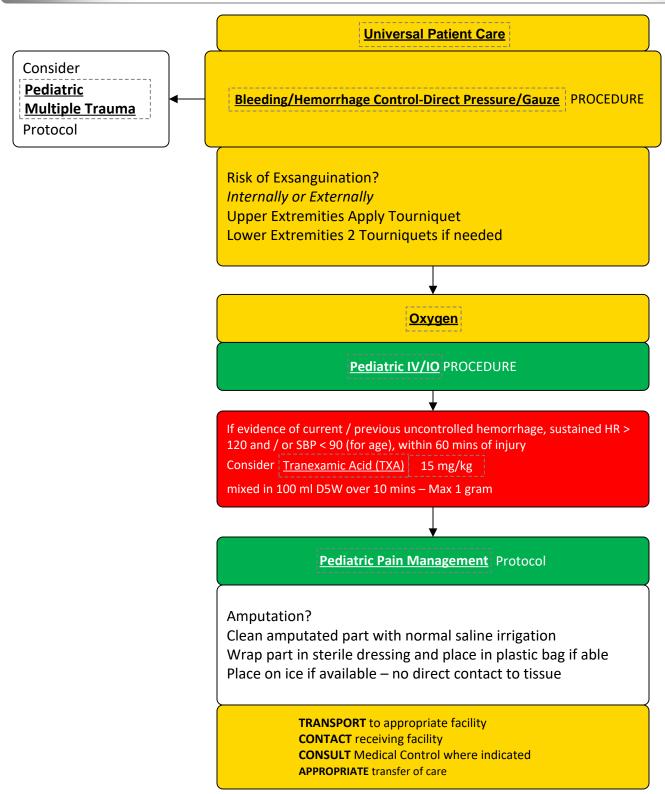
TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Control where indicated
APPROPRIATE transfer of care

Pediatric Trauma Pediatric Drowning/Near Drowning-Notes Pediatric Trauma

History	Signs & Symptoms	Differential Diagnosis
 Submersion in water regardless of depth Possible trauma i.e.; fall, diving board Duration of immersion Temperature of water Salt vs. fresh water 	 Period of unconsciousness Unresponsive Mental status changes Decreased or absent vital signs Vomiting Coughing 	 Trauma Pre-existing medical problem Barotrauma (diving) Decompression sickness

Key Points

- Exam: Trauma Survey, Head, Neck, Chest, Abdomen, Pelvis, Back, Extremities, Skin, Neuro
- Drowning due to suffocation from submersion in water.
- 2 causes breath holding which leads to aspiration of water; & laryngospasm which closes the glottis.
- Both causes lead to profound hypoxia and death.
- Fresh water drowning ventricular fibrillation may be likely.
- Salt water drowning may cause pulmonary edema in time.
- Pulmonary edema can develop within 24 48 hours after submersion.
- All victims should be transported for evaluation due to potential for worsening over the next several hours.
- Drowning is a leading cause of death among would-be rescuers.
- Allow appropriately trained and certified rescuers to remove victims from areas of danger.
- With pressure injuries (decompression / barotrauma), consider transport for availability of a hyperbaric chamber.
- All hypothermic / hypothermic / near-drowning patients should have resuscitation performed until care is transferred, or if there are other signs of obvious death (putrification, traumatic injury unsustainable to life).
- A drowning patient is in cardiac arrest after the submersion.
- Consider SPINAL MOTION RESTRICTIN in all drowning cases.
- Patients with low core temperatures will not respond to ALS drug interventions. Maintain warming procedures and supportive care.
- DO NOT perform the Heimlich maneuver to remove water from the lungs prior to resuscitation.



Pediatric Trauma Pediatric Extremity Amputation-Notes Pediatric Trauma

History	Signs & Symptoms	Differential Diagnosis
 Type of injury Mechanism: crush / penetrating / amputation Time of injury Open vs. closed wound / fracture Wound contamination Medical history Medications 	 Pain, swelling Deformity Altered sensation / motor function Diminished pulse / capillary refill Decreased extremity temperature 	 Abrasion Contusion Laceration Sprain Dislocation Fracture Amputation

Key Points

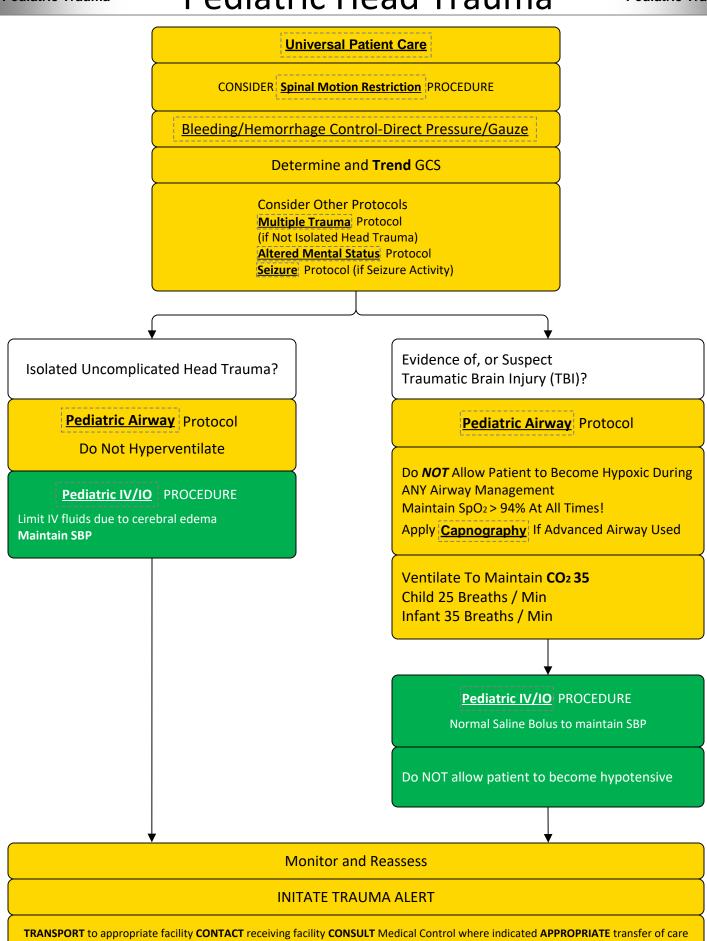
- Exam: Mental Status, Extremity, Neuro
- In amputations, time is critical. Transport and notify medical control immediately, so that the appropriate destination can be determined.
- Hip dislocations and knee and elbow fracture / dislocations have a high incidence of vascular compromise.
- Urgently transport any injury with vascular compromise.
- Blood loss may be concealed or not apparent with extremity injuries.
- Lacerations must be evaluated for repair within 6 hours from the time of injury.

Extremity Trauma

- DO NOT take the time to splint injured extremities in major trauma patients unless it does not delay the scene time or prevents you from performing more pertinent patient care.
- Splint the extremity if the patient has signs and symptoms of a fracture or dislocation.
- Treat all suspected sprains or strains as fractures until proven otherwise.
- Splint the joint above and below for all suspected fractures.
- Splint the bone above and below for all suspected joint injuries.
- Check and document the patient's MSP's before and after splinting.
- A traction splint with a backboard is the preferred splint to use for femur fractures.

Traumatic Amputation

- Care of the amputated extremity include:
 - o Cleanse an amputated extremity with normal saline or sterile water.
 - o DO NOT place any amputated tissue directly on ice or cold pack. Instead, place the amputated limb into a plastic bag. Put the bag into a container of cool water with a few ice cubes (if available).
- Contact the receiving hospital with the patient information, and include the status of the amputated limb.
- Focus on patient care and not on the amputated extremity.
- Tourniquets should be applied early if there is a risk of exsanguination (bleeding out) from extremity injury.
- Remember to calm and reassure the patient. Do not give the patient or their family member's false hope of reattachment of the affected limb. A medical team at the receiving hospital makes this decision.
- Delegate someone to do an on scene search for the amputated part when it cannot be readily found and continue with patient care
- Use only commercially available tourniquets.



History	Signs & Symptoms	Differential Diagnosis
 Time of injury Mechanism (blunt vs. penetrating) Loss of consciousness Bleeding Past medical history Medications Evidence for multi-trauma 	 Pain, swelling, bleeding Altered mental status Unconscious Respiratory distress / failure Vomiting Major traumatic mechanism of injury Seizure 	 Skull fracture Brain injury (concussion, contusion, hemorrhage or laceration) Epidural hematoma Subdural hematoma Subarachnoid hemorrhage Spinal injury Abuse

Fluid Resuscitate to systolic of 70 + 2 x age

How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just "don't feel right" after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

Signs Observed by Parents or Coaches

- Appears dazed or stunned.
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent.
- Moves clumsily.
- Answers questions slowly.
- Loses consciousness (even briefly).
- · Shows mood, behavior, or personality changes.
- · Can't recall events prior to or after a hit or fall.

Symptoms Reported by Children and Teens

- · Headache or "pressure" in head.
- Nausea or vomiting.
- Balance problems or dizziness, or double or blurry vision.
- Bothered by light or noise.
- Feeling sluggish, hazy, foggy, or groggy.
- · Confusion, or concentration or memory problems.
- · Just not "feeling right," or "feeling down."

Key Points

- Exam: Mental Status, HEENT, Heart, Lungs, Abdomen, Extremities, Back, Neuro
- If GCS < 12 consider air / rapid transport and if GCS < 8 intubation should be anticipated.
- Increased intracranial pressure (ICP) may cause hypertension and bradycardia (Cushing's Response).
- Hypotension usually indicates injury or shock unrelated to the head injury.
- The most important item to monitor and document is a change in the level of consciousness.
- Concussions are periods of confusion or LOC associated with trauma, which may have resolved by the time EMS arrives. A physician should evaluate any prolonged confusion or mental status abnormality, which does not return to normal within 15 minutes or any documented loss of consciousness.

Universal Patient Care Determine type of injury Tongue Nose Eye **Remove Contact Lenses** Have suction on and Have suction on and (If applicable) Immediately available to maintain Immediately available to maintain airway airway If burn or foreign body, determine substance. Flush with copious Attempt to control bleeding with Sit patient upright Amounts of normal saline direct pressure / gauze if and forward. Pinch nostrils. Consider external applied cold pack able and will not cause airway obstruction to bridge of nose If penetrating trauma, secure object (Do not remove) Traumatic or atraumatic epistaxis **TRANSPORT** to appropriate facility not controlled with BLS Measures **CONTACT** receiving facility Consider Eye Out; Cover with sterile **CONSULT** Medical Control where TRANEXAMIC ACID (TXA) 4 x 4, normal saline and stabilize indicated Soaked gauze product nostril packing Soak in standard concentration TXA Ear Have patient blow nose, suction active bleeding, then pack nostril with TXA If Non-Penetrating Trauma soaked gauze Resume BLS care as above **CONSIDER TOPICAL PAIN CONTROL** If foreign body, Determine substance <u>Tetracaine (Pontocaine)</u> 1 drops to affected eye No Repeat **TRANSPORT** to appropriate facility Attempt to control bleeding with If Tetracaine (Pontocaine) is **CONTACT** receiving facility direct pressure / gauze used, patient must be **CONSULT** Medical Control where evaluated at hospital indicated **TRANSPORT** to appropriate facility **CONTACT** receiving facility Tooth **CONSULT** Medical Control where **TRANSPORT** to appropriate facility If tooth out attempt **APPROPRIATE** transfer of care **CONTACT** receiving facility preservation as soon as possible in; **CONSULT** Medical Control where Commercially available tooth preservation kit indicated (if available) or whole milk (if available). **APPROPRIATE** transfer of care Handle by enamel only, do not touch roots **TRANSPORT** to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Control where

indicated

APPROPRIATE transfer of care

Pediatric Trauma Pediatric Maxillofacial/Eye Trauma-Notes Pediatric Trauma

History	Signs & Symptoms	Differential Diagnosis
Trauma of any type that results in injury to one or both eyes.	 Irritation to eye Visual disturbances Obvious penetrating injury Burn (chemical, thermal) Loss of vision Dizziness Loss of consciousness Nausea 	Hypertension Contact lens problem

Key Points

- If unsure if something can be flushed with water, contact Medical Command.
- A garden hose can be used to help flush the patient's eye(s) if available. **DO NOT** use a high-pressure hose or at a high force. If needed, irrigate the patient's eyes for approximately 5 -15 minutes.
- Begin irrigating immediately, because irreversible damage can occur in a few minutes.

TRAUMA

- Do not allow eye injury to distract you from the basics of trauma care.
- Do not remove any foreign body imbedded in the eye or orbit. Stabilize any large protruding foreign bodies.
- With blunt trauma to the eye, if time permits, examine the globe briefly for gross laceration as the lid may be swollen tightly shut later. Sclera rupture may lie beneath an intact conjunctiva.
- Covering both eyes when only one eye is injured may help to minimize trauma to the injured eye, but in some cases the patient is too anxious to tolerate this.
- Transport patient supine unless other life threats prohibit this from being done. (This is based on physics, the goal of not letting the fluid within the eye drain out of the eye)

CHEMICAL BURNS

- When possible determine type of chemical involved first. The eye should be irrigated with copious amounts of water or saline, using IV tubing wide open for a minimum of 15 minutes started as soon as possible. Any delay may result in serious damage to the eye.
- Always obtain name and, if possible, a sample of the contaminant or ask that they be brought to the hospital as soon as possible.

CONTACT LENSES

- If possible, contact lenses should be removed from the eye; be sure to transport them to the hospital with the patient. If the lenses cannot be removed, notify the ED personnel as soon as possible.
- If the patient is conscious and alert, it is much safer and easier to have the patient remove their lenses.

ACUTE, UNILATERAL VISION LOSS

- When a patient suddenly loses vision in one eye with no pain, there may be a central retinal artery occlusion. Urgent transport and treatment is necessary.
- Patient should be transported flat.

Pediatric Multiple Trauma

AEMT Intervention

Paramedic Intervenetion



Consider Air transport if delay due to extrication

CONSIDER Spinal Motion Restriction PROCEDURE

Pediatric Airway Protocol

Rapid Trauma Assessment

Capnography PROCEDURE

Attach Cardiac Monitor

Pediatrict IV/IO PROCEDURE

Assess Vital Signs / Perfusion

Abnormal

Reassess Airway Ventilate Appropriately

NORMAL SALINE BOLUS

20 ml/kg | - Repeat as Needed

If evidence of current / previous uncontrolled hemorrhage, sustained HR > 120 and / or SBP < 90 (for age), within 60 mins of injury

Consider Tranexamic Acid (TXA) 15 mg/kg mixed in 100 ml D5W over 10 mins – Max 1 gram

Monitor and Reassess

Continued Hypotension?

Trauma Arrest?

Consider

Needle Chest Decompression

Normal

Ongoing Assessment

Monitor and Reassess

Treat per Appropriate Protocol

Pediatric Pain Management

INITATE TRAUMA ALERT

TRANSPORT to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Control where indicated **APPROPRIATE** transfer of care

Pediatric Trauma Pediatric Multiple Trauma-Notes Pediatric Trauma

History	Signs & Symptoms	Differential Diagnosis
 Time and mechanism of injury Damage to structure or vehicle Location in structure or vehicle Others injured or dead Speed and details of MVC Restraints / protective equipment Car seat Helmet Pads Ejection Past medical history Medications 	 Pain, swelling Deformity, lesions, bleeding Altered mental status Unconscious Hypotension or shock Arrest 	Life Threatening: Chest Tension pneumothorax Flail chest Pericardial tamponade Open chest wound Hemothorax Intra-abdominal bleeding Pelvis / femur fracture Spine fracture / cord injury Head injury (see Head trauma) Extremity fracture / dislocation HEENT (airway obstruction)

A Pediatric Trauma Victim is a person < 16 years of age exhibiting one or more of the following physiologic or anatomic conditions:

Physiologic conditions

- Glasgow Coma Scale < 13;
- Loss of consciousness > 5 minutes;
- Deterioration in level of consciousness at the scene or during transport;
- Failure to localize to pain;
- Evidence of poor perfusion, or evidence of respiratory distress or failure.

Anatomic conditions

- Penetrating trauma to the head, neck, or torso;
- Significant, penetrating trauma to extremities proximal to the knee or elbow with evidence of neurovascular compromise;
- Injuries to the head, neck, or torso where the following physical findings are present;
- Visible crush injury;
- Abdominal tenderness, distention, or seatbelt sign;
 - Pelvic fracture;
 - Flail chest;
- Injuries to the extremities where the following physical findings are present:
 - o Amputations proximal to the wrist or ankle;
 - Visible crush injury:
 - o Fractures of two or more proximal long bones;
 - Evidence of neurovascular compromise.
- Signs or symptoms of spinal cord injury;
- 2_{nd} or 3_{rd} Degree burns > 10% total BSA, or other significant burns involving the face, feet, hands, genitalia, or airway.

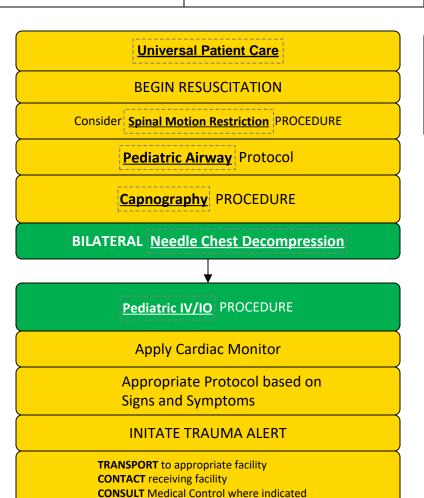
Fluid Resuscitate to systolic of 70 + 2 x age

Key Points

- Exam: Mental Status, Skin, HEENT, Heart, Lung, Abdomen, Extremities, Back, Neuro
- Mechanism is the most reliable indicator of serious injury. Examine all restraints / protective equipment for damage.
- In prolonged extrications or serious trauma consider air transportation for transport times and the ability to give blood.
- Do not overlook the possibility for child abuse.
- A trauma victim is considered to be a pediatric patient if they are < 16 years old.
- Major trauma patients are to be transported to the closest pediatric trauma center.
- Contact the receiving hospital for all major trauma or critical patients.
- The Proper size equipment is very important to resuscitation care. Refer to length based drug treatment guide (e.g. BROSELOW PEDIATRIC EMERGENCY TAPE OR SIMILAR GUIDE) when unsure about patient weight, age and / or drug dosage and when choosing equipment size.
- Cover open wounds, burns, eviscerations.
- With the exception of airway control, initiate ALS enroute when transporting major trauma patients.
- If unable to access patient airway and ventilate, then transport to the closest facility for airway stabilization.
- The on scene time for major trauma patients should not exceed 10 minutes without documented, acceptable reason for the delay.
- When initiating an IV and drawing blood, collect a red top blood tube to assist the receiving hospital with determining the patient's blood type.
- All major trauma patients should receive oxygen administration, an IV(s), and cardiac monitoring.
- Provide a documented reason if an intervention could not be performed.
- Transport to a Pediatric Trauma center when able

Differential Diagnosis History Signs & Symptoms • Time of injury Excessive bleeding Obvious DOA • Mechanism: blunt / penetrating Death • Unresponsive; not breathing • Loss of consciousness Cardiac arrest Significant mechanism of injury Bleeding Medications Evidence of multi-trauma

Pediatric Trauma Arrest



Consider

DOA /

Termination of Resuscitation Efforts

Key Points

- Immediately transport traumatic cardiac arrest patients.
- With the exception of airway management, traumatic cardiac arrests are "load and go" situations.

APPROPRIATE transfer of care

- Resuscitation should not be attempted in cardiac arrest patients with spinal transection, decapitation, or total body burns, nor in patients with obvious, severe blunt trauma that are without vital signs, pupillary response, or an organized or shockable cardiac rhythm at the scene. Patients in cardiac arrest with deep penetrating cranial injuries and patients with penetrating cranial or truncal wounds associated with asystole and a transport time of more than 15 minutes to a definitive care facility are unlikely to benefit from resuscitative efforts.
- Extensive, time-consuming care of trauma victims in the field is usually not warranted. Unless the patient is trapped, they should be enroute to a medical facility within 10 minute after arrival of the ambulance on the scene.

Pediatric Trauma Glasgow Coma Score/Pediatric Vital Signs Pediatric Trauma

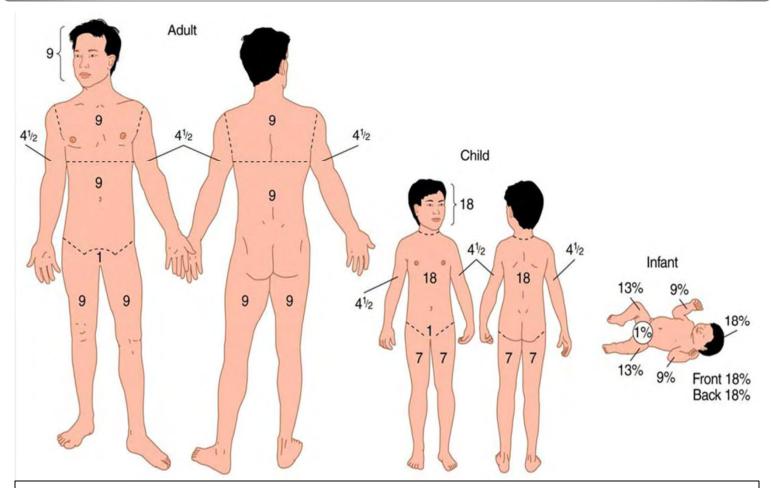
Eye Opening			
	Spontaneous	Spontaneous	4
	To voice	To voice	3
	To pain	To pain	2
	None	None	1
Verbal Response			
	Oriented	Coos, babbles	5
	Confused	Irritable cry, inconsolable	4
	Inappropriate	Cries to pain	3
	Garbled speech	Moans to Pain	2
	None	None	1
Verbal Response			
	Obeys commands	Normal movements	6
	Localizes pain	Withdraws to touch	5
	Withdraws to pain	Withdraws to pain	4
	Flexion	Flexion	3
	Extension	Extension	2
	Flaccid	Flaccid	1

^{*} NOTE: MOTOR RESPONSE IS MOST INDICATIVE OF LEVEL OF INJURY

PEDIATRIC NORMAL VITAL SIGNS

Age	Heart Rate	Respiration	Systolic Blood Pressure
Preterm, 1 kg	120 - 160	30 - 60	36 - 58
Preterm, 1 kg	120 - 160	30 - 60	42 - 66
Preterm, 2 kg	120 - 160	30 - 60	50 - 72
Newborn	126 - 160	30 - 60	60 – 70
Up to 1 year old	100 - 140	30 - 60	70 - 80
1 – 3 years old	100 - 140	20 - 40	76 - 90
4 - 6 years old	80 - 120	20 - 30	80 - 100
7 - 9 years old	80 - 120	16-24	84 - 110
10 - 12 years old	60 - 100	16 - 20	90 - 120
13 - 14 years old	60 - 90	16 - 20	90 - 120
15 + years old	60 - 90	14 - 20	90 - 130

Blood pressure is a late and unreliable indicator of shock in children



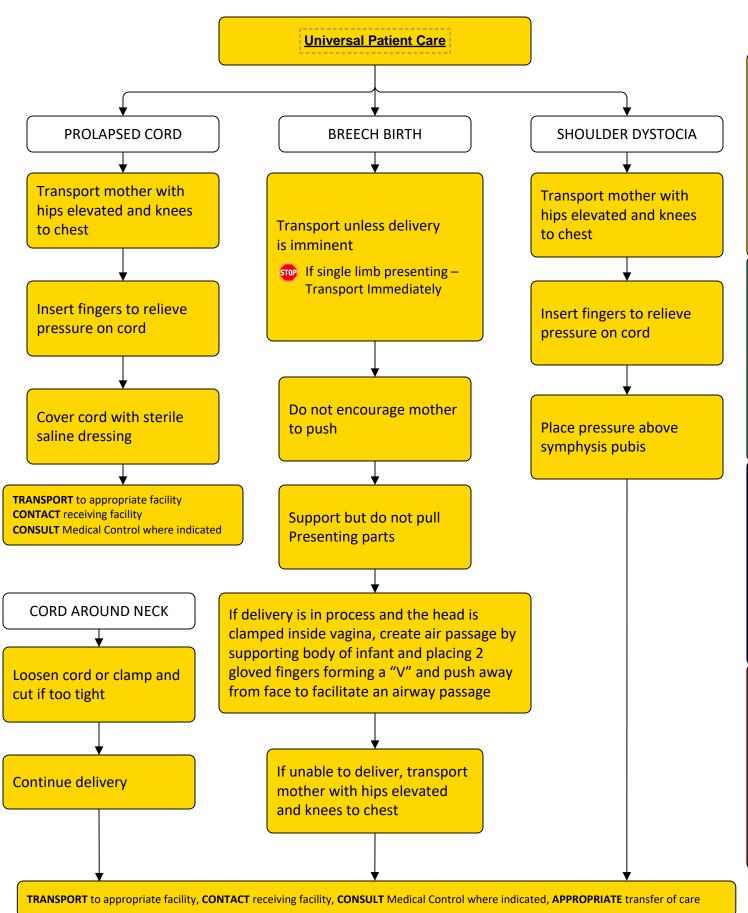
1% is equal to the surface of the palm of the patient's hand. If unsure of %, describe injured area.

Major Burn Criteria

- 2° and 3° burns > 10% surface area
- Burns of the face, hands feet genitalia
- Electrical shock with burn injury
- Burn with inhalation injury any burn with potential functional or cosmetic impairment

OB/GYN Emergencies

OB/GYN Emergencies



CONTACT MEDICAL DIRECTION IMMEDIATLEY WHEN ANY ABNORMAL BIRTH PRESENTATION IS DISCOVERED

History	Signs & Symptoms	Differential Diagnosis
 Past medical history Hypertension meds Prenatal care Prior pregnancies / births Gravida / para Ultrasound findings in prenatal care 	 Frank breech (buttocks presents first) Footling breech (one foot or both feet presenting) Transverse lie (fetus is on his / her side with possible arm or leg presenting) Face first presentation Prolapsed cord (umbilical cord presents first) 	Miscarriage Stillbirth

Key Points

General Information

- DO NOT pull on any presenting body parts.
- These patients will most likely require a c-section, so immediate transport is needed.
- Prolonged, non-progressive labor distresses the fetus and mother. Be sure to reassess mother's vital signs continuously.
- Transport to an appropriate OB facility if the patient is pregnant.

Cord Around Baby's Neck:

• As baby's head passes out the vaginal opening, feel for the cord. Initially try to slip cord over baby's head; if too tight, clamp cord in two places and cut between clamps.

Breech Delivery:

- Footling breech, which is one or both feet delivered first
- Frank breech, which is the buttocks first presentation
 - o When the feet or buttocks first become visible, there is normally time to transport patient to nearest facility.
 - $\circ\;$ If upper thighs or the buttock have come out of the vagina, delivery is imminent.
 - o If the child's body has delivered and the head appears caught in the vagina, the EMT must support the child's body and insert two fingers into the vagina along the child's neck until the chin is located. At this point, the two fingers should be placed between the chin and the vaginal canal and then advanced past the mouth and nose.
 - o After achieving this position a passage for air must be created by pushing the vaginal canal away from the child's face. This air passage must be maintained until the child is completely delivered.

Excessive Bleeding Pre-Delivery:

- If bleeding is excessive during this time and delivery is imminent, in addition to normal delivery procedures, the EMT should use the HYPOVOLEMIC SHOCK PROTOCOL.
- If delivery is not imminent, patient should be transported on her left side and shock protocol followed.

Excessive Bleeding Post-Delivery:

- If bleeding appears to be excessive, start IV of saline.
- If placenta has been delivered, massage uterus and put baby to mother's breast.
- Follow HYPOVOLEMIC SHOCK PROTOCOL.

Prolapsed Cord:

- When the umbilical cord passes through the vagina and is exposed, the EMT should check cord for a pulse.
- The patient should be transported with hips elevated or in the knee chest position and a moist dressing around cord.
- If umbilical cord is seen or felt in the vagina, insert two fingers to elevate presenting part away from cord, distribute pressure evenly when occiput presents.
- DO NOT attempt to push the cord back. High flow oxygen and transport IMMEDIATELY.

Shoulder Dystocia:

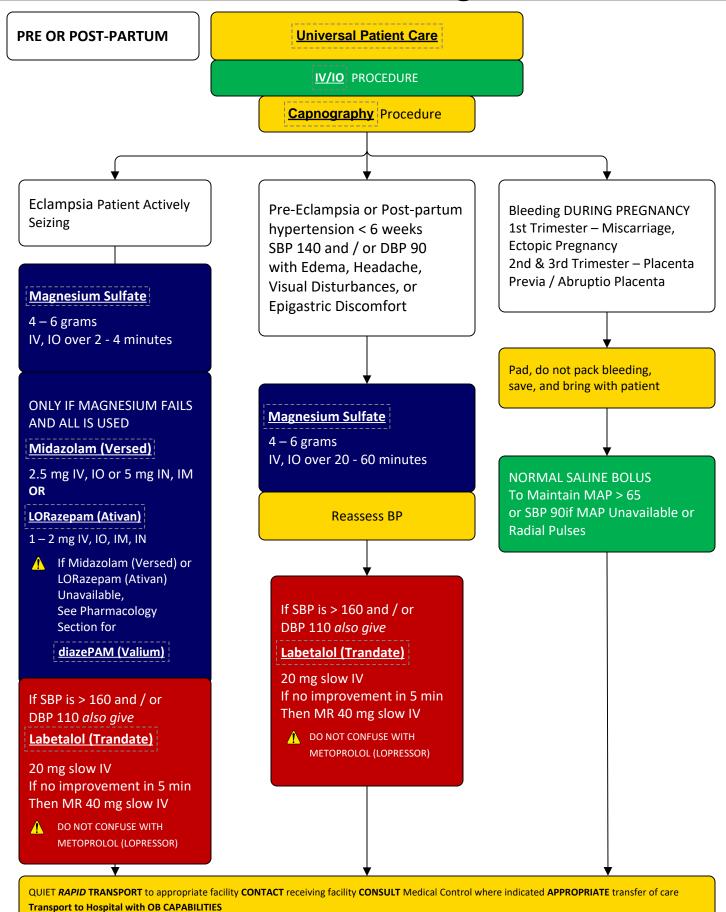
- Following delivery of the head the shoulder(s) become "stuck" behind the symphisis pubis or sacrum of the mother.
- Occurs in approximately 1% of births.

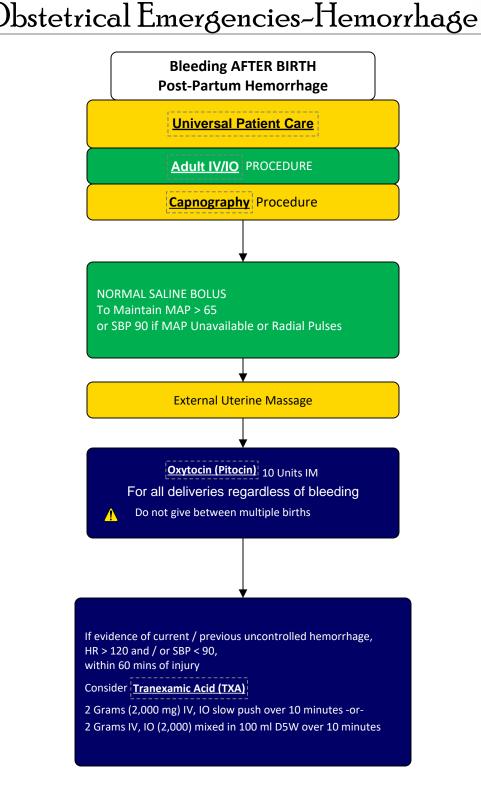
Obstetrical Emergencies

OB/GYN Emergencies

MT Intervention

AEMT Intervention





History	Signs & Symptoms	Differential Diagnosis
 Past medical history Hypertension meds Prenatal care Prior pregnancies / births Gravida (preganicies) / para (live births) 	 Vaginal bleeding Abdominal pain Seizures Hypertension Severe headache Visual changes Edema of hands and face 	 Pre-eclampsia / eclampsia Placenta previa Placenta abruptio Spontaneous abortion

Key Points

• Exam: Mental Status, Abdomen, Heart, Lungs, Neuro

General Information

- Any woman of child bearing age with syncope should be considered an ectopic pregnancy until proven otherwise.
- May place patient in a left lateral position to minimize risk of supine hypotensive syndrome.
- Ask patient to quantify bleeding number of pads used per hour.
- Any pregnant patient involved in a MVC should be seen immediately by a physician for evaluation and fetal monitoring.
- DO NOT apply packing into the vagina.
- Be alert for fluid overload when administering fluids.
- Consider starting a second IV if the patient is experiencing excessive vaginal bleeding or hypotension maintain BP 90 systolic,
- Transport to an appropriate OB facility if the patient is pregnant,

Abortion / Miscarriage

- The patient may be complaining of cramping, nausea, and vomiting.
- Be sure to gather any expelled tissue and transport it to the receiving facility.
- Signs of infection may not be present if the abortion/miscarriage was recent.
- An abortion is any pregnancy that fails to survive over 20 weeks. When it occurs naturally, it is commonly called a "miscarriage".

Abruptio Placenta

- Usually occurs after 20 weeks.
- · Dark red vaginal bleeding.
- May only experience internal bleeding.
- May complain of a "tearing" abdominal pain.

Ectopic Pregnancy

- The patient may have missed a menstrual period or had a positive pregnancy test.
- Acute unilateral lower abdominal pain that may radiate to the shoulder.
- Any female of childbearing age complaining of abdominal pain is considered to have an ectopic pregnancy until proven otherwise.

Pelvic Inflammatory Disease

- Be tactful when questioning the patient to prevent embarrassment.
- Diffuse back pain.
- Possibly lower abdominal pain.
- Pain during intercourse.
- Nausea, vomiting, or fever.
- Vaginal discharge.
- May walk with an altered gait do to abdominal pain.

Placenta Previa

- Usually occurs during the last trimester.
- Painless.
- Bright red vaginal bleeding.

Post Partum Hemorrhage

- Post partum blood loss greater than 300 500 ml.
- Bright red vaginal bleeding.
- Be alert for shock and hypotension.

Uterine Inversion

- The uterine tissue presents from the vaginal canal. Cover with sterile saline dressing.
- Be alert for vaginal bleeding and shock.

Pre-Eclampsia / Eclampsia

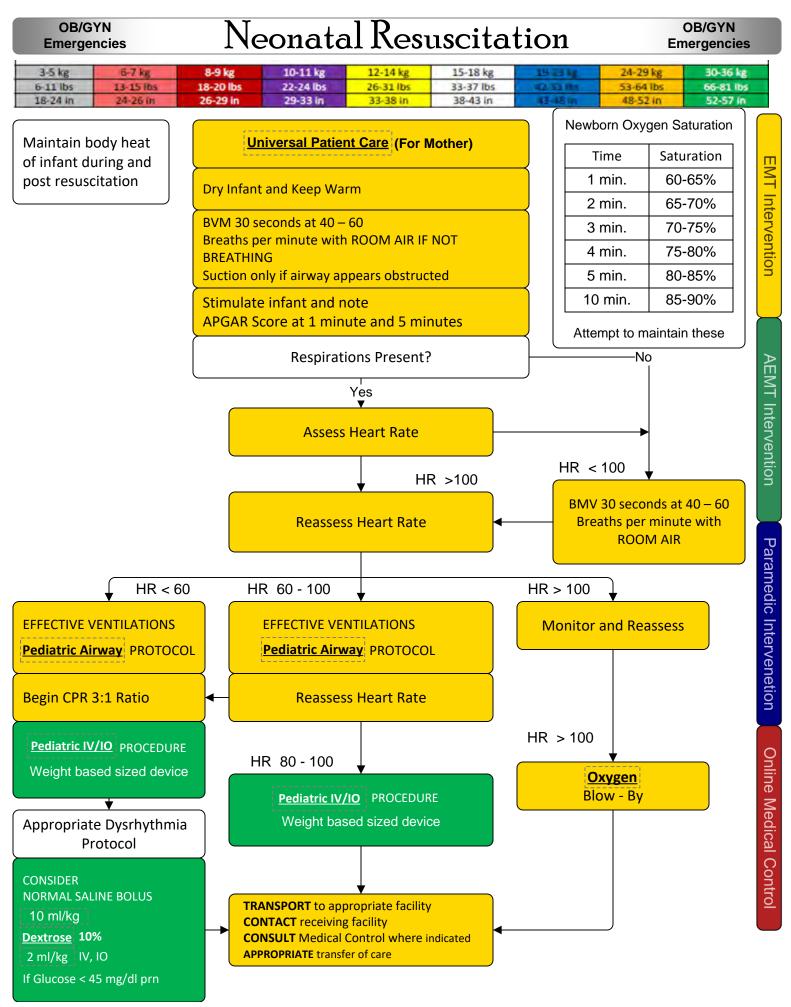
- Severe headache, vision changes, or RUQ pain may indicate pre-eclampsia.
- In the setting of pregnancy, hypertension is defined as a BP greater than 140 systolic and greater than 90 diastolic, or a relative increase of 30 systolic and 20 diastolic from the patient's normal (pre-pregnancy) blood pressure.

Uterine Rupture

- Often caused by prolonged, obstructed, or non-progressive labor.
- Severe abdominal pain.

Vaginal Bleeding

• If the patient is experiencing vaginal bleeding, DO NOT pack the vagina, pad on outside only.



OB/GYN Emergencies

Neonatal Resuscitation-Notes

OB/GYN Emergencies

History	Signs & Symptoms	Differential Diagnosis
 Due date and gestational age Multiple gestation (twins etc.) Meconium Delivery difficulties Congenital disease Medications (maternal) Maternal risk factors substance abuse smoking 	 Respiratory distress Peripheral cyanosis or mottling (normal) Central cyanosis (abnormal) Altered level of responsiveness Bradycardia 	 Airway failure Secretions Respiratory drive Infection Maternal medication effect Hypovolemia Hypoglycemia Congenital heart disease Hypothermia

Key Points

- Exam: Mental Status, Skin, HEENT, Neck, Chest, Heart, Abdomen, Extremities, Neuro
- Newborn arrest is not a cardiac arrest, it is a respiratory arrest
- Effective ventilation is key to successful resuscitation.
- Effective ventilation can be determined by; Chest rise, Bilateral breath sounds, and Increasing heart rate.
- Term baby resuscitation should begin with room air.
- Preterm baby resuscitate with oxygen but reservoir removed from BVM.
- Hypothermia is a common complication of home and field deliveries. Keep the baby warm and dry.
- Consider hypoglycemia in infant. If the BGL less than 45 mg / dl go to then administer Dextrose 10%.
- Document 1 and 5 minute APGAR scores, but do not use it to guide your resuscitation steps.
- If the patient is in distress, consider causes such as; hypovolemia. Administer a 10 ml / kg fluid bolus of normal saline.
- If drying and suction has not provided enough stimulation, try rubbing the infant's back or flicking their feet. If the infant still has poor respiratory effort, poor tone, or central cyanosis, consider them to be distressed, Most distressed infants will respond quickly to PVM
- Use caution not to allow newborns to slip from grasp.
- Gestation less than 20 weeks are not viable. Fundus at the umbilicus or greater.

APGAR SCORING

Sign	0	1	2
Color	Blue / Pale	Pink Body. Blue Extremities	Completely Pink
Heart Rate	Absent	Below 100	Above 100
Irritability (Response to Stimulation)	No Response	Grimace	Cries
Muscle Tone	Limp	Flexion of Extremities	Active Motion
Respiratory Effort	Absent	Slow and Regular	Strong Cry

Contact Receiving Facility to Notify of Delivery

Observed Head Crowning

Universal Patient Care

Prepare Patient for Delivery Set-Up Equipment

Adult IV PROCEDURE (if time) Not in AC Normal Saline at KVO

Delivery of Head

Firm, gentle pressure with flat of hand to slow expulsion Allow head to rotate normally, check for cord around neck, wipe face free of debris. Suction mouth and nose with bulb syringe

Delivery of Body

Place one palm over each ear with next contraction **gently** move downward until upper shoulder appears
Then lift up gently to ease out lower shoulder
Support the head and neck with one hand and buttocks with other

Newborn and Cord

Keep warm and dry
After 10 seconds, clamp cord in two places with sterile
equipment at least 6 - 8" from newborn
Cut between clamps

Keep newborn at level of vaginal opening

Allow placenta to deliver itself but do not delay transport while waiting Take placenta to hospital with patient

DO NOT PULL ON CORD TO DELIVERY PLACENTA!
Perform APGAR Score 1 min and 5 min post delivery

TRANSPORT to appropriate facility
CONTACT receiving facility
CONSULT Medical Control where indicated
APPROPRIATE transfer of care
Transport to Hospital with OB Facilities

Oxytocin (Pitocin) 10 Units IM

After Delivery – No Repeat For all deliveries regardless of bleeding

Do not give between multiple births

OB/GYN Emergencies

Uncomplicated Delivery-Notes

OB/GYN Emergencies

History	Signs & Symptoms	Differential Diagnosis
 Due date Time contractions started / how often Rupture of membranes Time / amount of any vaginal bleeding Sensation of fetal activity Past medical and delivery history Medications 	 Spasmotic pain Vaginal discharge or bleeding Crowning or urge to push Meconium Left lateral position Inspect perineum (No digital vaginal exam) 	 Abnormal presentation Buttock Foot Hand Prolapsed cord Placenta previa Abruptio placenta

APGAR SCORING

Sign	0	1	2
Color	Blue /Pale	Pink Body. Blue Extremities	Completely Pink
Heart Rate	Absent	Below 100	Above 100
Irritability (Response to Stimulation)	No Response	Grimace	Cries
Muscle Tone	Limp	Flexion of Extremities	Active Motion
Respiratory Effort	Absent	Slow and Regular	Strong Cry

Key Points

- Exam (of Mother): Mental Status, Heart, Lungs, Abdomen, Neuro
- Document all times (delivery, contraction frequency, and length).
- If maternal seizures occur, refer to the OBSTETRICAL EMERGENCIES PROTOCOL.
- After delivery, massaging the uterus (lower abdomen) will promote uterine contraction and help to control post-partum bleeding.
- Some bleeding is normal with any childbirth. Large quantities of blood or free bleeding are abnormal.
- Prepare to deliver on scene (protecting the patient's privacy). If delivery becomes imminent while enroute, stop the squad and prepare for delivery.
- Newborns are very slippery, so be careful not to drop the baby.
- There is no need to wait on scene to deliver the placenta.
- If possible, transport between deliveries if the mother is expecting twins.
- Allow the placenta to deliver, but DO NOT delay transport while waiting.
- DO NOT PULL ON THE UMBILICAL CORD WHILE PLACENTA IS DELIVERING.

Medical Director / EMS agency rights:

These medications represent the medications approved by the protocol advisory board for inclusion in the EMS protocol. Each individual Medical Director reserves the right to choose not to supply or use medication included in the protocol at his / her discretion. The Medical Director also reserves the right to decide which (or all) agent to supply if multiple medications are listed for an application.

In situations where medications are not provided by the EMS agency or Medical Director, the EMS provider is NOT IN VIOLATION of protocol if they cannot provide a listed medication.

Medication Availability:

Medication shortages are an ongoing reality. Although, where available, this document lists available alternate medications, the alternate medications are not necessarily intended to be carried routinely. These agents are intended to be added to the drug box in the event of a shortage of the primary listed agent.

It is the individual Medical Directors and the individual agencies responsibility to communicate shortages and substitutions with the staff. It is the individual providers' responsibility to review the protocols and dosing for substituted medications.

Compliance:

The use of controlled substances on a patient per protocol or with medical control authorization means the patient is now under the influence of such and must be transported to the hospital. If a patient is refusing transport after an administration of a controlled substance, consult Medical Control and law enforcement.

Controlled Substance Waste:

It is recommended that controlled substances be wasted at destination with another provider that would normally have legal access to controlled substances. The documentation of waste MUST be done within prescribed State Pharmacy Board requirements. Controlled substance waste MUST be documented on the supplied UH Pharmacy form supplied with each drug box, regardless of documentation elsewhere in an ePCR.

Missing / Unaccounted for / Misuse / Abuse of Medications:

Any Missing / Unaccounted for / Misuse / Abuse of Medications, or anyone with knowledge or suspicion of such, are required to immediately notify their respective EMS coordinator or Medical Director. Anyone using UH supplied medications is subject to screening drug testing as required during incident investigation. Damaged boxes and contents must have an accompanying incident report.

Pharmacology Review

I. ACTIONS OF MEDICATIONS

- 1. Local effects
- 2. Systemic effects

II. EFFECTS DEPENDS UPON

- 1. Age of patient
 - 2. Condition of patient
 - 3. Dosage
 - 4. Route of administration

III. ROUTE OF ADMINISTRATION

- 1. Intravenous (IV)
- Most rapidly effective
- Most dangerous
- Give SLOWLY through an established IV line (FOR MOST MEDICATIONS)
- 2. Intramuscular (IM)
 - Takes longer to act
 - Longer duration of action (Oil vs. water-based medications duration varies)
 - Deltoid or gluteus maximus site
 - Absorption VERY dependent on blood flow
- 3. Subcutaneous (SQ)
 - Slower and more prolonged absorption
 - Under skin of upper arms, thigh, abdomen
- 4. Inhalation
 - Bronchodilators
 - Steroids (Patients may be prescribed)
- 5. Endotracheal (Only administer through ET as a last resort with no better options)
 - EPINEPHrine (Adrenaline), Atropine, Lidocaine (Xylocaine), Naloxone (Narcan)
 - Medication dose must be twice the IV dose
- 6. Sublingual (SL)
 - Rapid absorption
 - Patient must be well hydrated for good absorption
- 7. Oral
 - Slow rate of absorption
- 8. Rectal (PR)
 - Rapid but unpredictable absorption
- 9. Intranasal (IN)
 - Must use specific device to aerosolize medication
- 10. Intraosseous (IO)
 - IO is only to be used only if IV is unobtainable in an unconscious patient
 - Nearly as fast as IV route

IV. RATES OF ABSORPTION

- 1. "Directly related to route of administration"
 - IV (Fastest)
 - IO (Intraosseous)
 - Inhalation
 - ET (Endotracheal)
 - IM (Intramuscular)
 - SL (Sublingual)
 - IN (intranasal)
 - PR (Rectal)
 - SQ (Subcutaneous)
 - Oral (Slowest)

V. ELIMINATION

- 1. Many methods
- 2. Usually metabolized by the liver
- 3. Eliminated by the kidneys, lungs, skin

Pharmacology Review-continued

VI. TERMS

- 1. Indications Conditions medications are used for
- 2. Contraindications Conditions which make medication use improper
- 3. Depressants Lessens / decreases activity
- 4. Stimulants Increases activity
- 5. Physiologic action Action from therapeutic concentrations of a medication
- 6. Therapeutic action Beneficial action expected from a desired concentration of a medication
- 7. Untoward reaction Unwanted side effect
- 8. Irritation Damage to tissue
- 9. Antagonism Opposition between physiologic action
- 10. Cumulative action Increased action after repeated administration of medications
- 11. Tolerance Decreased effects after repeated doses
- 12. Synergism Combined effects greater than sum of individual effects
- 13. Potentiation Enhancement of one medication by another
- 14. Habituation Becoming abnormally tolerant to and dependent on something that is habit-forming
- 15. Idiosyncrasy Abnormal response to a medication
- 16. Hypersensitivity Exaggerated response or allergy to a specific agent

VII. AUTONOMIC NERVOUS SYSTEM

- 1. Parasympathetic Controls vegetative functions "rest and digest"
- 2. Sympathetic "flight or fight"

VIII. PARASYMPATHETIC NERVOUS SYSTEM

- 1. Mainly mediated by vagus nerve
- 2. Acetylcholine is transmitter (cholinergic)
- 3. Atropine is an acetylcholine blocker

IX. SYMPATHETIC NERVOUS SYSTEM

- 1. Mediated by Nerves from Sympathetic Chain
- 2. Norepinephrine and EPINEPHrine are the transmitters

X. SYMPATHETIC RECEPTORS

Alpha (a) - Vasoconstriction

Beta (b) – Heart rate / Contractility

XI. COMMON SYMPATHETIC AGENTS

Isoproterenol (Isuprel) - pure BETA

Epinephrine (Adrenalin) - ALPHA and BETA

Dobutamine (Dobutrex) - predominately BETA

Norepinephrine (Levophed) - predominately ALPHA

DOPAmine (Intropin) - BETA at low dose range, ALPHA at high dose range

Phenylephrine (Neo-Synephrine) - pure ALPHA

XII. SYMPATHETIC BLOCKERS

Propranolol (Inderal) - BETA blocker

XIII. MEDICATION ADMINISTRATION

Appropriate:

- 1. Medication selection based on protocol
- 2. Visually examine medication for particulates or discoloration and that the medication has not expired
- 3. Contraindications are reviewed prior to administration
- 4. Route is determined by protocol
- 5. Dose selection based on protocol
- 6. Dilution is per protocol
- 7. Rate is per protocol

Pregnancy Classes

Category A

Controlled studies in women do not demonstrate a risk to the fetus. The possibility of fetal harm appears remote.

Category B

Either animal studies have not demonstrated a fetal risk but there are no controlled studies in pregnant women, or animal studies have shown an adverse effect that was not confirmed in controlled studies in women.

Category C

Either studies in animals have revealed adverse effects on the fetus and there are no controlled studies in women, or studies in women and animals are not available. Drugs in category C should only be taken if the benefit justifies the fetal risk.

Category D

There is positive evidence of human fetal risk (birth defects, etc.), but the benefits from use in pregnant women may be acceptable despite the risk.

Category X

Studies in animals or human beings have demonstrated fetal abnormalities or there is evidence of fetal risk based on human experience, and the risk of the use of the drug in pregnant women clearly outweighs any possible benefit. Drugs in category x should not be taken by pregnant women for any reason.

Category N

Not classified

Adenosine (Adenocard)

Pregnancy Class	С
Actions	Slows conduction time and can interrupt re-entrant pathways through the AV node Slows the sinus rate
Indications	Supra ventricular tachycardia (SVT) Monomorphic, regular wide complex arrhythmias
Contraindications	 Atrial fibrillation Atrial flutter Polymorphic, irregular, or unstable ventricular tachycardia Heart blocks Known WPW
Precautions	Inform the patient of likely side effects prior to medication administration
Side Effects	 Facial flushing Shortness of breath / dyspnea Chest discomfort Brief period of sinus arrest Headache Dizziness Hypotension
Usually Supplied	6 mg / 2ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	SVT Initial Dose: Narrow-Complex Tachycardia 6 mg rapid IV PUSH (over 1-3 sec.) immediately followed with a 20 ml normal saline flush SVT Repeat Dose: (If no response is observed after 1 minute) 12 mg rapid IV PUSH (over 1-3 sec.) immediately followed with a 20 ml normal saline flush—No additional Repeat Wide Complex Regular Initial Dose: Wide-Complex Tachycardia-w/Pulse 6 mg rapid IV PUSH (over 1-3 sec.) immediately followed with a 20 ml normal saline flush Wide Complex Repeat Dose: (If no response is observed after 1 minute) 12 mg rapid IV PUSH (over 1-3 sec.) immediately followed with a 20 ml normal saline flush - No Repeat
Pediatric Dose	SVT Initial Dose: Pediatric Narrow-Complex Tachycardia 0.1 mg/kg rapid IV PUSH followed with a 10 ml normal saline flush (Max single dose 6 mg) SVT Repeat Dose: If no response is observed after 1 - 2 min., administer 0.2 mg/kg rapid IV PUSH followed with a 10 ml normal saline flush (Max single dose 12 mg) – No additional Repaet
Key Points	 Adenosine has a short half-life, and should be administered rapidly followed by a rapid IV flush Reassess after each medication administration and refer to the appropriate protocol and treat accordingly Perform a 12 Lead EKG prior to the administration of adenosine and after the rhythm converts Record EKG during administration

Albuterol (Proventil)

Pregnancy Class	С
Actions	Relax bronchial smooth muscles Reduces airway resistance Relieves bronchospasm
Indications	 Asthma exacerbation COPD exacerbation Pulmonary edema with wheezing Hyperkalemia
Contraindications	Known hypersensitivity
Precautions	Use caution when administering to pregnant women Patients with cardiac history Retients with seizure disorders
Side Effects	Headache, Drowsiness, Dizziness, Restlessness, Nausea / Vomiting, Tachycardia, Palpitations, Hyper / hypotension, Tremors, PVCs
Supplied	Single unit dose 2.5 mg in 3 ml of nebulizer solution
Adult Dose	Respiratory Distress/Asthma/COPD: (As part of DuoNeb) 2.5 mg in 3 ml unit dose via nebulizer and 6 - 8 lpm oxygen May repeat prn Congestive Heart Failure with wheezing: (As part of DuoNeb) 2.5 mg in 3 ml unit dose via nebulizer and 6 - 8 lpm oxygen May repeat prn Anaphylaxis: (As part of DuoNeb) 2.5 mg in 3 ml unit dose via nebulizer and 6 - 8 lpm oxygen May repeat prn EMT MUST CONTACT ONLINE MEDICAL CONTROL Dialysis Patient / Peaked T waves: 2.5 mg in 3 ml unit dose via nebulizer and 6 - 8 lpm oxygen 10 mg normal staring dose (4 unit doses) Albuterol ONLY not DUONEB
Pediatric Dose	Respiratory Distress Lower Airway: Mild - 2.5 mg in 3 ml unit dose via nebulizer and 6 – 8 lpm oxygen first Dose – Add Ipratropium (Atrovent) with subsequent doses Moderate / Distress Severe Distress - 2.5 mg in 3 ml unit dose via nebulizer and 6 – 8 lpm oxygen – Add Ipratropium (Atrovent) Anaphylaxis: 2.5 mg in 3 ml unit dose via nebulizer and 6 - 8 lpm oxygen EMT MUST CONTACT ONLINE MEDICAL CONTROL

Amiodarone (Cordarone)

Pregnancy Class	X – USE LIDOCAINE instead
Actions	Prolongs the refractory period and action potential duration
Indications	Ventricular fibrillation Pulseless ventricular tachycardia Wide complex tachycardia with a pulse
Contraindications	Known hypersensitivity If lidocaine was previously used, Do Not use amiodarone Second / third degree AV blocks
Side Effects	Hypotension Prolonged QT interval
Supplied	150 mg / 3 ml vial VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	PULSELESS - Ventricular Fibrillation/Ventricular Tachycardia: 300 mg IV Push (May be repeated one time at 150 mg IV push in 3 - 5 minutes if no change) PULSE PRODUCING - Wide-Complex Tachycardia 150 mg diluted in 100 ml of D5 over 10 minutes If pregnant use Lidocaine (Xylocaine)
Pediatric Dose	PULSELESS - Ventricular Fibrillation/Ventricular Tachycardia 5 mg/kg IV, IO Push May repeat up to 3 doses If the rhythm converts to a perusing rhythm, then administer 2.5 mg/kg IV, IO mixed in 100 ml D5 over 20 - 60 minutes Max. 300 mg PULSE PRODUCING - Wide Complex Tachycardia 5 mg/kg mixed in 100 ml of D5 IV/IO over 20 - 60 minutes Max. 300 mg
Key Points	 Amiodarone is the preferred antiarrhythmic medication to treat life threating PULSELESS ventricular arrhythmias Avoid excessive movement and shaking of the medication Do not administer concurrently with other medications that prolong QT interval Ideally mixed in 100 ml bag of D5 for administration to patients with perfusing rhythms.

Pregnancy Class	D
Actions	Blocks platelet aggregation
Indications	Chest pain suggestive of a MI 2. 12-Lead EKG indicating a possible MI 3. Patients with Acute coronary symptoms
Contraindications	1. Known hypersensitivity 2. Active ulcer disease 3. Signs of stroke
Precautions	GI bleeds
Side Effects	Heartburn Nausea and vomiting
Supplied	81 mg chewable tablet
Adult Dose	Acute Coronary Symptoms 324 mg (4 tablets)
Pediatric Dose	Not recommended in the pre-hospital setting
Key Points	If patient has already taken ASA in the last 24 hours, give ASA to equal 324 mg total

Pregnancy Class	С
Actions	Blocks acetylcholine (parasympathetic nervous system) Increases conduction through the SA node by blocking vagal activity
Indications	Symptomatic sinus bradycardia Organophosphate poisoning Nerve agent exposure
Contraindications	Known hypersensitivity Second degree AV Blocks (Mobitz type II) Third degree AV Blocks
Precautions	May increase myocardial oxygen demand – use caution if possible acute MI May trigger tachydysrhythmias Avoid in hypothermic bradycardia
Side Effects	1. Dry mouth 2. Blurred vision 3. Flushed skin 4. Headache 5. Tachycardia 6. Pupillary dilation
Supplied	1 mg / 10 ml
Adult Dose	Bradycardia 1 mg IV, IO every 3 - 5 minutes (max dose 3 mg) Organophosphate Poisoning 1 mg IV repeat every 3 - 5 minutes until resolution of symptoms No max dose. Extremely large doses will likely be required Beta Blocker OD 1 mg IV, IO every 3 - 5 minutes (Max dose 3 mg)
Pediatric Dose	Bradycardia 0.02 mg/kg IV, IO repeated in 5 minutes one time Minimum dose is 0.1 mg Max dose 0.5 mg EPINEPHrine is used first in peds bradycardia Useful in pediatrics only if evidence of vagal stimulation, use EPINEPHrine first in pediatric bradycardia Organophosphate Poisoning 0.05 mg/kg IV Max 1 mg per dose Repeat every 3 - 5 minutes until resolution of symptoms. No max dose. Extremely large doses will likely be required.

Pregnancy Class	С
Actions	Raises serum calcium levels, increases cardiac contractility
Indications	 Calcium channel blocker OD Dialysis patient in cardiac arrest Hypocalcemia Hyperkalemia Hypermagnesemia
Contraindications	None in the emergency setting
Precautions	Do not infuse with SODIUM BICARBONATE – will cause precipitates – FLUSH LINES BEFORE ADMIN PUSH SLOW 2 minutes Extravasation may cause tissue necrosis
Side Effects	 Hypotension Nausea Tissue necrosis at injection site Flushing / Hot flashes Arrhythmias
Supplied	100 mg / ml – Both Calcium Chloride and Calcium Gluconate
Adult Dose	Dialysis Patients in Cardiac Arrest: Asystole/PEA V-Fib/Pulseless V-Tach 1-3 Grams Calcium Gluconate IV, IO Slow -or- 1 Gram IV, IO Slow Calcium Chloride Calcium Channel Blocker OD 1 - 3 Grams Calcium Gluconate IV, IO Slow -or- 1 Gram IV, IO Slow Calcium Chloride Hyperkalemia / Peaked T Waves / Sine Wave EKG 1 - 3 Grams Calcium Gluconate IV. IO Slow -or- 1 Gram IV, IO Slow Calcium Chloride May repeat either if available and EKG changes reoccur Toxic Exposure Hydrogen Fluoride Exposure 2.5% Topically over burn area If systemic: 0.1 - 0.2 mL/kg up to 10 mL
Pediatric Dose	Calcium Channel Blocker OD 20 mg/kg IV, IO Calcium Chloride over 10 min – May repeat in 20 min Max dose 1 Gram 60 mg/kg IV, IO Calcium Gluconate over 10 min – May repeat in 20 min Max dose 3 Grams May repeat either if available and EKG changes reoccur

Pregnancy Class	С		
Actions	Restores blood sugar Dextrose 5%, 10%, 25%, AND 50%		
Indications	 Treatment of altered mental status due to hypoglycemia Adult BGL less than 70 mg / dl or signs and symptoms of hypoglycemia Coma with associated hypoglycemia Delirium tremens with associated hypoglycemia Seizure or status epilepticus with associated hypoglycemia Cardiac arrest with associated hypoglycemia 		
Contraindications	Known hyperglycemia Intracranial / intraspinal hemorrhage		
Precautions	Use with caution with stroke or head injury patients A blood glucose level should be determined prior to and post dextrose administration		
Side Effects	Extravasation of Dextrose may cause necrosis Hyperglycemia		
Supplied	5% IV bags 5 grams / 100 ml FOR MIXING DRIP MEDICAIONS ONLY 10% IV bags 10 grams / 100 ml (250 ml = 25 g of dextrose) 50% Prefilled syringes or vials containing 50 ml of Dextrose 50% (50 ml = 25 g of dextrose)		
Adult Dose	Diabetic Emergencies / Hypoglycemia: If glucose < 40 / 25 g (250 ml of 10% or 50 ml of 50%) IV, IO - may repeat as required If glucose 40 - 70 / 12.5 g (125 ml of 10% or 25 ml of 50%) IV, IO - may repeat as required Salicylate Overdose (Aspirin) with AMS: Regardless of BGL - 12.5 g (250 ml of 10% or 50 ml of 50%)		
	Diabetic Emergencies / Hypoglycemia Asystole/PEA PEDIATRICS Dextrose 10% (D10) 5 ml/kg IV, IO - may repeat as required PEDIATRICS MAKE Dextrose 25 (D25) Waste 25 ml of D50 and replace with (25 ml) normal saline to create Dextrose 25 (D25)		
Pediatric Dose	2 ml/kg IV, IO - may repeat as required NEONATE Dextrose 10% (D10) Dextrose 10% (D10) 2 ml/kg IV, IO – may repeat as required		
	NEONATE MAKE Dextrose 10% (D10) from 50% Waste 40 ml of D50 and replace with (40 ml) normal saline to make Dextrose 10% (D10)		
	2 ml/kg IV, IO – may repeat as required		
Key Points	 5% Dextrose is used as a base solution for mixing specific drips in the field Dextrose should not be routinely given through IO, use other methods first. Use as a last resort in peri-arrest arrest patients only. Extravasation of Dextrose can cause tissue necrosis Attempt to use a large vein to administer Dextrose Precede Dextrose with Thiamine 100 mg IV / IM if the patient is suspected of chronic alcoholism or malnourishment (Adult patients) 		

DiazePAM(Valium)

Pregnancy Class	D
Actions	1. Sedative 2. Anticonvulsant 3. Amnestic (induces amnesia)
Indications	 Status epilepticus Sedation prior to transcutaneous pacing, synchronized cardioversion, and painful procedures in the conscious patient Cocaine induced acute coronary syndromes Agitated or combative patients
Contraindications	1. Known hypersensitivity 2. Altered mental status of unknown origin 3. Head injury without seizure 4. Respiratory insufficiency
Precautions	May cause respiratory depression, respiratory effort must be continuously monitored with Capnography Should be used with caution with hypotensive patients and patients with altered mental status diazePAM (VALIUM) potentiates alcohol or other CNS depressants
Side Effects	1. Respiratory depression 2. Hypotension 3. Lightheadedness 4. Confusion 5. Slurred speech 6. Amnesia
Supplied	5 mg / ml
Adult Dose	Status Epilepticus Obstetrical Emergencies 2.5 - 5 mg IV / IO may repeat to max dose 10 mg Procedural Sedation (Transcutaneous Pacing and Cardioversion): Narrow-Complex Tachycardia 2.5 - 5 mg IV. IO Post-Resuscitation Cardiac Care (TTM) Synchronized Cardioversion (Manual) Sympathomimetic Overdose: Acute Coronary Syndrome 2.5 - 5 mg IV, IO Airway Management: 2.5 - 5 mg IV, IO Combative Psych Patient: Alcohol Related Emergencies Behavioral/Psychiatric Emergencies 2.5 - 5 mg IV, IO Nerve Agent Exposure Kit Part A
Pediatric Dose	Status Epilepticus 0.2 mg/kg slow IV, IO Max dose of 5 mg 0.5 mg/kg rectal Max dose of 10 mg Procedural Sedation (Transcutaneous Pacing and Cardioversion): 0.1 mg/kg slow IV, IO Max dose of 5 mg 0.5 mg/kg rectal Max dose of 10 mg Combative Psych Patient: 0.1 mg/kg slow IV, IO Max. dose of 5 mg 0.5 mg/kg rectal Max. dose of 10 mg

Pregnancy Class	В
Actions	Antihistamine
Indications	Allergic reactions Adjunctive treatment to EPINEPHrine in anaphylaxis Medication induced extrapyramidal symptoms (EPS)
Contraindications	Known hypersensitivity Acute asthma
Precautions	 Carefully monitor patient while waiting for medication to take effect (effect of medication begins 15 minutes after administration) May cause CNS depression Use caution in patients with history of asthma Use caution in patients with history or cardiovascular disease
Side Effects	 Sedation Dries secretions May exacerbate asthma Blurred vision Headache Hypotension Tachycardia Thickening of bronchial secretions
Supplied	50 mg / 1ml
Adult Dose	Allergic Reaction or Anaphylactic Shock Mild reaction - 25 – 50 mg slow IV, IO or IM Moderate / Severe Reaction or Shock - 50 mg slow IV, IO or IM Extrapyramidal Symptoms: Behavioral/Psychiatric Emergencies Alcohol Related Emergencies 25 mg – 50 mg IV, IM DO NOT mix in the same syringe as Haloperidol (Haldol)
Pediatric Dose	Allergic Reaction or Anaphylactic Shock: 1 mg/kg slow IV, IO or IM Max dose 50 mg Behavioral/Psychiatric Emergencies - Agitation 1 mg/kg slow IV, IO or IM Max dose 50 mg
Key Points	Use in anaphylaxis only after Epinephrine (Adrenaline) and stabilization of cardiorespiratory symptoms

Pregnancy Class	С
Actions	 Relax bronchial smooth muscles 4. Dries bronchial secretions Reduces airway resistance Relieves bronchospasm
Indications	Asthma exacerbation COPD exacerbation Pulmonary edema with wheezing
Contraindications	Known hypersensitivity
Precautions	 Use caution when administering to pregnant women Patients with cardiac history Patients with seizure disorders Not intended for use with hyperkalemia, use albuterol alone.
Side Effects	Headache, Drowsiness, Dizziness, Restlessness, Nausea / Vomiting, Tachycardia, Palpitations, Hyper / hypotension, Tremors, PVCs, Dry nose, Mouth
Supplied	2.5 mg Albuterol and 0.5 mg Ipratropium in single unit dose
Adult Dose	Respiratory Distress/Asthma/COPD: Single unit dose via nebulizer and 6 - 8 lpm oxygen Congestive Heart Failure with wheezing: (As part of DuoNeb) Single unit dose via nebulizer and 6 - 8 lpm oxygen Anaphylaxis (As part of DuoNeb) Single unit dose via nebulizer and 6 - 8 lpm oxygen EMT MUST CONTACT ONLINE MEDICAL CONTROL
	,======================================
Pediatric Dose	Respiratory Distress Lower Airway: Mild Distress - Second and third doses use Albuterol / Ipratropium (DuoNeb) Unit dose via nebulizer and 6 – 8 lpm oxygen. First Dose – Use Albuterol Only Moderate / Severe Distress - Albuterol/Ipratropium (DuoNeb) Unit dose via nebulizer and 6 – 8 lpm oxygen.
	EMT MUST CONTACT ONLINE MEDICAL CONTROL
Key Points	May repeat treatment as required

EPINEPHrine (Adrenaline)

Pregnancy Class	С
Actions	Alpha and beta-adrenergic agonist, Bronchodilation, Increase heart rate and automaticity, Increases cardiac contractility, Increases myocardial conduction velocity, Increases blood pressure
Indications	1. Cardiac arrest 2. Anaphylactic reaction 3. Anaphylactic shock 4. Respiratory distress Go to: PUSH DOSE EPI page for indications
Contraindications	Known hypersensitivity
Precautions	Blood pressure, pulse, and ECG must be routinely monitored for all patients receiving epinephrine
Side Effects	Palpitations, Anxiety, Headache, Trembling, Nausea / vomiting
Supplied	1 mg / 10 ml – 0.1 mg / ml (100 mcg / ml) 1 mg / 1 ml (1,000 mcg / ml) Autoinjector Adult 0.3 mg Epinephrine >30 kg (66 lbs.) Autoinjector Jr. Peds 0.15 mg Epinephrine 15 – 30 kg (33-66 lbs.)
Adult Dose	Cardiac Arrest: Asystole/Pulseless Electrical Activity (PEA) Ventricular Fibrillation/Pulseless V-Tach 1 mg of Epinephrine 0.1 mg / ml (1:10,000) IV. IO every 3 - 5 minutes Anaphylactic Reaction 0.3 - 0.5 mg of Epinephrine 1 mg / ml (1:1,000) IM EMT MUST USE EPINEPHRINE AUTO-INJECTOR (0.3 mg) >30 kg (66 lbs.) Respiratory Distress-Stridor 5 mg of Epinephrine 1 mg / ml Nebulized Undiluted Dose Respiratory Distress (Unresponsive to Albuterol) 0.3 - 0.5 mg of Epinephrine 1 mg / ml IM Anaphylactic Shock: (Impending Arrest) 1 ml (100 mcg) per min of Epinephrine 0.1 mg / ml IV / IO until resolution of blood pressure. Max dose 5 ml (500 mcg)
Pediatric Dose	Cardiac Arrest: Pediatric Asystole/PEA Pediatric V-Fib/Pulseless V-Tach Pediatric Bradycardia 0.01 mg/kg of Epinephrine 0.1 mg / ml - IV, IO every 3 - 5 minutes. Max. 1 mg per dose Anaphylactic Reaction 0.01 mg/kg of Epinephrine 1 mg / ml IM - Max dose 0.5 mg EMT MUST USE EPINEPHRINE AUTO-INJECTOR JR (0.15 mg) 33 - 66 lbs. Croup (If Racemic EPINRPHine Not Available) <10 kg 3 ml of Epinephrine 1 mg / ml nebulized >10 kg 5 ml of Epinephrine 1 mg / ml nebulized Respiratory Distress (Unresponsive to Albuterol) 0.01 mg/kg of Epinephrine 1 mg / ml IM - Max dose 0.5 mg Anaphylactic Shock (Impending Arrest) 0.01 mg/kg of 0.1 mg / ml IV, IO until resolution of blood pressure – Max dose 0.5 mg
Key Points	Do Not Confuse Epi 1 mg / ml (1:1,000) IM and 0.1 mg / ml (100 mcg) (1:10,000) IV
EPI DRIP	Mix 1 mg EPINEPHrine (Adrenaline) of 1 mg / ml in 100 ml of D5 or Normal Saline
PREPERATION	This makes 10 mcg / ml concentration - Shake bag well to mix – Spike bag with 10 drop set Each drip = 1 mcg – Dose 0.1 – 0.5 mcg / kg / min

PUSH DOSE EPI

Indications	1. Cardiac arrest 2. Anaphylactic reaction 3. Anaphylactic shock 4. Respiratory distress
SUPPLIED	1 mg / 1 ml
Adult Dose	Cardiogenic, Neurogenic, Septic Shock, Post Resuscitation, Bradycardia – Adult Make 10 mcg / ml $-$ 10 mcg (1 mL) every prn $-$ slow push titrate to effect, may increase up to 50 mcg / dose if Needed to Maintain MAP > 65 or SBP 90 / Radial Pulses if MAP Unavailable
Pediatric Dose	Cardiogenic, Neurogenic, Septic Shock, Post Resuscitation – PUSH DOSE EPI Make 10 mcg / ml – 1 mcg / kg every 2 - 5 mins – Max dose 10 mcg - slow push titrate to effect
	Cardiogenic, Neurogenic, Septic Shock, Post Resuscitation – PUSH DOSE EPI Make 10 mcg / ml – 1 mcg / kg every 2 - 5 mins – Max dose 10 mcg - slow push titrate to effect
EPINEPHrine Push Dose Preparation	Mix 1 mg EPINEPHrine (Adrenaline) of 1 mg / ml in 100 ml of D5 or Normal Saline This makes 10 mcg / ml concentration Shake bag well to mix Draw from bag and administer
EPI Push Dose Key Points	 Label the IV bag once mixed to prevent misuse Use filter needle when drawing from ampoules, discard filter needle and use new needle while injecting

FentaNYL (Sublimaze)

Pregnancy Class	С
Actions	Inhibits pain pathways altering perception and response to pain
Indications	1. Severe pain Management 2. ACS / STEMI 3. Abdominal Pain 4. Isolated Trauma
Contraindications	Hypersensitivity Uncontrolled hemorrhage Shock
Precautions	
Side Effects	Respiratory depression Bradycardia Muscle rigidity
Supplied	100 mcg / 2 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Rapid Sequence Intubation (RSI), Adult Airway: 25 mcg doses until pain tolerance Max 200 mcg Acute Coronary Syndrome: 25 – 100 mcg IV, IO, IM, IN May repeat q 10 min – Max 200 mcg Pain Management: 25 – 100 mcg IV, IO, IM, IN May repeat q 10 min – Max 200 mcg Abdominal Pain: 25 – 100 mcg IV, IO, IM, IN May repeat q 10 min – Max 200 mcg CPR Induced Awareness: 100 mcg IV, IO, IM, IN May repeat Fentanyl med page prn
Pediatric Dose	Pain Management 1 mcg/kg IV, IO, IM, IN may repeat in 10 min. Max 50 mcg IV, IO, IM – 100 mcg IN
Key Points	 Likelihood of side effects increases with rapid administration Narcotic naive patients may need lower dosing regiment Preferred analgesic for trauma / ACS Must be given slowly IV

Pregnancy Class	В
Actions	Causes breakdown of glycogen to glucose increasing blood glucose level
Indications	Correction of hypoglycemia when vascular access is not able to be established and oral glucose is contraindicated
Contraindications	Known hypersensitivity
Precautions	 Glucagon is only effective in patients with sufficient stores of glycogen (glycogen stored in liver) Glucagon can be administered on scene, but do not wait for it to take affect
Side Effects	Nausea and vomiting Hyperglycemia
Supplied	Vials of 1 mg Glucagon with 1 ml of diluting solution
Adult Dose	Hypoglycemia without Vascular Access: 1 mg IM
Pediatric Dose	Hypoglycemia without Vascular Access: Pediatric Seizure < 20 kg (44 lbs.) 0.5 mg IM > 20 kg (44 lbs.)1 mg IM
Key Points	 Response is usually noticed in 5 - 20 minutes. If response is delayed, dose may be repeated If IV is established after Glucagon (Glucagen) is given and patient is still hypoglycemic, administer Dextrose

Haloperidol (Haldol)

Pregnancy Class	C
Actions	Chemical restraint of acute psychosis or agitation patients
Indications	Aggressive, violent, or severely agitated patients in the setting of psychosis or alcohol intoxication
Contraindications	 Not for use in combative or violent reactions resulting from treatable medical emergencies Such as Hypoxemia, Sepsis, Seizure, Encephalitis, Hypoglycemia or Stroke. Dementia related psychosis Known hypersensitivity Parkinson's disease CNS depression Severe cardiac disease Hepatic disease
Precautions	1. Elderly patients 2. Prolonged QT interval on EKG 3. Renal patients 4. Respiratory diseases 5. Seizure disorders
Side Effects	Sedation Extrapyramidal symptoms (EPS) / dystonic reactions Orthostatic Hypotension
Supplied	5 mg / 1 ml
Adult Dose	Combative Psych Patient: 5 mg IM ONLY – No Repeat Over age 65 - 2.5 mg IM ONLY – No Repeat Alcohol Related Emergencies 5 mg IM ONLY – No Repeat Over age 65 - 2.5 mg IM ONLY – No Repeat
Pediatric Dose	Not Indicated in the pre-hospital setting
Key Points	 If administration causes extrapyramidal symptoms (EPS) give Diphenhydramine (Benadryl) 25 mg – 50 mg IV, IM EPS symptoms are: Involuntary purposeless movements of body, usually of the face such as grimacing, tongue protrusion, lip smacking, lip puckering, or eye blinking. DO NOT mix Haloperidol (Haldol) and Diphenhydramine (Benadryl) in the same syringe.

Pregnancy Class	C
Actions	Anticoagulant
Indications	1. STEMI
Contraindications	 Hypersensitivity Active bleeding Trauma Hypertension Aortic dissection Pregnancy Surgery within last 14 days Symptoms of CVA
Precautions	
Side Effects	1. Bleeding
Supplied	5000 U / 1 ml – 0.8 ml = 4000 units VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Confirmed STEMI 60 units/kg IV, IO Max dose 4,000 units
	Greater than 76 kg or 147 lbs. = 4000 U dose
Pediatric Dose	Not recommended in the pre-hospital setting

HYDROmorphone (Dilaudid)

Pregnancy Class	С
Actions	Inhibits pain pathways altering perception and response to pain
Indications	Moderate to severe pain management 2. Burns 3. Intractable flank pain 4. Intractable back pain 5. Musculoskeletal and / or fracture pain 6. Sickle cell pain crisis (USE SUPPLEMENTAL O2) 7. Unremitting abdominal pain (NOT OF OB ORIGIN) 8. Chest Pain 6. Chest Pain 7. Unremitting abdominal pain (NOT OF OB ORIGIN) 8. Chest Pain 6. Sickle pain (NOT OF OB ORIGIN)
Contraindications	1. Known hypersensitivity 2. Head injury or head trauma 3. Hypotension 4. Respiratory depression 5. Acute or severe asthma or COPD 6. Labor pain 7. Shock
Precautions	 Liver failure, renal failure, or patients in excess of 65 years should receive half dose, titrated to their pain tolerance If the patient responds with respiratory depression administer Naloxone (Narcan) to reverse the effects All patients must have supplemental oxygen saturation monitoring HYDROmorphone (Dilaudid) will mask pain, so conduct a complete assessment prior to administration Use caution if patient is hypersensitive to sulfites Use caution if patient is hypersensitive to latex May cause CNS depression Use caution in patients with hypersensitivity to other narcotics Push over 2 mins
Side Effects	1. Respiratory depression 2. Altered LOC 3. Bradycardia 4. Nausea and vomiting 5. Constricted pupils
Supplied	1 mg / 1 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Pain Management: 0.5 mg – 1 mg IV, IM Over 65 years, liver failure, renal failure or debilitated patients: Titrated to pain tolerance, up to 0.5 mg IV, IM May repeat 10 min. – Max 2 mg Abdominal Pain: 0.5 mg – 1 mg IV, IM Over 65 years, liver failure, renal failure or debilitated patients: Titrated to pain tolerance, up to 0.5 mg IV, IM May repeat 10 min. – Max 2 mg
Pediatric Dose	Not recommended in the pre-hospital setting
Key Points	 Likelihood of side effects increases with rapid administration Narcotic naive patients may need lower dosing regiment Preferred analgesic for intractable / unremitting pain

Ipratropium (Atrovent)

Pregnancy Class	В
Actions	Blocks action of acetylcholine at receptor sites on bronchial smooth muscle Dries bronchial secretions
Indications	Treatment of bronchospasm in patients with COPD as an adjunct to albuterol
Contraindications	Known hypersensitivity
Precautions	
Side Effects	 Dry nose, mouth Paradoxical bronchospasm Nausea Chest pain Palpitations Headache Dizziness
Supplied	Single unit dose 0.5 mg in 2.5 ml of nebulizer solution
Adult Dose	Respiratory Distress/Asthma/COPD: (As Part of DuoNeb) Single unit dose via nebulizer and 6 - 8 lpm oxygen May repeat prn Congestive Heart Failure with wheezing: (As Part of DuoNeb) Single unit dose via nebulizer and 6 - 8 lpm oxygen May repeat prn
	Anaphylaxis (As Part of DuoNeb) Single unit dose via nebulizer and 6 - 8 lpm oxygen May repeat prn
	EMT MUST CONTACT ONLINE MEDICAL CONTROL
Pediatric Dose	Respiratory Distress Lower Airway: Pediatric Anaphylactic Reaction/Shock Mild Moderate Distress - Second and third doses use Albuterol/Ipratropium (DuoNeb) Unit dose via nebulizer and 6 – 8 lpm oxygen, First Dose – Use Albuterol Only Severe Distress - Albuterol/Ipratropium (DuoNeb) Unit dose via nebulizer and 6 – 8 lpm oxygen
	EMT MUST CONTACT ONLINE MEDICAL CONTROL
Key Points	 Mix with Albuterol (Proventil) for administration Used with Albuterol when Albuterol/Ipratropium (Duoneb) unavailable or not supplied

Ketamine (Ketalar)

Pregnancy Class	В
Actions	Sedation, analgesia, and anesthesia
Indications	Induction of anesthesia for RSI Medication assisted airway maintenance Tranquilization of the violent patient A. Pain Management
Contraindications	1. Known Hypersensitivity
Precautions	May interact with other medications and alcohol, bradypnea or apnea can result Use in setting with providers capable of intubation All dissociative doses must have capnography monitored
Side Effects	1. Hallucinations / Vivid dreams 2. Hypertension 3. Tachycardia 4. Increased Cardiac Output 5. Salivation 6. Tonic-clonic Movements 7. Increased Cardiac Output 8. Myocardial Depression
Supplied	500 mg / 5 ml (100 mg / ml) or 200 mg / 20 ml (10mg / ml) VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION Creation of 10 mg / ml concentration from 100 mg / ml concentration - Use 10 ml syringe with 9 ml of saline and then draw 1 ml of 100 mg / ml and mix in syringe - Yield is 10 mg / ml – Overdraw air in syringe while mixing to assure proper dilution
Adult Dose	Adult Advance Airway Placement: 1 mg/kg IV, IO May Repeat in 5 min. Usual dose 100 mg - Max 200 mg Induction for RSI: For Departments Who Provide RSI 1 - 2 mg/kg IV, IO (Minimum dose 100 mg / Maximum 200 mg) Violent Psych/Excited Delirium/Acute Psychosis Alcohol Related Emergencies 250 mg IM of the 100 mg / ml concentration (2.5 ml), May repeat 250 mg IM in 5 mins if no response Pain Management - MUST USE 10 mg / ml Concentration See Above 10 mg IV, IO, IM, IN Abdominal Pain Asystole/Pulseless Electrical Activity (PEA) Wentricular Fibrillation/Pulseless V-Tach CPR Induced Awareness: 100 mg IV, IO, IM, IN May repeat prn
Pediatric Dose	Violent Psych/Excited Delirium/Acute Psychosis 16 Years or older AND over 50kg 2 mg/kg IM May repeat 1 mg/kg in 5 minutes if no response Max Per dose 250 mg
Key Points	 To prevent emergence reactions (Confusion, excitement, irrational behavior, hallucinations) after administration of dissociative doses of Ketamine (Ketalar), administer a Benzodiazepine such as LORazepam (Ativan) or Midazolam (Versed) If dissociative doses (any dosing other than pain dosing) of Ketamine (Ketalar) given, make sure verbal hand off is with the receiving <i>Physician</i> and includes this information so patient presentation is not confused with other medical etiology. Blood pressure may elevate after injection but usually returns to pre-administration values within 15 mins. Ketamine (Ketalar) use in pregnancy is a risk / benefit assessment per case. Consult Medical Direction if there are questions.

Pregnancy Class	С
Actions	Non-Steroidal Anti-inflammatory Analgesic Antipyretic
Indications	Kidney stones / Flank pain Moderate pain
Contraindications	1. Known hypersensitivity to NSAIDS / Aspirin 2. > 65 years old 3. Bleeding (GI, cerebrovascular) 4. Obvious pregnancy / nursing mothers 5. Asthmatics with sensitivity to NSAIDS
Side Effects	 Edema Hypertension Rash Nausea Dizziness
Supplied	30 mg / 1 ml
Adult Dose	Moderate Pain/Kidney Stones 15 mg IV, IO - No Repeat 30 mg IM – No Repeat
Pediatric Dose	Not recommended in the pre-hospital setting

Labetalol (Trandate)

Pregnancy Class	С
Actions	Reduces blood pressure by decreasing peripheral vascular resistance
Indications	Correction of hypertension associated with stroke Correction of blood pressure associated with OB emergencies
Contraindications	 Known hypersensitivity to Labetolol (Trandate) or beta blockers Bradycardia Heart blocks Shock Sick sinus syndrome Heart failure ATTENTION 2 Beta Blockers in Protocol THIS IS USED FOR ECLAMPSIA, PRE-ECLAMPSIA, AND POST-PARTUM HYPERTENSION
Precautions	 Asthma / bronchospastic diseases Impaired liver functions Elderly Thyroid disorders Hypotension may occur Conduction disturbances in cardiac conduction may occur
Side Effects	 Hypotension Bradycardia Dizziness Fatigue Arrhythmias
Supplied	20 mg / 4 ml vial or Carpuject or 100 mg / 20ml - vial
Adult Dose	Pre-Eclampsia, Eclampsia, or Post-partum Hypertension If SBP >160 and / or DBP 110 with symptoms 20 mg IV slow — if no improvement in 5 min then; 40 mg IV slow
Pediatric Dose	
Key Points	 Check blood pressures in both arms, with at least one BP being a manual BP Monitor cardiac and pulmonary status during administration

Lidocaine (Xylocaine)

Pregnancy Class	В
Actions	Anesthetizes the intraosseous space during fluid administration to increase pain tolerance Suppresses ventricular ectopy
Indications	Anesthetization of intraosseous space prior to or during IO administration of fluids Antiarrhythmic for ventricular arrhythmias in the absence of Amiodarone (Cordarone) Antiarrhythmic for ventricular arrhythmias in place of Amiodarone (Cordarone) for pregnant patients
Contraindications	 Known hypersensitivity to Lidocaine (Xylocaine) or caine family AV blocks Idioventricular escape rhythms Accelerated idioventricular rhythm Sinus bradycardia or arrest or block Hypotension Shock
Precautions	Do NOT use Lidocaine (Xylocaine) if Amioadrone (Cordarone) already used Use half dose if patient is over 70 years old or has a history of liver failure or CHF
Side Effects	Dizziness, Numbness, Drowsiness, Confusion, Seizure, Respiratory depression
Supplied	100 mg / 5 ml
Adult Dose	Anesthetization of Intraosseous Space Up to 40 mg IO push - slow to allow Anesthetization of the IO space Ventricular Fibrillation or Ventricular Tachycardia without a Pulse 1 - 1.5 mg/kg IV, IO First Dose 0.5 - 0.75 mg/kg IV, IO Second Dose if needed Max dose 3 mg/kg Wide Complex Tachycardia with a Pulse 1 - 1.5 mg/kg IV, IO First Dose 0.5 - 0.75 mg/kg IV, IO Second Dose if needed Max dose 3 mg/kg
Pediatric Dose	Anesthetization of Intraosseous Space: 0.5 mg/kg IO push - slow to allow Anesthetization of the IO space Max 40 mg Ventricular Fibrillation or Ventricular Tachycardia without a Pulse 1 mg/kg IV, IO First Dose 0.5 mg/kg IV, IO Second Dose if needed Max dose 3 mg/kg If Conversion to a non-bradycardic perfusing rhythm occurs, then use Lidocaine (Xylocaine) give 0.5 mg/kg IV, IO every 10 min. to maintain x 2. Wide Complex Tachycardia with a Pulse 1 mg/kg IV, IO First Dose 0.5 mg/kg IV, IO Second Dose if needed Max dose 3 mg/kg If Conversion to a non-bradycardic perfusing rhythm occurs, then use Lidocaine (Xylocaine) give 0.5 mg/kg IV, IO every 10 mins to maintain x 2.

LORazepam (Ativan)

Pregnancy Class	D
Actions	Sedative Anticonvulsant Amnestic (induces amnesia)
Indications	 Status epilepticus Sedation prior to transcutaneous pacing, synchronized cardioversion, and painful procedures in the conscious patient Stimulant overdose Agitated or combative patients
Contraindications	1. Known hypersensitivity 2. Altered mental status of unknown origin 3. Head injury without seizure 4. Respiratory insufficiency
Precautions	May cause respiratory depression, respiratory effort must be continuously monitored with Capnography Should be used with caution with hypotensive patients and patients with altered mental status Lorazepam (Ativan) potentiates alcohol or other CNS depressants
Side Effects	1. Respiratory depression 2. Hypotension 3. Lightheadedness 4. Confusion 5. Slurred speech 6. Amnesia
Supplied	2 mg / 1 ml
Adult Dose	Status Epilepticus 1 - 2 mg IM, IV, IO, IN per dose - May repeat q 5 min max dose 4 mg Procedural Sedation (Transcutaneous Pacing and Cardioversion): 1 - 2 mg IM, IV, IO, IN - May repeat in q 10 min - max dose 4 mg Bradycardia Narrow-Complex Tachycardia Wide-Complex Tachycardia-w/Pulse Post-Resuscitation Cardiac Care (TTM) Transcutaneous Pacing Sympathomimetic Overdose: 1 - 2 mg IM, IV, IO, IN - May repeat in q 10 min - max dose 4 mg Airway Management 1 - 2 mg IM, IV, IO, IN - May repeat in q 10 min - max dose 4 mg Combative Psych Patient Nerve Agent Exposure 1 - 2 mg IM, IV, IO, IN - May repeat in q 10 min - max dose 4 mg (No Repeat for Nerve Agent Exposure) Alcohol Related Emergencies - Combative / Withdrawal: 1 - 2 mg IM, IV, IO, IN - May repeat in 5 min - max dose 4 mg CPR Induced Awareness 1 - 2 mg IM, IV, IO, IN - May repeat prn
Pediatric Dose	Status Epilepticus 0.05 - 0.1 mg/kg slow IM, IV, IO, IN May repeat q 5 min prn - max dose 4 mg

Magnesium Sulfate

Pregnancy Class	A
Actions	1. Central Nervous System Depressant 2. Anticonvulsant 3. Antiarrhythmic 4. Bronchodilation
Indications	Ventricular fibrillation / pulseless ventricular tachycardia in patients who are malnourished or chronic alcoholics Treatment of seizures in eclampsia patients Torsades de pointes active in prophylaxis Asthma / COPD refractory to sympathomimetic
Contraindications	1. Known hypersensitivity 2. Shock 3. Heart blocks
Precautions	Hypotension Renal impairment
Side Effects	 Respiratory depression Flushing Drowsiness
Supplied	1 gram / 2 ml vial 50% solution or 2 grams / 50 ml premixed bag VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Cardiac Arrest / Torsades or Hypomagnesemia 1 - 2 g IV, IO Torsades with Pulse 1 - 2 g IV, IO Eclampsia 4 - 6 g IV, IO over 2 - 4 minutes Pre-Eclampsia / Post-Partum Hypertension: 4 - 6 g IV, IO over 20 - 60 minutes Respiratory Distress/Bronchoconstriction with minimal relief from sympatomimietics 2 Grams IV, IO over 20 - 60 minutes Potassium Channel Blocker Overdose - Torsades Prophylaxis for these cases 2 Grams IV / IO over 20 - 60 minutes
Pediatric Dose	Pediatric Lower Airway 50 mg/kg IV, IO Potassium Channel Blocker Overdose – Torsades Prophylaxis for these cases 25 mg/kg in 100 ml D5 IV, IO over 20 – 60 minutes (Max 2,000 mg)
Key Points	 Check deep tendon reflexes (DTR's) after administration (if trained) Monitor EKG, vital signs and respiratory effort during administration

Pregnancy Class	С
Actions	Reduces inflammation in lower airways
Indications	1. Anaphylaxis 2. Asthma 3. COPD 4. Croup 5. Stridor 6. Pediatric Sepsis 7. Addisonian / Adrenal crisis when no better agent available
Contraindications	None in the emergency setting
Precautions	Use with caution in diabetics, hyperglycemia Use with caution in recent MI
Side Effects	Hyperglycemia Increased susceptibility to infection GI bleeding
Supplied	125 mg / 2 ml Act-o-Vial
Adult Dose	Anaphylaxis 125 mg IV, IO, IM – No Repeat Respiratory Distress/Asthma/COPD/Stridor 125 mg IV, IO, IM – No Repeat
Pediatric Dose	Anaphylaxis: 2 mg/kg IV, IM – No Repeat - Max dose 125 mg Pediatric Upper Airway (Stridor/Croup): 2 mg/kg IV, IM – No Repeat - Max dose 125 mg Pediatric Lower Airway (Wheezing): 2 mg/kg IV, IM – No Repeat - Max dose 125 mg Pediatric Sepsis: 2 mg/kg IV, IM – No Repeat - Max dose 125 mg
Key Points	 methylPREDNISolone (SOLU-medrol) will need to be mixed just prior to administration. Fluid will initially be cloudy, but will change quickly to clear Can be given IM if no vascular access, but not ideal. Be cautious with pediatric dosing, as the amounts may be very small. Use a 1 ml syringe for accuracy

Metoclopramide (Reglan)

Pregnancy Class	В
Actions	Prevents nausea and vomiting by antagonizing central and peripheral dopamine receptors
Indications	1. Nausea and Vomiting
Contraindications	 Known hypersensitivity Under influence of depressants (including alcohol) with CNS depression Coma History of epilepsy GI obstruction, perforation, or hemorrhage QT Interval greater than 500 ms (2.5 large EKG boxes)
Precautions	Pregnancy May prolong QT interval when used with another QT prolonging agent
Side Effects	Drowsiness Impaired mental and physical ability Extrapyramidal Symptoms (EPS)
Supplied	10 mg / 2 ml single dose vial
Adult Dose	Anti-Emetic 10 mg IV – No Repeat
Pediatric Dose	Not recommended in prehospital setting
Key Points	 If administration causes extrapyramidal symptoms (EPS) give diphenhydrAMINE (Benadryl) 25 mg – 50 mg IV / IM EPS symptoms are: Involuntary purposeless movements of body, usually of the face such as grimacing, tongue protrusion, lip smacking, lip puckering, or eye blinking. Metoclopramide (Reglan) may be administered after pain medications if the patient does not have an altered mental status after the administration of pain medications. Metoclopramide (Reglan) will potentiate the effects of analgesics.

Metoprolol (Lopressor)



2 Beta Blockers in Protocol
THIS IS USED FOR NARROW COMPLEX TACHYCARDIA

Pregnancy Class	С
Actions	Reduces heart rate and BP by blocking B1 receptors
Indications	Rate control in tachyarrhythmias that will not convert with other medications
Contraindications	 Asthma CHF Heart blocks Bradycardia Shock Cocaine / Sympathomimetic abuse / use
Precautions	
Side Effects	1. Bradycardia 2. Heart blocks 3. CHF 4. Bronchospasm 5. Hypotension
Supplied	5 mg / 5 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Narrow-Complex Tachycardia: 5 mg IV, IO over 1 min. Discuss repeat doses with Medical Direction
Pediatric Dose	Not recommended in the pre-hospital setting

Pharmacology	Midazolam (Versed) Pharmacology
Pregnancy Class	D
Actions	Hypnotic and sedative effects
Indications	 Status epilepticus Sedation prior to transcutaneous pacing, synchronized cardioversion, and painful procedures in the conscious patient Stimulant overdose Agitated or combative patients
Contraindications	 Known hypersensitivity to the drug Hypotension Respiratory Depression Head Injury without seizure Allergy to Benzodiazepines Caution with CHF and COPD
Precautions	May cause respiratory depression, respiratory effort must be continuously monitored with Capnography Use lower initial doses in elderly or debilitated patients Avoid rapid injection
Side Effects	 Drowsiness Hypotension Amnesia Respiratory Depression CNS Depression Nausea Vomiting
Supplied	5 mg / 1 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Status Epilepticus Without Vascular Access: 5 mg IM, IN Atomized – 1/2 dose up each nostril – May Repeat q 5 min. prn - Max 10 mg Procedural Sedation (Cardioversion, Pacing) With Vascular Access: 2.5 mg IV (1 minute prior to procedure) – May Repeat q 5 min. Max RSI ng Procedural Sedation (Cardioversion, Pacing) No Vascular Access: 5 mg IM, IN Atomized – 1/2 dose up each nostril – May Repeat q 5 min. Max 10 mg Asystole/PEA Cardioversion Airway Management – With Vascular Access: 2.5 mg IV (1 minute prior to procedure) – May Repeat q 5 min. Max 10 mg Asystole/PEA Cardioversion Airway Management – No Vascular Access: 5 mg IM, IN Atomized – 1/2 dose up each nostril – May Repeat q 5 min. – Max 10 mg Alcohol Related Emergencies – Combative / Withdrawal – With Vascular Access 2.5 mg IV (1 minute prior to procedure) - May Repeat q 5 min. – Max 10 mg Alcohol Related Emergencies – Combative / Withdrawal – No Vascular Access 5 mg IM, IN Atomized – 1/2 dose up each nostril - May Repeat q 5 min. – Max 10 mg Combative Psych Patient – With Vascular Access 5 mg IV (1 minute prior to procedure) - May Repeat q 5 min. – Max 10 mg Combative Psych Patient – No Vascular Access 5 mg IM, IN Atomized – 1/2 dose up each nostril - May Repeat q 5 min. – Max 10 mg Cocaine Induced ACS – With Vascular Access 2.5 mg IV (1 minute prior to procedure) - May Repeat q 5 min. – Max 10 mg Cocaine Induced ACS – With Vascular Access 2.5 mg IV, IN Atomized – 1/2 dose up each nostril – May Repeat q 5 min. – Max 10 mg Sympathomimetic Overdose - NO Vascular Access 5 mg IM, IN Atomized – 1/2 dose up each nostril – May Repeat q 5 min. – Max 10 mg Cocaine Induced ACS – With Vascular Access 2.5 mg IV (1 minute prior to procedure) – May Repeat q 5 min. – Max 10 mg Cocaine Induced ACS – With Vascular Access 2.5 mg IV (1 minute prior to procedure) – May Repeat q 5 min. – Max 10 mg Cocaine Induced ACS – With Vascular Access 2.5 mg IV (1 minute prior to procedure) – May Repeat q 5 min. – Max 10 mg Cocaine Induced ACS – With Vascular Access 2.5 mg IV May r
Pediatric Dose	Go to: Midazolam (Versed)-Pediatric
Key Points	Monitor respiratory status continuously

Midazolam (Versed)-Pediatric

Pregnancy Class	D
Actions	Hypnotic and sedative effects
Indications	Premedication before cardioversion or transcutaneous pacing Status epilepticus
Contraindications	 Known hypersensitivity to the drug Hypotension Respiratory Depression Head Injury without seizure Allergy to Benzodiazepines Caution with CHF and COPD
Precautions	1. May cause respiratory depression, respiratory effort must be continuously monitored with Capnography 2. Use lower initial doses in elderly or debilitated patients 3. Avoid rapid injection
Side Effects	 Drowsiness Hypotension Amnesia Respiratory Depression CNS Depression Nausea Vomiting
Supplied	5 mg / 1 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Pediatric Dose	Status Epilepticus – With Vascular Access O.1 mg/kg IV, IO May Repeat q 5 min - Max dose 5 mg O.2 mg/kg IN, IM – (1/2 dose up each nostril) May Repeat q 5 min - Max Dose 5 mg Pediatric Post-Resuscitation Cardiac Care Targeted Temperature Management (TTM) O.1 mg/kg IV, IO q 10 min Max dose 5 mg O.2 mg/kg IN q 10 min Max. Dose 5 mg Procedural Sedation (Cardioversion, Pacing) With Vascular Access: O.1 mg/kg IV, IO May Repeat q 5 min Max dose 5 mg Pediatric Wide Complex Tachycardia Procedural Sedation (Cardioversion Pacing) No Vascular Access: O.2 mg/kg IN, IM – (1/2 dose up each nostril) May Repeat q 5 min prn - Max Dose 5 mg
	Combative Psych Patient – With Vascular Access 0.1 mg/kg IV, IO – May Repeat q 5 min pre – Max Dose 5 mg Combative Psych Patient – NO Vascular Access 0.2 mg/kg IN, IM– (1/2 dose up each nostril) May Repeat q 5 min - Max Dose 5 mg
Key Points	Monitor respiratory status continuously

Pregnancy Class	С
Actions	Inhibits pain pathways altering perception and response to pain Mild vasodilatation
Indications	 Known hypersensitivity Respiratory depression Head injury or head trauma Hypotension Multi-system trauma patients
Contraindications	 Known hypersensitivity Respiratory depression Head injury or head trauma Hypotension Multi-system trauma patients
Precautions	 May cause respiratory depression and / or hypotension Routinely monitor the patient's respiratory effort / Spo2 Morphine may mask pain, so conduct a complete assessment prior to administration Administer slowly and titrate to pain
Side Effects	 Respiratory depression Altered LOC Hypotension Bradycardia Nausea and vomiting Constricted pupils
Supplied	10 mg / 1 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Cardiac Chest Discomfort and Acute MI: 2.5 - 5 mg IV, IM May Repeat q 10 min. prn - Max dose 10 mg Pain Management Abdominal Pain 2.5 - 5 mg IV, IM May repeat q 10 min. prn - Max Dose 10 mg
Pediatric Dose	Pain Management 0.1 mg/kg IV, IM May repeat q 10 min Max Dose 4 mg
Key Points	 Rapid administration increases likelihood of side effects Elderly may be more susceptible to respiratory depression effects

Pregnancy Class	С
Actions	Blocks opiates from acting on opiate receptors
Indications	1. Respiratory depression due to opioids
Contraindications	Known hypersensitivity
Precautions	 Assist ventilations prior to and while waiting for Naloxone (Narcan) to work Should be used and titrated to desired respiratory effect, and not intended to restore full consciousness Naloxone (Narcan) may induce acute withdrawal in patients who are opiate dependent. Be prepared for a potentially combative patient The effects of Naloxone (Narcan) do not usually last as long as the effects of opiates, therefore subsequent doses may need to be administered Withdrawal may cause: pain, hypertension, agitation, irritability, and diaphoresis
Side Effects	Narcotic withdrawal
Supplied	2 mg / 2 ml prefilled syringe prefilled syringe or 4 mg / 0.1 ml unit dose nasal spray
Adult Dose	Opiate Overdose: 2 - 4 mg IV, IM may be repeated as needed to maintain respiratory effort – May Repeat q 2 min.prn - Max 12 mg Opiate Overdose: 2 - 4 mg IN Atomized – If IN dose ineffective, summon ALS to administer subsequent doses IV, IO – May Repeat q 2 min. prn- Max 12 mg
Pediatric Dose	Opiate Overdose: 0.1 mg/kg IV, IM Max 2 mg per dose May Repeat q 2 min. prn – Max of 12 mg Opiate Overdose: 1 mg IN Atomized – If IN dose ineffective, summon ALS to administer subsequent doses IV, IO – May Repeat 2 min Max 12 mg
Key Points	 Not for use during cardiac arrest, for respiratory arrest / failure only If sufficient dose is not available to resolve breathing, ventilate and consider advanced airway intervention

Nitroglycerin (Nitro-Stat)

Pregnancy Class	С
Actions	 Vasodilatation Coronary artery dilation Decreases myocardial oxygen demand Decreases vascular resistance
Indications	Suspected ischemic chest pain / AMI Hypertensive emergency with signs and symptoms of ACS Pulmonary edema
Contraindications	 Hypotension Known hypersensitivity Use of Viagra or similar erectile dysfunction or pulmonary hypertension medications within 48 hours
Precautions	 Use caution in patients with inferior wall MI (Elevation in leads II, III, AVF) Avoid use in patients with increased intracranial pressure or glaucoma If the patient becomes hypotensive after nitroglycerine administration, then place the patient in a semi-reclined position with legs elevated and give IV normal saline bolus
Side Effects	1. Hypotension 2. Throbbing headache 3. Lightheadedness / dizziness 4. Syncope
Supplied	0.4 mg SL tablet or 400 mcg SL powder (GoNitro)
Adult Dose	Cardiac Chest Discomfort / AMI: 0.4 mg (400 mcg) SL (may be repeated up to 3 doses total) EMT MUST CONTACT ONLINE MEDICAL CONTROL Pulmonary Edema / CHF: 0.4 mg (400 mcg) SL
Pediatric Dose	Not recommended in the pre-hospital setting
Key Points	 May repeat up to 3 doses if B/P systolic > 110 with IV or 120 without IV Assure that patient does not chew or swallow tablets

OLANZapine (ZyPREXA)

Pregnancy Class	С
Actions	Dopamine and serotonin Atagonist
Indications	Acute Agitation (Not combative or Violent) with psychosis
Contraindications	Hypersensitivity to the drug or any component of the formulation
Precautions	Elderly patients Prolonged QT interval Not approved for use in demential related psychosis
Side Effects	Sedation Extrapyramidal Symptoms (EPS) Orthostasis
Supplied	10 mg ODT (oral disintegrating tablet)
Adult Dose	Behavioral Emergencies (Agitation) 10 mg ODT x 1 tablet – No Repeat
Pediatric Dose	Not recommended in the pre-hospital setting
Key Points	 Remove from foil blister by peeling back (do not push tablet through the foil) Place tablet in mouth immediately upon removal Tablet dissolves rapidly in saliva and may be swallowed with or without liquid If administration causes extrapyramidal symptoms (EPS) give diphenhydrAMINE (Benadryl) 25 mg – 50 mg IV / IM EPS symptoms are: Involuntary purposeless movements of body, usually of the face such as grimacing, tongue protrusion, lip smacking, lip puckering, or eye blinking. Do not co-administer with benzodiazepines.

Ondansetron (Zofran)

Pregnancy Class	В
Actions	Prevents nausea and vomiting by blocking serotonin peripherally and centrally in the small intestines
Indications	Nausea and vomiting Chemotherapy and radiation induced nausea and vomiting
Contraindications	1. Known hypersensitivity 2. Severe liver disease 3. QT Interval greater than 500 ms (2.5 large EKG boxes)
Precautions	Pregnancy May prolong QT interval when used with another QT prolonging agent
Side Effects	 Constipation, diarrhea Increased liver enzymes Headache Fatigue and malaise
Supplied	4 mg / 2 ml single dose vial and 4 mg oral disintegrating tablets (ODT)
Adult Dose	Anti-Emetic 4 mg IM or IV May repeat in 10 minutes prn – Max 8 mg
	Anti-Emetic ODT 4 mg Oral disintegrating tablets (ODT) May repeat in 10 min.prn – Max 8 mg
Pediatric Dose	Anti-Emetic 0.15 mg/kg IM or IV -or- 0.15 mg/kg PO (injectable liquid) > 1 year old May repeat in 10 minutes – Max 4 mg
	Anti-Emetic ODT if > 40 kg / 12 Years, then 4 mg Oral disintegrating tablets (ODT)
Key Points	 Remove ODT tablet from foil blister by peeling back (do not push tablet through the foil) Place the ODT tablet in mouth immediately upon removal The ODT Tablet dissolves rapidly in saliva and may be swallowed with or without liquid

Pregnancy Class	В
Actions	Raises blood glucose level
Indications	Treatment of hypoglycemia
Contraindications	Known hypersensitivity to corn products Unconscious patients
Precautions	Patient must be alert and able to sufficiently swallow Monitor patient for difficulty swallowing or choking due to the thick consistency of agent
Supplied	Squeeze tube containing 24 grams of flavored oral dextrose gel
Adult Dose	One complete tube (15 g - 37.5 g) by mouth Diabetic Emergencies
Pediatric Dose	Half a tube by mouth (7.5 – 18.75 g – Approximately) by mouth Pediatric Diabetic Emergencies Pediatric Seizure
Key Points	The patient must be alert and have the ability to swallow!

Pregnancy Class	В
Actions	Increases oxygen content of blood Improves tissue oxygenation Decreases energy expended for respirations
Indications	 Cardiac chest discomfort / ACS with spo2 < 94 Suspected stroke Hypoxemia Cardiopulmonary emergencies Trauma Shortness of breath / dyspnea Sedative drug administration Unknown oxyhemoglobin saturation
Contraindications	None in the prehospital setting
Precautions	Be aware for respiratory depression in COPD patients on prolonged high flow oxygen 2
Side Effects	High concentrations of oxygen may reduce the respiratory drive in some COPD patients; these patients should be carefully monitored
Supplied	As a compressed gas in cylinders of varying sizes
Adult Dose	12 - 15 lpm via NRB mask or 2 - 6 lpm via nasal cannula, 6 - 8 lpm via small volume nebulizer, unless otherwise indicated
Pediatric Dose	12 - 15 lpm via NRB mask or 2 - 6 lpm via nasal cannula, or 6 - 8 lpm via unit dose nebulizer, unless otherwise indicated
Key Points	 Never withhold oxygen to those who need it All sedative medication administration must have oxygen administration

Pregnancy Class	С
Actions	Induce uterine contractions Control postpartum bleeding and hemorrhage
Indications	Post-partum hemorrhage Prophylaxis for post-partum hemorrhage / bleeding
Contraindications	Hypersensitivity / allergy to the drug or drug class Patient has not delivered the fetus
Side Effects	1. Nausea / Vomiting 2. Cardiac arrythmia 3. Anaphylaxis
Supplied	10 units / 1 ml vial
Adult Dose	Obstetrical Emergencies/Postpartum hemorrhage: 10 units IM after delivery – No Repeat Uncomplicated Delivery: 10 units IM after delivery – No Repeat
Pediatric Dose	NO indication for use in pediatrics
Key Points	Assure all deliveries complete prior to administration

Pharmacology Racemic Epinephrine (Vaponefrin) Pharmacology

Pregnancy Class	С
Actions	Reduces subglottic edema via vasoconstriction Bronchodilation
Indications	1. Stridor 2. Croup
Contraindications	Known hypersensitivity
Precautions	Patient may have a rebound worsening after effects wear off
Side Effects	Tachycardia Hypertension
Supplied	Single unit dose 0.5 ml 2.25% Must be diluted with 3 ml normal saline
Adult Dose	Stridor: Single unit dose (0.5 ml) nebulized, diluted in 3 ml normal saline – No Repeat
Pediatric Dose	Croup/Stridor: Single unit dose (0.5 ml) nebulized, diluted in 3 ml normal saline – No Repeat
Key Points	

Pregnancy Class	С
Actions	Intermediate duration nondepolarizing neuromuscular blocking agent
Indications	Facilitate endotracheal intubation
Contraindications	Hyper sensitivity to Rocuronium (Zemuron) or other nondepolarizing blocking agents.
Precautions	Paralysis may be prolonged in cases with electrolyte abnormalities, neuromuscular diseases, liver disease, and acidosis
Side Effects	1. Nausea 2. Vomiting 3. Swelling or Discomfort at the Injection New Hyperlink 4. Sleepiness or Lightheadedness 5. Mild Itching or Skin Rash 6. High or Low Blood Pressure (Hypertension or Hypotension)
Supplied	100 mg / 10 mL VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Muscle Relaxant for RSI: 1 mg/kg - Usual dose 100 mg
Pediatric Dose	Not recommended in the pre-hospital setting

Pregnancy Class	С
Actions	Alkalinizing agent Decreases absorption of certain drug in the kidneys
Indications	Used in cardiac arrest for known dialysis patients Tricyclic overdoses
Contraindications	Known hypersensitivity
Precautions	Should be administered after airway is secured Heart failure
Side Effects	Hyperosmolarity Alkalosis
Supplied	Prefilled syringes 8.4% 50 ml
Adult Dose	Cardiac Arrest / Known Dialysis Patient: Asystole/PEA V-Fib/Pulseless V. Tach 1 mEq/kg IV, IO Max Dose 200 mEq May repeat if available and EKG changes reoccur Tricyclic Overdose 1 mEq/kg IV, IO Max Dose 200 mEq May repeat if available and EKG changes reoccur Hyperkalemia / Sine Wave EKG: 1 mEq/kg IV, IO Max Dose 200 mEq May repeat if available and EKG changes reoccur Salicylate (Aspirin) Overdose 1 mEq/kg IV, IO – Max 200 mEq May repeat if available and EKG changes reoccur
Pediatric Dose	Tricyclic Overdose 1 mEq/kg IV, IO Max 50 mEq / Dose May repeat if available and EKG changes reoccur
Key Points	 Tricyclic anti-depressants include (but not limited to): Amitriptyline, Nortryptyline, Elavil, Amoxapine, Clomipramine, Desipramine, Doxepin, Imipramine, Nortriptyline, Protriptyline, and Trimipramine Administer until QRS complex narrows to less than 0.12 m sec and the patient condition improves Carefully flush IV lines after administration Extravasation may cause tissue resistance Will cause transient increase in capnography

Tetracaine (Pontocaine)

Pregnancy Class	В
Actions	Topical local anesthetic ophthalmic solution
Indications	Ocular irritation / pain with NO PENETRATING TRAUMA
Contraindications	Hypersensitivity Allergy to caine family (Novocain, Lidocaine, Etc.) Renetrating eye injury
Precautions	
Side Effects	1. Burning sensation 2. Redness 3. Tearing
Supplied	0.5% 2 ml dropper
Adult Dose	Non-Penetrating Eye Trauma/Irritants 1 – 2 drops in affected eye – No Repeat
Pediatric Dose	Non-Penetrating Eye Trauma/Irritants 1 drop in affected eye — No Repeat
Key Points	 Keep dropper sterile Single patient use packaging Patients receiving Tetracaine must be transported

Pregnancy Class	A
Actions	Allows the normal breakdown of glucose
Indications	Hypersensitivity Allergy to caine family (Novocain, Lidocaine, Etc.) Penetrating eye injury
Contraindications	Known hypersensitivity
Precautions	Rare anaphylactic reactions
Side Effects	 Known hypersensitivity Restlessness Anaphylactic reaction Nausea Weakness
Supplied	100 mg / 1 ml vial
Adult Dose	Hypoglycemic Chronic Alcoholic / Malnourished Patient: Alcohol Related Emergencies 100 mg IV or IM prior to dextrose No Repeat
Pediatric Dose	Not recommended in the pre-hospital setting

Ticagrelor (Brilinta)

Pregnancy Class	С
Actions	P2Y platelet inhibitor
Indications	1. Confirmed STEMI
Contraindications	Bleeding Intracranial hemorrhage Hepatic impairment
Precautions	Use with caution in patients with other prescribed direct acting anti-platlet medications
Side Effects	1. Bleeding 2. Dyspnea
Supplied	90 mg tablets
Adult Dose	
	Confirmed STEMI for Hospitals Systems allowing OFFLINE Medical Control 180 mg PO (2 – 90 mg Tablets) chew and swallow – No Repeat
Pediatric Dose	Not recommended in the pre-hospital setting

Tranexamic Acid (TXA)

Pregnancy Class	В
Actions	Preserves the framework of existing clot structure, preventing clot breakdown.
Indications	 Adult > 16 years old Evidence of current or previous uncontrolled hemorrhage Hemorrhagic shock from recent Trauma (< 1 hour) Sustained tachycardia (>120 bpm) and / or hypotension (systolic < 90mmHg) TXA must be given within 60 minutes from time of injury Post-partum hemorrhage with signs of shock
Contraindications	Hypersensitivity to medication Suspected CVA, MI, or PE
Precautions	 TXA should not be administered in non-traumatic TXA should only be administered within 60 minutes of the injury
Side Effects	 Anaphylaxis Thrombosis Hypotension (with rapid infusion, such as rate of greater than 100 mg/min) Nausea, vomiting, diarrhea Visual disturbances (blurred vision, changes in color vision)
Supplied	1 Gram / 10 ml Vial or Ampule or Ampule or 1,000 mg / 100 ml premixed infusion
Adult Dose	Adult Trauma with Uncontrolled Bleeding and Hemodynamic Instability Adult Abdominal Trauma Chest Trauma Extremity Trauma/Amputation Multiple Trauma Mix 2 gm (2,000 mg) in 100 ml of D5 and administer over 10 minutes 10 drops / ml drip set (2 qtts/sec) 15 drops / ml drip set (3 gtts/sec) Post-Partum Hemorrhage/Vaginal Bleeding Mix 2 gm (2,000) in 100 ml of D5 and administer over 10 minutes 10 drops / ml drip set (2 qtts/sec) 15 drops / ml drip set (3 gtts/sec) Epistaxis: Soak gauze product with TXA-insert in nostril-continue pressure Other Non-Traumatic Bleeding with Shock Mix 1 - 2 gm (1,000 - 2,000 mg) in 100 ml of D5 and administer over 10 minutes 10 drops / ml drip set (2 qtts/sec) 15 drops / ml drip set (3 qtts/sec)
Pediatric Dose	Pediatric Trauma with Uncontrolled Bleeding and Hemodynamic Instability: 15 mg/kg mixed in 100 ml bag of D5 or Normal Saline – Max 1,000 mg Administer over 10 mins

Pharmacology-Special Use

	Only for HAZMAT Situations
Pregnancy Class	N
Actions	Quaternary Ammonium Compound which relieves pain and slows the passage of the fluoride ion into deeper tissues and into the bloodstream
Indications	Immerse burns from Hydrogen Fluoride or Hydrofluoric Acid in in an iced, aqueous solution 0.13% benzalkonium chloride (e.g. Zephiran). If immersion is not possible, then apply towels soaked in the same solution and re-soak every 2-4 minutes
Contraindications	1. Documented Hypersensitivity
Precautions	For external use only. Topical use only, not for internal use. Avoid contact with eyes Ice should be cubed rather than crushed to avoid hypothermia
Side Effects	1. Swelling, redness, skin irritation. 2. Itching and hives 3. Wheezing and chest tightness
Supplied	0.13% solution, chilled with ice if available
Adult Dose	
Pediatric Dose	
Key Points	

	Only for HAZMAT Situations
Pregnancy Class	С
Actions	Used in emergency response to hydrofluoric acid (HF) exposure or contact to the eyes. Calcium gluconate combines with hydrofluoric acid to neutralize the powerful fluoride ion and relieve pain.
Indications	Hydrofluoric Acid exposure to the eyes
Contraindications	1. Documented Hypersensitivity
Precautions	For eye irrigation only. Not for intravenous injection.
Side Effects	1. Swelling, redness, irritation.
Supplied	1% solution (premixed 50 cc of 10% solution in 500 ml of Normal Saline)
Adult Dose	
Pediatric Dose	
Key Points	

Calcium Gluconate Gel (2.5%)

	Only for HAZMAT Situations
Pregnancy Class	С
Actions	Used in emergency response to hydrofluoric acid (HF) exposure or contact to the body. Calcium gluconate combines with hydrofluoric acid to neutralize the powerful fluoride ion and relieve pain.
Indications	Calcium gluconate gel is indicated as an integral part in responding to Hydrofluoric Acid exposure to the body, mitigating or preventing the related pain and potential tissue burns and bone damage.
Contraindications	1. Hypersensitivity
Precautions	For external use only. Topical use only, not for internal use. Avoid contact with eyes
Side Effects	1. Swelling, redness, skin irritation.
Supplied	30 ml tube of 2.5% Calcium Gluconate in water soluble jelly
Adult Dose	Topical application
Pediatric Dose	Topical application
Key Points	■ Store between 15-30 th C (59-86 th F). ■ Use directly from tube, one tube per application, then safely discard. ■ Ensure adequate ventilation at all times.

Calcium Gluconate Solution (10%)

	Only for HAZMAT Situations
Pregnancy Class	С
Actions	Used in emergency response to exposure of hydrofluoric acid (HF). Calcium gluconate combines with hydrofluoric acid to neutralize the powerful fluoride ion and relieve pain.
Indications	Exposure to Hydrofluoric Acid
Contraindications	1. Hypersensitivity
Precautions	
Side Effects	
Supplied	10% solution 10 ml vial, 100 mg/ml (1 gm/10 ml)
Adult Dose	0.1 - 0.2 mL/kg - Up to 10 ml SLOW IV (repeat doses may be required)
Pediatric Dose	0.1 - 0.2 mL/kg - Up to 10 ml SLOW IV (repeat doses may be required)
Key Points	

	Only for HAZMAT Situations
Pregnancy Class	С
Actions	Used in emergency response to inhalation exposure of hydrofluoric acid (HF). Calcium gluconate combines with hydrofluoric acid to neutralize the powerful fluoride ion and relieve pain.
Indications	Inhalation exposure to Hydrofluoric Acid vapors
Contraindications	1. Hypersensitivity
Precautions	For nebulization only. Not for intravenous injection.
Side Effects	
Supplied	2.5% solution in Normal Saline
Adult Dose	
Pediatric Dose	
Key Points	

Ciprofloxacin (Cipro)

Only for BIOLOGICAL EMERGENCY RESPONSE	
Pregnancy Class	С
Actions	Antimicrobial
Indications	Anthrax exposure Other microorganism exposure deemed public health threat
Contraindications	Hypersentisitivity Allergy
Precautions	
Side Effects	Nausea / Vomiting
Supplied	100, 250, 500 mg tablets or 200 mg in 100 ml / 400 mg in 200 ml IV bags VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION
Adult Dose	Anthrax / Microorganism Exposure: 500 mg PO or 400 mg IV, IO

Clopidogril (Plavix)

ONLY FOR USE IF TICAGRELOR (Brilinta) Unavailable		
Pregnancy Class	В	
Actions	Platelet aggregate inhibitor	
Indications	1. Confirmed STEMI where Ticagrelor (Brilinta) is unavailable	
Contraindications	Bleeding Intracranial hemorrhage Hepatic impairment	
Precautions		
Side Effects	1. Chest pain 2. Weakness 3. Bleeding	
Supplied	300 mg tablet	
Adult Dose	Confirmed STEMI with NO TICAGRELOR (Brilinta) Available: 600 mg PO	

Doxycycline (Vibramycin)

Only for BIOLOGICAL EMERGENCY RESPONSE		
Pregnancy Class	D	
Actions	Antibiotic	
Indications	1. Anthrax 2. Plague	
Contraindications	1. Allergy 2. Pregnancy 3. Pediatrics	
Precautions		
Side Effects	Diarrhea	
Supplied	100 mg tablet	
Adult Dose	Anthrax / Plague Exposure: 100 mg PO	

Only for NERVE AGENT EMERGENCY RESPONSE			
Pregnancy Class	C VALIUM Auto Injector		
Actions	 DuoDote Blocks nerve agents effects and relieves airway constriction and secretions in the lungs and gastrointestinal tract. Acts to restore normal functions at the nerve ending by removing the nerve agent and reactivating natural function Valium: Given to treat seizures caused by exposure to nerve agents (buddy treatment) – SUPPLEMENT TO DUODOTE 		
Indications	Suspected or confirmed nerve agent exposure or organophosphate poisoning		
Contraindications	Both medications in the kit should be used with caution (but not withheld) in patients with preexisting cardiac disease, HTN, or CVA history		
Precautions			
Side Effects	 Chest pain Exacerbation of angina Myocardial infarction Blurred vision Headache Drowsiness Nausea Tachycardia Hypertension Hyperventilation 		
Supplied	DUODOTE - Each auto injector contains BOTH: Atropine 2.1 mg and Pralidoxime 600 mg Valium auto injector contains 10 mg		
Adult Dose	For Nerve Agent Exposure (SLUDGE symptoms) Up to 3 auto injectors may be used for one patient based on signs (1 - 2 kits for self-treatment - up to 3 for buddy treatment with severe symptoms) For Seizures Associated with Nerve Agent Exposure: 1 Valium auto injector (buddy administration)		
Pediatric Dose	DuoDotes are not authorized for the use of children under 41 kg (90 lbs)		

Etomidate (Amidate)

ONLY FOR DEPARTMENTS PERMITTED TO PERFORM RSI		
Pregnancy Class	С	
Actions	Hypnotic sedative	
Indications	Induction of anesthesia during RSI	
Contraindications	Hypersensitivity	
Precautions		
Side Effects	Skeletal muscle movements	
Supplied	20 mg / 10 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION	
Adult Dose	Induction For RSI 0.3 mg/kg IV, IO - Usual dose 20 mg	

Hydroxocobalamin (Cyanokit)

Pharmacology-Special Use

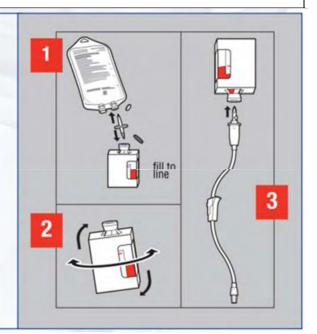
Only for CYANIDE EXPOSURE RESPONSE – Where available		
Pregnancy Class	С	
Actions	Cyanide antidote – binds to cyanide ions for excretion	
Indications	Known or suspected cyanide poisoning	
Contraindications	None in the emergency setting – assure airway, breathing, and circulatory support are in place prior to administration.	
Precautions	 Use caution if other cyanide antidotes are used simultaneously with Hydroxocobalmin (Cyanokit), use separate IV lines Do not use if there is particulate matter in the vial after reconstitution or the solution is not dark red 	
Side Effects	 Possible allergic reaction Eye irritation, redness, swelling Abdominal pain, nausea, vomiting, diarrhea Chest discomfort Dizziness, restlessness Dyspnea, tight throat Skin flushing, urticaria 	
Supplied	(1) 5 g vials for reconstitution –rock and invert for 30 seconds per vial	
Adult Dose	Cyanide Exposure: 5 g over 15 minutes	
Key Points	 A second dose of 5 g may be considered depending on patient response and severity of exposure. Discard unused medication after 6 hours Reconstitute with normal saline (0.9% sodium chloride) May have drug interactions, administer all other medications via a separate IV line 	

Complete Starting Dose: 5 g

Reconstitute: Place the vial in an upright position. Add 200 mL of 0.9% Sodium Chloride injection* to the vial using the transfer spike. Fill to the line.

*0.9% Sodium Chloride injection is the recommended diluent (diluent not included in the kit). Lactated Ringers injection and 5% Dextrose injection have also been found to be compatible with hydroxocobalamin and may be used if 0.9% Sodium Chloride is not readily available.

- Mix: The vial should be repeatedly inverted or rocked, not shaken, for at least 60 seconds prior to infusion.
 - CYANOKIT solutions should be visually inspected for particulate matter and color prior to administration
 - Discard solution if particulate matter is present or solution is not dark red
- Infuse Vial: Use vented intravenous tubing, hang and infuse over 15 minutes.



Nitrous Oxide/Oxygen

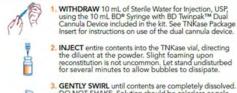
For PAIN MANAGEMENT where SUPPLIED AND SUPPORTED by EMS DEPARTMENT		
Pregnancy Class	N	
Actions	 Nitrous oxide / oxygen is a mixture of 50% nitrous oxide and 50% oxygen When inhaled, nitrous oxide/oxygen depresses the central Nervous system, causing sedation and analgesia Nitrous Oxide: oxygen is self-administered Provides rapid, easily reversible relief of pain 	
Indications	 Burns Kidney stones Musculoskeletal trauma Fractures 	
Contraindications	 Known hypersensitivity Decreased level of consciousness or unable to follow instructions History of drug or alcohol ingestion History of COPD, emphysema, or any condition that may compromise respiratory efforts including: chest trauma, CHF, respiratory tract burns, or other trauma Bowel obstruction or traumatic abdominal injury Maxillofacial injuries or head injuries Obstetric patient not in the process of delivery Pediatric patient < 12 years or < 75 pounds Intoxication Psychiatric problems Respiratory distress Increased intracranial pressure Decompression sickness 	
Side Effects	Dizziness, apnea, cyanosis, nausea, vomiting. Ambulance crew may experience giddiness if the vehicle is not properly vented	
Supplied	Supplied as Nitronox, a set containing oxygen and a nitrous oxide cylinder joined by a valve that regulates flow to provide a 50:50 mixture of the two gasses. The mixture is piped to a demand valve apparatus.	
Adult Dose	Extremity Trauma: Instruct the patient to inhale deeply though a patient-held demand valve and mask or mouthpiece. Have patient inhale gas until pain relief or patient spontaneously is unable to hold mask.	
Pediatric Dose	Not indicated in the pre-hospital setting	
Key Points	 Self-administered by mask: a good seal around mouth and nose is important; the gas is breathed deeply and may give relief after about two minutes; the patient should stop when relief is obtained The paramedic should not hold the face mask in place for the patient 	

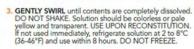
Succinylcholine (Anectine)

ONLY FOR DEPARTMENTS PERMITTED TO PERFORM RSI		
Pregnancy Class	С	
Actions	Depolarizing neuromuscular blocking agent	
Indications	Facilitate endotracheal intubation	
Contraindications	 History of malignant hyperthermia Skeletal muscle myopathies Known or suspected hyperkalemia Renal failure Burns >34 hours old 	
Precautions		
Side Effects	1. Apnea 2. Arrhythmias 3. Increased intraocular pressure 4. Muscle fasciculations	
Supplied	200 mg / 10 ml VERIFY ACTUAL CONCENTRATION ON HAND BEFORE ADMINISTRATION	
Adult Dose	Muscle Relaxant for RSI 2 mg/kg Usual dose 100 mg	

For CONFIRMED STEMI ONLY where SUPPLIED AND SUPPORTED due to TRANSPORT TIMES TO PCI CENTERS		
Pregnancy Class	С	
Actions	Thrombolytic agent	
Indications	1. Confirmed STEMI where transport times to PCI are >60 min	
Contraindications	 Active bleeding CVA History Trauma within 2 months Surgery within 2 months Uncontrolled hypertension 	
Precautions	 Cerebrovascular disease Recent gastrointestinal or genitourinary bleeding Recent trauma Hypertension: systolic BP ≥180 mm Hg and/or diastolic BP ≥110 mm Hg High likelihood of left heart thrombus, e.g., mitral stenosis with atrial fibrillation Acute pericarditis Subacute bacterial endocarditis Hemostatic defects, including those secondary to severe hepatic or renal disease Severe hepatic dysfunction Pregnancy Diabetic hemorrhagic retinopathy or other hemorrhagic ophthalmic conditions Septic thrombophlebitis or occluded AV cannula at seriously infected site Advanced age (see PRECAUTIONS: Geriatric Use) Patients currently receiving oral anticoagulants, e.g., warfarin sodium Recent administration of GP IIb/IIIa inhibitors Any other condition in which bleeding constitutes a significant hazard or would be particularly difficult to manage because of its location 	
Side Effects	1. Bleeding 2. CVA	
Supplied	50 mg vial with 10 ml sterile water for Reconstitution	
	Confirmed STEMI:	
	< 60 kg	30 mg IV (6 ml)
Adult Dose	< 60 kg – 70 kg	35 mg IV (7 ml)
Addit 5036	< 70 kg – 80 kg	40 mg IV (8 ml)
	< 80 kg – 90 kg	45 mg IV (9 ml)
	≥ 90 kg	50 mg IV (10 ml)







WITHDRAW the appropriate volume of solution based on patient weight. (See Dosing Information.) The recommended total dose should not exceed 50 mg. Any unused solution should be discarded.

 FLUSH a dextrose-containing line with a salinecontaining solution prior to and following administration (precipitation may occur when TNKase is administered in an intravenous [IV] line containing dextrose).

6. ADMINISTER as an IV BOLUS over 5 seconds.

Procedures

Equipment and Procedure Disclaimer Statement

Procedures

The devices and equipment illustrated in this section represent devices commonly in use in the region at the time of this writing. Inclusion of any item in this document does not represent any specific endorsement by any regional hospital or system.

The individual Medical Director and the supported EMS agency have the right to choose which equipment and devices fit their needs. It is incumbent upon the Medical Director and the supported EMS agency to provide all required training for devices and equipment provided or utilized.

Adult Patient Assessment

INDICATIONS

• Any MEDICAL patient 18 years or older, any TRAUMA patient 16 years or older.

PROCEDURE

- 1. Scene size-up, including universal precautions, scene safety, environmental hazards assessment, need for additional resources, by-stander safety, and patient / caregiver interaction.
- 2. Assess need for additional resources.
- 3. Initial assessment includes a general impression as well as the status of a patient's airway, breathing, and circulation.
- 4. Assess mental status (e.g., AVPU) and disability (e.g., GCS).
- 5. Control major hemorrhage and assess overall priority of patient.
- 6. Perform a focused history and physical based on patient's chief complaint.
- 7. Assess need for critical interventions.
- 8. Complete critical interventions and perform a complete secondary exam to include a baseline set of vital signs as directed by protocol.
- Maintain an on-going assessment throughout transport, to include patient response / possible complications of interventions, need for additional interventions, and assessment of evolving complaints / conditions.

Key Points

Dealing with the family:

- REMAIN CALM. Show efficiency and competence, even if you don't really feel it.
- Show a caring a concerned manner for both the family and the patient. If you have negative feelings about the situation (for example if it is an injury as a result of neglect or abuse), try not to let them show. This will only increase hostility yourself and the family.
- Honestly inform them of what you are doing and what you think is wrong with the patient.
- Reassurance is important for the family as well. Involve them in the care (for example, holding the oxygen or to the patient to calm them). This will help develop some trust between you and the family.

Pediatric Patient Assessment

INDICATIONS

• Any MEDICAL patient less than 18 years old, or any TRAUMA patient less than 16 years old

PROCEDURE

- 1. Scene size-up, including universal precautions, scene safety, environmental hazards assessment, need for additional resources, by-stander safety, and patient / caregiver interaction.
- 2. Assess patient using the pediatric triangle of ABCs:
 - Airway and appearance: speech / cry, muscle tone, inter-activeness, look / gaze, movement of extremities
 - Work of breathing: absent or abnormal airway sounds, use of accessory muscles, nasal flaring, body positioning
 - Circulation to skin: pallor, mottling, cyanosis
- 3. Establish spinal immobilization if suspicion of spinal injury.
- 4. Establish responsiveness appropriate for age. (AVPU, GCS, etc.)
- 5. Color code using weight-based tape / treatment chart.
- 6. Assess disability. (pulse, motor function, sensory function, papillary reaction)
- 7. Perform a focused history and physical exam. Recall that pediatric patients easily experience hypothermia and thus should not be left uncovered any longer than necessary to perform an exam.
- 8. Record vital signs (BP > 3 years of age, cap refill < 3 years of age)
- 9. Include immunizations, allergies, medications, past medical history, last meal, and events leading up to injury or illness where appropriate.
- 10. Treat chief complaint as per protocol.

Key Points

• Illness and injuries in children can cause significant anxiety for prehospital personnel as well as panic in the patient, family, and bystanders. It is important for the EMT to remain calm and take control of the patient and situation.

Dealing with the child:

- Tell them what's happening. It is important to remember to communicate with the child.
- Relate and speak one their developmental level.
- Be honest with them. Don't say, "This won't hurt", if it will. Explain actions.
- Try to enlist their cooperation, if possible.
- Do not separate child from the parent unless they are ill enough to require significant interventions like airway positioning and ventilation.
- Reassure the child frequently.

Dealing with the family:

- **REMAIN CALM**. Show efficiency and competence, even if you don't really feel it.
- Show a caring a concerned manner for both the family and the patient. If you have negative feelings about the situation (for example if it is an injury as a result of neglect or abuse), try not to let them show. This will only increase hostility between yourself and the family.
- Honestly inform them of what you are doing and what you think is wrong with the patient.
- Reassurance is important for the family as well. Involve them in the care (for example, holding the oxygen or talking to the patient to calm them). This will help develop some trust between you and the family.

AEROSOL TREATMENT

Indications	Signs & Symptoms	Contraindications
Patients experiencing bronchospasm	 Shortness of breath Wheezing History of COPD/Asthma Unable complete full sentence Accessory muscle use Nasal flaring Fatigue 	Allergy to medication

Aerosol/Inhaler Treatments

Procedure - EMT MUST CONTACT MEDICAL CONTROL

- 1. Gather the necessary equipment.
- 2. Assemble the nebulizer kit.
- 3. Instill the premixed medication into the reservoir well of the nebulizer.
- 4. Connect the nebulizer device to oxygen at 6 8 liters per minute or adequate flow to produce a steady, visible mist.
- 5. Instruct the patient to inhale normally through the mouthpiece of the nebulizer. The patient needs to have a good lip seal around the mouthpiece if no mask.
- 6. The treatment should last until the solution is depleted. Tapping the reservoir well near the end of the treatment will assist in utilizing all of the solution.
- 7. Monitor the patient for medication effects. This should include the patient's assessment of his / her response to the treatment and reassessment of vital signs, ECG, and breath sounds.
- 8. Document the treatment, dose, and route on the patient care report (PCR).

Key Points

- Use mouthpiece if patient is able to hold nebulizer effectively.
- Use nebulizer mask if patient is unable to hold nebulizer effectively.

PERSONAL INHALER TREATMENT – EMT DOES NOT NEED MEDICAL CONTROL

Indications	Signs & Symptoms	Contraindications
Patients experiencing bronchospasm	Shortness of breath Wheezing Patient has own prescribed inhaler	 Medication is not prescribed to patient Medication has expired Patient has received maximum dose

PROCEDURE

- 1. Make sure that personal inhaler is at room temperature or warmer.
- 2. Follow the instructions for either gentle or vigorous shaking.
- 3. Instruct patient to seal lips around opening of inhaler, using spacer if present.
- 4. Instruct patient to inhale deeply while depressing the inhaler.
- 5. Instruct patient to hold breathe if possible.
- 6. Follow the **Respiratory Distress** protocol.

Airway/Breathing Continuous Positive Airway Pressure (CPAP) Device Airway/Breathing

Indications	Signs & Symptoms	Contraindications	
 Breathing patient whose condition is not improving with oxygen therapy Respiratory distress or failure, due to pulmonary edema, CHF, or COPD Patients 16 years of age or older Carbon Monoxide poisoning >10% Flail segment without hypotension / shock 	 Dyspnea and tachypnea > 25 Chest pain Hypertension Tachycardia Anxiety Altered LOC Rales and wheezes Frothy sputum (severe cases) Accessory muscle use Retractions SPO2 < 94% 	 Respiratory arrest / compromise Agonal respirations Unconscious Shock (cardiac insufficiency) Pneumothorax - (with no chest tube) Penetrating chest trauma Persistent nausea and vomiting Facial anomalies, facial trauma Known blebs Unable to follow commands B/P < 90 systolic 	

PROCEDURE

- 1. Assure there is a patent airway and patient breathing is life sustaining.
- 2. Administer 100% oxygen via appropriate delivery system.
- 3. Perform appropriate patient assessment, including obtaining vital signs, SPO2 reading and cardiac rhythm.
- 4. Verbally instruct the CPAP procedure to the patient.
- 5. Apply CPAP device, starting at 5 cm H20.
- 6. Slowly titrate the pressure up to patient response. 10 cm H2O maximum.
- 7. Continuously reassess the patient, obtaining vital signs every 5 minutes.
- 8. Monitor continuous SPO2.
- 9. Follow the appropriate set of standing orders for your specific device for continued treatment.
- 10. Contact medical control as soon as possible to allow for prompt availability of hospital CPAP equipment and respiratory personnel.

Key Points

- The use of CPAP has long been recognized as an effective treatment for patients suffering from exacerbation of congestive heart failure.
- Utilize aerosol treatments in-line as defined in protocol.
- The use of CPAP for the treatment of patients who might otherwise receive endotracheal intubation holds several benefits:
 - 1. CPAP is a less invasive procedure with lesser risk of infection. This eliminates the possibility for adverse reactions following the administration of any antibiotics given for infection.
 - 2. CPAP eliminates the necessity of weaning the patient off an ET tube and ventilator.
 - 3. CPAP used prehospitally reduces the need to intubate patients in the hospital.
 - 4. CPAP allows the alert patient to have a continued dialogue with his / her caregivers. This allows for the exchange of additional medical history. It also allows for the patient to be involved in the decision-making process for his / her care.
 - 5. CPAP should be used as a last resort only in asthmatic patents. Prepare to intubate and ventilate.
- Certain types of CPAP devices may only produce lower <50% Fio2, consider augmentation with nasal oxygen

For circumstances in which the patient does not improve or continues to deteriorate despite CPAP and / or medication therapy, terminate CPAP administration and perform BVM ventilation and endotracheal intubation if necessary.

Patient must have adequate respiratory effort If Insufficient, go directly to BVM ventilation Patient is experiencing acute respiratory distress AND is **NOT** hypotensive Suspected Cause? **ASTHMA CAUTION** Use extreme caution when using CPAP on Other respiratory etiology (such **Congestive Heart Failure (CHF)** ASTHMA patients. as pneumonia or COPD) Afbrile • Fever (Pneumonia) Use only if patient is • Bilateral rales Wheezing hypoxic and not • JVD / HJR responding to any Hypoxia / dyspnea Distal edema other treatment Orthopnea including aerosols and **Treat per Respiratory Distress** CHF history **IM** Epinephrine protocol *first* Hypoxia (Adrenaline). If patient remains hypoxic despite traditional oxygenation Be prepared to therapies (nasal cannula, nonrebreather, intubate and ventilate nebulized these patients. **Administer CPAP Administer CPAP** Start at 5 cm H₂O Start at 5 cm H₂O May titrate up to 10 cm H₂0 May titrate up to 10 cm H₂0 to maintain SpO₂ to maintain SpO₂ Monitor SpO₂, HR, LOC, and Blood Pressure. Monitor SpO₂, HR, LOC, and *Blood Pressure*. Remove Remove or reduce CPAP if patient becomes or reduce CPAP if patient becomes hypotensive hypotensive Patient Improving? Yes No Remove from CPAP **Continue CPAP Apply BVM Ventilation** Reassess every 5 minutes **TRANSPORT** to appropriate facility **CONTACT** receiving facility **CONSULT** Medical Direction where indicated

- CPAP Indications: Hypoxemia and SOB secondary to CHF or other causes not responding to O₂ therapy
- CPAP Contraindications: BP <90 systolic, respiratory arrest, agonal respirations, unconscious, shock, pneumothorax, penetrating chest trauma, persistent nausea and vomiting, facial anomalies, facial trauma, known blebs, unable to follow commands, apnea, hypercarbia, and airway compromise.
- Patient must be adequately and spontaneous breathing

Indications Signs & Symptoms Contraindications • The End-Tidal CO2 shall be measured on all intubated patients, or with placements of King Airway / LMA • Cardiac Arrest / Shock • Intubated Patients • Respiratory Failure • COPD • Hyper / Hypoventilation / Siezures • Sedated Patients • Sedated Patients

End Tidal CO2/Capnography

Capnography vs. Capnometry

Capnography comprises the continuous analysis and recording of carbon dioxide concentrations (CO₂) in respiratory gases. Although the terms capnography and capnometry are sometimes considered synonymous, capnometry suggests measurement (ie, analysis alone) without a continuous waveform.

PROCEDURE - Capnography (Intubated Patient)

Capnography is required for all patients requiring ventilation through an ET tube, King Airway / LMA.

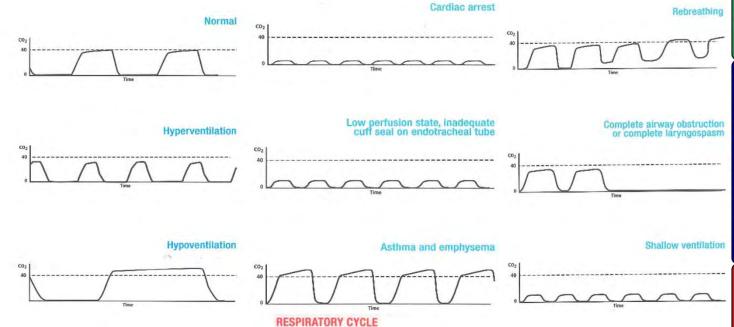
- 1. Turn on recording instrumentation (usually part of a cardiac monitor in the pre-hospital setting)
- 2. Place CO₂ Sampling device in between ventilation device (BVM / Ventilator) and the ET / BIAD
- 3. Attach sampling device to recording instrumentation and ventilate to a CO_2 of 35-45
- 4. If ResQPOD is used, place ResQPOD directly on tube, followed by intubated CO2 sampling device, then BVM.

PROCEDURE – Capnography (Non-Intubated, Spontaneously breathing patient)

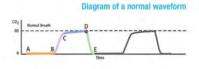
- 1. Turn on recording instrumentation (usually part of a cardiac monitor in the pre-hospital setting)
- 2. Place the sampling cannula on the patient
- 3. Attach sampling device to recording instrumentation record results and treat per results









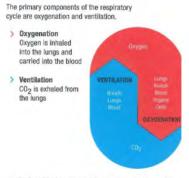


A-B: Dead space ventilation, beginning of exhalation B-C: Rapid rise in CO₂

C-D: Alveolar plateau

D: End of expiration, end tidal CO₂ (etCO₂)

D-E: Inhalation



Relationship between CO₂ and respiration rate $\uparrow_{RR} = \downarrow_{CO_2} \text{ Hyperventilation }
\downarrow_{RR} = \uparrow_{CO_2} \text{ Hyperventilation}$

End Tidal CO2/Capnography Part B

See:

Indications	Signs & Symptoms	Contraindications
Backup to Capnography	• Intubated Patients	 This device is not to be used for: Detection of hypercarbia Detect mainstem bronchial intubation Not for continuous monitoring, use capnography

Colorimetric End Tidal CO2

Does not meet Ohio's Requirement for Waveform EtCO2 monitoring with advanced airways

PROCEDURE – Colorimetric Co2 monitoring

- 1. Remove the CO₂ detector from package or activate detector.
- 2. Attach the CO₂ detector to a King or endotracheal tube.
- 3. Ventilate patient and note color change on the CO2 detector.
- 4. Compare color of indicator on full end-expiration to color chart on product dome. SEE ALGORITHM BELOW.
- 5. The CO2 detector shall remain in place with the airway and monitored throughout the prehospital care and transport. Any loss of CO2 detection or color change is to be documented and monitored as procedures are done to verify or correct the airway problem.
- 6. Tube placement should be verified frequently and with each patient move or change in the CO2 detector.
- 7. If initial intubation attempts fail, the CO2 detector can be used for re-intubation on the same patient provided the indicator color still matches the "CHECK" color standard on product dome.
- 8. Document the procedure and the results on the patient care report (PCR).

INDICATED COLOR

ET tube in esophagus / BIAD not ventilating lungs - and / or no pulmonary perfusion

Determine if evidence of no pulmonary perfusion **Cardiac Arrest** Hypoxia / Cyanosis despite oxygenation

Re-visualize ET tube placement Only leave in place if placement can be visualized and confirmed by at least one other method

Verify placement of extraglottic airway (BIAD) is creating bilateral chest rise Assure extraglottic airway (BIAD) seal Remove only if no chest rise

INDICATED COLOR

Questionable device placement or inadequate pulmonary perfusion

Deliver 6 additional breaths If color unchanged treat as purple

INDICATED COLOR

ET tube in trachea or BIAD successfully ventilating lungs

iGel/LMA (BIAD)

INDICATIONS

- Emergent airway management of pulseless and apneic patients (EMT Provider)
- Emergent salvage airway management of apneic patients (AEMT and PARAMEDIC Provider)

CONTRAINDICATIONS

- Responsive patients with an intact gag reflex.
- Patients who have ingested caustic substances.

PROCEDURE

Lubricate device prior to insertion

LMA – Along back of airway head, not on the cuff

IGel – On both the back of the airway head and the cuff

- 1. Grasp the lubricated device firmly along the tube. Position the device so that the cuff outlet is facing towards the chin of the patient.
- 2. The patient should be in the sniffing position with head extended and neck flexed.
- 3. Introduce the leading soft tip into the mouth of the patient in a direction towards the hard palate
- 4. Glide the device downwards and backwards along the hard palate with a continuous but gentle push until a definitive resistance is felt.

Do not apply excessive force on the device during insertion. It is not necessary to insert fingers or thumbs into the patient's mouth during the process of inserting the device. If there is early resistance during insertion a 'jaw thrust' 'insertion with deep rotation' or triple maneuver is recommended.

5. At this point, the tip of the airway should be located into the upper esophageal opening and the cuff should be located against the laryngeal framework. Inflate LMA with indicated amount of air volume. iGel requires no inflation.

6. Secure the device – iGel – The incisors should be resting on the integral bite-block. Secure in place with tape or commercial tube securement device. LMA Secure in place with commercial tube securement device.

To avoid the possibility of the device moving up out of position prior to being secured in place, it is essential that as soon as insertion has been successfully completed, the device is held in the correct position until and whilst the device is secured in place.



Intubation-Endotracheal

Indications	Signs & Symptoms	Contraindications
 A patient without a gag reflex, is apneic, or is demonstrating inadequate respiratory effort Any patient medicated for rapid sequence intubation 	 Unstable airway Respiratory arrest Cardiac arrest GCS less than 8 without a treatable cause (for example, hypoglycemia) 	Patient intolerance is only a relative contraindication to this procedure Paramedic Intervention

AEMT Intervention PROCEDURE

- 1. Cervical immobilization should be applied to the patient when indicated by mechanism of injury or when it is deemed necessary.
- 2. Prepare all equipment and have suction ready.
- 3. Hyperoxygenate the patient (one breath every three seconds) for at least one minute before attempting endotracheal intubation, if possible.
- 4. Suction the pharvnx as needed.
- 5. Open the patient's airway and holding the laryngoscope in the left hand, insert the blade into the right side of the mouth and sweep the tongue to the left.
- 6. Use the blade to lift the tongue and epiglottis (either directly with the straight blade or indirectly with the curved blade).
- 7. Once the glottic opening is visualized, slip the tube through the cords and continue to visualize until the cuff is past the cords.
- 8. No more than 30 seconds may be used per attempt.
 - a. Re-ventilation for at least 30 seconds after each attempt.
 - b. Some situations such as copious vomiting or bleeding may require suction attempts longer than 30 seconds. These are the exception; not the norm.
- 9. Remove the stylet.
- 10. Inflate the cuff of the endotracheal tube with just enough air to seal the airway. Reassess during transport.
- 11. Attach the bag-valve device to the ET tube and ventilate the patient.
- 12. Assess for tube placement:
 - a. Watched tube pass through cords.
 - b. Waveform Capnography
 - c. Confirmation of lung sounds in the apices and bases bilaterally.
 - d. Absence of epigastric sounds.
 - e. Chest rise with ventilation..
 - f. Good compliance with bag-valve ventilation
 - g. Patent color improves.
 - h. SpO2 improves. (If distal perfusion is present to create a reading)

If at any time placement cannot be confirmed or obtained, the ETT shall be removed, an alternate airway placed, and the patient shall be ventilated. If there is any doubt about proper placement, the tube shall be removed.

- 13. If proper placement is confirmed, the cm markings on the tube at the level of the teeth shall be noted and secure the tube with a commercial tube
- 14. Document ETT size, time, result, and placement location by the centimeter marks either at the patient's teeth or lips on the patient care report (PCR). Document all devices used to confirm initial tube placement. Also document breath sounds before and after each movement of the patient.
- 15. Routinely reassess for proper tube placement. The initial tube placement and all reassessments must be documented.

- It is essential to have complete and detailed documentation concerning the placement of the endotracheal tube. The documentation MUST include: Methods used, success / failure, pre-oxygenation, suction, SpO₂, CO₂, medications used, visualization, tube size, lip line, all confirmation techniques, securement of tube, and repeat assessments of placement.
- Placement direct visualization of the tube passing through the vocal cords.
- Applying c-collar may assist in minimizing ETT movement after placement.
- It is the responsibility of the practioner to be familiar with the proper technique of using the different laryngoscope blades.
- Tube placement must be confirmed; after it was initially placed, after every movement, any significant change in patient status, and prior to entering the emergency department.
- Continually monitor the patient's SpO₂, EtCO₂, ease of ventilation, heart rate, and presence of JVD.
- A complication of endotracheal intubation and / or manual ventilation is a pneumothorax and tension pneumothorax. Refer to the chest decompression procedure if this occurs.
- Only functioning paramedics and AEMT may intubate. AEMT'S may only intubate patients who are apneic.
- Intubation does NOT have to be attempted if their airway can be effectively managed with BVM ventilations.
- Have tube placement confirmed immediately upon entering the ER by a Physician prior to moving patient to ER bed.
- High ET cuff pressures may potentiate tissue necrosis in the trachea. Use just enough air in the cuff to seal the airway.

Airway/Breathing Intubation-Endotracheal-continued Airway/Breathing

- 1. Prepare patient as described above for standard orotracheal intubation
- 2. Use laryngoscope to lift mandible and displace tongue as normal.
- 3. Use the gum rubber bougie with the bent end up in place of an ETT.
- 4. Pass the bougie through the cords, this works as a place keeper to an ETT can be slide over the Bougie and into the trachea.
- 5. Pass a generously lubricated tube over the Bougie and into the trachea. Do not use force to advance the tube past the vocal cords.
- 6. Pull the Bougie out once the tube has been passed to the desired depth, inflate the ETT cuff, and verify tube placement using all standard methods.

VIDEO LARYNGOSCOPY - OTHER DEVICES

Video laryngoscopes are permitted to be substituted for standard laryngoscopes during intubation procedures. The user must have previous training specific to the make and model of laryngoscope being used and have and must have a standard laryngoscope set available in the event of device failure. Manufacturer's recommendations must be followed on use, sizing, disposal or cleaning, indications and contraindications for the device. A BIAD device must still be available if unable to pass an endotracheal tube with either video or standard laryngoscopy.

PEDIATRIC TUBE SIZING

Use cuffed ET tubes. The cuffed tube will be approximately \mathbf{I} size smaller than traditional uncuffed tubes, to accommodate for the cuff size. If the tube seals the airway without air in the cuff, it needs not be inflated. If there is an air leak, inflate with only as much air is required to seal the airway. Refer to the Pediatric Medication Administration Charts for tube sizing.

Key Points

• All the above tube sizes are still dependent on the child's size rather than consideration of age.

TUBE REMOVAL

If the patient begins to breathe spontaneously and effectively and is resisting the presence of the tube, removal of the tube may be necessary.

The following procedures will be followed:

- 1. Explain procedure to victim.
- 2. Prepare suction equipment with large-bore catheter and suction secretions from endotracheal tube, mouth and pharynx.
- 3. The lungs should be completely inflated so that the patient will initially cough or exhale as the tube is taken from the larynx. This is accomplished in 2

ways:

- a. The patient is asked to take the deepest breath they possibly can and, at the very peak of the inspiratory effort, the cuff is deflated and the tube removed rapidly; or
- b. Positive pressure is administered with a hand-held ventilator and, at the end of deep inspiration, the cuff is deflated and the tube rapidly removed.
- 4. Prepare to suction secretions and gastric content if vomiting occurs.
- 5. Appropriate oxygen is then administered.
- 6. The patient's airway is immediately evaluated for signs of obstruction, stridor or difficulty breathing. The patient should be encouraged to take deep breaths and to cough.

Airway/Breathing King Airway Device (BIAD) Part A Airway/Breathing

INDICATIONS

- Emergent airway management of pulseless and apneic patients (EMT Provider)
- Emergent salvage airway management of apneic patients (AEMT and PARAMEDIC Provider)

CONTRAINDICATIONS

- Responsive patients with an intact gag reflex.
- Patients with known esophageal disease. (varices)
- Patients who have ingested caustic substances.

PROCEDURE

- 1. Hold the King Airway at the connector, using the dominant hand.
- 2. With non-dominant hand, hold mouth open and apply chin lift.
- 3. Using a lateral approach, introduce device into corner of mouth.
- 4. Advance tip behind the base of the tongue, while rotating tube back to midline so that the blue orientation line faces the chin of the patient.
- 5. Without exerting excessive force, advance tube until base of connector is aligned with teeth or gums.
- 6. Attach the syringe and inflate the cuffs to the appropriate volume:
 - SIZE 2 = 25-35 ml (LT or LTS-D)
 - SIZE 2.5 = 30-40 ml (LT or LTS-D)
 - SIZE 3 = 40-55 ml (LT or LTS-D)
 - SIZE 4 = 50-70 ml (LT or LTS-D)
 - SIZE 5 = 60-80 ml (LT or LTS-D)
- 7. Attach a bag-valve device to the connector. While gently bagging the patient to assess ventilation, gently withdraw the tube until ventilation is easy and free flowing (large tidal volume with minimal airway pressure).
- 8. Adjust cuff inflation, if necessary, to obtain a seal of the airway.
- 9. After placement, perform standard checks for breath sounds and utilize an appropriate carbon dioxide detection device, as required by protocol.

REMOVAL OF DEVICE (if indicated):

- 1. Confirm need for removal of the device.
- 2. Suction above cuffs in the oral cavity.
- 3. FULLY deflate both cuffs before removal of the device. (may require multiple attempts of air removal with syringe to fully evacuate air)
- 4. Remove the device when protective reflexes have returned.

Airway/Breathing King Airway Device (BIAD) Part B Airway/Breathing

Key Points

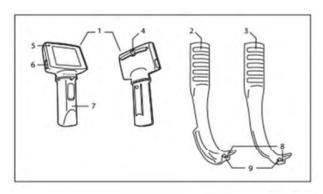
- 1. The key to insertion is to get the distal tip of KING around the corner in the posterior pharynx, under the base of the tongue. Experience has indicated that a lateral approach, in conjunction with a chin lift, facilitates placement of the KING. Alternatively, a laryngoscope or tongue depressor can be used to lift the tongue anteriorly to allow easy advancement of the KING into position.
- 2. Insertion can also be accomplished via a midline approach by applying a chin lift and sliding the distal tip along the palate and into position in the hypopharynx. In this instance, head extension may also be helpful.
- 3. As the KING is advanced around the corner in the posterior pharynx, it is important that the tip of the device is maintained at the midline. If the tip is placed or deflected laterally, it may enter the piriform fossa and the tube will appear to bounce back upon full insertion and release. Keeping the tip at the midline assures that the distal tip is placed properly in the hypopharynx / upper esophagus.
- 4. Depth of insertion is key to providing a patent airway. Ventilatory openings of the KING must align with the laryngeal inlet for adequate oxygenation / ventilation to occur. Accordingly, the insertion depth should be adjusted to maximize ventilation. Experience has indicated that initially placing the KING deeper (proximal opening of gastric access lumen aligned with teeth or gums), inflating the cuffs and withdrawing until ventilation is optimized results in the best depth of insertion for the following reasons:
 - It ensures that the distal tip has not been placed laterally in the piriform fossa (see item #3 above).
 - With a deeper initial insertion, only withdrawal of the tube is required to realize a patent airway. A shallow insertion will require deflation of the cuffs to advance the tube deeper.
 - As the KING is withdrawn, the initial ventilation opening exposed to or aligned with the laryngeal inlet is the proximal opening. Since the proximal opening is closest to and is partially surrounded by the proximal cuff, airway obstruction is less likely, especially when spontaneous ventilation is employed.
 - Withdrawal of the KING with the balloons inflated results in a retraction of tissue away from the laryngeal inlet, thereby encouraging a patent airway.
- 5. Ensure that the cuffs are not over-inflated. If a cuff pressure gauge is not available, inflate cuffs with the minimum volume necessary to seal the airway at the peak ventilatory pressure employed. (just seal volume)
- 6. Removal of the KING is well tolerated until the return of protective reflexes. For later removal, it may be helpful to remove some air from the cuffs to reduce the stimulus during wake-up.
- 7. King Airway Kit Includes:
 - King Airway
 - 60-80 cc Syringe
 - Lubricant
 - Instructions for use

DO NOT GIVE MEDICATIONS DOWN THE KING AIRWAY



Color	Tube Size	Patient Size	Weight	Cuff Volume
Transparent	0	See Weight	< 5 kg	10 ml Verify on Tube
White	1	See Weight	5-12 kg	20 ml Verify on Tube
Green	2	35-40 Inches	12-25 kg	25-35 ml Verify on Tube
Orange	2.5	41-51 Inches	25-35 kg	30-40 ml Verify on Tube
Yellow	3	4-5 Feet	NA	40-55 ml Verify on Tube
Red	4	5-6 Feet	NA	50-80 ml Verify on Tube
Purple	5	>6 Feet	NA	60-90 ml Verify on Tube

King Vision



Reusable Display (Fig. 1)

The reusable component of the King Vision Laryngoscope is a durable, high quality, portable, battery operated display with a TFT LCD (Thin Film Transistor Liquid Crystal Display) screen. It incorporates digital technology to receive images from the distal tip of the disposable blade and displays the image on the integrated full color, anti-glare screen. The reusable display ha an on/off switch (fig. 1, #4), a battery indicator light (Fig. 1, #5) and a video-out port (Fig. 1, #6). It incorporates an advanced power management system with automatic gain and exposure control. Power is provided by three AAA batteries housed in the battery compartment (Fig. 1, #7).

STEP 1 - Preparing the King Vision Video Laryngoscope (the Display and Blade combination) for use

Choose the style of Blade (Standard of Channeled) to be used.

Install the Display into the Blade (only goes together one way). Listen for a "click" to signify that the Display is fully engaged with the Blade. Note that the front and back of the parts are color-coded to facilitate proper orientation.

Using The King Vision Channeled Blade

The size #3 Channeled blade is designed to be used with standard ETT sizes 6.0 to 8.0. No stylet is needed.

Lubricate the ETT, the guiding channel of the Channeled Blade and the distal tip of the Blade using a water soluble lubricant. Take care to avoid covering the imaging element of the blade with lubricant.

The ETT may be preloaded into the guiding channel with its distal tip aligned with the end of the channel. Note that the ETT tip should not be evident on the screen when loaded properly. Alternatively, the ETT can be inserted into the channel after the blade has been inserted into the mouth and the vocal cords have been visualized.

Using The King Vision Standard Blade

The size #3 Standard blade is used when integral guidance of the ETT is not indicated.

In this case, a stylet will-likely be necessary.

Lubricate the distal tip of the Standard Blade using a water soluble lubricant. Take care to avoid covering the imaging element of the with lubricant.

The ETT and stylet should be lubricated and the stylet preloaded into the ETT in the same manner as with other intubations where a stylet is used.

User tip: Shaping the ETT with a pre-loaded stylet to match the blade curvature may be helpful.

STEP 2 - Powering On

Press the POWER button (Fig1, #4) on the back of the King Vision Display.

The King Vision Display should turn "ON" immediately AND Display show a moving image.

Confirm the imaging of the King Vision is working properly. If not, stop and refer to the "Acquiring and Image" section.

IMPORTANT: If the LED Battery indicator light (Fig. 1, #5) in the upper left hand corner of the King Vision Display is FLASHING RED, the battery life remaining is limited and the batteries should be replaced as soon as possible.

STEP 3 - Insertion of King Vision Blade into the Mouth

Open the patient's mouth using standard technique.

In the presence of excessive secretions/blood, suction the patient's airway prior to introducing the Blade into the mouth.

Insert the Blade into the mouth following midline. Take care to avoid pushing the tongue towards the larynx.

As the Blade is advanced into the oropharynx, use an anterior approach toward the base of the tongue. Watch for the epiglottis and direct the Blade tip towards the vallecula to facilitate visualization of the glottis on the Display's video screen. The King Vision Blade tip can be placed in the vallecula like a Macintosh blade or can be used to lift the epiglottis like a Miller blade. For best results, center the vocal cords in the middle of the Display's video screen.

If the lens becomes obstructed (e.g., blood/secretions), remove the Blade from the patient's mouth and clear the lens. Avoid putting pressure on the teeth with the King Vision Video Laryngoscope.

STEP 4 - ETT Insertion

Advance the ETT (Channeled Blade)

After you can see the vocal cords in the center of the King Vision Display, advance the ETT slowly and watch for the cuff to pass through the vocal cords. Note that minor manipulation of the blade may be needed to align the ETT tip with the vocal cords.

Insert the ETT/Stylet (Standard Blade)

After you can see the vocal cords on the the King Vision Display, insert the ETT with pre-loaded stylet into the mouth using a lateral approach. Once the ETT tip has reached the posterior pharynx, manipulate the ETT to direct its tip toward the vocal cords. Advance ETT tip just through the cords then retract the stylet prior to advancing the ETT into position in the trachea with the cuff below the cords. Fully remove the stylet.

Needle Cricothyrotomy

(ONLY IF TRAINED)

Indications	Signs & Symptoms	Contraindications	
 Management of an obstructed airway when standard airway procedures cannot be accomplished or have failed. Unable to intubate by another route. Cervical spine injuries Maxillo facial trauma Laryngeal trauma / edema 	Airway obstruction from: • Edema from infection, caustic ingestion, allergic reaction, and / or inhalation injuries • Foreign body • Mass lesion	 Post procedure bleeding Cellulitis of neck Subcutaneous emphysema Voice change Feeling of lump in throat Persistent stoma Obstructive problems Misplacement 	LIVIT IIIKGI VOLIGOTI

aramedic Intervention

This procedure buys TIME only. It is not a definitive airway. It will provide OXYGENATION only, not appropriate VENTILATION.

PROCEDURE

- 1. If time permits, prep with appropriate antiseptic solution.
- 2. Have suction supplies available and ready.
- 3. Locate the cricothyroid membrane utilizing anatomical landmarks (in the midline between thyroid cartilage and cricoid cartilage).
- 4. Secure larynx laterally between thumb and forefinger.
- 5. Relocates the cricothyroid membrane.
- 6. Using the a syringe attached to a short 10 to 14 gauge catheter-over-needle device if needed, insert the needle through the cricothyroid membrane at a 45 to 60 degree angle caudally (towards feet).
- 7. Confirm entry of needle in trachea by aspirating air through the syringe.
- 8. If air is present, change the angle of insertion to 60 degrees.
- 9. Advance the catheter to the level of the hub.
- 10. Carefully remove the needle and syringe.
- 11. Secure the cannula to patient.
- 12. Attach the cannula to a 15 mm adapter. (3.0 3.5 pediatric ET tube adapter)
- 13. Attach a BVM to the airway adapter and begin oxygenation.
- 14. Make certain ample time is used not only for inspiration but expiration as well.
- 15. If unable to obtain an adequate airway, resume basic airway management and transport the patient as soon as possible.
- 16. Regardless of success or failure of needle cricothyrotomy, notify the receiving hospital at the earliest possible time of a surgical airway emergency.
- 17. Document procedure on the patient care record (PCR).

- Use needle cricothyrotomy as a bridge to more invasive surgical airways. (Tracheotomy, surgical cricothyrotomy)
- If placement is required due to foreign body obstruction, removal attempts should continue after performing needle cric procedure.
- Use procedure early to prevent ongoing hypoxia if foreign body is not easily removed.
- QuickTrach device provides a better airway and ventilation if device is available and provider has undergone specific training for that device. See **Cricothyrotomy-Quicktrach** Procedure.

Cricothyrotomy-Kit

(ONLY IF TRAINED)

Indications	Signs & Symptoms	Contraindications	
 Management of an obstructed airway when standard airway procedures cannot be accomplished or have failed. Unable to intubate by another route. Cervical spine injuries Maxillo facial trauma Laryngeal trauma / edema 	Airway obstruction from: • Edema from infection, caustic ingestion, allergic reaction, and / or inhalation injuries • Foreign body • Mass lesion	 Post procedure bleeding Cellulitis of neck Subcutaneous emphysema Voice change Feeling of lump in throat Persistent stoma Obstructive problems Misplacement 	

This procedure will provide OXYGENATION and life sustaining VENTILATION in an emergency

PROCEDURE

Paramedic Intervention

- 1. If time permits, prep with appropriate antiseptic solution.
- 2. Have suction supplies available and ready.
- 3. Locate the cricothyroid membrane utilizing anatomical landmarks.
- 4. Secure larynx laterally between thumb and forefinger.
- 5. Relocate the cricothyroid membrane (in the midline between thyroid cartilage and cricoid cartilage).
- 6. Using the syringe and the finder needle supplied in the QuickTrach kit, insert the needle through the cricothyroid membrane at a 45 to 60 degree angle caudally (toward the feet).
- 7. Confirm entry of needle in trachea by aspirating air through the syringe.
- 8. If air is present, change the angle of insertion to 60 degrees.
- 9. Advance the device to the level of the stop guide.
- 10. Remove the stop guide and slide the plastic cannula along the needle into the trachea until the flange rest against the neck.
- 11. Carefully remove the needle and syringe.
- 12. Secure the cannula with the provided anchoring device.
- 13. Attach the connecting tube to the 15mm connection.
- 14. Attach a BVM to the connecting tube.
- 15. Confirm placement by auscultation and observing patient for adequate chest rise. Make certain ample time is used not only for inspiration but expiration as well.
- 16. If unable to obtain an adequate airway, resume basic airway management and transport the patient as soon as possible.
- 17. Regardless of success or failure of the placement of QuickTrach, notify the receiving hospital at the earliest possible time of a surgical airway emergency.
- 18. Document procedure on the patient care record (PCR).

Key Points

Guidelines for Sizing

- Adult (4.0 mm) QuickTrach: Any patient greater than 100 pounds (45kg) and greater than 8 years in age.
- Use a scalpel to make a *VERTICLE MIDLINE* incision over the cricothyroid membrane if the landmarks are difficult to identify. Once identified, use the QuickTrach as noted above.

Surgical Cricothyrotomy

(ONLY IF TRAINED)

REQUIRES PRIOR MEDICAL DIRECTOR AUTHORIZATION AND TRANING

Indications	Signs & Symptoms	Contraindications	
 Management of an obstructed airway when standard airway procedures cannot be accomplished or have failed. Unable to intubate by another route. Cervical spine injuries Maxillo facial trauma Laryngeal trauma / edema 	Airway obstruction from: • Edema from infection, caustic ingestion, allergic reaction, and / or inhalation injuries • Foreign body • Mass lesion	 Post procedure bleeding Cellulitis of neck Subcutaneous emphysema Voice change Feeling of lump in throat Persistent stoma Obstructive problems Misplacement 	EMT Intervention

CONTRAINDICATIONS:

- Ability to oxygenate and ventilate using less invasive measures
- Age less than 12 years old

Paramedic Intervention

PROCEDURE:

Position the patient supine and extend the neck as needed to improve anatomic view.

- 1. Prep neck with antiseptic
- 2. Using your non-dominant hand, stabilize the larynx and locate the following landmarks: thyroid cartilage (Adam's apple) and cricoid cartilage. The cricothyroid membrane lies between these cartilages.
- 3. Make an approximately a 3cm vertical incision 0.5cm deep through the skin and fascia, over the cricothyroid membrane. With finger, dissect the tissue and locate the cricothyroid membrane.
- 4. Make approximately a 1.5cm horizontal incision through the cricothyroid membrane.
- 5. With your finger, bluntly dilate the opening through the cricothyroid membrane.
- 6. Insert the bougie curved tip first through the incision and angled towards the patient's feet.
- 7. Advance the bougie into the trachea feeling for "clicks" of tracheal rings and until "hangup" when it cannot be advanced any further. This confirms tracheal position.
- 8. Advance a 6.0 mm endotracheal tube (ensure all air aspirated out of cuff) over the bougie and into the trachea.
- 9. Remove bougie while stabilizing ETT ensuring it does not become dislodged
- 10. Inflate the cuff with 5 10ml of air.
- 11. Confirm appropriate proper placement by symmetrical chest-wall rise, auscultation of equal breath sounds over the chest and a lack of epigastric sounds with ventilations using bag-valve-mask, condensation in the ETT, and quantitative waveform | Capnography |
- 12. Reassess tube placement frequently, especially after movement of the patient.
- 13. Ongoing monitoring of ETT placement and ventilation status using waveform Capnography is required for all patients.
- 14. Regardless of success or failure of needle cricothyrotomy, notify the receiving hospital at the earliest possible time of a surgical airway emergency.
- 15. Document procedure on the patient care record (PCR).







- Be prepared for a spray of blood while cutting through the cricothyroid membrane. Eye and face protection required.
- More definitive airway than percutaneous catheter airways
- May begin with needle cricothyrotomy and transition to surgical cricothyrotomy
- Traditional commercial tube securing devices unlikely to work to secure ET tube. Do not let go of tube until secured with best option available.

Indications	Signs & Symptoms	Contraindications
 Tension pneumothorax with significant dyspnea 	 Tachypnea / tachycardia Hyperresonance Absent breath sounds on the affected side Possibly diminished breath sounds on the unaffected side. Cyanosis Hypotension Distended neck veins Chest pain Extreme anxiety Altered LOC/coma 	• Insufficient training

Needle Chest Decompression

Paramedic Intervention **AEMT Intervention**

PROCEDURE

- 1. Confirm presence of a tension pneumothorax or identify strong clinical evidence in a rapid deteriorating patient in the setting of major trauma. Consider in the setting of refractory PEA / traumatic arrest.
- 2. Locate the insertion site at the second intercostal space at the midclavicular line on the affected side of the chest.
- 3. Prep the insertion site. Use sterile gloves and utilize aseptic procedure to the fullest extent possible under the circumstances.
- 4. Remove rear cap of IV catheter.
- 5. Insert the 3 3.25 inch, 12 14 gauge IV catheter (1 inch, 18 gauge IV catheter in patients less than 8 years) by directing the needle just over the top of the third rib (2nd intercostal space) to avoid intercostal nerves and vessels which are located on the inferior rib borders. Alternate site, 5th intercostal space mid axillary or anterior axillary line.
- 6. Advance the catheter 1 2 inches (3/4 1 inch in patients less than 8 years) through the chest wall. Tension should be felt until the needle enters the pleural space. A pop or give may also be felt. Do not advance the needle any further

In a tension pneumothorax, air under pressure should be released when the needle enters the pleural cavity. This will be heard as a rush of air through an open catheter-over-the-needle. If you are using a syringe attached to the catheter-over-the-needle you should be able to withdraw air by pulling out on the barrel of the syringe.

- 7. Withdraw the needle and advance the catheter until flush with the skin. Listen for a gush or hiss of air which confirms placement and diagnosis. This is frequently missed due to ambient noise.
- 8. Dispose of the needle properly and never reinsert into the catheter.
- 9. Once the presence of a tension pneumothorax has been confirmed:
 - a. Remove the needle, leaving the catheter in place.
 - b. Tape the catheter in place.
- 10. Secure the catheter and rapidly transport the patient providing appropriate airway assistance.
- 11. Be prepared to re-needle the chest next to original site if catheter kinks or becomes occluded.

- A tension pneumothorax can occur in any situation in which a simple pneumothorax occurs.
- Some patients who are at risk of developing a tension pneumothorax; include those receiving positive pressure ventilation, or any patient with blunt or penetrating trauma, and those with pre-existing lung diseases such as COPD.
- Cover all penetrating chest trauma with an occlusive dressing taped on three sides.
- In some cases of penetrating chest trauma, placing an occlusive dressing on the wound will convert an open pneumothorax to a closed tension pneumothorax. In these cases, treatment consists of removing the dressing and converting the wound back to an open pneumothorax. This may be the only treatment needed.
- DO NOT perform a chest decompression, if the patient is not in significant respiratory distress and is otherwise stable.
- Major trauma victims should have catheter-over-the-needles placed on both sides of the chest, if all of the following are present:
 - 1. Obvious chest trauma
 - 2. Difficulty bagging, and absent breath sounds on one / both sides
 - 3. Hypotensive or pulseless
- Needle decompression is a temporary lifesaving procedure only. Patients requiring decompression will require chest tube placement for long term maintenance.
- Catheters may kink or become occluded, always be prepared to re-needle the chest next to the original site. BE ALERT FOR SIGNS OF CONTINUEING OR RECURRING TENSION PNEUMOTHORAX.

Indications	Signs & Symptoms	Contraindications
 Patients with suspected hypoxemia. All cases of respiratory distress For the treatment of primary respiratory or cardiac disease All cases of altered or depressed level of consciousness Drug overdoses Any patient requiring intubation or BVM support Major trauma Smoke Inhalation (may not be accurate due to CO) Any patient on home oxygen, home ventilator, or BiPAP 	 Dyspnea Tachypnea Tachycardia Bradycardia (late sign in adults) Altered mental status Pallor, cyanosis Diaphoresis Prolonged capillary refill Accessory muscle use Abnormal breath sounds 	 Poor perfusion; must be applied with good perfusion Patients with history of anemia Patients with suspected high carboxyhemoglobin / methemyglobin (CO poisoning, smoke inhalation, heavy cigarette smokers)

Pulse Oximetry Part A

PROCEDURE

- 1. Turn the machine on and allow for self-tests.
- 2. Apply probe to patient's finger or any other digit as recommended by the device manufacturer.
- 3. Allow machine to register saturation level.
- 4. Record time and initial saturation percent on room air if possible on the patient care report (PCR).
- 5. Verify pulse rate on machine with actual pulse of the patient.
- 6. Monitor critical patients continuously until arrival at the hospital. If recording a one-time reading, monitor patients for a few minutes as oxygen saturation can vary.
- 7. Document percent of oxygen saturation every time vital signs are recorded and in response to therapy to correct hypoxemia.
- 8. In general, normal saturation is 97 99%. Below 94%, suspect a respiratory compromise.
- 9. Use the pulse oximetry as an added tool for patient evaluation. Treat the patient, not the data provided by the device.
- 10. The pulse oximeter reading should never be used to withhold oxygen from a patient in respiratory distress or when it is the standard of care to apply oxygen despite good pulse oximetry readings, such as chest pain.
- 11. Factors which may reduce the reliability of the pulse oximetry reading include:
 - Poor peripheral circulation. (blood volume, hypotension, hypothermia)
 - Excessive pulse oximeter sensor motion.
 - Fingernail polish. (may be removed with acetone pad or sensor turned 90 degrees)
 - Carbon monoxide bound to hemoglobin.
 - Irregular heart rhythms. (atrial fibrillation, SVT, etc.)
 - Jaundice.
 - High ambient light. (washes out the sensors light)

All patients who require vital signs to be taken should have oxygen saturation measured and recorded as part of the vital signs.

Measure oxygen saturation before applying oxygen and repeat the measurement after oxygen has been applied. Do not delay oxygen administration in patients experiencing severe respiratory distress.

Treatment Guidelines		
SPO2 Reading	Interpretation	Action
≥ 94%	Ideal Range	No supplemental oxygen is needed if no distress noted
93% to 90%	Mild to Moderate Hypoxemia	Check airway, start oxygen therapy via nasal cannula @ 2 - 6 lpm
90% to 85%	Severe Hypoxemia	Check airway, start aggressive oxygen therapy, high flow oxygen via nonrebreather mask @ 15 lpm. Consider bag valve mask ventilation with 100% oxygen if the patient does not have adequate ventilations. Consider CPAP if indicated.
85% OR LESS	Respiratory Failure	Prepare to intubate or assist ventilations with 100% oxygen and bag valve mask

Pulse Oximetry Part B

- 100% oxygen should be administered to all patients despite a good SpO2 if they are hypoxic.
- Make sure that all dirt and nail polish or any obstructive covering is removed to prevent the unit from giving a false reading.
- Attempt to obtain a room air reading and a reading with supplemental oxygen.
- DO NOT read while BP being taken. May give false readings.
- Oxygen saturation measurements must routinely be recorded as part of the run report. Include those measurements taken as part of routine vital signs and those measurements taken before and after oxygen administration.
- Although the pulse oximeter displays the heart rate, the unit should not be used in place of a physical assessment of the heart rate
- Oxygen saturation readings may be inaccurate in any situation where the flow of blood through the finger is impaired, such as:
 - Hypotension or shock with poor peripheral perfusion
 - Peripheral vascular disease
 - Extremity injury with restriction of peripheral perfusion
 - Cold extremities
- Oxygen saturation readings may be incorrectly high in situations such as carbon monoxide poisoning.
- Many patients with COPD have chronic low oxygen readings and may lose their respiratory drive if administered prolonged high oxygen therapy. Routinely assess pulse oximetry as well as respiratory drive when administering oxygen to these patients. Do not withhold oxygen from any patient that requires it.
- The room air pulse oximetry reading is NOT required if the patient has been placed on supplemental oxygen prior to EMS arrival.
- Pulse oximetry is NOT and indicator of myocardial or cerebral perfusion.

Stoma and Tracheostomy

TRACHEOSTOMY SUCTIONING

Purpose

Tracheostomy suctioning may be required to maintain a patent airway in patients who present with respiratory distress secondary to tracheostomy tube occlusion or obstruction.

Indications	Adverse Effects/Complications	Contraindications
 Increased secretions from the Tracheostomy site or a mucous plug Hypoxia, cyanosis, or decreased oxygen saturation levels Increased work of breathing Altered mental status secondary to hypoxia Dislodged/obstructed tracheostomy 	 Bleeding at tracheal stoma site Dislodgment of tracheostomy tube Exaggerated cough reflex with introduction of saline Increased hypoxia/respiratory distress Infection 	• None

PROCEDURE

- 1. Position patient with the head and neck hyperextended to expose the tracheostomy site.
- 2. Pre-oxygenate patient at the tracheostomy site:
 - (a) NRB mask if patient has adequate effective spontaneous respirations
 - (b) manual resuscitator bag if ventilator-dependent or there are ineffective spontaneous respirations
- 3. Select appropriately sized suction catheter.
- 4. Insert suction catheter:
 - (a) Measure from the tracheostomy site to the sternal notch OR Insert until there is a cough reflex.
- 5. Apply suction ONLY as the catheter is withdrawn, rotating the catheter in a twisting motion between thumb and finger.
- 6. Suction for maximum of 10 seconds.
- 7. Re-oxygenate and reevaluate patient.
- 8. Repeat suction procedure as needed (for thick secretions instill 3–5 cc sterile saline/water prior to repeat suctioning). Usually suctioning will fix the trach problem. If it does not, try suctioning again because mucous plugging is a very common cause of trach failure.
- 9. If there is suspicion that the trach is the cause of cardiac arrest and/or for difficult tracheostomy/laryngectomy management transport to nearest emergency department

Airway/Breathing Stoma and Tracheostomy Replacement Airway/Breathing

TRACHEOSTOMY Tube Replacement

Purpose

Changing a tracheostomy tube may be required to reestablish a patent airway in patients who present with respiratory distress secondary to tracheostomy tube occlusion or obstruction that has not been relieved through suctioning.

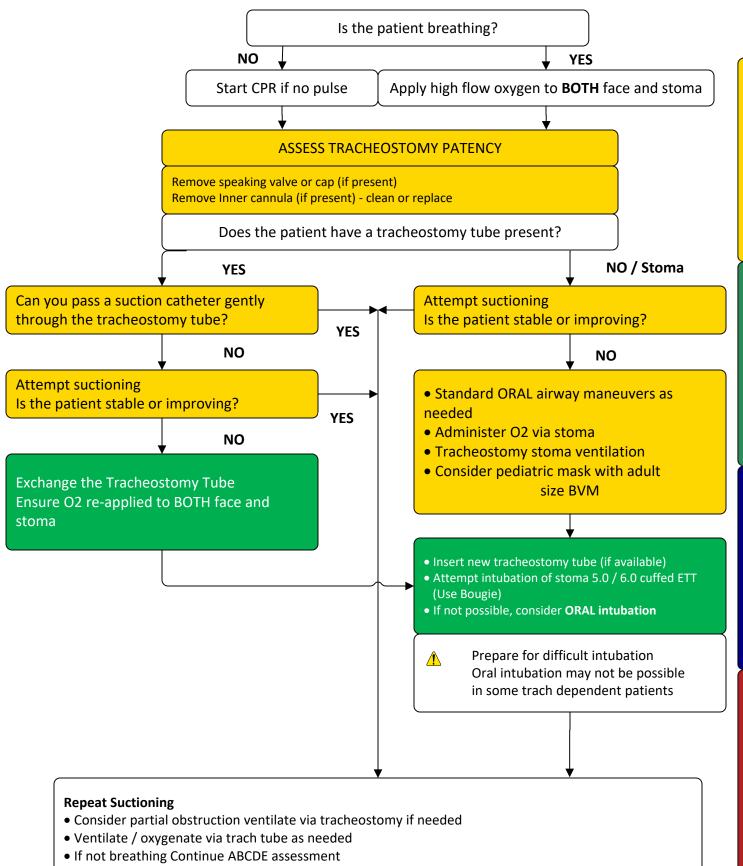
Indications	Adverse Effects/Complications	Contraindications
 Inability to ventilate with manual resuscitator bag Ineffective spontaneous ventilations (poor chest rise, decreased breath sounds bilaterally) Hypoxia, cyanosis, or decreased O2 saturation levels, not relieved by suctioning Increased work of breathing Altered mental status secondary to hypoxia 	 Inability to reinsert a tracheostomy tube Edema or bleeding at stoma site Inability to maintain adequate chest rise and fall with assisted ventilations due to air leak around uncuffed tracheostomy tube False tracheostomy para-tracheal intubation (avoid forced tracheostomy tube re-placement or ETT intubation) 	None but tracheostomy tube replacement and/or ETT should be attempted as a last resort after multiple attempts at suctioning and oxygenation have failed

Procedure

- **1.** Position patient with the head and neck hyperextended to expose the tracheostomy site.
- 2. Explain procedure to patient/family.
- 3. To exchange the tracheostomy tube:
 - (a) If a double cannula tracheostomy tube is in place, attempt to change inner cannula first and reassess the patient to see if the obstruction is relieved. If the patient continues to have respiratory distress, and diligent suctioning was unsuccessful, then change the entire tracheostomy tube. If cuffed, deflate using a 10 mL syringe.
 - (b) Insert Bougie through existing trach tube to maintain tract.
 - (c) Remove the tracheostomy tube, outward and backward towards the chest.
 - (d) Lubricate the new tracheostomy tube with lubricating jelly or saline/water.
 - (e) Insert new tracheostomy tube into stoma, inward and downward towards the lungs. STOP IF YOU MEET RESISTANCE.
 - (f) If cuffed tracheostomy tube is used, once the tube has been inserted, inflate the cuff with an appropriate amount of air to avoid air leak around the tube (1–3 mL for pediatric tubes and 5–10 mL for adult tubes).
 - (g) Reassess the patient. Oxygenate as needed.
 - (h) With good chest rise and fall and improved skin color, secure the tracheostomy tube with ties or Velcro at the back of the neck, so only one fingertip fits between the neck and the ties.
- **4.** If ALS, you may attempt to insert a same size or 1/2 smaller sized endotracheal tube into the stoma.
 - In the event that the stoma size is unknown start with a size 6 mm ETT. If cuffed endotracheal tube is used, inflate the cuff with an appropriate amount of air to avoid air leak around the tube (1–3 mL for pediatric tubes and 5–10 mL for adult tubes). Advance cuffed ETT just until you lose sight of the cuff.
 - (b) If ALS and unable to insert the endotracheal tube into the stoma, AND the patient certainly has not had a laryngectomy, you may attempt to intubate orally and apply an occlusive dressing over the stoma site.
- **5.** If you meet resistance inserting the tracheostomy tube, **do NOT force the tube into the stoma**. Assess the patient.
- **6**. If you continue to have problems, STOP, consult Online Medical Control, and continue BVM ventilations orally, or manual resuscitator bag to tracheostomy site, while en-route to the nearest emergency department.
 - (a) If all attempts at exchanging a tracheostomy tube have failed, you may need to ventilate through the stoma using an infant size mask with an appropriate size manual resuscitator bag.

Airway/Breathing Stoma and Tracheostomy-Key Points Airway/Breathing

- Attempting to reinsert a dislodged tracheostomy tube or intubating a stoma may cause a false channel in the subcutaneous tissue anterior to the trachea. Compression of the trachea may result. **Do not use force!**
- Document ETT size, time, results (success) and placement location by the centimeter marks in the ePCR. Document all devices used to confirm initial tube placement. Also document positive or negative breath sounds before and after each movement of the patient. It is required that the airway be monitored continuously through waveform capnography (ALS providers) and pulse oximetry. A digital copy of the ETCO2 MUST be attached to the ePCR.
- Manually secure the tracheostomy tube while beginning to ventilate the patient using a manual resuscitator bag
- The tracheostomy outer cannula has a 15 mm fitting on the end that will attach to a manual resuscitator bag just like an ET tube.
- Attempt to re-place the tracheostomy tube (if possible) before attempting to secure the airways via ETT.
- Advance cuffed ETT just until you lose sight of the cuff. Secure the ETT and promptly monitor the ETCO2.
- Oral intubation may not be possible in some tracheostomy dependent patients, depending on



Consider transporting to nearest emergency department

Indications	Signs & Symptoms	Contraindications
 Any patient who is having trouble maintaining an airway and fluid is noted in the oropharynx, endotracheal tube, or tracheotomy Tracheal suctioning should also be performed when rhonchi is heard in the intubated patient or tracheotomy patients 	Obstruction of the airway (secondary to secretions, blood, or any other substance) in a patient currently being assisted by an airway adjunct such as a nasotracheal tube, endotracheal tube, tracheostomy tube, or a cricothyrotomy tube	The patient must be well oxygenated before attempting this procedure

Suctioning Part A

PROCEDURES

ORAL SUCTIONING

- 1. Body substance isolation procedures must be used.
- 2. Assess the need for suctioning.
- 3. Oxygenate the patient for 30 seconds prior to suctioning.
- 4. Select an appropriate size suction catheter.
 - a. A soft flexible suction catheter or a "whistle tip" can be used if only fluids need to be removed.
 - b. A yankauer or "tonsil tip" should be used for thick fluids, small particles, or large volumes.
- 5. Prepare a cup of sterile water or saline to flush the catheter after suctioning and in between attempts.
- 6. Quickly insert the catheter into the patient's mouth until it is at the desired depth.
- 7. Apply suction and withdraw the catheter. Suction no more than 15 seconds per attempt.
- 8. Immediately after each suction attempt, oxygenate the patient for thirty seconds with 100% oxygen.
- 9. Repeat this procedure as needed until the airway is clear.

TRACHEAL SUCTIONING (Trach tube or endotracheal tube)

- 1. Body substance isolation procedures must be used.
- 2. Assess the need for suctioning.
- 3. Oxygenate the patient prior to suctioning.
- 4. Select an appropriate size suction catheter.
 - a. A soft flexible suction catheter or a "whistle tip" should be used.
 - b. A yankauer or "tonsil tip" should NOT be used.
- 5. Prepare a cup of sterile water or saline to flush the catheter after suctioning and in between attempts.
- 6. While maintaining aseptic technique, quickly insert the catheter into the endotracheal or tracheal tube until it is at the desired depth.
- 7. Apply suction and withdraw the catheter using a gentle rotating motion. Suction no more than 15 seconds per attempt.
- 8. Immediately after each suction attempt, oxygenate the patient for thirty seconds with 100% oxygen.
- 9. Repeat this procedure as needed until the airway is clear.

Suctioning Part B

Key Points

• General

- In order to maintain aseptic technique, keep the distal end of the catheter in the wrapper when not being used.
- If the suction catheter needs to be set down between suction attempts, place it back inside its wrapper.
- Patients who require assisted ventilations should be hyperventilated before and after every suction attempt.
- DO NOT suction for more than 15 seconds per attempt.
- DO NOT insert farther than the desired depth.
- If a backboarded patient vomits, turn the board on its side and then suction.

• Oral Suctioning

- If using a soft flexible suction catheter, determine the length by holding it against the patient's face. Measure from the edge of the patient's mouth to the tip of the ear lobe.
- Patients with clenched teeth may need to be suctioned via the naso-tracheal route. Use a soft suction catheter only.

• Tracheal Suctioning

- Even though endotracheal tubes isolate the trachea, if there is fluid present in the lower airway, oxygenation will be reduced.
- There are many patients at home with tracheotomy tubes. These tubes have a tendency to become obstructed because the patient cannot cough normally. EMS is often called when these tubes become obstructed.
- This procedure should be performed with aseptic technique. Use an unopened sterile catheter for every patient.
- Use the largest sized suction catheter that will fit down the endotracheal tube.
- Estimate the length by looking at the distance between the end of the tube and the sternal notch. This approximates the level of the carina.
- If tracheal secretions are extremely thick and unable to be removed, administer 2 3 ml of sterile saline followed by 2 BVM ventilations and then perform suctioning.

Transport Ventilation Devices Airway/Breathing Airway/Breathing

Inclusion: This procedure applies to CONTROL only resuscitative ventilators for use during cardiac arrest

Indications	Signs & Symptoms	Contraindications
Transport of an intubated or tracheostomy patient	Patient. currently breathing with ventilation device	Insufficient training

PROCEDURE

- 1. Confirm the placement of tube as per airway protocol.
- 2. Ensure adequate oxygen delivery to the ventilator device.
- 3. Pre oxygenate the patient as much as possible with BVM.
- 4. Remove BVM and attach ventilation device.
- 5. Per instructions of device, set initial respiration values; respiratory rate and volume.
- 6. Assess breath sounds. Allow for adequate expiratory time. Adjust ventilator setting as clinically indicated.
- 7. If any worsening of patient condition, decrease in oxygen saturation, or any question regarding the function of the ventilator, remove and resume bag-valve ventilations.
- 8. Document time, complications, and patient response on the patient care report (PCR).

IF THERE IS EVER ANY QUESTION ABOUT WHETHER OR NOT THE DEVICES IS VENTIALTING CORRECTLY, REMOVE IT AND VENTILATE MANUALLY

USERS MUST RECEIVE TRAINING REGARDING THEIR SPECIFIC VENT DEVICE







- Transportation ventilators may be used on patients according to the manufacturer's directions.
- It must be noted that this is a short term adjunct, which must be monitored at all times to prevent tube displacement. If the patient begins to show any signs of further deterioration, the entire airway must be re-evaluated and a bag-valvemask should be used until the airway can be successfully stabilized.

Circulation/Shock Automated CPR Device (LUCAS) Part A Circulation/Shock

PURPOSE

This procedure describes the appropriate methods to apply, operate, and discontinue the LUCAS CPR device in patients > 12 years of age requiring mechanical chest compression related to cardiac arrest.

INDICATIONS

1. The LUCAS may be used in patients 12 years of age and older who have suffered non-traumatic cardiac arrest, where manual CPR would otherwise be used.

CONTRAINDICATIONS

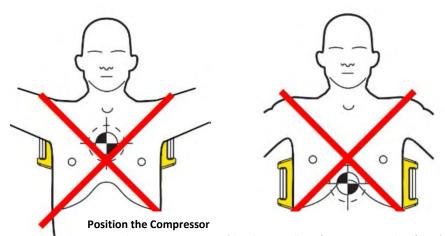
- 1. Patients < 12 years of age.
- 2. Patients who do not fit within the device.
 - a. Patients who are too large and with whom you cannot press the pressure pad down 2 inches.
 - b. Patients who are too small and with whom you cannot pull the pressure pad down to touch the sternum

PLACEMENT

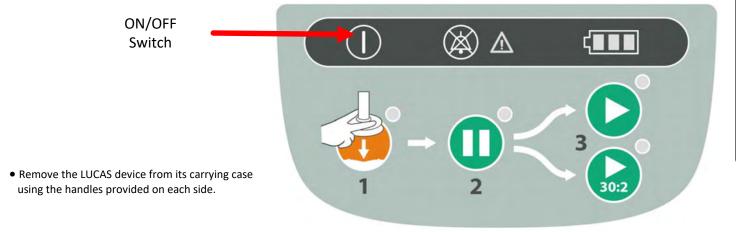
- 1. All therapies related to the management of cardiac arrest should be continued as currently defined in protocol
- 2. Initiate typical resuscitative measures
 - a. Early defibrillation should be considered and provided as indicated based on clinical presentation.
 - b. Manual chest compressions should be initiated *immediately* while the LUCAS device is being placed on the patient.
 - c. Limit interruptions in chest compressions to 10 seconds or less.
 - d. Do not delay manual CPR for the LUCAS. Continue manual CPR until the device can be placed.
- 3. While resuscitative measures are initiated, the LUCAS device should be removed from its carrying device and placed on the patient in the following manner;

Backplate Placement

• The backplate should be centered on the nipple line and the top of the backplate should be located just below the patient's armpits. Placement should occur during a scheduled discontinuation of compressions [e.g., after five cycles of 30:2 or two minutes of uninterrupted compressions]).



• Turn the LUCAS Device on (the device will perform a 3 second self-test).

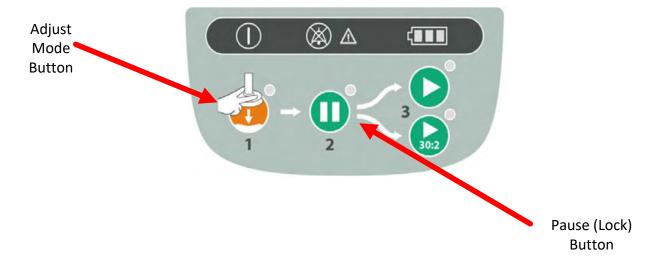


Circulation/Shock Automated CPR Device (LUCAS) Part B Circulation/Shock

- With the index finger of each hand, pull the trigger to ensure the device is set to engage the backplate. Once this is complete, you may remove your index finger from the trigger loop.
- Approach the patient from the side opposite the person performing manual chest compressions.
- Attach the claw hook to the backplate on the side of the patient opposite that where compressions are being provided.
- Place the LUCAS device across the patient, between the staff member's arms who is performing manual CPR.
- At this point the staff member performing manual CPR stops and assists attaching the claw hook to the backplate on their side.
- Pull up once to make sure that the parts are securely attached.

Adjust the Height of the Compression Arm

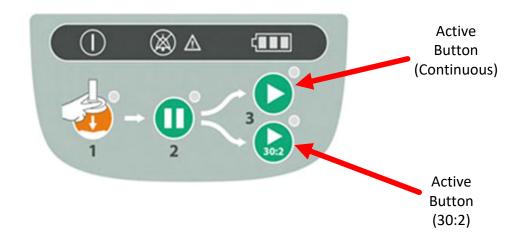
- Use two fingers (V pattern) to make sure that the lower edge of the Suction Cup is immediately above the end of the sternum. If necessary, move the device by pulling the support legs to adjust the position
- Press the Adjust Mode Button on the control pad labeled #1 (This will allow you to easily adjust the height of the compression arm).



- To adjust the start position of the compression arm, manually push down the SUCTION CUP with two fingers onto the chest (without compressing the patient's chest)
- Once the position of the compression arm is satisfactory, push the green PAUSE button labeled #2 (This will lock the arm in this position), then remove your fingers from the SUCTION CUP.
- If the position is incorrect, press the ADJUST MODE BUTTON and repeat the steps.

Start Compressions

- If the patient is not intubated and you will be providing compression to ventilation ratio of 30:2 push ACTIVE(30:2) button to start
- If the patient is intubated and you will be providing continuous compressions push ACTIVE (continuous) button



Circulation/Shock Automated CPR Device (LUCAS) Part C Circulation/Shock

Patient Adjuncts

- Place the neck roll behind the patient's head and attach the straps to the LUCAS device.
 - This will prevent the LUCAS from migrating toward the patient's feet.
- Place the patients arms in the straps provided.

USING THE LUCAS DURING RESUSCIATION

Defibrillation

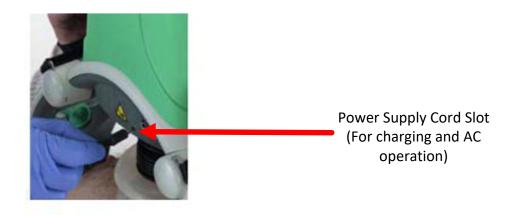
- Defibrillation can and should be performed with the LUCAS device in place and in operation
- One may apply the defibrillation electrodes either before or after the LUCAS device has been put in position
 - o The defibrillation pads and wires should not be underneath the suction cup
 - o If the electrodes are already in an incorrect position when the LUCAS is placed, you must apply new electrodes
- Defibrillation should be performed according to the joint ems protocols and following the instructions of the defibrillator manufacturer.
- If the rhythm strip cannot be assessed during compressions, one may stop the compressions for analysis by pushing the PAUSE BUTTON (The duration of interruption of compressions should be kept as short as possible and should not be > 10 seconds. There is no need to interrupt chest compressions other than to analyze the rhythm).
- Once the rhythm is determined to require defibrillation, the appropriate ACTIVE BUTTON should be pushed to resume compressions while the defibrillator is charging and then the defibrillator should be discharged.

Pulse Checks / Return of Spontaneous Circulation (ROSC)

- Pulse checks should occur intermittently while compressions are occurring
- If the patient moves or is obviously responsive, the LUCAS Device should be paused and the patient evaluated.
- If there is a change in rhythm, but no obvious indication of responsiveness or ROSC, a pulse check while compressions are occurring should be undertaken. If the palpated pulse is asynchronous, one may consider pausing the LUCAS Device. If the pulse remains, reassess the patient. If the pulse disappears, one should immediately restart the LUCAS Device.

Disruption or Malfunction of Lucas Device

• If disruption or malfunction of the LUCAS device occurs, immediately revert to Manual CPR.



Care of the LUCAS Device after use

- Remove the Suction cup and the Stabilization Strap (if used, remove the Patient Straps).
- Clean all surfaces and straps with a cloth and warm water with an appropriate disinfectant agent
- Replace the used Battery with a fully-charged Battery.
- Remount (or replace) the Suction Cup and straps
- Repack the device into the carrying bag
- Make sure that the Charging Cord is plugged into the LUCAS Device.

Circulation/Shock Automated CPR Device (AutoPulse) Part A Circulation/Shock

INDICATIONS:

The AutoPulse is intended to be used as an adjunct to manual CPR, on adult patients only, in cases of clinical death as defined by a lack of spontaneous breathing and pulse. The AutoPulse must be used only in cases that manual CPR would normally be initiated. Personnel certified in manual CPR must always be present during AutoPulse operation.

CONTRAINDICATIONS:

- Patients with traumatic injury (wounds resulting from sudden physical injury or violence)
- Patients under the age of 18.
- Patient's parameters that are not within the AutoPulse's Operating Parameters.

KEY POINTS:

- The AutoPulse takes time to deploy. It is essential that providers begin manual CPR as soon as cardiac arrest is recognized and continue until the AutoPulse is deployed.
- If there is an error that causes the AutoPulse to stop performing CPR, if the band cannot be closed around the patient, or if the AutoPulse fails to start CPR, continue the resuscitation with manual CPR. Do not attempt to resolve the error until after patient care is complete.
- If the AutoPulse is stored in the Quick Case, the patient may be extricated using the carrying device built into the case. Otherwise, the AutoPulse must be secured to another approved extrication device to move the patient.
- Use of the AutoPulse does not change AHA recommendations for CPR. Use a ratio of 30 compressions to 2 ventilations on patients without an advanced airway and switch the AutoPulse to continuous compressions if an advanced airway is in place.
- Remove the AutoPulse from the patient by undoing the Velcro fastener, not by cutting the Life Band. Cutting the Life Band may cause an error that cannot be fixed in the field.

AutoPulse Operating Parameters:

Patient Parameter	Auto Pulse Specification	
Patient chest circumference permitted	29.9 to 51.2 in. (76 to 130 cm)	
Patient chest width permitted	9.8 to 15 in. (25 to 38 cm	
Maximum patient weight permitted	300 lbs. (136 kg)	

Deploying the AutoPulse System:

- 1. Power up the Auto Pulse. The ON/OFF button is located on the top ("head") edge of the Auto Pulse Platform.
- 2. The Auto Pulse illuminates the green Power light-emitting diode (LED) on the User Control Panel and performs self-tests. **Note:** Make sure that no User Advisory, Fault or System Error messages display.



- 3. Sit the patient up and make a single cut down the back of the patient's clothing.
- 4. Slide the Auto Pulse Platform into position behind the sitting patient and lay the patient down onto the platform.

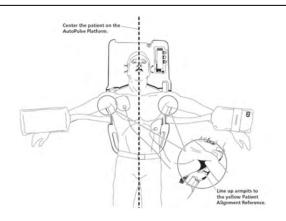
 Placing the Auto Pulse to the patient's side and "log rolling" him or her onto the platform is an acceptable alternative.
- 5. Grasp the Clothing by the sleeves and pull down toward the ankles to remove all the clothing from both the front and back torso. The anterior pad(s) may be placed at this time.

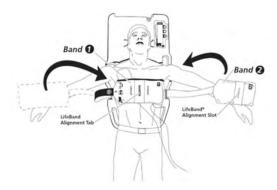
Circulation/Shock Automated CPR Device (AutoPulse) Part B Circulation/Shock

- 6. Position the patient so that he/she is centered laterally (from left to right) and that the armpits are aligned with the Auto Pulse using the yellow line positioning guides on the platform (see diagram at right).
- 7. Close the Life Band around the patient's chest.

 To properly align the two sides of the Life Band:
 - a) Place band on top of patient's chest
 - b) Locate mating slot of band over the alignment tab
 - c) Press the bands together to engage and secure the Velcro fastener
 - d) Lift the Life Band to its fullest, ensuring that the side bands are at a 90-degree angle to the platform, that they are not twisted and that there are no obstructions.
 - e) Center the Life Band on the patient's chest, placing it such that its center is over the area upon which manual compressions are conducted.

Note: If the bands cannot be closed, use manual CPR.





Starting Chest Compressions:

- 1. Make sure that the yellow upper edge of the Life Band is aligned with the patient's armpits and is directly over the yellow line on the Auto Pulse Platform. Also make sure that there are no obstructions, such as clothing, straps, or equipment, with the bands.
- 2. Press and release the Start / Continue button once. The Auto Pulse Automatically adjusts the bands to the patient's chest.

Warning: Do not touch the patient or the Life Band while the Auto Pulse Platform is analyzing the patient's size.

- 3. The Auto Pulse will pause for 3 seconds to allow you to verify that the patient is properly aligned and that the Life Band has taken up any slack in the bands. **Note:** If the patient is not properly aligned, press Stop / Cancel button, realign the patient, and begin compressions again with step 1.
- 4. After the 2 second verify patient alignment pause is complete, compressions will automatically begin. You may press the Start / Continue button to immediately initiate compressions ahead of the time.

Warning: If the Stop / Cancel button is not pressed within 3 seconds, compressions will automatically begin. Press the Stop / Cancel button to immediately stop compressions.

Compression Modes:

- 30:2 The AutoPulse will perform 30 compressions and then pause for 3 seconds to permit the user to ventilate the patient before automatically resuming compressions. The AutoPulse will be set to start in 30:2 mode and should be used in this mode whenever an advanced airway is not in place.
- **Continuous** The AutoPulse will continually perform ventilations until the stop button is pressed. An audio cue tone for ventilation will sound 8 times per minute. Switch to this mode if an advanced airway is placed.
- The current compression mode is displayed in the left upper corner of the screen. The words above the gray Menu / Mode switch button indicate the alternate mode the AutoPulse will switch to. Pressing the Menu / Mode switch once will indicate that you want to change compression modes. Press the Menu / Mode switch twice in rapid secession to confirm your compression change.

Circulation/Shock Automated CPR Device (AutoPulse) Part C Circulation/Shock

- 5. To access the patient or to pause the Auto Pulse for any reason, press the Stop / Cancel button. The Auto Pulse Platform releases the tension on the Life Band, allowing the user to pull the bands to the maximum extended position.
- 6. After either successful resuscitation or termination of activities, press the Stop / Cancel button followed by the On/Off button.

 The Stop / Cancel button action will cease the compression cycles and relax the Life Band. The On / Off button action will power down the Auto Pulse.
- 7. Open the Velcro fastener and lift or log roll off the patient from the Auto Pulse Platform, as necessary.

Patient Alignment and Securing for Transport:

Warning: The Auto Pulse is **NOT** intended for carrying or transporting a patient. The Auto Pulse should be secured to the top of a backboard or other equipment used to carry or transport the patient, if necessary. During Transport, Regular Checks of the patient's alignment should be performed.

- 1. Attach the Shoulder Restraint to keep the patient properly aligned on the Auto Pulse Platform.
- 2. The head Immobilizer assists in keeping the patient's head from moving, especially when combined with cervical collar. A cloth may also be placed under the patients head.

Removing the LifeBand:

Note: DO NOT cut the LifeBand before removing it from the AutoPulse. Cutting the LifeBand may cause the AutoPulse to report a fault and will require specific steps to clear the fault.

- 1. Place the AutoPulse platform with the surface facing down on a smooth, flat surface.
- 2. Flip up the hinged belt guards of the LifeBand cover plate to disengage the LifeBand from the rollers. You will hear the guards "snap." This is normal.
- 3. Using both hands, pinch together the locking tabs of the LifeBand cover plate and firmly pull the plate straight up and away from the AutoPulse.
- 4. Remove the LifeBand from the AutoPulse by grasping the LifeBand chest band with the thumb and index finger of both hands, on either side if the LifeBand clip. Push the guide plate, using both middle fingers. Keeping the guide plate pushed in, pull up on the band to remove the clip from the shaft.

Removing a LifeBand that is cut or not in the home position:

Warning: The chest band must be completely unwound from the driveshaft before it is removed. When the chest band is completely Unwound, the seam is visible and the driveshaft rests in the home position. Removing the band clip when the driveshaft is not in at its home position will result in a permanent User Advisory (45) that the user will not be able to clear. The LifeBand should only be removed from the driveshaft ONLY from its home position. If the chest bands have been cut it is quite possible that the chest band is still wound onto the driveshaft. Care should be taken to ensure that the bands are fully extended before the cover plate is opened and the band clip is removed.

- 1. Once the cover plate is removed, take hold of the chest band on either side of the driveshaft, and pull both bands outward.
- 2. The chest bands should now be fully extended. The seam securing the band clip should easily be seen and the driveshaft is centered. The LifeBand may now be removed using the removal procedures.

Circulation/Shock Peripheral Intravascular Access (IV) Circulation/Shock

Indications	Signs & Symptoms	Contraindications
 Any patient where intravenous access is indicated (significant trauma or mechanism, emergent or potentially emergent medical condition) 	DehydrationHypovolemiaNeed for drug therapy	Hypersensitivity to IV catheter

PROCEDURES

- 1. Universal precautions. Gloves.
- 2. Prepare equipment.
- 3. Inspect the IV solution for expiration date, cloudiness, discoloration, leaks, or the presence of particles.
- 4. Connect IV tubing to the solution in a sterile manner. Fill the drip chamber half full and then flush the tubing bleeding all air bubbles from the line.
- 5. Place a tourniquet around the patient's extremity to restrict venous flow only.
- 6. Select a vein and an appropriate gauge catheter for the vein and the patient's condition.
- 7. Prep the skin with an antiseptic solution.
- 8. Insert the needle with the bevel up into the skin in a steady, deliberate motion until the blood flashback is visualized in the catheter.
- 9. Advance the catheter into the vein. **Never** reinsert the needle through the catheter.
- 10. Dispose of the needle into the proper container without recapping.
- 11. Draw blood samples when appropriate.
- 12. Remove the tourniquet and connect the IV tubing or saline lock.
- 13. Open the IV to assure free flow of the fluid and then adjust the flow rate as per protocol or as clinically indicated.
- 14. Secure IV using appropriate measures to insure stability of the line.
- 15. Check for signs of infiltration.
- 16. Adjust flow rate.
- 17. Document the procedure, time and result on the patient care report (PCR).

Attempt to draw labwork on all patients when the IV is started, unless the draw will compromise the access site or the patient is in extremis.

Label all blood draws with patient name and DOB

For Intraosseous Infusion Go To: Intraosseous Infusion-Adult

Intraosseous Infusion-Pediatric

Paramedic Intervention

AEMT

- IVs will be started by the Advanced EMT and / or the Paramedic as allowed by each patient care protocol.
- IV placement must not delay transport of any critical patient involved in trauma.
- Generally, no more than two (2) attempts or more than two minutes should be spent attempting an IV. If unable to initiate IV line, transport patient and notify hospital IV was not able to be started.
- IVs may be started on patients of any age providing there are adequate veins and patient's condition warrants an IV.
- Use 1000 ml bags of normal saline for trauma patients and 500 1000 ml bags of normal saline for medical patients.
- Any prehospital fluids or medications approved for IV use may be given through intraosseous access.
- All IV rates should be at KVO (minimal rate to keep vein open) unless administering fluid bolus.
- Extreme care should be made to discard of all IV sharps in the appropriate sharps container immediately after cannulation. No sharps should be found on patient / sheets after transport to the hospital.
- Any venous catheter which has already been accessed prior to EMS arrival may be used.
- Upper extremity IV sites are preferable to lower extremity sites.
- Lower extremity IV sites are relatively contraindicated in patients with vascular disease or diabetes.
- In post-mastectomy patients, avoid IV, blood draw, injection, or blood pressure in arm on affected side.
- Use IV catheters appropriately sized for the patient and their condition.

PROCEDURE FOR STARTING SALINE LOCK

- 1. Prepare equipment: Flush saline lock with saline (approx. 1 ml) leave saline syringe attached device.
- 2. Apply tourniquet.
- 3. Cleanse site with alcohol.
- 4. Use appropriately sized catheter for all saline locks. Perform venipuncture.
- 5. Attach IV tubing and push remaining saline through tubing and catheter. Remove syringe.
- 6. Secure IV using appropriate measures to insure stability of the line.
- 7. Check for signs of infiltration.

Key Points

Saline Lock

- Saline lock is preferred for patients who do not need immediate IV medication or fluids.
- Saline locks can be used whenever a patient requires an IV primarily for medication administration, or for any patient where the IV would be run at a TKO rate.
- A saline lock should not be used with a 14 -16 gauge IV unless attached to IV tubing and a bag or normal saline.
- Extreme care should be made to discard of all IV sharps in the appropriate sharps container immediately after cannulation. No sharps should be found on patient or in sheets after transport to the hospital.
- External jugular. (> 12 years of age).

Blood Draws

- Blood specimen drawing should be performed whenever the patient has a medical condition requiring an IV.
- Blood draws are not required if the IV site may become compromised, trauma, or the patient's condition dictates otherwise.
- Blood tubes should be labeled with the patient's name and initialized by the drawer of the specimen, and placed in a biohazard bag.
- If the tube does not draw a vacuum, discard tube and try another of the same color.
- Tube should be rotated upright, not shaken, when mixing additives and blood.

Circulation/Shock External Jugular Intravascular (IV) Circulation/Shock

 External jugular vein cannulation is indicated in a critically ill patient > 8 years of age who requires intravenous Dehydration Hypovolemia Need for drug therapy 	Indications	Signs & Symptoms	Contraindications
access for fluid or medication administration and in whom an extremity vein is not obtainable Intraosseous access should be the preferred access route and attempted first • External jugular cannulation can be attempted initially in life threatening events where no obvious other peripheral site is noted	cannulation is indicated in a critically ill patient > 8 years of age who requires intravenous access for fluid or medication administration and in whom an extremity vein is not obtainable Intraosseous access should be the preferred access route and attempted first • External jugular cannulation can be attempted initially in life threatening events where no obvious other peripheral site is	Hypovolemia	Only (1) attempt per pt.

Paramedic Intervention

AEMT Intervention

PROCEDURE

- 1. Place the patient in a supine head down position. This helps distend the vein and prevents air embolism.
- 2. Turn the patient's head toward the opposite side if no risk of cervical injury exists.
- 3. Position yourself at patient's head.
- 4. Locate external jugular vein.
- 5. Select IV catheter.
- 6. Prep the site as per peripheral IV site.
- 7. Align the catheter with the vein and aim toward the same side shoulder.
- 8. "Tourniqueting" the vein lightly with one finger above the clavicle, puncture the vein midway between the angle of the jaw and the clavicle and cannulate the vein in the usual method.
- 9. Attach the IV and secure the catheter avoiding circumferential dressing or taping.
- 10. Secure IV using appropriate measures to insure stability of the line.
- 11. Check for signs of infiltration.
- 12. Adjust flow rate.
- 13. Document the procedure, time, and result on the patient care report (PCR).

ONLY (1) ATTEMPT SHOULD BE MADE DURING EXTERNAL JUGULAR IV DO NOT ATTEMPT AN IV ON THE OTHER SIDE OF THE NECK

- Hypotensive patients may not produce a good "flash" from their EJ vein.
- May use a syringe to aspirate blood on the back of the IV catheter to help establish patency.
- Flow a bolus of saline through EJ IV catheter to assure solid patency prior to administering medications through the line, especially dextrose or vasopressors.

Intraosseous Infusion-Adult

ADULT INTRAOSSEOUS INFUSION:

Indications	Signs & Symptoms	Contraindications
Unable to access peripheral IV	 Altered level of consciousness Arrhythmias Burns Cardiac / respiratory arrest Dehydration Head Injury Hypotension Seizures Traumatic Injuries / shock Other medical conditions when immediate vascular access is required 	Fracture of the tibia or humerus Previous orthopedic procedures Pre-existing medical condition Infection at the insertion Inability to locate landmarks Excessive tissue over the insertion site Paramedic Intervention

AEM1

PROCEDURE: EZ IO Adult Device: (For providers trained in technique)

- 1. Select site:
- 2. Humoral head, outer aspect (use the 45 mm yellow needle) OR Tibia medial to the tibial tuberosity on flat plane of tibia (use 25mm blue or 45 mm yellow).
- 3. Locate the anatomical site and prep with betadine and / or alcohol.
- 4. Load the needle onto the driver.
- 5. Firmly stabilize the leg near (not under) the insertion site.
- 6. Firmly press the needle against the site at a 900 angle and operate the driver. Use firm, gentle pressure.
- 7. As the needle reaches the bone, stop and be sure that the 5 mm marking on the needle is visible; if it is, continue to operate the driver.
- 8. When a sudden decrease in resistance is felt and the flange of the needle rests against the skin, remove the driver and remove the stylet from the catheter.
- 9. Do not attempt to aspirate bone marrow. (may clog needle and tubing)
- 10. Use a syringe to infuse 0.9% normal saline.
- 11. If no S/S of infiltration are found, attach the IV line and infuse fluids and medications as normal. (IV bag will need to be under pressure)
- 12. Secure the needle and dress the site.
- 13. Manage IO pain with LIDOCAINE (XYLOCAINE) through the IO 20 40 mg. Allow to dwell in IO space. Approved for AEMT

Consider use of 45 mm length IO needle for patients with excessive tissue over the insertion site. Use the 45 mm needle for all humeral head insertions.

PROCEDURE: Adult IO Manual Placement:

- 1. Expose the lower leg.
- 2. Identify the tibial tubercle (bony prominence below the knee cap) on the proximal tibia.
- 3. The insertion location will be 1 2 cm (2 finger widths) below this and medially.
- 4. Prep the site as per peripheral IV site.
- 5. Insert needle at 90 degree angle to the skin surface, approximately one to two finger breadths distal to the tibial tuberosity. With a straight steady push and / or rotary motion, push needle through subcutaneous tissue and bone until a drop or pop is felt.
- 6. Remove the trocar and attach the IV.
- 7. Once the needle has reached the bone marrow, saline should be injected via syringe to clear needle.
- 8. Observe for signs of subcutaneous infiltration.
- 9. The needle should feel firm in position and stand upright without support.
- 10. Stabilize and secure the needle.
- 11. Infusion via this route is the same as venous access without limit to rate of administration, drugs pushed or fluid type infused, pressure infuser may be necessary to facilitate flow.
- 12. Document the procedure, time, and result (success) on the patient care report (PCR).
- 13. Manage IO pain with LIDOCAINE (XYLOCAINE) through the IO 20 40 mg. Allow to dwell in IO space. Approved for AEMT

Intraosseous Infusion-Pediatric Circulation/Shock Circulation/Shock

PEDIATRIC INTRAOSSEOUS INFUSION:

Paramedic Intervention

AEMT

Indications	Signs & Symptoms	Contraindications
Life threatening illness or injury in a child	 Unresponsive Cardiopulmonary arrest Decompensated shock This procedure is indicated primarily in children less than 8 years old 	 A pediatric patient who is conscious or responsive to pain A pediatric patient who is 7 years old or older Gross infection, osteomelitis, or cellulitis at the intended site (use the other leg if possible) Fracture at or above the intended site (use the other leg if possible) Unsuccessful IO attempt (use the other leg if possible)

- 1. Select site.
- 2. Identify the tibial tubercle (bony prominence below the knee cap) on the proximal tibia or the humeral head. The insertion location will be 1-2 cm (2 finger widths) below this and medially.
- 3. Prep the site as per peripheral IV site.
- 4. Stabilize leg / shoulder as needed.
- 5. Needle insertion varies between 70 and 90 degree angle to the skin surface, approximately one to two finger breadths distal to the tibial tuberosity. With a straight steady push and / or rotary motion, push needle through subcutaneous tissue and bone until a drop or pop is felt.
- 6. Remove the trocar and attach the IV.
- 7. Once the needle has reached the bone marrow, saline should be injected via syringe to clear needle
- 8. Observe for signs of subcutaneous infiltration.
- 9. The needle should feel firm in position and stand upright without support.
- 10. Stabilize and secure the needle.
- 11. Infusion via this route is the same as venous access without limit to rate of administration, drugs pushed or fluid type infused, pressure infuser may be necessary to facilitate flow.
- 12. Document the procedure, time, and result on the patient care report (PCR).
- 13. Manage IO pain with LIDOCAINE (XYLOCAINE) through the IO 0.5 mg/kg | not to exceed 40 mg. Allow to dwell in IO space. Approved for AEMT

- An IO can administer any medication or fluid that can be administered by an IV.
- Consider using a three-way stopcock, and a syringe with the IV tubing. Use the "pull-push" method to infuse fluid for small bolus in infants / children.
- A blood pressure cuff or pressure infuser may have to be used to apply pressure to the IV bag to maintain an adequate flow rate.
- An IO may be attempted prior to attempting an IV if the patient is in cardiac arrest or is in decompensated shock and requires immediate access.
- If attempt unsuccessful remove needle and apply pressure to site for 5 minutes.
- Introssesous infusions of fluids may cause subcutaneous infiltration, osteomyelitis, or subcutaneous infections if not placed properly.

circulation/Shock Intraosseous Infusion-Humeral Head Circulation/Shock



Adult or Pediatric

Place the patient's hand over the abdomen (elbow adducted and humerus internally rotated) Place your palm on the patient's shoulder anteriorly

- The area that feels like a "ball" under your palm is the general target area
- You should be able to feel this ball, even on obese patients, by pushing deeply



Place the ulnar aspect of one hand vertically over the axilla

Place the ulnar aspect of the opposite hand along the midline of the upper arm laterally.



Place your thumbs together over the arm.

• This identifies the vertical line of insertion on the proximal humerus



Palpate deeply as you climb up the humerus to the surgical neck.

- It will feel like a golf ball on a tee the spot where the "ball" meets the "tee" is the surgical neck
- The insertion site is on the most prominent aspect of the greater tubercle, 1 to 2 cm above the surgical neck



Insertion:

- Prepare the site by using antiseptic solution of your choice
- Use a clean, "no touch" technique
- Remove the needle cap
- Point the needle set tip at a 45-degree angle to the anterior plane and posteromedial
- Push the needle tip through the skin until the tip rests against the bone
- The 5mm mark must be visible above the skin for confirmation of adequate needle length
- Gently drill into the humerus 2cm or until the hub reaches the skin in an adult.
 - o The hub of the needle set should be perpendicular to the skin
- Hold the hub in place and pull the driver straight off
- Continue to hold the hub while twisting the stylet off the hub with counter clockwise rotations
 - o The needle should feel firmly seated in the bone (1st confirmation of placement)
- Place the stylet in a sharps container
- Place the EZ-Stabilizer™ dressing over the hub
- Attach a primed EZ-Connect extension set to the hub, firmly secure by twisting clockwise
- Pull the tabs off the EZ-Stabilizer dressing to expose the adhesive, apply to the skin
- Aspirate for blood/bone marrow (2nd confirmation of placement)
- Secure the arm in place across the abdomen

Impedance Threshold Device

The ResQGARD is an impedance threshold device (ITD) that provides therapeutic resistance to inspiration in spontaneously breathing patients. During inspiration, a negative pressure (created from expansion of the thorax) draws air into the lungs. When inspiratory impedance is added to the ventilation circuit, it enhances the negative pressure (vacuum) in the chest,

which pulls more blood back to the heart, resulting in increased preload and thus, enhanced cardiac output on the subsequent cardiac contraction.

Indications for Use:

Spontaneously breathing patients who are experiencing symptoms of low blood circulation (e.g. diaphoresis, tachycardia, weak radial pulses, cold, clammy skin, tachypnea) or hypotension (e.g. < 90 mm Hg [adults]; per age & weight and as directed by a physician [children]), which can be secondary to a variety of causes such as; Anaphylaxis, Blood loss (traumatic or medical etiology) or blood donation, Burns, Dehydration, Dialysis, Drug overdose, Heat shock, Orthostatic intolerance, Pregnancy, Sepsis / toxins, and Spinal shock.

2. Permissive Hypotension: in cases (e.g. hemorrhage due to a trauma-related injury) in which a lower than normal blood pressure (BP) is desired to assist in the blood-clotting process, the ResQGARD may still be a reasonable therapy to help maintain "permissive hypotension."

Contraindications:

- 1. Flail chest
- 2. Shortness of breath or respiratory insufficiency
- 3. Chest pain
- 4. Dilated cardiomyopathy
- 5. Congestive heart failure (Cardiogenic Shock)
- 6. Pulmonary hypertension
- 7. Aortic stenosis
- 8. Penetrating chest trauma

Precautions:

- 1. Children under 25 lbs may not be cooperative enough to tolerate use of the ResQGARD.
- 2. The safety and effectiveness in persons suffering from arterial stenosis or asthma has not been established.
- 3. If respiratory distress develops during use of the ResQGARD, immediately discontinue use.
- ${\bf 4.\ Do\ not\ leave\ the\ ResQGARD\ in\ the\ hands\ of\ untrained\ healthcare\ providers.}$
- 5. Nausea / Vomiting

Procedure for Use:

- 1. Identify the need for ResQGARD application (assess indication for use).
- 2. Reassure patient and position as appropriate.
- 3. Obtain baseline vital signs (pulse, respirations, blood pressure and oxygen saturation) and monitor cardiac rhythm.
- 4. Explain to the patient that the device will make it slightly more difficult to breathe, but that the resistance is what may make them feel better.
- 5. Gently (but firmly) hold the ResQGARD over the nose and mouth (or have the patient hold), establishing and maintaining a tight face seal with facemask. The head strap (e.g. ResQStrap) may be used if the patient does not want to hold the ResQGARD in place.
- 6. Have patient breathe in slowly (over 2 3 seconds) and deeply; exhale normally. Breathe at a rate of 10 16/minute.
- 7. If supplemental oxygen is used, attach the tubing to the oxygen port on the ResQGARD and deliver up to 15 lpm, but do not exceed 15 lpm.
- 8. If end tidal carbon dioxide (EtCO₂) monitoring is desired, attach the sensor to the exhalation port of the ResQGARD.
- 9. Reassess vital signs often (every 3 5 minutes).
- 10. Once the patient's blood pressure has stabilized and risen to an acceptable level it is recommended that you continue ResQGARD treatment for approximately 5 minutes before discontinuing its use. Reapply if necessary if the blood pressure drops again.
- 11. Document ResQGARD therapy on patient care report (e.g. time initiated and discontinued, vital sign response).

Special Patient Considerations:

- 1. In a patient without intravenous (IV) access, applying the ResQGARD may make it easier to establish an IV because of the improvement in blood pressure.
- 2. The ResQGARD may be used in conjunction with other indicated treatments for hypotension (e.g. fluids, vasopressors, patient positioning).
- 3. In cases where the rate of blood loss is unclear, the recommendation is to use the ResQGARD as you would a fluid challenge in the field (i.e. if a fluid challenge is indicated, then the ResQGARD may be too).



Ventricular assist device patients (VAD) are special care situations. Unless these patients are in cardiac arrest they need to be transported to their VAD implantation center. Local or regional hospitals are not equipped to handle these patients.

Universal Patient Care Contact Appropriate Determine if VAD is functioning **VAD Team** Auscultate chest and upper abdominal **University Hospital** quadrants - Continuous Humming sound 216-207-7244 Pager 32343 **Cleveland Clinic** = pump is working 216-444-2200 Pager 23400 The Patient should have a companion Many pumps are non-pulsatile; (Family member, friend, caretaker, etc) patient may not have palpable pulses, who is knowledgeable in the function of measurable BP, or Pulse Oximetery. the VAD. Utilize this resource regarding specifics of each type of VAD system. Use other indicators of perfusion such Keep the companion with the patient as skin signs, mental status, and Capnography Keep all equipment with the patient **Functioning** Not Functioning / Alarming Do not ever shut off **Find Accompanying Instructions** for Device **Patient Unstable Patient Stable** 1. Page / call VAD team 2. Check that all Wires / Leads Connected to Controller / Power 3. Check Power Sources 4. Change Power Sources (Only change 1 battery at a time) Treat Per Standard Treat Per Standard 5. Attempt Re-start or Start in Backup Mode **Medical Protocols ACLS Protocols** Pacing OK **Defibrillation OK** ACLS drugs OK **Chest Compressions IF unable to Maintain Pump Operation** only as ABSOLUTE last Resort Follow VAD team instructions **Treat for Cardiogenic Shock** Manual chest compressions only, do not use automated chest compression devices **TRANSPORT** to appropriate facility (Air Transport OK for VAD Patients) **CONTACT** receiving facility **CONSULT** Medical Control where indicated

AEMT Intervention

Paramedic Intervenetion

Cardiac /ACLS Automated External Defibrilator (AED) Cardiac /ACLS

Indications	Signs & Symptoms	Contraindications
Non-traumatic cardiac arrest in patients > 8 years of age	The patient must meet ALL of the following criteria: • Unresponsive • Apneic • Pulseless • Weighs greater than 55 lbs • Pediatric patients >8 years	 If patient is found in water, remove from water and dry patient thoroughly. Do not use an AED in an explosive atmosphere, extremely wet atmosphere, or on a metal surface If a medication patch is found, remove patch and wipe clean before applying defibrillation pads Do not place defibrillation pads directly over patient's implanted defibrillator Patients < 8 years of age require specific pediatric defibrillation equipment

PROCEDURE

Establish that the patient is pulseless and apneic.

- 1. Perform CPR for (2) minutes.
- 2. Attach the defibrillation pads to the patient's chest and connect the cables to the AED.
- 3. The sternum pad is to be attached to the patient's upper right chest, to the right of the sternum on the midclavicular line.
- 4. The apex pad is to be attached to the patient's lower left rib cage, laterally and beneath the left nipple.
- 5. Turn the unit ON and follow the voice prompts.
- 6. Rhythm analysis:

Do not have any patient contact while the AED analyzes.

Rhythm analysis should take approximately 9 - 13 seconds.

- 7. If the AED unit's voice prompts advise that "no shock advised": Check for a pulse, if no pulse, continue CPR.
- 8. Visually check that no one is in contact with the patient and announce CLEAR.
- 9. Press the SHOCK button when advised to by the unit's voice prompts:
- 10. Continue CPR for 2 minutes.
- 11. If the patient's pulse has returned: Insure that the patient has a patent airway and treat accordingly.
- 12. If the patient remains pulseless, continue use of CPR and AED.

- Do not use the AED in cases of traumatic or hypovolemic cardiac arrest (unless driver involved in MVA is in cardiac arrest and is suspected of having an acute MI while driving).
- Resuscitation should be withheld in all cases where such efforts would be futile. Patients should be considered DOA and resuscitation should not be attempted in the following situations:
 - Refer to the **Dead on Arrival (DOA)** Policy.
 - A valid (within the last 2 years) Do Not Resuscitate (DNR). Refer to the Advanced Directives Do Not Resuscitate (DNR) Policy.
- Defibrillation cables should be inspected for damage and / or wear.
- Defibrillation pads should be routinely inspected to assure that they are within their expiration and are not opened.
- Assure that batteries are charged and spares are available.

Cardiac /ACLS Cardiac Defibrillation (Manual) Cardiac /ACLS

Indications	Signs & Symptoms	Contraindications
Cardiac arrest with ventricular fibrillation or pulseless ventricular tachycardia	The patient must meet ALL of the following criteria Unresponsive Apneic Pulseless	 If patient is found in water, remove from water and dry patient thoroughly. Do not use an AED in an explosive atmosphere, extremely wet atmosphere, or on a metal surface If medication patch found, remove patch and wipe clean before applying defibrillation pads Do not place defibrillation pads directly over patient's implanted defibrillator Pediatric patients < 8 years of age require specific pediatric monitoring equipment

Paramedic Intervention

AEMT Intervention

PROCEDURES

- 1. Establish that the patient is pulseless and apneic.
- 2. Provide (2) minutes of CPR.
- 3. Attach defibrillation pads and cables. Plug cable into EKG monitor.
- 4. Recognize EKG findings as ventricular fibrillation or pulseless ventricular tachycardia.
- 5. Charge the device to 360 J or recommended biphasic charge.
- 6. Visually check that no one is in contact with the patient and announce CLEAR.
- 7. Press the SHOCK button and deliver the shock.
- 8. Resume CPR for (2) minutes.
- 9. Check monitor for changes in rhythm. Check pulse.
- 10. If no change in rhythm repeat steps 5 8.
- 11. If EKG reveals change in findings, treat with the appropriate ACLS Protocol.

Electrical Vector Change

A electrical vector (direction) change may be considered where a patient is refractory to defibrillations with the initial defibrillator pad placement.

If initial pad placement is apex / sternum, consider anterior / posterior placement, and vice versa. Alternate between defibration pads by changing the defibration therapy cable between the pad sets for therapeutic effect.

Double Sequential Defibrillation

For situations where a second defibrillator is immediately available and AT LEAST 4 previous defibrillations have failed.

- 1. Apply 2 defibrillators per typical measures.
- 2. One set of pads standard apex / sternum placement.
- 3. One set of pads anterior / posterior placement.
- 4. Charge BOTH defibrillators to highest joule setting.
- 5. ONE PERSON clears patient and SIMULTANEOUSLY presses shock buttons on BOTH defibrillators.

Indications	Signs & Symptoms	Contraindications
uspected cardiac patient uspected tricyclic overdose lectrical injuries	 Any complaint of pain or discomfort between the nose and the navel Chest pain / tightness Chest discomfort Chest discomfort relieved prior to arrival Pulmonary edema Palpitations Irregular heartbeat Syncope Dizziness Unexplained diaphoresis Dyspnea Weakness / numbness HR< 50 or > 120 Hypotension / hypertension 	Insufficient training

Placement of the "V" Leads **LEFT SIDE EKG**

V1: 4th ICS – right of the sternum **V2**: 4th ICS – left of the sternum V3: Between V2 and V4 V4: 5th ICS midclavicular LEFT V5: Between V4 and V6 **V6**: Even with V4 midaxillary

Placement of the "V" Leads

RIGHT SIDE EKG

V1: 4th ICS – right of the sternum **V2**: 4th ICS – left of the sternum

V3: Between V2 and V4

RV4: 5th ICS midclavicular RIGHT - only lead that needs to

be routinely moved V5: Between V4 and V6

V6: Even with V4 midaxillary

- 1. Follow the Universal Patient Care Protocol.
- 2. Place the patient in a position of comfort and explain the procedure.
- 3. Apply the Limb and V Leads to the patient, protecting patient privacy.
- 4. Enter patient information.
- 5. Avoid patient movement and disturbance of EKG Leads.
- 6. Press 12 LEAD button. Allow monitor to analyze, interpret, and print rhythm strip.
- 7. Make appropriate connections to transmission device and press TRANSMIT button to send EKG rhythm strip to hospital.

Key Points

- A 12-Lead EKG should be performed on any patient with a complaint that may be cardiac in origin.
- Protect the patient's modesty.
- The 12-Lead ECG should be acquired **prior** to medication administration (except oxygen) and extrication of the patient.
- If the patient is having an acute MI, contact the receiving hospital as soon as possible.
- The paramedic should give one copy of the 12-Lead EKG to the ED physician / nurse immediately upon your arrival, and attach a second copy to the run report.
- EKG adhesive patches should remain on the patient for consistent lead placement with follow up EKGs, but should be removed before defibrillation patches are applied if necessary.
- The monitor should remain on the patient for continuous cardiac monitoring enroute.
- Automated computer diagnosis of rhythm / STEMI not always accurate. May indicate STEMI where none exists, may not indicate where one does. If any question, transmit to receiving facility for review. Computer diagnosis frequently confused by A-Fib and pacemakers.

TREATMENT DECISIONS ARE NOT TO BE BASED ON COMPUTERIZED EKG INTERPETATIONS

EMTS AND AEMTS ARE EXPECTED TO PLACE LEADS ON THE PATIENT TO OBTAIN AND TRANSMIT A 12-LEAD EKG TO THE HOSPITAL IN THE ABSENCE OF A PARAMEDIC. EMT AND AEMTS ARE NOT PERMITTED TO INTERPET THE EKG.

Pediatric Medication Dosing

Certa Dose PALS Syringe Holder Kit Preparation of PALS Syringe Holder Kit Task Completion

Patient Weight Estimation

- 1. Confirms patient is on their back, legs fully extended
- Places the end of the Length-Based Resuscitation Tape, labeled "Measure from This End", next to the top of the patient's head
- 3. Fully entends the Length-Based Resuscitation Tape beyond the heels of the patient and notes the correct color zone relative to the patient's heels

Drug and Dosing Device Selection and Preparation

- 4. Confirms the correct drug and syringe (Bristoject-style) is selected for use in administration
- 5. Selects the Syringe Holder that matches the drug selected in Step 5 by reviewing the Drug Confirmation Label, and removes the Drug Confirmation Label
- 6. Slides the Syringe Holder on the injector until it snaps in place; Confirms flanges of Syringe Holder and injector are in direct contact or as close together as possible with Holder affixed
- 7. Correctly applies Baseline Reference Label to the top of the drug vial just below the vial cap
- 8. Removes protective caps from drug vial and base of injector
- 9. Threads vial into injector to assemble the syringe without pushing vial out of alignment
- 10. Confirms the syringe is assembled according to manufacturer's instructions
- 11. Re-confirms that the attached Syringe Holder matches the drug to be administered by comparing the color-coded label on the Syringe Holder to the selected drug
- 12. Removes the syringe's luer-cap
- 13. Expels the air; depresses the vial until stopper aligns with the zero line on the vial
- 14. Confirms the Baseline Reference Label is aligned with the baseline on the Syringe Holder
- 15.(a) If applicable: If the Baseline Reference Label line is below the baseline on the Syringe Holder, the provider gently pushes vial and expels medication until baselines align (as expected in Step 16 above)
- 15.(b) If applicable: If the Baseline Reference Label line is above the baseline on the Syringe Holder, the provider either uses the Bristoject-style device per its manufacturer's instructions, or restarts the exercise with an unused Certa Dose PALS Syringe Holder Kit
- 16. Determines and communicates the patient's color zone on the Syringe Holder (must match color zone determined in Steps 3 & 4)

Drug Administration

- 17. Correctly delivers the first dose using the first dose range (labeled with number 1) as a visual aid to confirm the desired volume on the Bristoject vial is administered
- 18. Correctly delivers the second dose using the second dose range (labeled with number 2) as a visual aid to confirm the desired volume on the Bristoject vial is administered
- 19. If applicable: Correctly delivers the third dose using the third dose range (labeled with number 3) as a visual aid to confirm the desired volume on the Bristoject vial is administered
- 20.(a) If applicable (i.e., additional epinephrine): Administers additional doses correctly with a new holder starting at Step 5, above
- 20.(b) Upon completion of administration, disposes of all medical waste per facility's protocol









Cardiac /ACLS Synchronized Cardioversion (Manual) Cardiac /ACLS

Indications	Signs & Symptoms	Contraindications
 Unstable patient with a tachydysrhythmia Patient is not pulseless 	 Symptomatic narrow complex tachycardia Symptomatic wide complex tachycardia Grossly symptomatic atrial fibrillation Grossly symptomatic atrial flutter 	• A pulseless patient

Paramedic Intervention

PROCEDURE

- 1. Apply limb leads
- 2. Consider sedation with versed or valium prior to administering synchronized cardioversion.
- 3. Attach defibrillation pads to the patient and monitor.
- 4. Push the SYNC button.
- 5. Observe the EKG rhythm. Confirm that the triangle sense marker appears near the middle of each QRS complex.
- 6. If the sense markers do not appear or they are displayed in the wrong location adjust the EKG size or select another lead.
- 7. The location of the sense marker may vary slightly with each QRS complex.
- 8. Rotate the ENERGY SELECT dial and select the proper setting as required by protocol.
- 9. Push the CHARGE button.
- 10. Make sure that everyone is clear of the patient.
- 11. After confirming that the monitor is still in SYNC mode, push and hold the SHOCK button until it discharges.
- 12. Reassess the patient and the cardiac rhythm. Repeat steps 4 9 as indicated by the protocol.

- When attempting to cardiovert, double check to make sure that the SYNC button is ON.
- Monitor the patient for ventricular fibrillation.
- If the patient converts into ventricular fibrillation or pulseless ventricular tachycardia, reassess the patient.

 Immediately defibrillate the patient at and refer to the Ventricular Fibrillation / Pulseless Ventricular Tachycardia Protocol and treat accordingly.
- If the SHOCK button is not pushed, the energy will be internally removed. It will be necessary to recharge to the indicated energy setting.
- When synchronized cardioverting a patient, there may be a delay from when the button is depressed to when the shock is delivered.
- Use EXTREME caution in patients with rapid atrial fibrillation or atrial flutter. Cardioversion of these patients is associated with high risk of embolus. Prehospital cardioversion of these patients is reserved for life-threating situations only.

Cardiac /ACLS

Transcutaneous Pacing

Indications	Signs & Symptoms	Contraindications
 Patients with symptomatic bradycardia after no response to atropine or primary treatment if unable to start an IV Pediatric patients requiring external transcutaneous pacing require the use of pads appropriate for pediatric patients per the manufacturer's guidelines 	 Adult bradycardia with severe hemodynamic compromise. Symptomatic bradycardia that is refractory to pharmacological intervention. Symptomatic 2nd or 3rd degree heart block 	• Hypothermia

Paramedic Intervention

PROCEDURE

- 1. Apply limb leads
- 2. Consider sedation with Midazolam (Versed) or Lorazepam (Ativan) prior to administering transcutaneous pacing.
- 3. Attach defibrillation / pacing pads to the patient and monitor.
- 4. Place the defibrillation / pacing pads anterior-posterior or anterior-lateral.
- 5. Do not place the pacing patches over the sternum, spine or nipple.
- 6. Push the PACER button.
- 7. Push the RATE button.
- 8. Push the CURRENT button and increase the milliamps until you reach electrical and mechanical capture (assess the carotid or femoral pulses to confirm mechanical capture).
- 9. Hold the PAUSE button to stop the pacing so you can assess the patient's underlying rhythm.
- 10. Push the EVENT button to quick log CPR, medication administration, ETT placement etc.
- Start at pacing rate at 60 beats per min (PPM on device).
- Increase milliamps until electrical capture, verify mechanical capture with femoral or radial pulses, blood pressure, and |Capnography|
- Increase milliamps a minimum of 10 to maintain capture during transport.

Key Points

- The pacing will begin immediately once the pacer is turned on.
- Monitor the patient for ventricular fibrillation.

AEMT Intervention

Paramedic Intervenetion

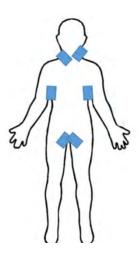
Cardiac /ACLS Targeted Temperature Management (TTM) Cardiac /ACLS

Indications	Signs & Symptoms	Contraindications
Patents who have experienced ROSC after cardiac arrest	Post cardiac arrest	 Pregnancy Traumatic Arrest Preexisting Hypothermia Known Hypovolemia

Patient is to be cooled by direct application of cooling devices to the patient. Active cooling with cold saline is not permitted.

CHEMICAL COLD PACKS OR ICE PACKS

Place cold packs on the groin are on top of bilateral femoral circulation Place cold packs in the axilla bilaterally Place cold packs on neck bilaterally or cooling collar



CRYOCOLLAR

The Cryo Cooling System is a single use device to induce mild cerebral therapeutic hypothermia. This system is composed of a unique collar with a specialized door that works in conjunction with the Excel Cryo Cooling Elements, properly aligning the Excel Cryo Cooling Element with the patient's carotid triangle. Heat is extracted from the blood as it passes through the arteries inducing mild hypothermia.

PROCEDURE

- 1. Place the collar on the person neck as you would any other C-Collar
- 2. Once the collar is properly placed on the patient, the Excel Cryo Cooling Element must be activated. (Manufacture supplied cold pack)
- 3. Once activated, open the collar door, and insert the Excel Cryo Cooling Element
- 4. The Excel Cryo Cooling Element should be replaced every 20 minutes.
- 5. Cooling should be maintained throughout transport of the ROSC patient







Indications	Signs & Symptoms	Contraindications
 Patients with suspected hypoglycemia (diabetic emergencies, change in mental status, bizarre behavior, etc.) Medical alert tags Drug / toxic ingestion Syncope / Near Syncope Dizziness / Lightheadedness 	 Decreased mental status Change in baseline mental status Bizarre behavior Hypoglycemia (cool, diaphoretic skin) Hyperglycemia (warm, dry skin; fruity breath; Kussmal breathing; signs of dehydration) 	• Insufficient training

Blood Glucose Analysis

PROCEDURE

- 1. Gather and prepare equipment.
- 2. Clean sample site with antiseptic prior to sample and let it dry before obtaining sample.
- 3. Blood samples for performing glucose analysis shall be obtained from finger stick.
- 4. Place correct volume of blood in / on the glucometer per the manufacturer's instructions.
- 5. Time the analysis as instructed by the manufacturer.
- 6. Document the glucometer reading and treat the patient as indicated by the analysis and protocol.
- 7. Repeat glucose analysis as indicated for reassessment after treatment and as per protocol.

- Exam: Mental Status, HEENT, Skin, Heart, Lungs, Abdomen, Back, Extremities, Neuro
- Be aware of AMS as presenting sign of an environmental toxin or Haz-Mat exposure and protect personal safety.
- It is safer to assume hypoglycemia than hyperglycemia if doubt exists.
- Do not let alcohol confuse the clinical picture. Alcoholics frequently develop hypoglycemia.
- Low glucose (< 70), normal glucose (70 120), high glucose (> 250)
- Consider restraints if necessary for patient's and / or personnel's protection per the restraint procedure.
- Glucometers must be calibrated and coded for the appropriate glucose strips following manufacturer and department recommendations or policies.
- Know the read range of the device you are using. "LO" and "HI" values vary between manufactures.
- Consider repeat evaluations in another location if the indicated reading is inconsistent with patient presentation
- Most glucometers are calibrated for capillary blood samples. Other sample routes may provide erroneous values.

Medication Injections

Indications	Signs & Symptoms	Contraindications
When medication administration is necessary and the medication must be given via the SQ or IM route or as an alternative route in selected medications	Determined per protocol	 Allergy to medication per protocol Aspiration of blood

AEMT

INTRAMUSCULAR - EMT MAY PROVIDE IM INJECTION BY APPROVED AUTOINJECTOR ONLY

PROCEDURE

- 1. Receive and confirm medication order or perform according to standing orders.
- 2. Prepare equipment and medication expelling air from the syringe.
- 3. Explain the procedure to the patient and reconfirm patient allergies.
- 4. The possible injection sites for intramuscular injection include the arm, buttock and thigh. Injection volume should not exceed 1 ml for the arm and not more than 2 ml in the thigh or buttock.
- 5. The thigh should be used for injections in pediatric patients and injection volume should not exceed 1 ml.
- 6. Expose the selected area and cleanse the injection site with alcohol.
- 7. Hold intramuscular syringe at 90 degree angle, with skin pinched and flattened.
- 8. Insert the needle into the skin with a smooth, steady motion.
- 9. Aspirate for blood. Do not inject if blood present.
- 10. Inject the medication.
- 11. Withdraw the needle quickly and dispose of properly without recapping.
- 12. Apply pressure to the site.
- 13. Monitor the patient for the desired therapeutic effects as well as any possible side effects.
- 14. Document the medication, dose, route, and time on the patient care report (PCR).

Medical

INDICATIONS

• Used for atomizing topical solutions across the nasophyrangeal and oropharyngeal mucous membranes.

Mucosal Atomization Device (MAD)

- For use when administering the following medications:
 - Lorazepam (Ativan) for seizures / sedation AEMT / PARAMEDIC USE ONLY
 - Midazolam (Versed) for seizures / sedation AEMT / PARAMEDIC USE ONLY
 - Naloxone (Narcan) for opiate overdoses APPROVED FOR EMT USE
 - Fentanyl (Sublimaze) for analgesia AEMT / PARAMEDIC USE ONLY
 - Ketamine (Ketalar) for analgesia AEMT / PARAMEDIC USE ONLY

Procedure

- 1. Disconnect MAD from the included syringe and/or retrieve a needless syringe.
- 2. Attach needle to syringe.
- 3. Fill syringe with the desired volume of solution and eliminate remaining air.
- 4. Usually no more than 1-2 ml for optimum absorption
- 5. Remove needle and dispose of appropriately.
- 6. Connect the MAD to the syringe.
- 7. Place the MAD tip in the nostril or oropharyngeal cavity.
- 8. Compress the syringe plunger to spray atomized solution into the nasal or oropharyngeal cavity.
- 9. Re-use the MAD on the same patient as needed, then discard.

The following are some of the benefits of IN (Atomized) drug delivery for the patient and provider:

- Eliminated the risk of a contaminated needlestick to the EMS provider.
- Simple and convenient for the EMS provider.
- Less frightening for children.
- Disposable.
- Discomfort is minimized for the patient.
- Serum levels of many IN administered medications are comparable to injected medications and much improved over rectal and oral routes.

Studies have shown that the most effective method to deliver a medication through the IN route is to atomize it across the nasal mucosa. Atomized particles (10 to 50 microns) adhere to the nasal mucosa over a large surface area, preventing waste and improving absorption of the medication. Administer half the dose in each nostril to increase the surface area, and further improve absorption





Indications	Signs & Symptoms	Contraindications
 Patient situations with suspected blood / fluid loss / dehydration Patients > 8 years of age, or patients larger than the Broselow tape 	 Abdominal Pain Dizziness Pregnancy Syncope 	Prepare for patient being unsteady on feet

Procedure

- 1. Assess the need for orthostatic blood pressure measurement.
- 2. Obtain patient's pulse and blood pressure while supine.
- 3. Have patient stand for one minute.
- 4. Obtain patient's pulse and blood pressure while standing.
- 5. If pulse has increased by 20 BPM or systolic blood pressure decreased by 20 mmHg, the orthostatic measurements are considered positive.
- 6. If patient is unable to stand, orthostatic measurements may be taken while the patient is sitting with feet dangling.
- 7. If positive orthostatic changes occur while sitting, DO NOT continue to the standing position.
- 8. Document the time and vital signs for supine and standing positions on the patient care report.
- 9. Determine appropriate treatment based on protocol.

Indications	Signs & Symptoms	Contraindications	
Injury or illness requiring pain management.	 Abdominal pain Chest pain secondary to infarction or angina Acute urinary retention Fractures Severe burns Kidney stones Musculoskeletal trauma 	 Altered level of consciousness Head injuries Chest injuries (blunt or penetrating) Intoxication Maxillofacial injuries Psychiatric problems Pediatric patients under 12 years of age Pregnancy Respiratory distress / failure 	

Pain Assessment

Procedure

- 1. Initial and ongoing assessment of pain intensity and character is accomplished through the patient's self-report.
- 2. Pain should be assessed and documented during initial assessment, before starting pain control treatment, and with each set of vitals.
- 3. Pain should be assessed using the appropriate approved scale.
- 4. Two pain scales are available: the 0 10 and the Wong Baker "faces" scale.
- 5. 0 10 Scale: the most familiar scale used by EMS for rating pain with patients. It is primarily for adults and is based on the patient being able to express their perception of the pain as related to numbers. Avoid coaching the patient; simply ask them to rate their pain on a scale from 0 to 10, where 0 is no pain at all and 10 is the worst pain ever.
- 6. Wong Baker Faces scale: this scale is primarily for use with pediatrics but may also be used with geriatrics or any patient with a language barrier. The faces correspond to numeric values from 0-10. This scale can be documented with the numeric value or the textual pain description.

Key Points

- Pain is an unpleasant sensory and emotional experience associated with actual or potential tissue damage.
- Pain is subjective (whatever the patient says it is).

The Wong-Baker Faces Pain Rating Scale

Designed for children aged 3 years and older, the Wong-Baker Faces pain rating scale is also helpful for elderly patients who may be cognitively impaired. If offers a visual description for those who don't have the verbal skills to explain how their symptoms make them feel.



HURT

HURTS ЦПЕ



HURTS LITTLE



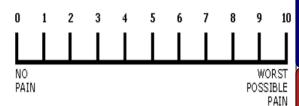
HURTS **EYEN** MORE



HURTS WHOLE



HURTS WORST



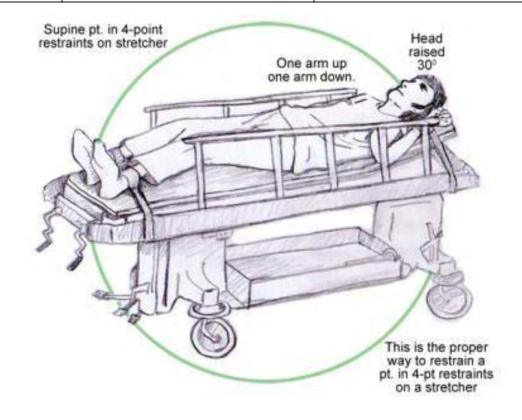
To use this scale, you should explain that each face shows how a person in pain is feeling. That is, a person may feel happy because he or she has no pain (hurt), or a person may feel sad because he or she has some or a lot of pain.

A Numerical Pain Scale

A numerical pain scale allows you to describe the intensity of your discomfort in numbers ranging from 0 to 10 (or greater, depending on the scale). Rating the intensity of sensation is one way of helping your doctor determine treatment. Numerical pain scales may include words or descriptions to better label your symptoms, from feeling no pain to experiencing excruciating pain. Some researchers believe that this type of combination scale may be most sensitive to gender and ethnic differences in describing pain.

Indications	Signs & Symptoms	Contraindications
 Patient out of control and may cause harm to self or others. Necessary force required for patient control without causing harm Immobilization of an extremity for transport to secure medically necessary devices such as intravenous catheters 	Head Trauma Alcohol / drug related problems Metabolic disorders (i.e., hypoglycemia, hypoxia, etc.) Psychiatric/stress related disorders	• None if warranted

Patient Restraint



- Soft restraints are to be used only when necessary in situations where the patient is potentially violent and may be of danger to themselves or others. EMS providers must remember that aggressive violent behavior may be a symptom of medical conditions.
- Patient heath care management remains the responsibility of the EMS provider. The method of restraint shall not restrict the adequate monitoring of vital signs, ability to protect the patient's airway, compromise peripheral neurovascular status or otherwise prevent appropriate and necessary therapeutic measures. It is recognized that evaluation of may patient parameters requires patient cooperation and thus may be difficult or impossible.
- All restraints should have the ability to be quickly released, if necessary.
- Restraints applied by law enforcement (i.e., handcuffs) require a law enforcement officer to remain available to adjust restraints as necessary for the patient's safety. This policy is not intended to negate the need for law enforcement personnel to use appropriate restraint equipment to establish scene control.
- Patients shall not be transported in a face down prone position to endure adequate respiratory and circulatory monitoring and management.
- Restrained extremities should be monitored for color, nerve and motor function, pulse quality and place mask on patient for body secretion protection.
- May use TB mask, or non-rebreather if patient needs oxygen.
- Use supine or lateral positioning ONLY.
- Neurovascular checks are required every 15 minutes.
- DOCUMENT all methods used.

Indications	Signs & Symptoms	Contraindications
 Imminent delivery with crowning 	Urge to push Visible crowning	See Gynecological Emergencies Protocol

Normal Childbirth

Procedures

- 1. Delivery should be controlled so as to allow a slow controlled delivery of the infant. This will prevent injury to the mother and infant.
- 2. Support the infant's head as needed.
- 3. Check the umbilical cord surrounding the neck. If it is present, slip it over the head. If unable to free the cord from the neck, double clamp the cord and cut between the clamps.
- 4. Suction the airway with a bulb syringe. Mouth then nose.
- 5. Grasping the head with hands over the ears, gently pull down to allow delivery of the anterior shoulder.
- 6. Gently pull up on the head to allow delivery of the posterior shoulder.
- 7. Slowly deliver the remainder of the infant.
- 8. Clamp the cord 2 inches from the abdomen with 2 clamps and cut the cord between the clamps.
- 9. Record APGAR scores at 1 and 5 minutes.
- 10. Follow the Neonatal Resuscitation Protocol for further treatment.
- 11. The placenta will deliver spontaneously, within 5-15 minutes of the infant. Do not force the placenta to deliver. Contain all tissue in plastic bag and transport.
- 12. Massaging the uterus may facilitate delivery of the placenta and decrease bleeding by facilitating uterine contractions.
- 13. Continue rapid transport to the hospital.

FOR DEPARTMENTS EQUIPPED TO PROVIDE TELEMEDICINE

Stroke Telemedicine

SUSPECTED STROKE BASED ON INITIAL ASSESMENT

BLOOD GLUCOSE PROCEDURE

COMPLETE STROKE ASSESSMENT PER STROKE / CVA PROTOCOL

Consider Alternate Diagnosis

Positive INITIAL Stroke Screen

Treat Per STROKE / CVA

Have Information Available

- Blood Glucose Level
- Vital Signs
- Last Known Normal
- Patient Name, Age, DOB
- Any Known TPA Exclusions

INITIATE VIDEO CALL WITH **RECEIVING HOSPITAL ACTIVATE STROKE ALERT** This Will Be Your Patient Report

> **Demonstrate Findings** STROKE EXAM

Continue Treatment Per Protocol or Medical Direction

DEVICE USEAGE

Cincinnati Pre-Hospital

Stroke Assessment Conducted on Scene Move Patient to **Ambulance**

Initiate Video Call Select CISCO JABBER App from Home Screen

Select receiving hospital from contacts

Hold Tablet Vertical and with Screen Toward Patient, Camera UP

When Call is Answered, A Small Box Appears in the Lower Corner. This is the View the Hospital Sees. Direct Tablet and Viewer(s) to Area

Being Assessed. When Completed with Assessment and ETA, **End Video Call**

If video call dropped or unavailable, make hospital contact by standard radio or telephone methods

Negative INITIAL Stroke Screen

Have Information Available

- Blood Glucose Level
- Vital Signs
- Last Known Normal
- Patient Name, Age, DOB
- Any Known TPA Exclusions

INITIATE VIDEO CALL WITH RECEIVING HOSPITAL This Will Be Your Patient Report

> **Demonstrate Findings** STROKE EXAM

ACTIVATE STROKE ALERT IF POSITIVE STROKE EXAM

Continue Treatment Per Protocol or Medical Direction

Transport to Primary Stroke Center or Comprehensive Stroke Center

BLUNT TRAUMA MECHANISM Maintain Manual In-Line Stabilization **Complete Physical Exam** NO Findings during Assessment Abnormal Findings during Assessment Patient has; **POSITIVE** cervical or thoracic spine Patient has; pain or tenderness **POSITIVE** distracting injury NO alteration in mental status for any

Patient has;

NO cervical or thoracic spine pain or tenderness

NO alteration in mental status for any reason (A&Ox4)

NO abnormal findings during motor and sensory exam

NO distracting injuries

No Collar Required

MOVE TO COT WITH A **NEUTRAL METHOD** TREAT OTHER INJURIES PER PROTOCOL reason (MUST BE A&Ox4)

NO abnormal findings during motor and sensory exam

NO distracting injuries

Cervical Collar Only

MOVE TO COT WITH A NEUTRAL, SPINE IN-LINE METHOD, AND MAINTAIN **DURING TRANSPORT**

Supine Transport Preferred

MAJOR Findings during Assessment or provider has any doubt about findings

POSITIVE alteration in mental status for any reason (NOT A&Ox4)

POSITIVE abnormal findings during motor and sensory exam

Cervical Collar Only MAY CONSIDER VACUUM MATTRESS MOVE TO COT WITH A NEUTRAL, SPINE

IN-LINE METHOD, AND MAINTAIN **DURING TRANSPORT**

Transport Supine

- Vacuum mattresses may be used for major findings patients, but backboards alone may be harmful. Neutral placement on a cot mattress or a Reeves stretcher with a cervical collar is sufficient if a vacuum mattress unavailable.
- Backboards and KED's can still be used for extrication.
- If a backboard is used for extrication, the patient may be left on the board during transport as situationally required.
- If a vacuum mattress is used, place a sheet over the mattress prior to placement of the patient on the device.
- If a vacuum mattress is used, a backboard may be used underneath to provide additional support as required.
- Never leave patients alone if they are collared and supine. Be prepared to turn the patient while maintaining manual in line stabilization of the spine if the patient begins to vomit to maintain their airway.
- Penetrating trauma does not require cervical motion restriction unless there is evidence of focal neurological deficits.
- Document thoroughly the decision process and the assessment findings for treatment decision(s).
- Patients shall not be aided to stand then sit on a backboard during extrication. Non-ambulatory patients shall be properly extricated to a backboard or with the use of a KED.
- Mental Status (AVPU), Glasscow Coma Scale (GCS), and thorough documentation of Motor, Sensory, and Pulses (MSP'S) are required to support treatment decisions.
- Mental status defects despite origin will be treated as equal, whether drug, alcohol, traumatic, chronic brain dysfunction, or otherwise

Helmet Removal Part A

Removal of Helmet	Leave Helmet in Place
 Inability to access, assess and maintain airway and breathing Improperly fitted helmet allowing for excessive head movement within helmet Proper C-spine alignment and immobilization cannot be achieved Cardiac arrest EMTs are trained in technique 	 Helmet fits well with little or no movement of head in helmet No impending airway or breathing problems Removal may cause further injury Proper C-spine alignment and immobilization can be achieved with helmet in place There is no interference with the ability to assess and reassess airway and breathing

Key Points

Helmet Types:

- 1. Sport (Football, Ice Hockey, Field Hockey, Fencing, Baseball)
 - Typically open anteriorly
 - Easier to access airway
 - If shoulder pads are used in conjunction with helmet and helmet is removed then shoulder pads need to be removed simultaneously for proper C-spine alignment.
- 2. Motorcycle / Bike / Skateboarding
 - When full-faced, airway is harder to access and maintain.
 - Face shield may be removed for airway access.

SPORTS HELMETS PROCEDURE:

- 1. Most fit athlete tightly, especially football. They should be left in place.
- 2. All are equipped to have face piece removed separate from helmet. In most cases, removal of facemask is all that is needed, as the alignment of c-spine can be done with shoulder pads and helmet in place.
- 3. Removal of facemask may be done by cutting snubber straps that hold it in place to access airway.

Removal:

- If helmet must be removed due to unusual circumstances, at least 4 people are needed.
- Shoulder pads need to simultaneously be removed. (When shoulder pads are involved is to use forearms to stabilize helmet and place hands at base of neck grasping the shoulder area).
- While maintaining manual c-spine, Helmet's inside face pads may be loosened by use of a tongue blade to unsnap them with a twisting motion. Then cut the shoulder pads laces and straps and all shirts and jerseys from end of sleeve to center to allow for quick removal.
- Lift patient flat up for removal of equipment. Helmet should be grasped and tilted slightly to remove DO NOT SPREAD SIDES OR BACK EDGE OF HELMET, WILL IMPINGE UPON NECK.
- At same lift, pull off shoulder pads and clothing.
- Lower patient down and apply c-collar.

MOTORCYCLE / BIKE / SKATEBOARDING HELMETS PROCEDURE:

- 1. Usually do not fit tightly and may allow movement of head inside helmet.
- 2. If head can move, no c-spine immobilization is possible.
- 3. Some have separate face piece that can be moved for airway access.
- 4. Some have full face design that is not moveable where chin section is a rigid continuation of the helmet.
- 5. C-spine alignment difficult due to no shoulder padding. Must create pad to form straight alignment.
- 6. If unable to secure c-spine of airway, the helmet should be removed at the scene.

Hauma

Removal:

- Take eyeglasses off before removal of the helmet.
- One EMT stabilizes the helmet by placing hands on each side of the helmet with fingers on mandible to prevent movement.
- Second EMT removes any straps by cutting them.
- Second EMT places one hand on the mandible at the angle of the jaw and the other hand posteriorly at the occipital region.

Helmet Removal Part B

- The EMT holding the helmet pulls the sides of the helmet outwards away from the head and gently slips the helmet halfway off and stops.
- The EMT maintaining stabilization of the neck repositions hold by sliding the posterior hand superiorly to secure to head from falling back after complete helmet removal.
- Helmet is then completely removed.

Trauma Bleeding/Hemorrhage Control-Tourniquet

TOURNIQUET

INDICATIONS

• The tourniquet is a device which is used for life threatening appendage hemorrhage that cannot be controlled with direct pressure and conventional bandaging techniques.

PROCEDURE

- 1. Place the device around the injured appendage above the level of bleeding. Place two tourniquets around lower extremities, one above the other.
- 2. Pull strap tight
- 3. Turn windlass rod or knob to tighten to control bleeding.
- 4. Monitor the site, distal pulses should be absent if properly tightened.



Apply tourniquet proximal to the bleeding site. Route the band around the limb and pass the tip through the inside slit of the buckle. Pull the band tight.



Pass the tip through the outside slit of the buckle The friction buckle will lock the band in place.



Pull the band <u>very tight</u> and securely fasten the band back on itself.



Twist the rod until bright red bleeding has stopped and the distal pulse is eliminated.



Place the rod inside the clip; locking it in place.

Check for bleeding and distal pulse. If bleeding is not controlled, consider additional tightening or applying a second tourniquet proximal side by side to the first and reassess.



Secure the rod inside the clip with the strap.

Prepare the patient for transport and reassess. Record the time of application.

- Apply directly to the skin 2-3 inches above wound.
- A distal pulse check should be accomplished. If a distal pulse is still present, consider additional tightening of the tourniquet or the use of a second tourniquet side by side and proximal to the first, to eliminate the distal pulse.
- Apply two tourniquets to lower extremity wounds. Tighten both.
- Expose and clearly mark all tourniquet sites with the time of tourniquet application.
- Use tourniquets to control life-threatening external hemorrhage that is possible to apply a tourniquet to for any traumatic amputation.
- Apply tourniquet to bare skin during normal use.
- Apply over clothing in tactical / hot / warm zone

Bleeding/Hemorrhage Control-IT Clamp

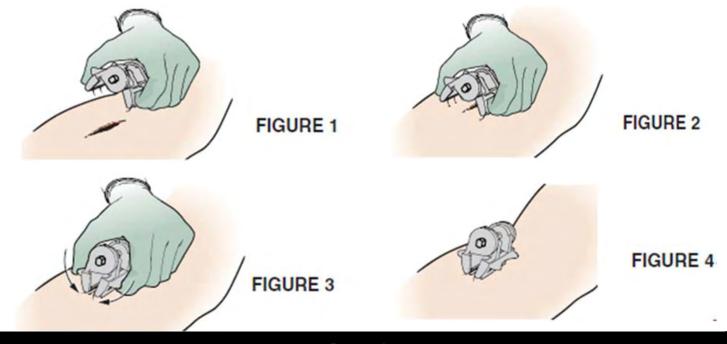
INDICATIONS

• The ITClamp50 device is indicated for use as an acute skin closure device for short-term soft tissue approximation inhibit severe bleeding in trauma wounds, lacerations, junctional bleeds, or surgical incisions.

PROCEDURE

- 1. Open the package by pulling forward on the outer tabs.
- 2. Remove the device from the package by lifting up, taking care not to close the device until it has been applied to the wound.
- 3. If the device has inadvertently closed, push the side buttons inward with one hand, and pull the device open with the other hand.
- 4. Locate the wound edges (fig 1).
- 5. Align the device parallel to the length of wound edge. Position the needles about 1-2 cm (0.5-1 in.) from the wound edge on either side (fig 2).
- 6. Press the arms of device together to close the device. Device seal will break with pressure (fig 3).
- 7. Ensure the entire wound is sealed and bleeding stops (fig 4).
- 8. A gauze or compression wrap can be placed around the device on the wound to protect the device and increase pressure on the wound to limit hematoma expansion.

NOTE: More than one device may be required.



Removal

(Two-handed operation):

 Holding the device by the arms, press the device closed (fig 5).

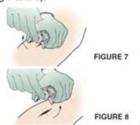


FIGURE 5

While maintaining pressure on the arms, press the release buttons with your other hand (fig 6).



 While pressing the release buttons, pull the arms to open the device and rotate the needles out of the wound (fig 7 and 8).



INDICATIONS

• Hemostatic gauze is indicated for supplemental bleeding control in addition to direct pressure where other methods of hemorrhage control are unable to be utilized due to location and direct pressure with standard gauze product has, or is likely to fail.

PROCEDURE

- 1. Open hemostatic gauze package
- 2. Pack wound with contents
- 3. Apply pressure for at least 3 minutes
- 4. Apply standard bandaging over hemostatic gauze to maintain pressure
- 5. Take hemostatic gauze package with instructions for removal to ER

DIRECTIONS FOR USE

Bleeding/Hemorrhage Control-Hemostatic Gauze



1. Open package and remove Combat Gauze. Keep the empty package.



2. Pack Combat Gauze into wound and use it to apply pressure directly over bleeding source. (More than one Combat Gauze may be required).

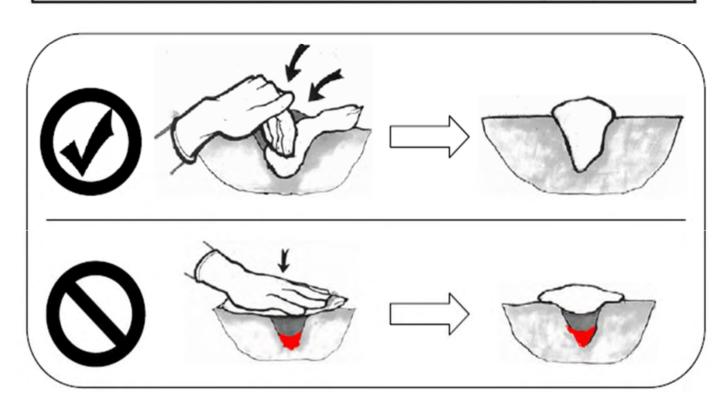


3. Continue to apply pressure for 3 minutes or until bleeding stops.



4. Wrap and tie bandage to maintain pressure. Seek medical care immediately. Show PRODUCT REMOVAL directions on package to medical personnel.

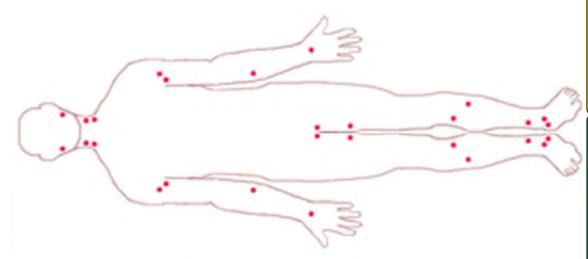
PRODUCT REMOVAL: 1. Gently remove gauze from wound. 2. Thoroughly irrigate wound.



Direct pressure / Gauze

Placing pressure on the wound will constrict the blood vessels manually, helping to stem any blood flow. When applying pressure, the type and direction of the wound may have an effect, for instance, a cut lengthways on the hand would be opened up by closing the hand into a fist, whilst a cut across the hand would be sealed by making a fist. A patient can apply pressure directly to their own wound, if their consciousness level allows. Direct pressure can be used with some foreign objects protruding from a wound; padding is applied from each side of the object to push in and seal the wound - objects are never removed. Use available gauze products to cover wounds and roll gauze products and / or tape to provide continued pressure to wounds

Pressure points



The arterial pressure points

In situations where direct pressure and elevation are either not possible or proving ineffective the use of pressure points to constrict the major artery which feeds the point of the bleed is indicated. This is usually performed at a place where a pulse can be found, such as in the femoral artery. There is particularly high danger if constricting the carotid artery in the neck, as the brain is sensitive to hypoxia and brain damage can result within minutes of application of pressure. Pressure on the carotid artery can also cause vagal tone induced bradycardia, which can eventually stop the heart. Other dangers in use of a constricting method include rhabdomyolysis, which is a buildup of toxins below the pressure point, which if released back into the main bloodstream may cause renal failure.

Wound Packing

Step 1: Stop the bleeding. Now! Immediately apply direct pressure to the wound, using gauze, clean cloth, elbow, kneewhatever it takes to slow or stop the hemorrhage-until you have time to get out your wound packing supplies.

Step 2: Pack the wound with gauze. Tightly! Your goal is to completely and tightly pack the wound cavity to stop hemorrhage. Begin packing the gauze into the wound with your finger, while simultaneously maintaining pressure on the wound

When no more gauze can be packed inside the wound, hold direct pressure on the wound for 3 minutes

It's critical that the gauze be packed as deeply into the wound as possible to put the gauze into direct contact with the bleeding vessel.

Step 3: Keep packing! The key to successful wound packing is that the wound be *very* tightly packed, applying as much pressure as possible to the bleeding vessel. This pressure against the vessel is the most important component of hemorrhage control. This explains why plain gauze (without an impregnated hemostatic agent), when tightly packed, is also quite effective.

Step 4: Apply very firm pressure to the packed wound for 3 minutes. This step pushes the packing firmly against the bleeding vessel and aids in clotting.

Step 5: Secure a snug pressure dressing and transport. After applying pressure for 3 minutes, place a snug pressure dressing over the wound. You may consider splinting or immobilizing the area, if possible because movement during transport can dislodge the packing and allow hemorrhage to restart.

Also see:

Hemorrhage Control-Hemostatic Gauze
Hemorrhage Control-IT Clamp
Hemorrhage Control-Tourniquet

Pelvic Stabilization Device

INDICATIONS

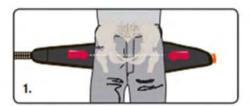
• Suspected adult pelvic fractures and dislocations.

PROCEDURE

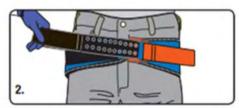
- 1. Unfold Pelvic Sling with white surface facing up.
- 2. Place white side of Pelvic Sling beneath patient at level of buttocks.
- 3. Firmly close Pelvic Sling by placing black Velcro side of flap down on the black Velcro strip (fold material and center at midline).
- 4. Grab orange handle on outer surface of flap and release from flap by pulling upward.
- 5. Firmly pull both orange handles in opposite directions to tighten the Pelvic Sling.
- 6. Keep pulling free handle until you feel or hear the buckle click.
- 7. As soon as the buckle clicks, maintain tension and firmly press orange handle onto the black Velcro strip.

TO REMOVE PELVIC SLING

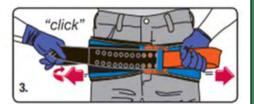
1. Lift orange free handle away from flap by pulling upward. Maintain tension and slowly allow Pelvic Sling to loosen.



Remove objects from patient's pocket or pelvic area. Place SAM Pelvic Sling II black side up beneath patient at level of trochanters (hips).



Place BLACK STRAP through buckle and pull completely through.



Hold **ORANGE STRAP** and pull **BLACK STRAP** in opposite direction until you hear and feel the buckle click. Maintain tension and immediately press **BLACK STRAP** onto surface of SAM Pelvic Sling II to secure. You may hear a second click as the sling secures.

Device goes over greater trochanters not over the illiac crest

Key Points

- 1. Of 120,000 pelvic fractures reported in the U.S. in a typical year, 21,000 were pelvic ring fractures.
- 2. The mortality rate of pelvic fractures is reported to be more than 25%.
- 3. The combination of pelvic ring fractures with other injuries increases the mortality rate.
- 4. Stabilizing pelvic fractures reduces blood loss.
- 5. Victims are often confused or unconscious making it difficult to diagnose pelvic fractures without X-rays or CT scans. Physical examination is inaccurate approximately 90% of the time.
- 6. Trauma surgeons and emergency department physicians have recognized the benefits of circumferential pelvic compression.
- 7. At the time of initial evaluation, the exact type of facture is usually unknown. In some cases, too little force will not close or stabilize the fracture, in others, too much force can collapse the pelvic ring.
- 8. Because of the potentially devastating hemorrhage associated with pelvic fractures, standard first aid protocol has included applying some type of circumferential binder around the victim's hips.
- 9. Cannot be over-tightened. The force applied is safe and correct.
- 10. Standard size fits 95% of the population without cutting or trimming.

NOT RECOMMENDED FOR USE ON CHILDREN

Traction Splint Device Procedure

Indications

A suspected or obvious isolated fracture of the midshaft femur is an indication for traction splint. If there are other fractures in the foot or ankle traction may not be effective, because traction splints require support on strap sites to be able to apply traction.

Contraindications

- Fractures of ankle or foot
- Partial amputation or avulsion with bone separation while only marginal tissue connects the distal limb
- Hip or pelvis injury

Evaluation

Clinical diagnosis is usually obvious from mechanism, pain, swelling, and deformity/shortening of the thigh. Extreme pain may mask these secondary injuries. Since most of the femur fracture occurs with high energy trauma, pelvic ring, hip, groin, perineum, and buttock evaluations are crucial. Up to 40% of the femur fractures are associated with an ipsilateral knee injury.

The clinician should assess distal pulses (popliteal, dorsalis pedis, posterior tibialis) with capillary refills on the ipsilateral toenails

Neurologic injury with isolated femoral shaft fracture is rare, but a careful motor and sensory assessments are important. A standard neurovascular exam of the extremity distal to a femur fracture should include a sharp and light subjective sensation of the sural, saphenous, superficial peroneal, deep peroneal, and tibial nerves. Examiners should assess for dorsiflexion and plantarflexion of the ankle and great toe. In a presumed femur fracture, assessment of the motor function of knee flexion and extension will be limited, but a brief ligamentous examination is appropriate. One should not miss signs of gross knee instability or knee dislocation, which carry a very high association with an acute neurovascular injury that may require urgent surgical intervention and stabilization.

Bipolar Traction Splints

It maintains bipolar traction with two steel rods on both sides of the limb. Most importantly, the bipolar traction splint was more compact, easy, and effective for a femur fracture. The bipolar splint is not effective with proximal femur shaft fracture because the ischial pad may rest directly under the fracture. An adult unit is not adjustable for pediatric patients. Below is a simplified application guide.

- Stabilize the injured leg.
- Position the splint against the uninjured leg to adjust the length.
- Place splint under the patient's leg and place the ischial pad against the ischial tuberosity.
- Adjust splint to length, then attach ischial strap over the groin and thigh.
- Apply the ankle hitch to the patient.
- Apply gentle but firm traction until the injured leg length is approximately equal to the uninjured leg length.
- Secure the remaining straps around the leg.
- Reassess proximal / distal neurovascular function.

Unipolar Traction Splints

A unipolar traction is unipolar traction. One steel rod sits between a patient's legs and applies traction from the ankle with counter pressure directed onto the ischial tuberosity. unipolar splint sits between the leg against the ischial tuberosity, so it is more effective for proximal femur fracture than hare splint. Also, one unipolar splint can be used for a bilateral femur fracture. However, there is an increased risk of damage to the genitalia as the splint can move from the initial ischial tuberosity placement during transport. unipolar traction splint can measure the actual traction applied on the gauge. The optimal traction is roughly 10% to 15% of a patient's body weight.

- Position the splint between the patient's legs, resting the saddle against the ischial tuberosity.
- Attach the strap to the thigh.
- Secure the ankle strap tight.
- Gently extend the inner shaft until the desired amount of traction, approximately 10% of the patient's body weight.
- Adjust the thigh/leg/foot strap.
- Reassess proximal / distal neurovascular function.

Indications	Signs & Symptoms	Contraindications
 Injury requiring pain management Patient able to self-administer 	 Chest pain secondary to infarction or angina Acute urinary retention Fractures Severe burns Kidney stones Musculoskeletal trauma 	 Altered level of consciousness Head injuries Chest injuries (blunt or penetrating) Intoxication Maxillofacial injuries Psychiatric problems COPD (because of the 50% oxygen mixture) Pediatric patients under 12 years of age Pregnancy Respiratory distress Abdominal pain

Paramedic Intervention

AEMT

PROCEDURE

- 1. Instruct patients to administer nitrous oxide to themselves by placing the mask tightly against their face and breathing deeply and slowly
- 2. Allow mask to fall away from face spontaneously when effects are felt
- 3. Check blood pressure, as nitrous oxide may cause BP to drop in some cases
- Nitrous oxide is a self-administered analgesic gas containing a mixture of 50% oxygen and 50% nitrous oxide.
- Nitrous oxide is supplied in a carrying case containing two cylinders, one of nitrous oxide and one containing oxygen, with a mixing valve and supply tubing. These agents are mixed on administration to deliver a 50% concentration of each to the patient.
- Nitrous oxide should be given to any patient who is alert and complaining of severe pain.
- Only self-administration by the patient is to be used.
- Upon administration of nitrous oxide, constantly monitor patient to see he does not fall asleep with mask in place.
- The side effects of nitrous oxide, in addition to analgesia, include light-headedness, drowsiness, and very occasionally nausea and vomiting. Changes in heart rate and respiratory rate are minimal.
- Nitrous oxide and oxygen are both non-flammable gases, but both support combustion. For this reason do not use nitrous oxide in areas where there is a combustion hazard.

There is an increased risk of liver cancer and birth defects to individuals who are exposed repeated applications of nitrous oxide. For this reason nitrous oxide should be used in a well-ventilated environment.

ALL PATIENTS SUBJECTED TO TASER USE MUST BE TRANSPORTED TO THE HOSPITAL FOR MEDICAL EVALUATION.

INDICATIONS

• Any patient that was subjected to taser use.

PROCEDURE

- 1. Follow Universal Patient Care Protocol.
- 2. Confer with law enforcement officer regarding the patient's behavior prior to EMS arrival.
- 3. Refer to the appropriate medical protocol if the patient has a life-threatening injury or medical illness or continues to be combative.
- 4. Determine the location of the Taser probes. Do not remove probes unless they interfere with patient care.
- 5. Perform a 12-Lead EKG and continuously monitor the patient's EKG. If the patient has a dysrhythmia, refer to the appropriate protocol.

- With the increased use and deployment of TASERs by our area's local law enforcement agencies, EMS providers must be aware of the appropriate medical assessment of the tasered patient. The TASER is designed to transmit electrical impulses that temporarily disrupt the body's central nervous system. Its Electro-Muscular Disruption (EMD) Technology causes an uncontrollable contraction of the muscle tissue, allowing the TASER to physically debilitate a target regardless of pain tolerance or mental focus.
- All patients subjected to taser use must be assessed for trauma and medical causes for the combative behavior.
- Always apply the cardiac monitor and obtain a strip for patients with irregular / abnormal pulse, elderly, pacer, AICD, known CAD, and excited delirium.
- The patient's vital signs must be reassessed every 5 minutes.
- Determine if the patient used any mind altering drugs, has a cardiac history, and the date of their last tetnus shot.
- The cord or wire may be cut, but leave the probes embedded in the patient.
- Removal of the probe. (Remove one at a time).
- Stabilize the skin surrounding the puncture site by placing one hand by where the probe is embedded.
- Pull the probe straight out from the puncture site in one fluid motion.
- TASER barbs that do penetrate the skin and are removed in the field are to be treated as "contaminated sharps" and are to be placed in an appropriate sharps container. Use small single use containers as law enforcement may wish to hold custody of the barbs after removal.

- To be used in direct threat when scene has been cleared but not secured (Warm Zone).
- Priority is to intervene on immediate life threatening conditions.
- Direct Threat Care is the care rendered by the medical provider while the provider and the patient are still within an effective hostile environment. These protocols are intended to be a guideline to medical intervention and cannot replace sound judgment and situational awareness. Providers are also cautioned not to rely on these protocols as a sole source of information about patient care, but rather to tailor their therapy to the situation.
- Expedite removal to indirect threat environment.
- There is no need to immobilize the cervical spine with only penetrating trauma to the extremities or trunk Consider cervical immobilization for penetrating neck trauma.
- Once scene secured, return to standard protocols.
- Warm / Hot Zone terminology should be considered the same as Inner Ring terminology for the purpose of this protocol.

Patient Decontamination

Indications	Signs & Symptoms	Contraindications
 Any patient who may have been exposed to significant hazardous materials, including chemical, biological, or radiological weapons. 	 Ambulatory / Non- Ambulatory Exposure to toxic substances (dry, liquids, fumes) Irritants Emergent / Non- Emergent 	 Dry chemicals must be wiped off prior to wet decontamination Clothing must be removed Maintain patient privacy as needed. Gross Decon (Primary) Fine Decon (Secondary)

PROCEDURE

- 1. In coordination with Hazardous Materials and other Emergency Management personnel, establish hot, warm and cold zones of operation.
- 2. Ensure that personnel assigned to operate within each zone have proper personal protective equipment.
- 3. In coordination with other public safety personnel, assure each patient from the hot zone undergoes appropriate initial decontamination. This is specific to each incident; such decontamination may include:
 - Removal of patients from Hot Zone
 - Simple removal of clothing
 - Irrigation of eyes
 - Passage through high-volume water bath (e.g., between two fire apparatus) for patients contaminated with liquids or certain solids. Patients exposed to gases, vapors, and powders often will not require this step as it may unnecessarily delay treatment and/or increase dermal absorption of the agent(s).
- 4. Initial triage of patients should occur after step #3. Immediate life threats should be addressed prior to technical decontamination.
- 5. Assist patients with technical decontamination (unless contraindicated based on #3 above). This may include removal of all clothing and gentle cleansing with soap and water. All body areas should be thoroughly cleansed, although overly harsh scrubbing which could break the skin should be avoided.
- 6. Place triage identification on each patient. Match triage information with each patient's personal belongings, which were removed during technical decontamination. Preserve these personnel affects for law enforcement.
- 7. Monitor all patients for environmental illness.
- 8. Transport patients per local protocol.

Notify Hospital EARLY of contaminated patients; assure time for mobilization of Hospital Emergency Response Team (H.E.R.T) or other resources.

Special Operations Nerve Agent Exposure Kit Part A Special Operations

ENSURE SCENE SAFETY AND PROPER PPE

Universal Patient Care

Obtain history of exposure Observe for specific toxidromes Initiate triage and / or decontamination as indicated

Assess for presence of major or minor symptoms

MINOR SYMPTOMS

(Self Treatment) Salivation Lacrimation

Visual Disturbances

DuoDote x 1 – 2 sets

IM Rapidly

Monitor for appearance of major symptoms

SLUDGEM

SALVIATION LACRIMATION URINATION **DEFICATION**

GASTROINTESTINAL DISTRESS EMESIS

MUSCLE TWITCHING

MAJOR SYMPTOMS

(Buddy Treatment) Altered LOC Seizures SOB **Respiratory Arrest**

DuoDote x 3 sets

IM Rapidly

If Seizures:

DiazePAM (Valium)

Auto-Injector IM

If Continued Seizures:

Midazolam (Versed)

2 mg IVP, IO or 5 mg IN, IM

LORazepam (Ativan)

1 - 2 mg IVP, IO, IN, IM

If Continued SLUDGEM Symptoms:

<u>Atropine</u>

2 mg IVP, IM

q 5 minutes until symptoms resolved

TRANSPORT to appropriate facility **CONTACT** receiving facility

CONTACT Medical Control where indicated

Special Operations Nerve Agent Exposure Kit Part B Special Operations

Indications	Signs & Symptoms	Contraindications
 Nerve agent exposure (e.g., VX, Sarin, Soman, etc.) For use of Fire, EMS, and Police personnel only 	 Visual disturbances Headache Nausea / vomiting Salivation Lacrimation Respiratory distress Diaphoresis Seizure activity Respiratory arrest 	 Vesicant exposure (e.g., Mustard Gas, etc.) Respiratory irritant exposure (e.g., hydrogen sulfide, ammonia, chlorine, etc.)

Key Points

- If Triage / MCI issues exhaust supply of Mark 1 kits or DuoDotes, use Atropine. Give 2 mg IM dose for patients greater than 90 pounds (>40kg).
- Follow local HAZMAT protocols for decontamination and use of personal protective equipment.
- For patients with major symptoms, there is no limit for atropine dosing.
- Carefully evaluate patients to ensure they not from exposure to another agent. (e.g., narcotics, vesicants, etc.)
- Each DuoDote auto injector contains both 600 mg of pralidoxime (2-PAM) and 2.1 mg of atropine
- Each valium auto injector contains 10 mg of valium
- If the presence of a nerve agent is suspected by presentation of symptoms of large numbers of patients, personnel should immediately contact dispatch to notify other responding units and command staff.
- The patient and / or crew must be decontaminated prior to transport. DO NOT transport a contaminated patient to a treatment facility.
- SLUDGEM: Salivation, Lacrimination, Urination, Gastrointestinal upset, Emesis, Muscle twitching.
- When the nerve agent has been ingested, exposure may continue for some time due to slow absorption from the lower bowel, and fatal relapses have been reported after initial improvement.
- If dermal exposure has occurred, decontamination is critical and should be done with standard decontamination procedures. Patient monitoring should be directed to the same signs and symptoms as with all nerve or organophosphate exposures.
- Continued medical monitoring and transport is mandatory.

Special Operations Blood Collection for Evidence (Ohio Senate Bill 58) Special Operations

Ohio Senate Bill 58 became Law in September 2010.

AEMT Intervention

The Law includes provisions for EMS providers to withdraw blood for the purpose of evidence collection in cases involving allegations of operating watercraft or vehicles under the influence.

The language of the bill states that drawing blood "may" not "shall" be done for evidence collection "in the course of" providing emergency medical treatment.

- You CANNOT be dispatched or called by the police for the sole purpose of performing phlebotomy when the person does not require emergency medical treatment.
- o The Medic/AEMT in charge can refuse law enforcements request to draw the blood if doing so would interfere with lifesaving patient care or outcome.
- The patient must consent to the collection of blood for evidence purposes. (If unconscious, Implied Consent applies)
- The Police Officer making the request must be present at all times during the draw and must provide the Medic/AEMT with the evidence collection kit.
- o EMS Providers MUST use the evidence kit provided by law enforcement to obtain the blood samples for evidence.

EMS Levels of Certification

These protocols recognize that there is a role for all levels of Emergency Medical Technician Certification. Not every function defined by the State of Ohio is approved under specific hospital Medical Directors. Patient care should always be delivered at the highest level of EMS available. All Provider levels must function within the State of Ohio EMS Scope of Practice for their Provider level. Every EMS Provider must be aware of the State of Ohio requirements for recertification, and each individual is responsible for personally fulfilling these requirements. Those seeking to fulfill National Registry of Emergency Medical Technician (NREMT) requirements may do so under their own individual responsibility.

Continuing Education certifications must be received through an approved Continuing Education site with a valid accreditation number noted and must be filed properly. Each EMS Provider must maintain his / her own personal records and be responsible for his / her own Continuing Education status.

EMS Provider problems will be addressed promptly and documented by the Medical Director in conjunction with the EMS Coordinator, Fire / EMS Chief. A plan to resolve identified problems will be implemented. The Medical Director has the right to remove an EMS Provider from actively functioning under their Medical Control, either temporarily or permanently.

RN as an EMS Provider

- A RN is permitted to operate as an EMS provider with the following requirements.
- The agencies Medical Director has drafted a formal letter authorizing the RN to perform in accordance with EMS protocols.
- The RN has or obtains documented training in skills not covered in traditional RN education specific to EMS
 care. Examples may include (but are not limited to), Intubation or other advanced airways, extrication
 techniques or lifting and moving patients.
- A RN is not permitted to operate an emergency vehicle unless they have undergone an emergency vehicle operator course approved by the State of Ohio.
- A RN does NOT count toward the minimum staffing requirement set forth in the ORC 4765.43, unless also certified as an EMS provider.
- A RN still reports to the Board of Nursing, its laws, requirements, and regulations.

Medical Control EMS Recertification Requirements Medical Control

Please refer to the Ohio EMS website for current continuing education requirements

https://www.ems.ohio.gov/links/ems_CErequirementsEMS.pdf

For providers wishing to keep up their National Registry certification please refer to the National Registry website

https://nremt.org/document/recertification

EMS Communications

Direct communication by EMS with the receiving hospital is required to insure continuity of care and the accurate reporting of the incoming patient's condition, history, and treatment. A member of the prehospital care team must contact the receiving hospital at the earliest time that is conducive to good patient care.

If patient treatment advice is needed or if Medical Command orders are required per the protocol, Medical Command should be contacted. Medical Command will provide advice and any protocol orders deemed necessary in the care of the patient. If transporting the patient to a Non-UH facility, EMS will then contact the receiving hospital as stated above.

PURPOSE

- To provide the receiving hospital and accurate, updated report of the patient's presentation and condition throughout prehospital care and transport.
- o To allow the receiving hospital the opportunity to prepare for receiving the patient and continue necessary medical treatment.

PROCEDURE

- 1. Contact the receiving facility and provide the following information:
 - o Type of Squad: EMT, Advanced EMT, Paramedic
 - o Age and Sex of Patient
 - Type of Situation: Injury and / or Illness
 - o Specific Complaint: Short and to the point (i.e., chest pain, skull fracture)
 - o Mechanism: MVA / MCA / Fall
 - Vital Signs: B/P / Pulse / Resp. / LOC / EKG
 - o Patient Care: Airway Management, Circulatory Support, Drug Therapy
 - o General Impression: Stable / Unstable
 - Destination ETA

Key Points

- When calling in a report it should begin by identification of the squad calling, and the level of care that can be provided to the patient (EMT, AEMT, Paramedic) and the nature of the call (who you need to talk with, physician or nurse).
- Whenever possible, the EMS provider responsible for the highest level of direct patient care should call in the report.
- Although all EMS Providers have been trained to give a full, complete report, this is often not necessary and may interfere with the physician's duties in the Emergency Department. Reports should be as complete but concise as possible to allow the physician to understand the patient's condition.
- It is not an insult for the physician to ask questions after the report is given. This is often more efficient than giving a thorough report consisting mostly of irrelevant information.
- If multiple victims are present on the scene, it is advisable to contact Medical Control with a preliminary report.

 This should be an overview of the scene, including the number of victims; seriousness of the injuries, estimated on-scene and transport times to the control hospital or possible other nearby facilities. This allows preparation for receiving the victims and facilitates good patient care

- An EMS patient care report form (PCR) will be completed accurately and legibly to reflect the patient assessment, patient care and interactions between EMS and the patient, for each patient contact which results some assessment component.
- Every patient encounter by EMS will be documented. Vital signs are a key component in the evaluation of any patient and a complete set of vital signs is to be documented for any patient who receives some assessment component.

PURPOSE

To document total patient care provided including:

- Care provided prior to EMS arrival.
- Exam of the patient as required by each specific complaint based protocol.
- Past medical history, medications, allergies, living will / DNR, and personal MD.
- All times related to the event.
- All procedures / medications administered and their associated time and patient response.
- Notation of treatment authorization if any deviation from protocol / narcotic use.
- Reason for inability to complete or document any above item.
- A complete set of vital signs.

PROCEDURE

- 1. The patient care report should be completed as soon as possible after the time of the patient encounter.
- 2. All patient interactions are to be recorded on the patient care report form or the disposition form (if refusing care).
- 3. The patient care report form must be completed with the above information.
- 4. A copy of the patient care report form should be provided to the receiving medical facility.
- 5. A copy of the patient care report form is to be maintained by the EMS entity.
- 6. A copy of the patient care report shall be given to the Medical Director per his or her order.

Key Points

- Document the contact and any on-line medical direction that is given. If you are not able to reach Medical Control, document attempts and cause for failure. Always describe the circumstances of the call. It is very important to document the mental status of the patient who refuses transport. Any refusal call should also note the contact of Medical Control.
- The times vitals are taken must be noted. Vitals should be repeated every five minutes, or following any medical treatments. Vitals should be completely recorded. If a part of the set of vitals is omitted, the reason should be clearly given.
- Use accepted medical abbreviations and terminology. Do not make them up.
- Make an effort to spell correctly. Become familiar with the correct spelling of commonly used words.
- The name, dose, route, time and effect should be documented for all medications.
- When standards are followed such as in a full arrest; every step should be documented. To write "ACLS protocols followed" is NOT SATISFACTORY.
- When providing copies of the run report for the Emergency Department and the Medical Director, be sure to include the EKG strips and second sheets.
- A complete set of times must be recorded on every report.

Documentation of Vital Signs:

- 1. An initial complete set of vital signs includes:
 - Pulse rate
 - Systolic AND diastolic blood pressure
 - Respiratory rate
 - Pain / severity (when appropriate to patient complaint)
 - Pulse Oximetry
- 2. Every attempt should be made to ascultate blood pressures, however if unable to auscultate, a palpated pressure will suffice.
- 3. If the patient refuses this evaluation, the patient's mental status and the reason for refusal of evaluation must be documented, along with an offer to return and transport. Medical Control contact should be noted.
- 4. Document situations that preclude the evaluation of a complete set of vital signs.
- 5. Record the time vital signs were obtained.
- 6. Any abnormal vital sign should be repeated and monitored closely.
- 7. All completed run reports should contain a summary statement regarding patient status upon transfer or care and to whom.

Medical Control Emergency Department Restrictions Medical Control

This procedure provides for hospitals to notify the EMS departments of restrictions in their patient care capabilities. EMS departments should honor hospital restrictions unless doing so would endanger the patient.

RESTRICTION EXCEPTIONS

Regardless of what status a hospital has imposed on its facility, there are situations when EMS personnel should be able to transport a patient to the facility. These exceptions apply only to general hospitals having a full service Emergency Department, and do not apply to specialty facilities. The type of cases that should always be accepted are as follows:

- 1. Patients in cardiac arrest due to either medical or traumatic causes.
- 2. Patients whose airways cannot be controlled by the EMS Personnel.
- 3. Patients felt to be in extremis to the point that diversion to another facility would dangerously delay needed immediate stabilization. This is based on the judgment of the EMS provider in charge.
- 4. Patients who typically receive their care at the hospital on diversion, and any diversion from that hospital would potentially jeopardize the expedient care of their emergency condition.
- 5. Pediatric patients
- 6. Obstetric patients
- 7. If the EMS provider in charge states that they are not comfortable diverting and states that transport must be made to the facility (due to family or physician situation / request).

Medical Control Advanced Directives-Do Not Resuscitate (DNR) Orders Medical Control

PURPOSE

- Ideally, any patient presenting to the EMS system with a *valid* DNR form shall have the form honored and CPR and ALS therapy withheld in the event of cardiac arrest.
- To honor the end of life wishes of the patient
- To prevent the initiation of unwanted resuscitation

PROCEDURE

Ohio's DNR Comfort Care is the only law encompassing EMS. For any other type of DNR documents, you must contact Medical Control and describe your circumstances to a Physician. The Physician will then decide if EMS should honor the DNR document, or begin resuscitation of the patient. This includes the Ohio Living Will or any other document to this effect.

A DNR order for a patient of a healthcare facility shall be considered current in accordance with the facility's policy. A DNR order for a patient outside a healthcare facility shall be considered current unless discontinued by the patient's attending physician / CNP / CNS, or revoked by the patient. EMS personnel are not required to research whether a DNR order that appears to be current has been discontinued.

STATE OF OHIO DNR COMFORT CARE GUIDELINES

Under its DNR Comfort Care Protocol, the Ohio Department of Health has established two standardized DNR order forms.

DNR Comfort Care – Terminally ill condition and in effect at all times.

DNR Comfort Care - Arrest - In effect in the event of a cardiac or respiratory arrest.

When completed by a doctor (or certified nurse practitioner or clinical nurse specialist, as appropriate), these standardized DNR orders allow patients to choose the extent of the treatment they wish to receive at the end of life. Ohio DNR Comfort Care can be identified by the original / copy of the State of Ohio DNR Comfort Care Form with official DNR logo, a DNR Comfort Care necklace, bracelet, or card with official DNR Comfort Care logo, the form must be completed with effective date and signed by the patient's physician. To enact the DNR Comfort Care, the patient must be experiencing a terminal event. EMS is not required to search for a DNR identification but should make a reasonable attempt to identify that the patient is the person named in the DNR Comfort Care form. Only the patient may request reversal of the DNR – Comfort Care.

CARE to be provided by EMS:

- Suction the airway
- Administer oxygen
- Position for comfort
- Splint of immobilize
- Control bleeding
- Provide pain medication
- Provide emotional support
- Contact other appropriate health care providers (hospice, home health, attending physician or certified nurse)

Care NOT to be provided by EMS:

- Administer chest compressions
- Insert artificial airway
- Administer resuscitative drugs
- Defibrillate or cardiovert
- Provide respiratory assistance (other than described above)
- Initiate resuscitative IV
- Initiate cardiac monitoring

Advanced Directives-continued



START BLS CARE AND CALL MEDICAL CONTROL IF PRESENTED WITH ANY DNR OR TREATMENT LIMITING PAPERWORK THAT DOES NOT FEATURE THIS LOGO

Key Points

- The DNR order addresses your current state of health and the kind of medical treatment you and your physician decide is appropriate under current circumstances.
- A DNR order for a patient of a health care facility shall be considered current in accordance with the facility's
 policy. A DNR order for a patient outside a health care facility shall be considered current unless discontinued
 by the patient's attending physician / CNP / CNS or revoked by the patient. EMS personnel are not required to
 research whether a DNR order that appears to be current has been discontinued.
- It is imperative that a copy of or the original DNR / Comfort Care orders and identification accompany the patient wherever the patient goes. This will help to alleviate any confusion between health care givers at multiple sites.
- Be careful to check the patient's DNR order or DNR identification to determine if DNR CC or DNR CC Arrest.
- EMS is not required to search a person to see if they have DNR identification. If any of the DNR identifiers are in the possession of the patient, EMS must make a reasonable attempt to identify the patient by patient's name given by patient, family, caregiver or friend, health care worker who knows the patient, ID band from health care institution, driver's license or another picture I.D. If identification cannot be verified, the protocol should be followed.
- The patient may request resuscitation even if he / she is a DNR Comfort Care or DNR Comfort Care-Arrest Patient and / or the DNR Comfort Care Protocol has already been activated. The patient's request for resuscitation amounts to a revocation of any or all DNR Comfort Care Status and resuscitative efforts must be activated.
- If EMS has responded to an emergency by initiating any of the "will not perform actions" prior to confirming that the DNR Comfort Care Protocol must be activated, discontinue them when you activate the protocol. You may continue respiratory assistance, IV medications, etc., that have been part of the patient's ongoing course of treatment for their underlying condition or disease.
- If the patient's family or bystanders request or demand resuscitation for a patient for whom the DNR Comfort Care Protocol has been activated, do not proceed with resuscitation. Provide "will perform actions" as outlined above and try to help them understand the dying process the patient's initial choice not to be resuscitated.
- For EMS The Ohio DNR Comfort Care law is the only one you (EMS) can honor on your own. For any other types of DNR documents, you must contact Medical Control and describe your circumstances to a Physician. The Physician will decide if you should honor the DNR document or begin resuscitation of the patient.
- Your living will document specifies in advance the kind of medical treatment you would want when you have a
 terminal illness or are in a permanently unconscious state and are no longer able to state your own wishes. It
 may not protect you from receiving CPR or other heroics. It only takes effect if you are in a certifiably terminal
 or permanently unconscious state, and emergency squad personnel cannot determine if you meet these
 conditions.
- A Health Care Power of Attorney is a document that names another person (usually a spouse, child, or other
 relative, and preferably someone who can understand your health status and make hard decisions on your
 behalf, if necessary) to make health care decisions for you whenever you are unable to do so yourself. It is
 not a DNR order, though it ordinarily would permit the person you appoint to agree to a DNR order for you,
 if you are unable to express your wishes at the time.
- The General Power of Attorney usually does not address health care issues and ends if you become disabled. You may have given your general power of attorney to someone to manage your financial affairs while you were on vacation or in the hospital. If you want a *general* power of attorney to continue, even if you become disabled, the document must state that it is a *durable*, or continuing, power of attorney. A health care power of attorney is a *durable* power; it continues even after you become disabled and appoints someone to carry out your health care wishes.

Aeromedical Transport

Helicopter / Hospital Intercepts

If the patient requires specialized care, i.e. trauma center, and conditions allow for rapid transport to the nearest facility, a helicopter/hospital intercept can be initiated. When a helicopter / hospital intercept is initiated, the receiving hospital will be contacted, advised of request for helicopter intercept and minimum patient information of nature of call / chief complaint, and then the receiving hospital will direct the appropriate personnel to call for the helicopter.

Scene Flights

Scene flights will be organized with the cooperation of the responding EMS, fire, and law enforcement agencies. The following defines how the on-scene Incident Command (IC) should request an Air Ambulance to the scene of an emergency incident due to the mixture of public fire, EMS and private EMS systems.

- Recognize that it is safer to transport a patient from a well lit, specially designed helipad than it is from an accident scene. EMS must be aware of the potential danger presented by poor lighting and potential scene hazards such as electrical wires or fire. Limit helicopter scene loading to the few cases where it is essential.
- Patient transportation via ground ambulance will not be delayed waiting for helicopter transportation. If the patient is packaged and ready for transport and the helicopter is not on the ground, or within a reasonable distance, the transportation will be initiated by ground ambulance.
- Time estimation should be made from the time the patient is ready for transport to arrival at the medical facility / the most appropriate trauma center. This should include aircraft response to the scene.
- The helicopter crew shall use their best judgment, at the suggestion of On Line Medical Direction, and / or prior guidelines agreed to with Off Line Medical Direction to determine the destination hospital.
- EMS should request aeromedical transport of the patient to the closest most appropriate hospital, based upon location, patient or family request, and the capabilities of the hospitals (i.e.: Trauma Center, OB Unit, etc.).

A request for aeromedical service response may be initiated when one or more of the following conditions exists:

- The patient's airway, breathing, or hemorrhage / circulation cannot be controlled by conventional means and the estimated arrival time of the air medical service is less than the time re- quired for ground transport to the nearest hospital.
- High priority patient with > 20-minute transport time.
- Entrapped patients > 10-minute estimated extrication time.
- Access hard to reach victims for whom the helicopter will have a special advantage.
- When enough other Mutual Aid resources are not available.
- Transport assistance in dispersing multiple, serious victims to more distant hospitals. It is recognized that in major emergency incidents, the local Emergency Management Plan permits no direct communications by squads with On-Line Medical Direction.
- To bring a physician and equipment resources to a patient who specifically needs these on the scene. (Physician not available on all helicopter services).
- Multiple casualty incident with red / yellow tag patients.
- Multi-trauma or medical patient requiring life-saving treatment not available in prehospital environment (i.e., blood transfusion, invasive procedure, operative intervention).

If a potential need for air transport is anticipated, but not yet confirmed, an air medical transport service can be placed on standby.

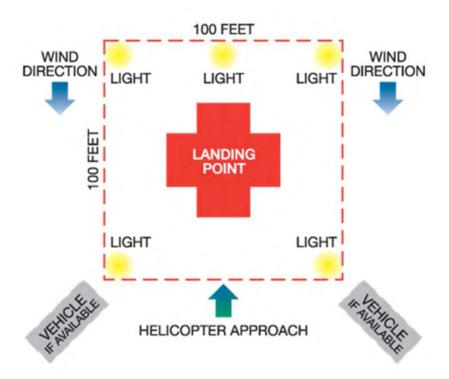
If the scene conditions or patient situation improves after activation of the air medical transport ser- vice and air transport is determined not to be necessary, paramedic or administrative personnel may cancel the request of air transport.

The minimum information which should be provided to the air medical transport service include:

- a. Number of patients
- b. Age of patients
- c. Sex of patients
- d. Mechanism of injury or complaint (MVC, fall, etc.)

AEROMEDICAL LANDING ZONE (LZ) SET UP PROCEDURE

- 1. LZ area should be free of obstructions. Eliminate these hazards:
 - Wires (surrounding the landing area and High-Tension power lines within 1/2 mile)
 - Towers (TV, Radio, Cellular within 1/2 mile)
 - Trees
 - Signs and Poles
 - Buildings
 - Vehicles
 - People
- 2. LZ area should be 100' X 100' if possible.
- 3. LZ should have as little of a slope as possible (less than 5 degrees).
- 3. LZ area should be a hard surface (concrete, asphalt, gravel, lawns, etc.).
- 4. LZ corners should be marked with highly visible devices (cones, flairs, strobes).
- 5. No debris on landing surface and within 100' of landing area.
- 6. Land the helicopter(s) a safe distance from the scene / patient.
- 7. Never point bright lights directly at the aircraft!
- 8. Maintain security of LZ while helicopter is present.
- 9. Landing Zone Briefing.
- 10. Type of LZ surface and size
- 11. How LZ is marked (cones, flairs, strobes, etc.).
- 12. All noted obstructions (see list above).



NEVER ASSUME A FLIGHT CREW WILL SEE A HAZARD
NEVER APPROACH A HELICOPTER UNLESS DIRECTED BY FLIGHT CREW

Medical Control Alternative Transport Guidelines Medical Control

• Under the auspices of each individual EMS jurisdiction and the Medical director, this protocol provides an alternative transportation option for use by EMS personnel for patients that do not require emergent ambulance transportation.

PURPOSE

• To provide a suggested alternative transportation option to non-emergent patients who do not require emergent ambulance transportation.

PROCEDURE

Before advocating other means of transportation, EMS personnel must perform ALL the following:

- 1. Appropriate medical exam, including vital signs.
- 2. Obtain pertinent patient information.
- 3. Contact Medical Control

ALTERNATIVE TRANSPORT GUIDELINES

Patient complaints for which EMS personnel **may recommend other means of transportation** to medical care are limited to the following:

- Ear pain with no apparent object in ear
- Minor extremity lacerations with no gross loss of function
- Pain or burning on urination
- · Penile discharge
- Minor vaginal discharge unless the patient is obviously pregnant or suspects she is pregnant
- Toothache without swelling or radiating jaw pain. Pt must be transported if evident of impending airway compromise
- · Minor sore throats and colds
- Prescription refills
- Scheduled clinic appointments

Key Points

EMS personnel **MAY NOT** decline transport, or in any way suggest alternative means of transportation for any of the following patients, complaints, or situations:

- 1. Less than 18 years of age
- 2. Suicide Attempt
- 3. Intoxication
- 4. Abuse or negligence of adult or child
- 5. Any situation where the crew's best judgement indicates transport
- Whenever presented with a medical complaint other than those listed in the Alternative Transport Guidelines section follow the appropriate treatment protocol for patient care as authorized in these protocols or contact Medical Control

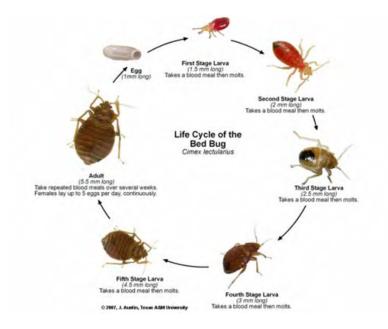
DO NOT DEVIATE FROM THE GUIDELINES SET FORTH IN THE ALTERNATIVE TRANSPORT POLICY

PURPOSE:

To provide personal protection recommendations to EMS providers who are presented with a patient in a known or suspected bed bug infestation.

PROCEDURE:

- Take universal precautions.
- Take only needed equipment into the area of infestation to minimize exposure.
- Seal equipment in plastic bags when necessary to prevent exposure.
- Avoid sitting on beds or furniture. If you have to sit, do so on a hard surface.
- If you feel you have been infested, shower and seal clothes in a plastic bag.
- Place potentially exposed clothing in a hot dryer for 10 minutes to kill the bugs.
- Footies, caps, and gloves should be worn if available during care.
- Remove these items before entering the vehicle and place in a plastic bag.
- Dispose of trash bags containing used PPE equipment in sealed containers.
- Keep patients wrapped during transport as much as possible to prevent transfer of bed bugs to the ambulance, or locations other than the hospital room the patient is put into.
- Clean and disinfect the vehicle as soon as possible.
- Notify the receiving facility as soon as possible regarding potential for bed bug exposure.



Medical Control Children with Special Healthcare Needs Medical Control

GENERAL CONSIDERATIONS

- 1. Treat the ABC's first. Treat the child, not the equipment. If the emergency is due to an equipment malfunction, manage the child appropriately using your own equipment.
- 2. Children formerly cared for in hospitals or chronic care facilities are often cared for in homes by parents or other caretakers. These children may have self-limiting or chronic diseases. There are multitudes of underlying medical conditions that may categorize children as having special needs. Many are often unstable and may frequently involve the EMS system for evaluation, stabilization, and transport. Special needs children include technology-assisted children such as those with tracheostomy tubes with or without assisted ventilation, children with gastrostomy tubes, and children with indwelling central lines. The most serious complications are related to tracheostomy problems.
- 3. Children with Special Healthcare Needs (CSHCN) have many allergies. Children with spina bifida are often allergic to latex. Before treating a patient, ask the caregivers if the children are allergic to latex or have any other allergies. Stock latex-free equipment. (Some regularly used equipment that contains latex includes gloves, oxygen masks, IV tubing BVM, blood pressure cuff, IV catheters, etc.)
- 4. Knowing which children in a given area have special needs and keeping a logbook is encouraged.
- 5. Parents and caretakers are usually trained in emergency management and can be of assistance to EMS personnel. Listen carefully the caregiver and follow his / her guidance regarding the child's treatment.
- 6. Children with chronic illnesses often have different physical development from well children. Therefore, their baseline vital signs may differ from normal standards. The size and developmental level may be different from age-based norms and length based tapes used to calculate drug dosages. Ask the caregiver if the child normally has abnormal vital signs. (i.e. a fast heart rate or a low pulse oximeter reading)
- 7. Some CSHCN may have sensory deficits (i.e. they may be hearing impaired or blind) yet may have age appropriate cognitive abilities. Follow the caregivers' lead in talking to and comforting a child during treatment and transport. Do not assume that a CSHCN is developmentally delayed.
- 8. When moving a special needs child, a slow careful transfer with two or more people is preferable. Do not try to straighten or unnecessarily manipulate contracted extremities as it may cause injury or pain to the child. Certain medical conditions will require special care. Again, consult the child's caregiver.
- 9. Caregivers of CSHCN often carry "go bags" or diaper bags that contain supplies to use with the child's medical technologies and additional equipment such as extra tracheostomy tubes, adapters for feeding tubes, suction catheters, etc. Before leaving the scene, ask the caregivers if they have a "go bag" and carry it with you.
- 10. Caregivers may also carry a brief medical information form or card. The child may be enrolled in a medical alert program whereby emergency personnel can get quick access to the child's medical history. Ask the caregivers if they have an emergency information form or some other form of medical information for their child.
- 11. Caregivers of CSHCN often prefer that their child be transported to the hospital where the child is regularly followed or the "home" hospital. When making the decision as to where to transport a CSHCN, take into account: local protocols, the child's condition, capabilities of the local hospital, caregivers' request, ability to transport to certain locations.

- Domestic violence is physical, sexual, or psychological abuse and / or intimidation, which attempts to control another person in a current or former family, dating, or household relationship. The recognition, appropriate reporting, and referral of abuse is a critical step to improving patient safety, providing quality health care, and preventing further abuse.
- Elder abuse is the physical and / or mental injury, sexual abuse, negligent treatment, or maltreatment of a senior citizen by another person. Abuse may be at the hand of a caregiver, spouse, neighbor, or adult child of the patient. The recognition of abuse and the proper reporting is a critical step to improve the health and well being of senior citizens.
- Child abuse is the physical and mental injury, sexual abuse, negligent treatment, or maltreatment of a child under the age of 18 by a person who is responsible for the child's welfare. The recognition of abuse and the proper reporting is a critical step to improving the safety of children and preventing child abuse.

PURPOSE

Assessment of an abuse case based upon the following principles:

- Protect the patient from harm, as well as protecting the EMS team from harm and liability.
- Suspect that the patient may be a victim of abuse, especially if the injury / illness is not consistent with the reported history.
- Respect the privacy of the patient and family.
- Collect as much information and evidence as possible and preserve physical evidence.

PROCEDURE

- Assess the / all patient(s) for any psychological characteristics of abuse, including excessive passivity, compliant or fearful behavior, excessive aggression, violent tendencies, excessive crying, behavioral disorders, substance abuse, medical non-compliance, or repeated EMS requests. This is typically best done in private with the patient.
- 2. Assess the patient for any physical signs of abuse, especially any injuries that are inconsistent with the reported mechanism of injury. The back, chest, abdomen, genitals, arms, legs, face, and scalp are common sites for abusive injuries. Defensive injuries (e.g. to forearms), and injuries during pregnancy are also suggestive of abuse. Injuries in different stages of healing may indicate repeated episodes of violence
- 3. Assess all patients for signs and symptoms of neglect, including inappropriate level of clothing for weather, inadequate hygiene, absence of attentive caregiver(s), or physical signs of malnutrition.
- 4. Assess all patients for signs of sexual abuse, including torn, stained, or bloody underclothing, unexplained injuries, pregnancy, or sexually transmitted diseases.
- 5. Immediately report any suspicious findings to the receiving hospital (if transported). If an elder or disabled adult is involved, also contact the Department of Social Services (DSS). After office hours, the adult social services worker on call can be contacted by the 911 communications center. EMS should not accuse or challenge the suspected abuser. This is a legal requirement to report, not an accusation. In the event of a child fatality, law enforcement must also be notified.

Key Points

SEXUAL ASSAULT:

- A victim of a sexual assault has experienced an emotionally traumatic event. It is imperative to be compassionate and non-judgmental. Be sensitive to the victim. Expect a wide range of response to such an assault, depending upon social, cultural, and religious background.
- An abbreviated assessment may be indicated based on the patient's mental state.
- Your responsibility is **patient care** and **not detective work**. Questioning of the patient should be limited, because there is no need for the EMS provider to attempt to get a detailed description of the assault. That type of questioning by EMS can harm the investigation and should be left up to professional investigators. However, carefully document verbatim anything the patient says about the attack. **DO NOT** paraphrase. Based upon the patient's mental state, the following questions may be asked and documented: (Do not persist with questions.)
- What happened? (A brief description is acceptable)
- When did the attack occur?
- Did the patient bathe or clean up after the attack?
- If the patient changed his / her clothes, attempt to bring the clothes in a brown paper bag. DO NOT use a plastic bag.
- If the patient did not change his / her clothes, have the patient bring a change of clothes to the hospital (if possible).
- Transport the patient to an appropriate medical facility. Some hospitals can provide additional sexual assault care (SANE Program).

RED FLAGS TO CHILD ABUSE:

The presence of a red flag does not necessarily mean maltreatment. The suspicion of maltreatment is also based upon the EMS provider's

observations and assessment

•

Signs that parents may display may include (not all inclusive):

- Parent apathy
- Parent over reaction
- A story that changes or that is different when told by two different "witnesses"
- Story does not match the injury
- Injuries not appropriate for child's age
- Unexplained injuries

Signs that the child may display may include (not all inclusive):

- Pattern burns (donuts, stocking, glove, etc.)
- Child abuse / neglect are widespread enough that nearly all EMS providers will see these problems at some time. The first step in recognizing abuse or neglect is to accept that they exist and to learn the signs and symptoms.
- Initiate treatment as necessary for situation using established protocols.
- If possible remove child from scene, transporting to hospital even if there is no medical reason for transport.
- If parents refuse permission to transport, notify law enforcement for appropriate disposition. If patient is in immediate danger, let law enforcement handle scene.
- Advise parents to go to hospital. AVOID ACCUSATIONS as this may delay transport. Adult with child may not be the abuser.

Areas for Concern					
behavior.					
Communication	Physical Condition	Social Condition	Condition of Home		
~ Confused	~ Walks with difficulty	~ Lives alone	~ Needs repair		
~ Disoriented	~ In wheelchair	~ Isolated from others	~ Bad odor		
~ Forgetful	~ Dirty clothes	~ May be abused	~ Pets neglected		
~ Can't hear well	~ Uncombed hair	~ May be exploited	~ Yard neglected		
~ Can't speak well	~ Unshaven	~ May be neglected	~ Rubbish lying about		
~ Can't speak English	~ Bruises, cuts, sores				
Economic Condition	Emotional Condition				
~ Confused about finance	ces ~ Excessive reminiscing	~ Appears withdrawn			
~ Has difficulty paying b	ills ~ Doesn't eat well	~ Appears depressed / cries easily			
~ Can't afford food	~ Doesn't sleep well				
~ Can't afford medicine	~ Recent death in family				
~ Can't afford transport	ation ~ Appears nervous				
Substance abuse					
~ Alcohol					
~ Other drugs					
-					

While the possibility of finding a dangerous weapon on a scene has always existed, EMS personnel must be aware of current issues, which impose unique hazards upon them while performing their duties. These dangers present in many different ways, regardless of jurisdiction or call volume. Though not all accidents can be prevented, awareness must be made regarding the State of Ohio Concealed - Carry Laws.

Ohio's Concealed - Carry Law permits individuals to obtain a license to carry a concealed handgun in Ohio, including into private businesses if the licensee also carries a valid license and valid identification when carrying the concealed handgun. This law has been in effect since April 8th, 2004. Be aware that all patients may be carrying a dangerous weapon at all times, regardless of whether a permit has or has not been issued.

GUIDELINES

- Upon arrival at the scene, EMS personnel should directly ask patients if they are carrying a weapon prior to performing a physical assessment. If the patient is unable to answer, please proceed with caution.
- If a weapon is present on scene or with a patient, it is recommended that a Law Enforcement official be present to secure the weapon.
- The training of EMS personnel in the safe handling and use of firearms lock boxes in squads is a departmental and municipal decision.
- Caution is advised due to the many types of weapons and the handler's ability to modify them.
- When transporting a patient to the hospital, please inform the receiving facility that a weapon has been found on the patient. This will allow enough time for Security to safely secure the weapon and maintain possession of it until Law Enforcement arrives.



Medical Control Consent and Refusal of Care Guidelines Medical Control

PURPOSE

To provide:

- Rapid emergency EMS transport when needed.
- Protection of patients, EMS personnel, and citizens from undue risk when possible.
- Method to document patient refusal of care.

PROCEDURES - ADULT Consent:

Two types apply;

Express Consent, where a conscious, oriented (to person, place and time) competent adult (over 18-year-old) gives the EMS provider permission to care for him. This may be in the form of a nod, verbal consent or gesture after the intended treatment has been explained.

Implied Consent occurs when a person is incapable of giving their permission for treatment due to being unconscious or incompetent. It is assumed that their permission would be given for any lifesaving treatments.

Refusal of Treatment:

Capacity: An adult with mental capacity to make informed decisions, may refuse treatment even after calling for help. The person must be informed that they may suffer loss of life, limb or severe disability if they refuse care and transport, and sign a Release indicating that they understand this. If the patient refuses to sign, a witness at the scene, preferably a relative should sign. Documentation of the events must be clearly made. It also must be documented on the run sheet that the person is oriented to person place and time, and a set of vital signs should be obtained if possible. An offer to return and transport them later should be made by EMS. Contact with Medical Control should be made if there is any question about the person's capacity to make decision. If the need for treatment is obvious, speaking directly to the Nurse or Physician may assist in convincing the patient to be transported.

For the purposes of this protocol, capacity will be defined as – Lucid and capable of making an informed decision, alert to Person, Place, Time, and Event.

Understanding	The ability to state the meaning of the relevant information (eg. Diagnosis, risks, and benefits of a treatment or procedure, inidcations, and options	Ask "Can you tell me in your own words what I just said about (topic)?"	
Expressing a Choice	The ability to state a decision	"Based on what we have just discussed, which would you choose?"	
Appreciation	The ability to explain how information applies to oneself	To assess appreciation of diagnosis "Can you tell me in your own words what you see as your medical problem?"	
Reasoning The ability to compare information and infer concequesnces of choices		To assess concequential reasoning "How could X affect your daily activities?"	

Without Capacity: While an adult may refuse treatment, in some situations, their refusal may not have basis if they do not have to capacity to make an informed decision. In the following situations, the refusal of treatment may be without capacity.

- Patients showing altered mental status due to head trauma, drugs, alcohol, psychiatric illness, hypotension, hypoxia, or severe metabolic disturbances.
- Violent patients.
- Uncooperative minors.

Refusal of Treatment

PROCEDURES - MINORS consent

Consent to treat Minors:

Consent to treat Minors (under the age of 18 years in Ohio), must be obtained from the parent or guardian with two exceptions; there is need for life saving immediate treatment which should be given to the point of it being considered elective; or the Minor is emancipated; ie: married, living on their own, or in the armed forces and may give permission themselves.

Refusal of Treatment:

A minor might refuse to cooperate with the EMS crew, or the minor's parent or guardian may refuse to consent to necessary treatment of the minor. A minor under the age of 18 years may not refuse treatment in Ohio. Transport should be initiated unless the parent or legal guardian refuse treatment on behalf of the minor. A circumstance may occasionally arise where the patient is a minor and there is no illness or injury, yet EMS has been called to the scene. If the responsible person is not able to be at the scene, it is acceptable for contact to be made by telephone. If care and transport is refused by the parent or guardian, TWO witnesses should verify this, and this shall be documented and signed by both witnesses on the run sheet. A request may be made that the person come to the fire station as soon as possible, to sign the release. A second circumstance may occur when the minor patient really needs to be transported and the parent or guardian is refusing transport. In this case, action must be taken in the minor's best interest. This is described in the following section, incompetent refusal.

Refusal:

- Parent / guardian refuses to give consent for treating their child when the child's life or limb appears to be at risk.
- Parent / guardian refuses to give consent where child abuse is suspected.
- Suicidal patients any age.

In all such cases, **contact with Medical Control and a Physician is mandatory**, as the patient may have a life - threatening problem and is in need of medical care. The involvement of the Police in these situations is often necessary and crucial. They may assist the EMS crew with transport as ordered by the On-line Physician. This is described in the Ohio Revised Code, Section 5122.10.

TRANSPORTATION

Destination Refusal:

There may be EMS calls where the EMS unit is unable to transport patient to their destination of choice. If the competent patient refuses this, and is in stable condition, a private ambulance may be called to take the patient. The responding EMS unit must stand by until the private EMS providers arrive and assume care of the patient.

Medical Control Consent and Refusal of Care Flow Chart Medical Control

ADULT - Patient initiated refusal of care ALL sign off's are risky for the patient Adult patient must exhibit the and legally risky for the health care **CAPACITY** to refuse providers. Inform patient of risks associated with refusal Lucid and capable of making Assure thorough documentation of Patient must be able to repeat in their own words risks an informed decision, alert to entire patient interaction and detail and must verbalize understanding of consequences Person, Place, Time, and patients capacity to understand Document in narrative Event. refusal risks. Physical assessment of complaint Assess and document vital signs Stable vitals / NOT a High-Risk Refusal **Abnormal Vitals / Assessment High-Risk Refusals** Head injury • Under the influence of drug or Heart Rate < 50 bpm or > 100 bpm **ETOH** SBP < 100 mmHg or > 180mmHg • Chest Pain DBP <50 mmHg or > 100 mmHg Syncope Respirations <12 bpm or >24 bpm BGL <60 mg/dl Dyspnea Spo2 <94 Lift assists with weakness or symptoms Elderly • Dementia Obtain blood glucose where indicated, 12 Lead EKG, Obtain blood glucose where Transmit, and Contact with Medical indicated, 12 Lead EKG, Control strongly encouraged Transmit, and Contact with Medical Control strongly encouraged

Assure patient has access to food, water, communications, and can complete activities of daily living. Document these in narrative.

Explain to patient if there are changes or concerns after EMS leaves to call back for re-evaluation

Read release form to patient and have them sign If unable to sign, have witness sign and place witness information (name and relationship) in narrative

Key Points

- A patient is defined as someone for whom EMS has responded that is ill, injured, has significant mechanism to presume injury, or is lacking capacity to refuse care once EMS contact has been made. Calling Online Medical Control is suggested high risk or unstable patients. This is liability protection for all involved and the Physician may be able to communicate additional facts regarding the patient condition to the providers or the patient directly.
- Online Medical Control is always available to EMS, especially in atypical or uncomfortable situations.
- Patients capable of making informed decisions are permitted to refuse, however efforts to have patient assessed further must be attempted for liability protection.
- Documentation of the efforts for additional assessment must be included in the PCR.
- Persons not meeting the criteria for a "patient" that are involved in an incident not as witnesses should be documented in an official call response log. This can be a notation in a transport or refusal chart for another person meeting the "patient" criteria from that scene, or in a call response log system if there are no persons meeting the "patient" criteria.

This guideline shall be used when law enforcement personnel advise EMS that they have responded to a crime scene, or EMS determines that a crime scene may exist. The purpose is to ensure the protection of the patient welfare as well as to ensure the ability to conduct an effective and through investigation of the crime.

If a provider finds themselves on a known or suspected crime scene;

- Assure safety of all EMS providers
- Summon Law Enforcement if not already present
- Lead EMS provider may request entry of safe area to determine viability of patient
- Additional personnel must be with visual contact
- Summon additional resources to the patient side only as absolutely necessary
- Minimize scene disturbances
- Enter and exit on same path
- Do not go anywhere else on the scene except as necessary for patient care
- Wear gloves at all times
- Avoid pools of blood
- Minimize personnel to only those required for patient care
- Do not cut through knife / bullet holes in clothing
- Do not go through patients effects
- If patient is believed to be DOA, one provider to approach and attach cardiac monitor to confirm death
- If patient is believed to be viable, follow appropriate treatment protocol for situation, remove from crime scene as soon as possible and relay any information discovered to Police as soon as possible.

Known or suspected crime scene

Assure safety of all EMS providers

Summon law enforcement if not already present

Lead EMS Provider may request entry of safe area to determine viability of patient – Additional personnel must be within visual contact

Summon additional EMS resources only as absolutely required for patient care

Minimize scene disturbances

- Enter and exit scene in the same path
- Do not go any other places within the scene other than what is required for patient care and / or assessment
- Wear gloves always, put on prior to entry and do not remove until after exit
- Avoid pools of blood
- Minimize personnel allowed access to the scene to those who are absolutely required for patient care and / or assessment
- Do not cut clothes through knife or bullet holes

REMAIN CLAM CONTACT ONLINE MEDICAL CONTROL

REFUSED ACCESS TO

PATIENT

DECEASED PATIENT

Refer to DOA guidelines

Do not move body

One provider to apply cardiac monitor to document death

CONTACT ONLINE MEDICAL CONTROL

Do not transport DOA

VIABLE PATIENT

Follow appropriate treatment protocol

Remove from crime scene as soon as possible

Relay any information regarding crime obtained during treatment to police as soon as possible

TRANSPORT

To facility appropriate for patient condition

Dead on Arrival (DOA)

Some jurisdictions may have special policy on the handling of DOA cases and, among other points, Online Medical Control may not need to be contacted. Refer to organizational policy in these cases if your department participates.

PURPOSE

EMS should not begin to resuscitate if any of the following criteria for death in the field are met for a patient who presents pulseless, apneic and with any one of the following:

- Injury incompatible with life (i.e. decapitated, gross incineration)
- Signs of decomposition, rigor mortis, extreme dependent lividity
- Cardiac arrest, secondary to massive blunt trauma without signs of exsanguination
- Adult: Unwitnessed cardiac arrest >20 minutes, history of absence of vital signs >20 minutes with asystole on the EKG, not secondary to hypothermia or cold water drowning.
- Ohio DNR Comfort Care order
- Other DNR as validated by on-line physician

PROCEDURE

Except in cases of decapitation, gross incineration, or complete skin decompisition then;

- Obtain an EKG of asystole in two leads
- Palpation of central pulses
- Auscultate heart sounds and spontaneous breath sounds for 30 seconds

In all cases, contact with Medical Control should be immediate and well documented. Obtaining an EKG of asystole in two leads may be possible in some cases. When the on - line physician states to do nothing, it should be documented as the pronouncement of death. Once this is done, the police should assume control of the scene, and EMS may go back into service.

Key Points

- If a bystander or first responder has initiated CPR or automated defibrillation prior to an EMS Paramedic's arrival and any of the above criteria (signs of obvious death) are present, the Paramedic may discontinue CPR and ALS therapy. All other EMS personnel levels must communicate with medical control prior to discontinuation of the resuscitative efforts.
- If doubt exists, start resuscitation immediately. Once resuscitation is initiated, continue resuscitation efforts until either:
 - Resuscitation efforts meet the criteria for implementing the Termination of Resuscitative Efforts Protocol, if valid in the EMS jurisdiction.
 - o Patient care responsibilities are transferred to the destination hospital staff.
 - o When a Dead on Arrival (DOA) patient is encountered, the squad members should avoid disturbing the scene or the body as much as possible, unless it is necessary to do so in order to care for and assist other victims. Once it is determined that the victim is, in fact, dead the squad members should move as rapidly as possible to transfer responsibility or management of the scene to the Police Department of EMS should not pronounce enroute.
 - Pregnant patients estimated to be 20 weeks or later in gestation should have standard resuscitation initiated and rapid transport to a facility capable of providing an emergent c-section. Paramedics CANNOT perform a c-section even with Medical Control permission.
 - o Victims of lightning strike, drowning, or a mechanism of injury that suggested non-traumatic cause for cardiac arrest should have standard resuscitation initiated.
 - o If the patient is pronounced on scene, leave the ETT, IV, and other interventions in place.

Medical Control Health Insurance Portability and Accountability Act (HIPAA) Medical Control

What does HIPAA stand for?

• The Health Insurance Portability and Accountability Act. Enacted in 1996, this federal law regulates health insurance and insurance benefit programs.

What is HIPAA's privacy rule?

• The privacy rule is a set of laws created to protect the privacy of a patient's health information, including medical records.

Why was HIPAA created?

• Before this rule was created, it was possible for patient information to be easily accessible without the patient's authorization and for reasons that had nothing to do with medical treatment. For example, a patient's medical information might be passed to a bank or lender, who might deny or approve a loan requested by the patient.

Who has to follow the rule?

• The privacy rule directly relates to healthcare providers (such as ambulance services, hospitals, physicians, and home health agencies), health plans and insurance companies, and healthcare clearing houses (such as companies that bill for healthcare services).

What if you don't comply?

• The penalty for one violation is \$100, with a limit of \$25,000 per year for any single organization that fails to comply with multiple requirements. The authority to impose penalties is carried out by the Department of Health and Human Services. In cases involving grossly flagrant and intentional misuse of patient information, violators may be socked with criminal penalties up to \$250,000, ten years in jail, or both - depending on the circumstances.

What should I do at the scene?

- Exercise confidentiality on the scene by:
 - Not sharing information with bystanders.
 - Limiting radio transmissions that identify patients.
 - Avoid disclosure of unnecessary information to police (appropriate info includes patient's name, DOB, and destination hospital.)
 - Protecting patient's privacy whenever possible.
 - Don't volunteer patient medical information with people at the scene.

Hospital Contact and EMS

The relationship of the hospital and EMS are not really affected by HIPAA. The process of Performance Improvement is an important element of patient care that is worked on at each department under Medical Control and then the issues are addressed by the Medical Director during Run Reviews at each station. Information about the patient may be given to the Emergency Department by radio, phone, fax, or electronically. The information is needed for treatment of the patient and becomes part of the medical record.

Following the privacy policy along with common sense regarding your patient's right will assure that no HIPAA rules are violated.

Level of EMS Care Reassignment

This Protocol recognizes the following hierarchy of State of Ohio recognized EMS provider levels:

- Emergency Medical Responder
- Emergency Medical Technician (EMT)
- Advanced Emergency Medical Technician (AEMT)
- Paramedic

For single patient encounters the overall patient care is the responsibility of the highest level of care provider on the scene.

If, following an appropriate assessment by the highest level of care provider on the scene it is determined that appropriate care can be provided by a "lower level" of care provider, care may be transferred to the lower level of care provider on scene if the following criteria are met.

- Patient's condition may be appropriately cared for by the lower level of care provider.
- No higher-level provider skills or procedures have been attempted or performed except EKG interpretation.
- No medications restricted to the higher level of care provider have been administered.
- Both providers are comfortable with the lower level of care provider assuming patient care.
- The lower level of care provider is willing to assume patient care.
- There is no foreseeable likelihood of the patient requiring the care of the higher level of care provider.
- Appropriate care and services are not being omitted through this process, (e.g. Appropriate analgesics are being withheld in order to have the lower level of care provider assume the care of the patient).
- The higher level of care provider is required to co-sign the patient's medical record, (PCR).

It is noted that the higher level of care provider retains joint responsibility for the care rendered to the patient. Care may be resumed by the higher level of care provider at any time.

Online Medical Control authorization is not required for application of this Protocol. Medical Control may be contacted at any time for authorization / discussion regarding situations not clearly outlined in this document.

This Protocol applies, for example, to a two-person crew consisting of an EMT and a Paramedic where only EMT patient care is required and ii is desired for the EMT to care for the patient during transport while the Paramedic drives the squad. This Protocol could also apply in the scenario where the higher level of care provider elects to remain in service, within their jurisdiction, and not accompany the patient during their transport to the Emergency Department, (assuming all other conditions of this Protocol are met).

This Protocol is not in effect during multiple patient encounters where standard EMS triage processes may determine the assignment of resources, including personnel, and care provided.

This Protocol is not in effect when a higher level of care provider remains with the patient during transport and is simply supervising the care provided by a lower level of care provider.

Numerous patient presentations warrant ongoing care by the highest level of care provider on the scene, even if specific assessments, skills, and/or medications limited to the higher level of care provider have not yet been required. In these cases, transfer of care to a lower level of care provider is unauthorized. (Examples include, but are not limited to: Cardiac type chest pain, shortness of breath, syncope, unresponsiveness, major trauma, anaphylaxis, shock, etc.)

Newborn Abandoment

Ohio law provides that a parent may drop off a newborn baby within the first 30 Days after birth at any law enforcement agency, hospital, or emergency medical service. Should this occur, the first priority is to care for the infant's health and safety. Notification should then be made to the Public Children's Services agency for that county. If possible, obtain any medical information that may be available. If it appears that the infant has suffered any type of physical harm, attempts should be made to detain the person who delivered the child.

PURPOSE

To provide:

- Protection to infants that are placed into the custody of EMS under this law
- Protection to EMS systems and personnel when confronted with this issue

PROCEDURE

- 1. Initiate the Pediatric Assessment Procedure.
- 2. Initiate other treatment protocols as appropriate.
- 3. Keep infant warm.
- 4. Contact Medical Control as soon as infant is stabilized.
- 5. Transport infant to medical facility as per local protocol.
- 6. Assure infant is secured in appropriate child restraint device for transport.
- 7. Document protocols, procedures, and agency notifications.

Obese Patients

All individuals served by the EMS system will be evaluated, furnished transportation (if indicated) in the most timely and appropriate manner for each individual situation.

PURPOSE

To provide:

- Rapid emergency EMS transport when needed.
- Appropriate medical stabilization and treatment at the scene when necessary.
- Protection of patients, EMS personnel, and citizens from undue risk when possible.

PROCEDURE

- 1. Each situation may dictate its own procedure for the transport of morbidly obese patients.
- 2. It is the responsibility of EMS personnel at the scene to provide the most appropriate medical care, including the protection of the patient, EMS personnel, and bystanders, while transporting morbidly obese patients.
- 3. Utilization of additional resources may be required, at the discretion of the on scene EMS personnel.

Key Points

In any community there may be one or more individuals who fall into this extreme. As patients, these individuals are frequently classed as high risk because of the increased medical complications associated with their excess weight. In the EMS system they present the additional problem of movement and transportation. These individuals have the right to expect prompt and expert emergency medical care. Therefore, in order to facilitate the care of these individuals without risking the health of EMS workers, the following protocol is established.

- In managing a patient with weight over 300 lbs., at no time should the patient be moved without at least sufficient manpower to assist.
- At the scene, as many EMS personnel as can be mobilized may be supplemented by police or other safety personnel as appropriate. If sufficient manpower is not available, mutual aid may be required.
- It may be necessary to remove doors, walls or windows. The situation is no different than extrication from a vehicle, although property damage may be higher. At all times the patient's life must be the first priority.
- The patient is to be placed on at least 2 (double) backboards or other adequate transfer device for support.
- The patient is to be loaded on a cot that is in the down position, and the cot is to be kept in the down position at all times. Be aware of the cot weight limitations.
- It is necessary to notify the hospital well in advance of arrival so that preparations can be completed in a timely fashion.
- If individuals in the community are known to fall within this special category it is appropriate to inform them in advance of the type of assistance they can expect from the EMS system, and help them make plans well in advance to assist you.
- When calling for the squad, and if they identify themselves and their special needs, it will promote the timeliness of your efforts.

Medical Control On-Scene EMT/Nurse/Physician Intervener Medical Control

The medical direction of prehospital care at the scene of an emergency is the responsibility of those most appropriately trained in providing such care.

PURPOSE

- To identify a chain of command to allow field personnel to adequately care for the patient
- To assure the patient receives the maximum benefit from prehospital care
- To minimize the liability of the EMS system as well as the on scene Physician

PROCEDURE

- 1. When a non Medical Control Physician offers assistance to EMS or the patient is being attended by a Physician with whom they do not have an ongoing patient relationship, EMS personnel must review the On-Scene Physician form with the Physician. All requisite documentation must be verified and the Physician must be approved by on line Medical Control.
- 2. When the patient is being attended by a Physician with whom they have an ongoing patient relationship, EMS personnel may follow orders given by the Physician if the orders conform to current EMS guidelines, and if the Physician signs the PCR. Notify Medical Control at the earliest opportunity. Any deviation from local EMS protocols requires the Physician to accompany the patient to the hospital.
- 3. EMS personnel may accept orders from the patient's Physician over the phone with the approval of Medical Control. The Paramedic should obtain the specific order and the Physician's phone number for relay to Medical Control so that Medical Control can discuss any concerns with the Physician directly.

Key Points

EMT / Nurse / Healthcare - Intervener:

On an EMS run where an unknown EMT / Nurse / Healthcare - Intervener from outside the responding EMS agency wishes to intervene in the care of patients, the following steps should be initiated:

- Ideally, if no further assistance is needed, the offer should be declined.
- If the intervener's assistance is needed or may contribute to the care of the patient:
 - An attempt should be made to obtain proper identification of a valid license / certification. Notation of intervener name, address and certification numbers must be documented on the run report.
 - Medical Control should be contacted and permission given.

On - Scene Physician:

This is a Physician with no previous relationship to the patient, who is not the patient's private Physician, but is offering assistance in caring for the patient. The following criteria must be met for this Physician to assume any responsibility for the care of the patient:

- Ideally, if no further assistance is needed, offer should be declined.
- Medical Control must be informed and give approval. Encourage Physician to Physician contact.
- The physician must have proof they are a Physician. They should be able to show you their medical license. Notation of Physician name, address and license numbers must be documented on the run report.
- The Physician should have expertise in the medical field for which the patient is being treated.
- The Physician must be willing to assume responsibility for the patient until relieved by another Physician, usually at the Emergency Department.
- The Physician must not require the EMT to perform any procedures or institute any treatment that would vary from protocol and / or procedure.
- If the Physician is not willing or able to comply with all the above requirements, his / her assistance must be declined.

On - Scene Personal Care Physician:

This is a Physician with a current relationship to the patient, who is offering assistance in caring for the patient. The following criteria must be met for this Physician to assume further responsibility for the care of the patient:

- EMS should perform its duties as usual under the supervision of Medical Control or by protocol.
- Physician to ED Physician contact is optimal.
- The Physician may elect to treat the patient in his office.
- EMS should not provide any treatment under the Physician's direction that varies from protocol. If asked, EMS should decline until contact is made with Medical Control.
- Once the patient has been transferred into the squad, the patient's care comes under Medical Control.

What is a "pink slip"?

"Pink slip" is the common term for the paperwork used to detain an individual for the purpose of hospitalization. The correct, term is "Application for Emergency Admission." Completion of this form allows for the involuntary admission of individuals as outlined in the Ohio Revised Code Section 5122.10. This document includes a statement from the authorized individual completing the form outlining the reasons for the belief that the person is a mentally ill person subject to court order and represents a substantial risk of physical harm to self or others if allowed to remain at liberty pending examination

Pink Slipped Patients

Who can institute a "pink slip"?

- · Psychiatrist;
- Licensed physician;
- Licensed clinical psychologist;
- Clinical nurse specialist who is certified as a psychiatric-mental health CNS by the American nurses credentialing center;
- Certified nurse practitioner who is certified as a psychiatric-mental health NP by the American nurses credentialing center;
- Health officer:
- · Parole officer;
- · Police officer;
- Sheriff

When should EMS pursue the issuance of a "pink slip?"

- Represents a substantial risk of physical harm to self or others if allowed to remain at liberty pending examination.
- Is a mentally ill person subject to hospitalization by court order under division B Section 5122.01 of the Revised Code, i.e., this person
 - (1) Represents a substantial risk of physical harm to self as manifested by evidence of threats of, or attempts at, suicide or serious self-inflicted bodily harm;
 - (2) Represents a substantial risk of physical harm to others as manifested by evidence of recent homicidal or other violent behavior, evidence of recent threats that place another in reasonable fear of violent behavior and serious physical harm, or other evidence of present dangerousness;
 - (3) Represents a substantial and immediate risk of serious physical impairment or injury to self as manifested by evidence that the person is unable to provide for and is not providing for the person's basic physical needs because of the person's mental illness and that appropriate provision for those needs cannot be made immediately available in the community; or
 - (4) Would benefit from treatment in a hospital for his mental illness and is in need of such treatment as manifested by evidence of behavior that creates a grave and imminent risk to substantial rights of others or himself.

Guidelines for Pink Slipped Patients:

Contact Medical Control or a Police Officer regarding issuance of a "pink slip".

Overview:

Safety of the crew is priority. Summon law enforcement as necessary to assure crew safety.

General Requirements:

- If patient is restrained follow the restraint procedure if applicable.
- Patient must be searched by law enforcement prior to transport for crew and patient safety.
- Consider elopement risk and plan accordingly. Consider sedation and restraint options.
- Eloped patients from EMS care are to be followed at a safe distance, and police summoned for recovery.
- Belongings must be kept separate from the patient.
- Secure any items in the truck that may be used as a weapon against the crew.

Recommendations:

- Lights and sirens are not to be used unless the patient experiences a medical emergency aside from the reason for restraint or crew safety is in immediate jeopardy.
- Same sex (as the patient) providers should be utilized whenever possible.

School Bus Accidents

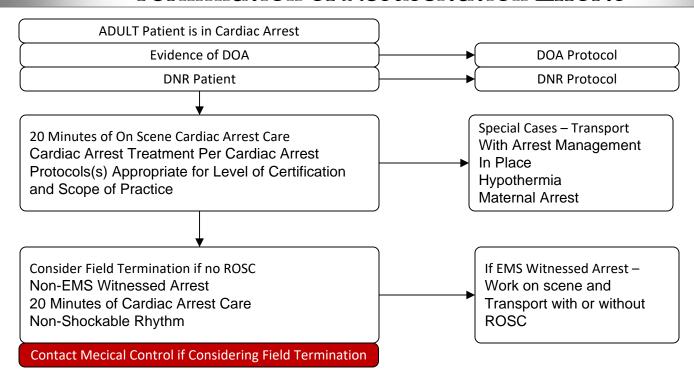
PURPOSE:

Provide treatment / transport guidelines for on scene providers when faced with incidents involving school buses

PROCEDURE:

- Check with the school district regarding their specific school bus response polices
- School administrators are responsible for the students; a school administrator should be requested to the scene as soon as possible.
- Administrators may take the children back to the school in another bus or school vehicle; they may arrange for transportation back to the home or have the student parents pick them up at school.
- Children should be cleared from the scene as safely and as quickly as possible.
- ANY injury should be transported to the nearest most appropriate emergency department and the parents notified.
- EMS responders must be prepared to enact mass casualty protocols in the event of any serious school bus accident.
- If school administrators accept responsibility for the non-injured children as per their bus accident protocols / policies, then individual releases are not required.
- If for whatever reason there is no school administrator on scene, EMS providers must take responsibility for all children until school administrators arrive.
- If there will be a significant delay in the arrival of school administrators, and the accident is minor, the bus should be directed to return to the school or to a safe area out of traffic.
- Notification of the number and types of injuries should be communicated with the receiving facilities in the event of transportation of injured students to the receiving facilities as early as possible.

Medical Control Termination of Resuscitation Efforts Medical Control



SAFETY

Consider the scene when implementing this termination policy. Crew safety is paramount.

PURPOSE

The purpose of this policy is to:

- Allow for discontinuation of prehospital resuscitation after delivery of adequate and appropriate ALS therapy.
- EACH PATIENT SHOULD BE EVALUATED ON A CASE-BY-CASE BASIS

EACH PATIENT SHOULD BE EVALUATED ON A CASE-BY-CASE BASIS

INDICATIONS

When a patient that is in cardiac arrest has failed to resuscitative efforts, it may be decided to terminate the effort and not transport the patient to the hospital. When the EMS provider determines that this option is appropriate, the following criteria must be met:

FOR BLS Providers

- 1. The victim is 18 years or older.
- 2. Cardiac arrest must not have been witnessed by EMS or first responders.
- 3. NO ROSC have been achieved after 20 minutes of CPR.
- 4. The cardiac rhythm is non shockable.

FOR ALS Providers

- 1. The victim is 18 years or older.
- 2. The victim must be in asystole in two leads, or bradycardic wide complex PEA and have the absence of a pulse confirmed.
- 3. The victim must not be in arrest due to hypothermia, or apparent drug overdose.
- 4. The victim must have a properly placed advanced airway.
- 5. The patient must have a patent IV / IO access.
- 6. At least two rounds of ACLS drugs have been administered.
- 7. At least 20 minutes of resuscitation has been performed.
- 8. Medical control must be contacted the physician must speak directly with the paramedic. Then the physician and paramedic must agree on the termination of efforts. The physician must give consent for the resuscitation effort to cease

An intra-arrest capnography reading <10 indicates no perfusion and may be helpful in considering termination or efforts.

Do not remove endotracheal tubes, IV'S, etc.

Document Medical Control Doctors name and time of termination / death on PCR

Medical Control Infection Control/Exposure Policy Guidelines Part A Medical Control

Ohio law provides for the welfare and protection of EMS and other Emergency Care Workers (ECW) in two separate sections of the Ohio Revised Code:

- If there has been either an Airborne or Bloodborne exposure to the ECW, every hospital must have a policy to follow up appropriately. This may include testing of the patient source and the ECW. It is important to report the exposure, so the patient source can be tested at the facility where the patient has been transported.
- The second section establishes the obligation of the hospital, once a patient has been diagnosed with a communicable disease, to find out if there was any exposure during transport of the patient.

All possible exposures must be documented both at the hospital and at the place of employment. Various forms must be completed.

STANDARD PRECAUTIONS

Emergency Care Workers are to consider **ALL** patients as potentially infected with a communicable disease and are to adhere **RIGOROUSLY** to Infection Control precautions for minimizing the risk of exposure to blood and body fluids of **ALL** patients.

Guidelines:

- 1. Wear gloves ALWAYS.
- 2. **ALWAYS** Wear gloves, mask, and goggles when performing Airway Maneuvers such as Bagging, King Insertion, Intubation, and Suctioning.
- 3. Wear apron, jumpsuit or other coverall when exposed to large amounts of blood or body fluids.
- 4. For **Airborne Communicable Diseases**, care must be taken to wear the proper mask, ventilate the squad, and limit exposure of EMS personnel as much as possible. If a patient has fever, cough or rash, a mask is a good idea.
- 5. Maintain good handwashing practices after removing gloves.
- 6. Obtain Hepatitis B Vaccination and other testing and vaccines as recommended.
- 7. Handle "Sharps" carefully dispose of properly.
- 8. Wear personal protective gear when **CLEANING** contaminated equipment.
- 9. Dispose of contaminated waste, equipment and clothing carefully and properly

Report EXPOSURES immediately and at location of patient transport. Document and follow up properly.

Contact your Medical Control for Exposure control Policy and Exposure forms

Medical Control Infection Control/Exposure Policy Guidelines Part B Medical Control

Purpose

It is reasonably anticipated that any operation, including fires, Haz-mat, extrication, MVA's etc. may involve exposure to blood, body fluids or other potentially infectious material. The health and welfare of everyone is the responsibility of each department (where employed), however it is recognized the need to offer guidance to minimize each individual's risk of exposure to communicable diseases during all aspects of care. This comprehensive program will provide individuals with education, immunization and personal protective equipment to minimize exposure to blood borne pathogens and/or communicable diseases. The major areas of exposure control encompass:

- Standard Precautions
- Engineering Controls
- Work Practice Controls
- Hand Hygiene
- Personal Protective Equipment
- Cleaning Procedures
- Hepatitis B vaccination
- Training regarding infection prevention and control will occur upon hire, yearly & as needed.

Standard Precautions

The blood and body fluids/substances of ALL patients are be treated as potentially infectious, regardless of diagnosis (or before diagnoses is determined in the case of prehospital care). Appropriate barrier precautions (i.e., gloves, gowns, masks, and goggles) must be routinely and consistently used for contact with blood and body fluids/substance, mucous membranes and non-intact skin of ALL patients.

Engineering controls

The following engineering controls are available to hospital care providers:

- Hand Hygiene methods (soap & water sinks &/or hand sanitizers in rescue vehicles)
- Sharps containers are available at point of use they are puncture resistant and leak proof
- Sharps safety devices are available for venipuncture devices, syringes and lancets
- Exposure from failed engineering controls must be reported to allow review of incident and follow-up.

Patient Care Equipment Cleaning

- Patient care equipment will be cleaned on a daily, weekly or monthly schedule as determined by individual EMS department.
- EMS will follow any additional recommendations for decontamination given by Medical Direction Infection Control Department, Cuyahoga County Board of Health, Ohio Dept. of Health and/or Centers for Disease Control.

General Requirements

- Hand hygiene is routinely and consistently performed (methods are described below).
- Avoid touching eyes, nose, or mouth while giving patient care or handling contaminated equipment.

Medical Control Infection Control/Exposure Policy Guidelines Part C Medical Control

- Contaminated needles and sharps are handled and disposed of in the appropriate container.
- Needles are never to be recapped, bent or broken or otherwise manipulated.
- After use, all needles and sharps are discarded uncapped and intact in a sharps container.
- Safety devices MUST be activated by the user.
- Needle/sharps containers are changed when ¾ full and sealed.
- All procedures involving blood or other infectious materials are performed to minimize splashing, spraying
 or other actions generating droplets. Caregivers must anticipate potential exposures and wear appropriate
 protective equipment to protect themselves from splashing or spraying.
- Patient items/equipment any reusable patient care equipment that becomes contaminated must be cleaned with an appropriate disinfectant or sterilized before it used again.
- Eating, drinking, smoking, applying cosmetics/lip balm or handling contact lenses is prohibited in work areas where there is potential for exposure to blood borne pathogens.
- Food and drink are not kept in refrigerators, freezers, counter tops or in other storage areas where blood or other potentially infectious materials are present.
- Where communicable exposure is possible or anticipated, individuals not immediately needed will remain a safe distance from operations.
- Patients will be advised of respiratory etiquette (cover their nose/mouth when coughing/sneezing, use tissue to contain respiratory secretion/dispose of tissue after use, perform hand hygiene prn, wear a surgical mask if he/she is unable to cover his nose/mouth or contain respiratory secretions).
- Disposal of infectious waste in red biohazard bags to prevent further contamination to personnel, patients, and the environment. The types of waste designated as infectious at are: micro biologicals, pathological waste, blood and blood products, sharps, contaminated laboratory waste, fluid-filled containers of body substances, items that would release blood or other potentially infectious materials (OPIM) in a liquid or semiliquid state if compressed (i.e. drippy or super-saturated), items caked with dried blood or OPIM and are capable of releasing these during handling.
- EMS, Infection Control and ED will follow established lines of communication to allow 24/7 alerting of prehospital care providers, surveillance of potentially infectious disease outbreaks and minimize risks.
- Post exposure follow-up will be done through EMS, ED and Infection Control Depts.
- If an exposure occurs, complete patient care, then seek immediate treatment in the ED.
- It is essential that the source patient be identified and tested.

Hand Hygiene

Hand hygiene is the single most important means of preventing the spread of infection. Hand hygiene includes "washing" with soap and water or "sanitizing" with alcohol-based hand rub.

Wash with soap and water (scrub together, at least 15 seconds) in the following situations:

- On your arrival to work
- When hands are visibly soiled (dirty)
- When hands are visibly contaminated with blood or body fluids

Medical Control Infection Control/Exposure Policy Guidelines Part D Medical Control

- Before eating or after using the bathroom
- · Before preparing, handling or serving food
- On completion of duty before going home

Sanitize with an alcohol hand rub in the following situations: (soap & water may also be used)

- Before and after having direct contact with patients (taking BP, pulse or lifting a patient)
- Before inserting indwelling catheters, peripheral vascular catheters or other invasive devices not requiring a surgical procedure
- Before donning sterile gloves when inserting a central intravascular device
- After contact with body fluids or excretions, mucous membranes, non-intact skin and wound dressings if hands are not visibly soiled
- If moving from a contaminated body site to a clean body site
- After contact with inanimate, environmental objects (including medical equipment) in the immediate vicinity
 of the patient
- After removing personal protective equipment (i.e. gloves, gowns, masks)
- After sneezing, coughing, or blowing your nose
- Alcohol hand rub is available in all rescue vehicles

Personal Protective Equipment

Occupational exposure may remain after engineering and work control practices have been implemented, requiring the use of personal protective equipment (PPE). PPE is a barrier that prevents blood or other infectious materials from passing through to skin and/or clothing underneath. These barriers include but are not limited to single use gloves, disposable gowns, face shields/masks, and protective eye-wear. Individuals must anticipate the type of exposure that may occur during each patient contact and wear the appropriate PPE to prevent an exposure to blood and/or other potentially infectious body fluids. Although each situation will be different, below are general guidelines to consider for PPE:

Gloves

- Gloves should be worn for all EMS runs.
- Gloves shall be replaced as soon as possible when soiled, torn, or punctured.
- "Disposable gloves" are single patient use only, carefully remove by turning gloves inside out and disposing
 in the trash
- "Structural firefighting gloves" shall be worn in situations where sharp or rough edges are likely to be encountered. If contaminated, gloves must be washed before being re-used.
- "Heavy-duty utility gloves" may be used for handling, cleaning, or decontamination of equipment.
- Wash hands immediately after glove removal.

Gowns/Shoes/Head Covers

Fluid resistant disposable gowns are worn when it is anticipated that clothing may be soiled by blood or body fluids during the performance of a task or procedure. Under certain circumstances, head covers and/or shoe covers will be required to protect these areas from potential contamination. The goal is to protect the employee and their clothing from becoming contaminated. Structural firefighting gear may be substituted to protect clothing from splashes and preferable in fire, rescue or vehicle extrication activities. Disposable, paper gowns may interfere with or present a hazard to the individual in these circumstances. The decision of what type of barrier protection to use to protect clothing will be left to the individual. If disposable gowns are used:

Medical Control Infection Control/Exposure Policy Guidelines Part E Medical Control

- Shoe and head cover and gowns are single patient use and only removed immediately after use.
- They should be rolled/folded with contaminated surface inside and disposed in the trash.

Mask / Eye / Mouth Protection

Masks and/or eye protection must be used whenever a reasonable potential for splashing or aerosolization of blood or body fluids to the eyes, nose or mouth exists.

Face shields on structural firefighting helmets are not adequate for infection control purposes. When treating a patient with known or suspected droplet transmissible disease (i.e. seasonal influenza, meningitis), a surgical mask must be worn if you anticipate being within 3 feet of the patient.

When treating a patient with known or suspected airborne transmissible disease (i.e. TB, Avian Flu), N95 face masks must be used. If possible have the patient wear a surgical mask. (Also, notify the ED of need for isolation as they will need to prepare a negative pressure room for the patient.)

In times of limited supplies of N95 masks, masks can be re-used by the same person unless wet, dirty or torn. Place disposable surgical mask over N95 to prevent external contamination and extend use.

After removal of PPE

Upon returning to quarters, wash grossly contaminated uniforms in hot water with washer provided by department. If washer is being used, place clothing into biohazard bag and wash A.S.A.P.

- Under no circumstance should grossly contaminated clothing be removed from the station without being washed.
- After any contact with contaminated item perform hand hygiene. (wash or sanitize hands) No living area may be entered by personnel if clothes are contaminated.
- The individual shall shower if body fluids were in contact with skin under work clothes.
- All individuals shall have (2) complete changes of uniform clothing.
- Per NFPA 1971 contaminated structural firefighting gear shall be cleaned according to the recommendations found on attached labels. (i.e. gloves, boots, turnout coats, bunker pants.)

Expanded Precautions

Expanded precautions are designed for patients documented or suspected to be infected with highly transmissible or epidemiologically important pathogens spread by airborne or droplet transmission or by contact with the patient or contaminated surfaces. It is felt that precautions beyond Standard Precautions are necessary or may be helpful to interrupt transmission in health care settings both pre-hospital and in the health center. These precautions are to be used in addition to Standard Precautions.

EXPANDED PRECAUTION TYPE	PRE-HOSPITAL IMPLEMENTATION
CONTACT PRECAUTIONS (Green)	Gloves worn by everyone providing care and/ or handling patient care equipment. Gowns required for anyone having direct contact with patient or patient environment. Wash hands with soap and water after care. DO NOT use alcohol hand rub (sanitizer)
DROPLET PRECAUTIONS (Orange)	Surgical mask required if you are within 3 feet of the patient. OR Surgical mask on patient during transport.
AIRBORNE PRECAUTIONS (Pink)	N95 mask for everyone providing care. OR Turn on exhaust fan in transporting vehicle OR Surgical mask on patient during transport.
COMPROMISED PATIENT (White) The immuno-compromised host is a person with one or more defects in the body's normal defense mechanisms that predispose them to infections, often lifethreatening, that would otherwise not occur.	Frequent, meticulous hand hygiene. Associates with active infections such as colds, herpes virus, upper respiratory illness, diarrhea, or other infectious diseases must have no contact with the patient. If this is unavoidable, they must wear a mask or other appropriate barriers.

Preparedness

Routine surveillance may detect an individual who requires "Expanded Precautions" such as a person being transported with possible Tuberculosis, Clostridium Difficile, or MRSA (Methicillin Resistant Staphylococcus Aureus). This is handled with routine procedures.

Some patient presentations may require extraordinary procedures such as implementation of internal, external or hazmat disaster plans at the health center. This may be for suspected cases of SARS, Avian Flu, Bioterrorism, etc....or for clusters of unusual infectious diseases being identified. EMS will notify the ED of suspected cases that may require the health center to implement their Emergency Management Plans. If this happens, "PPE" (Personal Protective Equipment) may be added to the disaster phase if it is implemented.

$\begin{array}{ll} \textbf{Medical Control} & In fection \ Control / Exposure \ Policy \ Guidelines \ Part \ G & \textbf{Medical Control} \end{array}$

	Examples of situations that may require activation of disaster plans (Internal/External/Hazmat) and PPE is announced with the Disaster Phase:						
Phase I Phase I PPE	 A threatened biologic incident, an event where an intention is expressed, or warning made that an infectious agent will be used (or has been used) to cause harm to people. No patients are presenting currently. New influenza virus (i.e. SARS, Avian Flu) is detected in the United States. Unusual infectious disease cases identified or suspected such as SARS, Anthrax, Avian Flu, etc Clinical staff needs to locate their PPE (including N95 mask if already fit-tested). 						
Phase II Phase II PPE	 Potential terrorist utilizing biologic agents may not always threaten or notify that an event has taken place. Recognition then, in some instances, takes place by hospitals, ED Physicians, laboratory personnel who report increased numbers of ill persons to their supervisor, risk manager or infection control. Clusters of patients with unusual infectious disease identified or suspected in one or more facilities. New influenza virus (i.e. SARS, Avian Flu) is detected in Ohio. Clinical staff responding to patient care areas must look for and follow Expanded Precautions signs: "Contact", "Droplet", "Airborne", or "Compromised Patient". Personal Protective Equipment will be available in their usual locations. Nurse Managers or designees are responsible to obtain replacement N95's from Protection Services. Labor Pool may be utilized to assist with their distribution. 						
Phase III Phase III PPE	 Pandemic Level 6 determined by the World Health Organization (virus transmission increases significantly and there is sustained transmissibility in the general population). Multiple infectious patients are presenting to all facilities. All associates in all facilities will be required to wear PPE. Infection Control will determine what PPE will be required. Associate Occupational Health Services (AOHS) Department will distribute PPE. Associates report to Jones Atrium to be screened by AOHS (i.e. temperature checked, history asked). If cleared, associate will be given appropriate PPE. 						

Blood Collection For Evidence

OHIO SENATE BILL 58

Ohio Senate Bill 58 became Law in September 2010.

The law includes provisions for EMS providers to withdraw blood for evidence collection in cases involving allegations of operating watercraft or vehicles under the influence.

The language of the bill states that drawing blood "may" not "shall" be done for evidence collection "in course of" providing emergency medical treatment.

- You CANNOT be dispatched or called by the police for the sole purpose of performig phelebotomy when the person does not require emergency medical treatment.
- The Medic/AEMT in charge can refuse law enforcement request to draw the blood if doing so would interfere with lifesaving patient care or outcome.
- The patient must consent to the collection of blood for evidence purposes.
 (if unconscious, Implied Consent applies)
- The Police Officer making the request must always be present during the draw and must provide the Medic/AEMT with the evidence collection kit.
- EMS Providers MUST use the evidence kit provided by law enforcement to obain the blood samples for evidence.

Medical Control Department Supplied Patient Care Equipment Medical Control

PURPOSE

- To allow equipment supplied by individual EMS departments, but not specifically referenced in EMS protocol to be used for the benefit of patient care.
- Define the process of Medical Director review and approval of EMS Department supplied patient care equipment
- Define where and who is responsible for the Operating Procedures for EMS department supplied patient care devices.

POLICY

It is understood that EMS departments may have particular equipment that is not necessarily referenced in this EMS protocol. For these items to be used within the scope of University Hospitals EMS Medical Direction and as an adjunct to these EMS protocols the following must occur;

- 1. The device must be approved by the Medical Director in writing.
- 2. The Department must develop, implement, and periodically review operating procedures for the device. These will become the protocol for the use of the particular referenced device. The operating procedure must include indications, contra-indications, instructions for use, approved levels of EMS certification, signs and symptoms, key points, outline training requirements, and define maintenance (if applicable). The operating procedures must be approved and signed by the Medical Director.
- 3. The Department must be willing to incur all costs associated with operating said device, including disposable items.
- 4. The Department must provide training on the device to all department members expected to use the device under the direction and approval of the Medical Director
- 5. The Department must be willing to share performance data on the device with the University EMS Medical Direction, including Patient Care Reports, within the scope of HIPAA.
- 6. The Department must report adverse patient outcomes that may be attributed to the patient care device as soon as identified.
- 7. The Department must agree to discontinue use of the device on the instruction of the Medical Director.

There are several methods of EMS drug exchange. Medications may be managed by the Medical Control hospital, or some agencies may purchase their own medications. Refer to individual hospital or agency rules regrading management of medications. Any method of medication management and restocking must be consistent with all federal, state, and local laws, rules, and regulations.



Scope of Practice

Approved by

State Board of Emergency Medical, Fire and Transportation Services and the Ohio Department of Public Safety, Division of EMS

This document offers an "at-a-glance" view of the Scope of Practice for Emergency Medical Responders (EMR), Emergency Medical Technicians (EMT), Advanced Emergency Medical Technicians (AEMT), and Paramedics as approved by the State Board of Emergency Medical, Fire, and Transportation Services (EMFTS Board). The authorized services can be found in sections 4765.35 (FR/EMR), 4765.37 (EMT-B/EMT), 4765.38 (EMT- I/AEMT), and 4765.39 (EMT-P/Paramedic) of the Revised Code. The scopes of practice can be found in rules 4765-12-04 (EMR), 4765-15-04 (EMT), 4765-16-04 (AEMT), and 4765-17-03 (Paramedic) of the Administrative Code. The Ohio EMS scope of practice authorized by the EMFTS Board applies to emergency and non-emergency settings.

Performance of services outlined in this document and in the aforementioned code sections, shall only be performed if the EMR, EMT, AEMT, and Paramedic have received training as part of an initial certification course or through subsequent training approved by the EMFTS Board. If specific training has not been specified by the EMFTS Board, the EMR, EMT, AEMT, and Paramedic must have received training regarding such services approved by the local medical director before performing those services.

The individual medical director of each EMS agency may limit or ask that providers obtain approval from medical direction for certain treatments. Each medical director may need to tailor and revise their protocol to meet their community's needs and to fit their region and individual practice, but they must ensure that all protocols remain within the approved scope of practice. EMS medical directors are reminded that they are not permitted to expand or exceed the scope of practice for EMS providers which has been authorized by the EMFTS Board; however, they may provide clarifications or limitations on services that are permitted.

EMS medical directors and EMS providers are strongly encouraged to review the EMFTS Board's policy statement "Regarding EMS Provider Prehospital Transport of Patients with Pre-Existing Medical Devices or Drug Administrations" dated February 2018 (attached at the end of this document). This statement clarifies how EMS providers, in the prehospital setting, should deal with medical devices and medicine administrations that are outside their scope of practice.

Pursuant to rule 4765-6-04 of the Administrative Code, the EMFTS Board may allow EMRs, EMTs, AEMTs, and Paramedics to perform services beyond their respective scopes of practices as part of a board-approved research study. An entity must submit a research proposal to the EMFTS Board in accordance with the requirements of rule 4765-6-04 of the Administrative Code. The EMFTS Board is not obligated to approve the proposed research study nor accept any recommendation to permanently amend the scope of practice.

Updated 11/19/03; 5/17/05; 10/26/05; 10/17/07; 3/8/12; 8/22/13, 10/16/13, 12/18/13, 4/16/2014, 10/19/16, 2/15/17, 10/18/17, 6/20/18, 4/1/20, 1/1/21



State Board Emergency Medical, Fire and Transportation Services Ohio Department of Public Safety, Division of EMS

Updated January 1, 2021

	Airway Management	EMR	EMT	AEMT	PARAMEDIC
1	Open and maintain the airway	X	X	X	x
2	Oropharyngeal airway adjunct	×	X	X	X
3	Nasopharyngeal airway adjunct	X	x	X	X
4	Manual removal of obstructed airway	x	x	X	X
5	Laryngoscopy for removal of airway obstruction			x	×
6	Oral suctioning	X	X	X	x
7	Endotracheal (ET) tube suctioning through a previously established airway or a stoma		x	x	x
8	Tracheostomy tube replacement [≜]			X	X
9	Cricothyrotomy, surgical [△]				X
10	Cricothyrotomy, needle≜			1	X
11	Apply and obtain readings of pulse oximeter, CO-oximeter, and capnography or capnometry equipment	×	x	х	x
12	Oxygen administration				
	a. Nasal cannula	x	×	x	X
	b. Non-rebreather mask	X	X	×	X
	c. Mouth-to-barrier devices	X	X	X	X
	d. Partial rebreather mask		X	X	X
	e. Venturi mask		X	X	X
13	Ventilation management				
	a. Bag valve mask	x	x	x	X
	b. Ventilation with a flow-restricted oxygen-powered device	x	x	x	х
	c. Positive pressure ventilation devices (manually triggered or automatic ventilators)		x	х	x
14	Ventilator management - 16 years of age or older≜				x

15	Non-emergent ambulance transport of a stable patient less than 16 years of age who has a chronic condition requiring a tracheostomy tube and a ventilator provided the patient's caregiver accompanies the patient during transport. The caregiver must have received appropriate training in use of the patient's ventilator. A caregiver is not required to accompany the patient if the patient is accompanied by an Ohio licensed registered nurse or respiratory therapist, or other appropriately trained and licensed Ohio healthcare provider.			×
16	Orotracheal intubation≜			x
	a. Apneic patients		X	X
	b. Pulseless and apneic patients		X	X
17	Nasotracheal intubation [△]			x
18	Dual lumen airway≜			×
	a. Apneic patients		X	X
	b. Pulseless and apneic patients	x	x	X
19	Extraglottic airways [≜]			X
	a. Apneic patients		x	X
	b. Pulseless <u>and</u> apneic patients	X	X	X
20	CPAP administration and management	×	×	X
21	BiPAP administration and management	10 0		×
22	Positive end-expiratory pressure (PEEP)			X
23	End tidal CO ₂ monitoring and detecting	х	х	x
24	Oxygen humidifier equipment application and monitoring	×	×	x
25	Chest tube monitoring and management			х
26	Nasogastric (NG) tube placement			х
27	Orogastric (OG) tube placement			X

100	Cardiac Management	EMR	EMT	AEMT	PARAMEDIC
1	Cardiopulmonary resuscitation (CPR)	x	X	x	x
2	Chest compression assist devices	X	X	x	X
3	Automated external defibrillator (use of an AED)	x	×	x	x
4	Manual defibrillation			X	X
5	Negative impedance threshold devices		×	×	x

6	Administration of cardiac medication			X
7	Set up cardiac monitor in the presence of an AEMT or Paramedic	×		
8	Cardiac monitor strip interpretation		X	×
9	Cardioversion	-11	7 - 3	×
10	Carotid massage			x
11	Transcutaneous cardiac pacing	-10		×
12	12-lead EKG performance and interpretation			х
13	12-lead EKG application assisting a Paramedic who is present	×	×	
14	12-lead EKG set up and application for electronic transmission #	x	x	×

^AThe utilization of waveform capnography is mandatory for all patients requiring invasive airway devices with the exception of stable patients with no cardiac or pulmonary complaints or symptoms unless ordered by the transferring physician. An invasive airway device is any airway device inserted or pre-positioned into a patient's airway by means of the mouth, directly into the trachea, or into the trachea by means of a tracheostomy tube, cricothyrotomy or nasotracheal intubation. Dual lumen and extraglottic airways, even though they are blindly inserted into the hypopharynx or the esophagus, are considered invasive airway devices.

An EMT or AEMT may set up and apply a 12-lead electrocardiogram when assisting a Paramedic or for the purposes of electronic transmission if all of the following conditions are met: 1) performed in accordance with written protocol; 2) EMT or AEMT shall not interpret the electrocardiogram; 3) delay in patient transport is minimized; and 4) EKG is used in conjunction with destination protocols approved by the local medical director.

	Medical Management	EMR	EMT	AEMT	PARAMEDIC
1	Epinephrine administration via auto- injector	x	×	х	x
2	Epinephrine administration via SQ or IM routes			x	×
3	Epinephrine administration via IV or IO route	_			×
4	Aspirin administration		X	X	х
5	Oral glucose administration		X	X	x
6	Activated charcoal administration		X	X	x
7	Nitroglycerin administration (patient assisted) §		x	х	×
8	Nitroglycerin administration (non- patient assisted)			х	x
9	Aerosolized or nebulized medications administration (patient assisted) ^C		×	x	x
10	Administration of aerosolized or nebulized medications (non-patient assisted)			x	х
11	Naloxone administration via auto- injector	×	×	×	X.
12	Naloxone administration via intranasal route	х	x	х	х

13	Naloxone administration via ETT, IM, IV, IO, or SQ routes		x	x
14	Medication administration (protocol-approved) [®]		x	x
15	Administration of intranasal medications (in addition to naloxone) ²		x	x
16	Immunizations for influenza to firefighters, EMTs, AEMTs, or Paramedics (ORC 4765.391)			x
17	Set up of IV administration kit in the presence of an AEMT or Paramedic	x		
18	Transport of central/peripheral IV without an infusion	x	x	x
19	Intravenous access and peripheral initiation		x	x
20	IV maintenance and fluid administration		x	×
21	Maintenance of medicated IV fluids			X
22	Central line monitoring			×
23	(V infusion pump			x
24	Intraosseous needle insertion	44 14	x	x
25	Saline lock initiation		x	x
26	Peripheral IV blood specimens		X	X
27	Maintenance of blood administration			x
28	Thrombolytic therapy initiation and monitoring			x

Patient Assisted Definition: May assist with 1) patient's prescription upon patient request and with written protocol
 OR - 2) EMS-provided medications with verbal medical direction.

See "AEMT Medications Approved by the EMFTS Board."

	Trauma Management	EMR	EMT	AEMT	PARAMEDIC
1	PASG		X	×	x
2	Long spine board	X	X	x	х
3	Short spine board	X	x	x	х
4	Splinting devices	×	X	x	x
5	Traction splint		x	X	х
6	Cervical immobilization device (CID)	x	X	X	х
7	Helmet removal		x	x	x
8	Rapid extrication procedures		X	X	х
9	Needle decompression of the chest			x	X
10	Soft tissue management	х	X	X	х
11	Management of suspected fractures	X	х	х	х
12	Controlling of hemorrhage	X	X	x	X

	Basic Performances	EMR	EMT	AEMT	PARAMEDIC
1	Body substance isolation precaution/administration	x	×	x	х
2	Taking and recording of vital signs	X	X	x	X
3	Patient Care Report (PCR) documentation	×	х	x	х
4	Trauma triage determination per OAC 4765-14-02	х	X	х	х

	Additional Services	EMR	EMT	AEMT	PARAMEDIC
1	Emergency childbirth management *	X	X	x	x
2	Glucose monitoring system use (with Clinical Laboratory Improvement Amendments (CLIA) waiver in place		x	x	x
3	Blood analysis				x
4	Eye irrigation	X	×	x	x
5	Eye irrigation with Morgan lens				x
6	Maintenance of blood administration				х
7	Thrombolytic therapy initiation and monitoring				х

Emergency Medical Services in EMR EMT AEMT PARAMEDIC Hospital In a hospital, an EMT, AEMT or Paramedic X X X may perform emergency medical services in accordance with the following conditions: only in the hospital's emergency department (ED) or while moving a patient between the ED and another part of the hospital; only under the direction and supervision of a physician, a physician assistant designated by a physician, or a RN designated by a physician (ORC 4765.36). The EMT, AEMT, or Paramedic cannot perform any service outside the scope of practice of his or her certificate to practice. Additional Services in a Declared PARAMEDIC **EMR** EMT **AEMIT** Emergency In the event of an emergency declared by х x X x the governor that affects the public's health, an EMS provider may perform immunizations and administer drugs or dangerous drugs, in relation to the emergency, provided the EMS provider is

under physician medical direction and has received appropriate training regarding the administration of such immunizations and/or drugs. (OAC 4765-6-03)				
Nerve Agent or Organophosphate Release	EMR	EMT	AEMT	PARAMEDIC
An EMS provider may administer drugs or dangerous drugs contained within a nerve agent antidote auto-injector kit, including a MARK I* kit, in response to suspected or known exposure to a nerve or organophosphate agent provided the EMS provider is under physician medical direction and has received appropriate training regarding the administration of such drugs within the nerve agent antidote auto-injector kit. (OAC 4765-6-05)	x	X	x	X
Withdrawing of Blood for Evidence Collection	EMR	EMT	AEMT	PARAMEDIC
Withdraw blood for the purpose of determining the alcohol, drug, controlled substance, metabolite of a controlled substance, or combination content of the whole blood, blood serum, or blood plasma only if the medical director provides authorization, a written protocol, and training. It may only be performed in the course of the provision of emergency medical treatment and at the request of a law enforcement officer, and only in response to a request for emergency medical treatment and transport to a health care facility. A clinically competent patient may refuse transport. Withdrawal of blood shall not be done: 1. If the physical welfare of the patient, EMS provider, or other person would be endangered 2. If it causes an unreasonable delay in treatment or transport of the patient or any other person 3. Consent of the patient is not obtained (an unconscious person or a person with a condition rendering the person incapable of refusal shall be deemed to have consented) 4. From a pre-existing central venous access device 5. Withdrawal of blood violates any rule in this chapter (OAC 4765-6)			×	*

(OAC 4765-6-06)	- 1911	

AEMT Medication Administration Approved by the EMFTS Board

A certified AEMT may administer medications from the following list, provided the AEMT is under physician medical direction and has received appropriate training regarding the administration of such medications. A medication that does not appear on the following list SHALL NOT be added to the department's AEMT protocol.

Benzodiazepines	Lidocaine for pain relief after intraosseous needle insertions	
Bronchodilators	Nalbuphine	
Dextrose in water	Naloxone	
Diphenhydramine	Narcotics or other analgesics for pain relief	
Epinephrine 1 mg per 1 ml (subcutaneous or intramuscular)	Nitrous oxide	
Glucagon	Oral ondansetron!	
Ketamine	Sublingual nitroglycerin	

A certified AEMT may administer oral ondansetron for patients age 12 years or older.

The approved route of administration of any specific medication is stated in the respective EMT, AEMT, and Paramedic curriculum. The EMS provider shall administer medications only via the route addressed in each respective curriculum and consistent with their level of training.

Medical Control

Scope of Practice 9



State Board of Emergency Medical, Fire, and Transportation Services
Thomas Allenstein, Chair
Dudley H.A. Wright II, Vice-Chair
Dr. Carol Cunningham, State Medical Director
www.ems.ohio.gov/about.aspx

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(614) 466-9447 / (614) 466-9461 FAX

The State Board of Emergency Medical, Fire, and Transportation Services ("EMFTS Board") issues the following statement:

Regarding EMS Provider Transport of Patients with Pre-Existing Medical Devices of Drug Administrations February 2018

This statement is an attempt to provide general information about the above issue facing EMS providers. It should not be treated as legal advice or medical direction. For direct advice regarding a particular scenario, please consult with your medical director and legal counsel. Although the following statement represents the EMFTS Board's general position on the above issue, this statement in no way precludes the EMFTS Board from taking disciplinary action in a particular case if necessary. Any potential complaints brought before the EMFTS Board will be decided on a case-by case basis.

Introduction:

The EMFTS Board and the Ohio Department of Public Safety, Division of Emergency Medical Services, has developed a defined scope of practice for EMS providers. It is maintained in matrix form and available on- line as a reference for public access. This scope of practice addresses all levels of EMS providers and has been approved by the EMFTS Board. Updates to the scope of practice are made as necessary and after approval by the EMFTS Board.

From time to time, EMS providers are confronted on-scene with patients with preexisting medical situations not included or addressed in their respective EMFTS Board approved scope of practice. Specifically, patients with pre-existing medical devices and drug administrations requiring prehospital EMS service are becoming more commonplace. The intent of this position paper is to address the EMS provider's approach to that prehospital patient with a pre-existing physician-ordered medical device or drug administration ("MDDA") not covered in the provider's scope of practice.

Discussion:

In general, the EMS provider should maintain the pre-existing MDDA and transport the patient to the appropriate facility. There is no expectation that the EMS provider will initiate, adjust, or discontinue the preexisting MDDA. This implies that the EMS provider will maintain and continue care so that the patient can be transported.

The EMS provider is expected to follow local protocols regarding the overall evaluation, treatment, and transportation of this type of prehospital patient requiring EMS service. It applies to EMS provider situations where alternative transportation and care is not available or practical (prehospital or "911 scene response"). It implies that the most appropriate and available level of EMS provider will respond to the request for prehospital EMS service. It also implies that the patient requires the pre-existing MDDA and it is not feasible or appropriate to transport the patient without the pre-existing MDDA.

The number and type of pre-existing MDDAs currently or potentially encountered by the EMS provider in the community setting is extensive and may change frequently. The intent of this position paper is not 9

to provide an inclusive list of pre-existing MDDAs. However, as a guideline for the EMS provider, current pre-existing MDDAs may include ventilatory adjuncts (CPAP, BiPAP), continuous or intermittent IV medication infusions (analgesics, antibiotics, chemotherapeutic agents, vasopressors, cardiac drugs), continuous gastric or parenteral infusion of nutrition, and nontraditional out-of-hospital drug infusion routes (subcutaneous infusaports, central venous access lines, direct subcutaneous infusions, self-contained implanted pumps).

Conclusion:

In conclusion, the EMS provider confronted with a prehospital patient with a pre-existing physicianordered medical device or drug administration not covered in the EMS provider's respective scope of practice should provide usual care and transportation while maintaining the pre-existing MDDA, if applicable. Concerns or questions regarding real-time events associated with a pre-existing MDDA should be directed to the relevant physician providing medical direction. Concerns or questions regarding previous, recurrent, or future prehospital transportations with a pre-existing MDDA should be directed to the appropriate EMS medical director and legal counsel.

October 2013
Revised January 29, 2018
Approved by the EMFTS Board February 15, 2018

EMS Care to Dogs and Cats

House Bill 187 was signed by the Governor on May 31, 2016 and becomes effective on August 31, 2016. This legislation establishes Ohio Revised Code 4765.52, which permits EMS certificate holders to provide care to dogs and cats within the following guidelines.

- The law applies to all EMS certificate holders (EMR, EMT, AEMT, Paramedic).
- Only dogs and cats are referenced in the Bill. The law does not authorize care to any other animals.
- Medical care for dogs and cats should only be performed in the course of an emergency medical response, fire response, or response to aid law enforcement. The law does not apply to a call for EMS care for animals and, furthermore, does not require EMS organizations to respond to calls for animal assistance.
- The scope of practice is not expanded for care to animals. The certificate holder is only authorized to perform the corresponding form of medical services that could be provided to a human patient including:
 - -Opening and manually maintaining an airway;
 - -Giving mouth to snout or mouth to barrier ventilation;
 - -Administering oxygen;
 - -Managing ventilation by mask;
 - -Controlling hemorrhage with direct pressure;
 - -Immobilizing fractures;
 - -Bandaging;
- -Administering Naloxone if administering Naloxone has been authorized by the medical director and the drug is administered either in accordance with a written protocol established by a veterinarian or pursuant to consultation with a veterinarian.
- Immunity applies to EMS certificate holders when providing care to dogs and cats under the same circumstances as when providing care to human patients.
- Veterinarians who assist EMS certificate holders with medical services to a dog or cat have the same level of immunity as medical directors who assist with EMS matters.

This document has been prepared for informational purposes only. As always, certificate holders and EMSOs should consult with their legal counsel for advice.

Medical Control Scope of Practice Interfacility Transport 1 Medical Control



State Board of Emergency Medical, Fire, and Transportation Services Thomas Alienstein, Chair Dudley H.A. Wright II, Vice-Chair Dr. Carol Cunningham, State Medical Director www.ems.ohio.gov/about.aspx

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The State Board of Emergency Medical, Fire, and Transportation Services ("EMFTS Board") issues the following statement:

Regarding Interfacility Transport of Patients by EMS Providers and the Scope of Practice June 2018

This statement is an attempt to provide general information about the above issue facing EMS providers. It should not be treated as legal advice or medical direction. For direct advice regarding a particular scenario, please consult with your medical director and legal counsel. Although the following statement represents the EMFTS Board's general position on the above issue, this statement in no way precludes the EMFTS Board from taking disciplinary action in a particular case if necessary. Any potential complaints brought before the EMFTS Board will be decided on a case-by case basis.

Introduction:

The State Board of Emergency Medical, Fire, and Transportation Services and the Ohio Department of Public Safety, Division of Emergency Medical Services, have developed a defined scope of practice for all EMS providers. The scope of practice for emergency medical technicians (EMTs), advanced emergency medical technicians (AEMTs), and Paramedics is established respectively in Ohio Administrative Code Chapters 4765-15, 4765-16, and 4765-17. An outline of the Ohio EMS scope of practice is available in a matrix form and is posted on the Ohio Department of Public Safety, Division of EMS' website as a reference for public access. This scope of practice addresses all levels of EMS providers and has been approved by the EMFTS Board. Updates to the scope of practice are made as necessary and must be approved by the EMFTS Board.

From time to time, during interfacility transport, EMS providers are confronted with medications, interventions, and therapies that are beyond of their routine scope of practice and training. In these scenarios, additional training (particularly for the Paramedic) paired with initial and ongoing demonstration or testing of skills, is required. The intent of this position paper is to address the approach of the EMS providers and their medical directors to these situations which are not explicitly covered in the Ohio EMS scope of practice.

Discussion:

The number and type of medications, interventions, and therapies in the medical field currently or potentially encountered by the EMS provider in the interfacility transport setting are extensive and may change frequently. The intent of this position paper is not to provide an inclusive or exclusive list of medications, interventions, and therapies that should be included or excluded from the EMS provider's scope of practice. Rather, the intention of this document is to frame the discussion around maintenance of patient safety during interfacility transport and provision of patient care that is appropriate to the EMS provider's level of training, including additional training that has been approved and documented by the medical director and completed well in advance of the transfer.

Additionally, the success of any EMS service requires robust medical direction from an actively involved physician who meets the requirements set forth in Ohio Administrative Code 4765-3-05. This includes, but is not limited to, the initial and ongoing training of EMS providers, as well as an active performance improvement process in which all transports are subject to review for quality assurance.

The scope of this document includes all transports in which the highest level of training of the personnel in the transport vehicle is a Paramedic, including transports that require additional training. A mobile intensive care unit, as legislated in Ohio Revised Code 4766.01, is qualified to transport patients whose conditions require care beyond the scope of practice of a Paramedic. A mobile intensive care unit requires the inclusion of a registered

Medical Control Scope of Practice Interfacility Transport 2 Medical Control

State Board of Emergency Medical, Fire, and Transportation Services

nurse or other allied health professional as cited in Ohio Administrative Code 4766-4-12 and a transport vehicle that has the vehicle specifications and required equipment cited in Ohio Revised Code 4766.07 and Ohio Administrative Code 4766-4-08.

Conclusion:

All authorized services provided by certified Ohio EMS providers, which are cited in Ohio Revised Code 4765 and Ohio Administrative Code 4765, require a written protocol from the medical director. The EMT, AEMT, and Paramedic certification is limited to the scope of practice that is set forth respectively in Ohio Administrative Code Chapters 4765-15, 4765-16, and 4765-17. Furthermore, this position paper does not provide an inclusive or exclusive list of medications, interventions, and therapies that should be included or excluded from the EMS provider's scope of practice. Patient care or services provided that are beyond the routine practice of the certified Ohio EMS provider require additional training that has been approved and documented by the medical director. All additional training must be completed well in advance of the patient transfer and should be paired with initial and ongoing demonstration or testing of skills as an adjunct to support competency.

Prior to accepting a patient for interfacility transportation, the EMS provider:

- Shall complete training for all services provided, including the management of medical equipment and devices, well in advance of the patient transfer, and any additional training must be approved and documented by the medical director.
- Shall complete training for all medications administered, including indications, contraindications, pharmacology, and side effects, well in advance of the patient transfer, and any additional training must be approved and documented by the medical director

In addition, during the interfacility transportation of patients, the EMS provider:

- Shall follow written protocols, which have been developed and signed by the EMS provider's medical director.
- Shall not initiate the infusion of blood or blood products including the initiation of infusion of additional
 units. Under the current scope of practice, the Paramedic may only maintain the infusion of blood or
 blood products.
- Shall not initiate the infusion of intravenous parenteral nutrition including the initiation of infusion of additional units. Under the current scope of practice, the Paramedic may only maintain the infusion of intravenous parenteral nutrition.
- Shall not initiate or continue the infusion of chemotherapeutic agents.
- Should refuse to initiate a transport if the EMS provider feels that adequate training on a specific
 medication, intervention, or therapy has not been provided well in advance of the transfer as outlined
 above or if the EMS provider feels uncomfortable with the transport for any reason, including but not
 exclusive to safety reasons, patient scenario, or any requested parameter of patient care delivery ordered
 during patient transport.

Concerns or questions regarding specific interfacility transports should be directed to the Ohio Department of Public Safety, Division of Emergency Medical Services.

Scope of Practice Electronic Trasmission 12 Lead EKG1 Medical Control



Bureau of Motor Vehicles

Emergency Management Agency

Emergency Medical Services Office of Criminal Justice Services

Ohio Homeland Security

Ohio Investigative Unit

Ohio State Highway Patrol



John R. Kasich, Governor John Born, Director Melvin R. House Executive Director

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To: Ohio EMS providers and Ohio EMS medical directors From: Carol A. Cunningham, M.D., FAAEM, FACEP

State Medical Director, Ohio Department of Public Safety, Division of EMS

Date: August 18, 2015

RE: Electronic transmission of 12-lead EKGs and the Ohio EMS scope of practice

On August 18, 2015, the Emergency Medical Services, Fire, and Transportation Services (EMFTS) Board approved a position statement regarding electronic technologies and the impact on EMS. For EMS agencies who wish to implement policies and procedures for the use of electronic technology for the transmission of data and images, this will provide additional options for the modes of transmission of prehospital 12-lead electrocardiograms (EKGs), and in some cases, cardiac monitor strips, by Ohio EMS providers.

At the time when the rules addressing the performance and transmission of prehospital 12-lead EKGs were promulgated, the majority of cellular phones lacked camera and internet capabilities, and the primary mode for transmission of a 12-lead EKG to a receiving facility was by telemetry. With the expanded modalities that are cited in the EMFTS Board position paper as inclusive in the definition of electronic transmission, it is important to reinforce the fact that the primary goal of the acquisition of a prehospital 12-lead EKG is to rapidly activate a cardiac catheterization laboratory when a patient experiencing an acute ST-segment myocardial infarction is identified.

The ability to transmit the image of an EKG or a cardiac monitor strip as a digital image via telemedicine avenues or via a cellular phone does not alter the Ohio EMS scope of practice. Regardless of an EMS agency's policies and procedures to utilize electronic technologies or the protocols provided by the EMS medical director, Ohio EMS providers may not exceed the Ohio EMS scope of practice for their respective level of Ohio EMS certification.

As a review, please note the following key information regarding cardiac monitoring and 12lead EKG acquisition:

- The Ohio EMS scope of practice permits Emergency Medical Technicians (EMTs) and Advanced Emergency Medical Technicians (AEMTs) to set up and apply a 12-lead EKG when assisting a Paramedic or for the purposes of electronic transmission if all of the following conditions are met:
 - A. The EKG is performed in accordance with a written protocol
 - B. The EMT and the AEMT shall not interpret the EKG
 - C. Delay in patient transport is minimized
 - D. The EKG is used in conjunction with destination protocols approved by the local medical director

Mission Statement

To save lives, reduce injuries and economic loss, to administer Chio's motor vehicle laws and to preserve the safety and well being of all citizens with the most cost-effective and service-oriented methods available

The Ohio EMS scope of practice does not permit EMTs to set up a cardiac monitor unless an AEMT or a Paramedic is present. The EMT shall not perform cardiac monitor interpretation.

Due to the Ohio EMS scope of practice for EMTs and AEMTs, the EMFTS Board continues to strongly recommend the inactivation of the automated interpretation function that is installed in many 12-lead EKG machines and/or the blockade of the printing of the interpretation when the EKG is acquired by an EMT or by an AEMT in the absence of a Paramedic. This action has three benefits:

- A. The lack of an automated 12-lead EKG interpretation prevents the EMT and the AEMT from exceeding the Ohio EMS scope of practice.
- B. The EMT and the AEMT will avoid the scenario where a patient experiencing chest pain refuses prehospital care and/or transport due to a "normal" automated 12-lead EKG interpretation.
- C. Automated interpretations should not be used and are not intended to serve as a substitute for the primary interpretation of a 12-lead EKG by a Paramedic or other medical professional whose training and scope of practice includes 12-lead EKG interpretation.

Protocol Changes Part A

Protocol Changes 1/01/2023

ADULT

Adult Airway Lorazepam changed to q 10 min / max 4mg. Added Fentanyl.

AEMT intubation changed to apenic or pulseless and apenic only

Adult Airway-Notes: KP one and two revised and point 2 changed to apneic or pulseless and apneic

Congestive Heart Failure (CHF)/Pulmonary Edema Removed go nitro

added caution "may use up to 50 mcg per dose if needed"

Congestive Heart Failure (CHF)/Pulmonary Edema-Notes removed go nitro

Rapid Sequence Intubation (RSI): Added rocuronium, added paralysis caution,

Added resuscitate prior to RSI orange box

Rapid Sequence Intubation (RSI)-Notes Added succinylcholine stops orange box

removed 3nd "p" bullet point – delete the "7", added intubation checklist and reworked all key points. added 30% BP/HR key point.

Respiratory Distress/Asthma/COPD: Added IM for solumedrol

Anaphylactic Reaction/Shock Added IM for solumedrol

Hypovolemic/Cardiogenic Shock: Added IM for solumedrol.

Changed hypovolemic shock header to bleeding

Hypovolemic/Neurogenic/Cardiogenic and Septic Shock: Added PDE diagram

Acute Coronary Syndrome: changed stop sign for Zofran and metaclopramie to "Do not administer if EKG obtained and QT > 500ms (2.5 large EKG boxes)".

Revised cocaine or stimulant induced STEMI box. Removed go nitro.

Added stop sign to ticagrelor – do not administer if cocaine or stimulant induced STEMI.

Added stop sign to heparin – do not administer if cocaine or stimulant induced STEMI.

Added stop sign to heparn – do not administer if anticoagulants.

Reworked confirmed STEMI physician or paramedic .

Added consider 2nd iv if STEMI. Changed max dose fentanyl 200 mcg

Revised right side EKG box.

ADULT-continued

Acute Coronary Syndrome-Notes Added second orange box for anti coagulants.

Acute Coronary Syndrome-Diagnostic & Mimickers: Added STEMI mimics in order

Bradycardia: Added hyperkalemia box. Lorazepam changed to q 10 min max 4 mg.

Added caution "may use up to 50 mcg per dose if needed"

Narrow-Complex Tachycardia Added stop for heart failure.

Lorazepam changed to 10 min / max 4. Spell out atrial fibrillation.

Wide-Complex Tachycardia-w/Pulse Added hyperkalemia box.

Lorazepam changed to q 10 min / max 4 mg.

Asystole/Pulseless Electrical Activity (PEA)

Post-Resuscitation Cardiac Care Targeted Temperature Management (TTM)

Lorazepam changed to q 10 min / max 4 mg.

Asystole/Pulseless Electrical Activity (PEA) Changed CPR awareness box

Ventricular Fibrillation/Pulseless V-Tach Changed CPR awareness box

<u>Post-Resuscitation Cardiac Care</u> Added hyperkalemia box.

Added caution "may use up to 50 mcg per dose if needed"

<u>Abdominal Pain</u>: Changed stop sign for Zofran and metoclopramide to "Do not administer if EKG obtained and QT > 500ms (2.5 large EKG boxes)". Removed all on page pain medications in favor of pointing to pain management protocol.

Alcohol Related Emergencies: changed stop sign for Zofran and metoclopramide to "Do not administer if EKG obtained and QT > 500ms (2.5 large EKG boxes)".

Lorazepam changed to 10 min / max 4.

Behavioral/Psychiatric Emergencies: Added "or" to middle midazolam box.

<u>Dialysis/Renal Patient</u> Entire page reworked

Hyperkalemia New page added

Hyperkalemia-Notes New page added

Hyperthermia/Heat Exposure: Reworked entire page

Hypothermia/Frostbite: Changed stop sign for Zofran and metoclopramide to "Do not

administer if EKG obtained and QT > 500ms (2.5 large EKG boxes)".

Nausea/Vomiting: Added alcohol prep pad for nausea.

Protocol Changes Part C

Pain Management | Removed "liver" from ketorolac stop. Changed fentanyl max 200 mcg.

Changed stop sign for Zofran and metoclopramide to "Do not administer if EKG obtained and QT > 500ms (2.5 large EKG boxes)". Added descriptive flags to analgesics

<u>Stroke/CVA-Notes</u> Orange box verbiage changed to anticoagulant.

Toxic Ingestion/Exposure Reworked new ASA and sympathomimetic OD.

Added duo dote to organophosphate column. Added "If patient Tachypneic" to 1st Sodium Bicarbonate

Toxic Ingestion/Exposure/Overdose-Notes Reworked key points

Toxic Ingestion/Exposure/Overdose-Cardiotoxic Medications | Added cardio toxic protocol

<u>Toxic Ingestion/Exposure/Overdose-Cardiotoxic Medications-Notes</u> Added cardio toxic key points. Added columns for potassium channel and sodium channel blockers.

<u>Toxic Inhalation/Ingestion Cyanide</u> Added Cyanokit box, removed specific airway treatments for simple airway statement. Orange boxed notes.

<u>Toxic Inhalation/Carbon Monoxide</u> Orange boxed notes.

Removed specific airway treatments for simple airway statement.

Toxic Exposure Hydrogen Fluoride Exposure | Added 12 lead EKG

Trauma Guidelines Part B Corrected fall to 10 ft.

Adult Abdominal Trauma Revised TXA dosing

Chest Trauma Revised TXA dosing

Drowning/Near Drowning Added consider SMR

<u>Drowning/Near Drowning-Notes</u>: Removed back boarding requirement key points

Extremity Trauma/Amputation: Revised TXA dosing

Maxillofacial Trauma: Added TXA for epistaxis

Multiple Trauma Revised TXA dosing

PEDIATRIC

Pediatric Airway: Added pulseless and apneic to AEMT stop

Pediatric Respiratory Distress Upper Airway-Croup: Added IM for solumedrol.

Changed MR to no repeat in racemic epi.

<u>Pediatric Respiratory Distress Lower Airway</u> Orange box bronchiolitis box.

Added Magnesium Sulfate

Added albuterol dose. Added word concentration to epi box. Added duoneb q 10 min.

Pediatric Anaphylactic Reaction/Shock Added IM for solumedrol. Added IM for autoinjectors.

Added IM in middle epi box.

Protocol Changes Part D

PEDIATRIC-continued

Pediatric Neurogenic/Septic Shock | Added IM for solumedrol

Pediatric Hypovolemic/Neurogenic/Cardiogenic/Septic Shock-Notes | Added PDE diagram

Pediatric Asystole/Pulseless Electrical Activity (PEA) Added d10 max

Pediatric Asystole/Pulseless Electric Activity (PEA)-Notes Changed d25 mixing instructions

Pediatric Narrow-Complex Tachycardia Changed versed to q5 min

<u>Pediatric Narrow-Complex Tachycardia-Notes</u> Added fever to key points for tachycardia causes.

Corrected tallman lettering for midazolam. Added "IF HYPOTENSIVE" to fluid resuscitation math

<u>Pediatric Post-Resuscitation Cardiac Care Targeted Temperature Management (TTM)</u>

Changed versed to q5 min.

<u>Pediatric Wide Complex Tachycardia</u> Changed versed to q5 min. Removed "may" from administer adenosine under unstable. Changed Amiodarone Max dose 300 mg

Pediatric Altered Level of Consciousness Changed immobilization to spinal motion restriction

<u>Pediatric Altered Level of Consciousness-Notes</u> Added repeated dosing may be necessary

Pediatric Behavioral/Psychiatric Emergencies Changed versed to q5 min

<u>Pediatric Diabetic Emergencies</u> Changed glucagon to q15 min. Added mg to glucagon.

Changed bolus to 10 ml / kg. Added max 250 ml to d10.

Pediatric Hyperkalemia: Added hyperkalemia

<u>Pediatric Hyperkalemia-Notes</u> Added hyperkalemia key points

Pediatric Hyperthermia/Heat Exposure: All new heat protocol

Pediatric Hyperthermia/Heat Exposure-Notes: Revised key points

<u>Pediatric Hypothermia/Frostbite-Notes</u>: Removed "a" from bullet point 8.

Removed duplicate last 3 bullet points.

Pediatric Nausea/Vomiting > 1 yr. OLD: Changed Zofran odt to no repeat.

changed stop sign for Zofran and metoclopramide to "Do not administer if EKG obtained and QT > 500ms (2.5 large EKG boxes).

Pediatric Nausea/Vomiting > 1 yr. OLD-Notes: Corrected page header name.

Changed key point #5.

Protocol Changes Part E

PEDIATRIC-continued

<u>Pediatric Pain Management</u> Changed max dose fentanyl.

<u>Pediatric Seizure</u> Changed versed and Ativan to q5 min. Added <60 bgl box.

Corrected lorazepam tall man letters

<u>Pediatric Toxic Ingestion/Exposure</u> Revised toxic protocol

Pediatric Toxic Ingestion/Exposure/Overdose-Notes Revised tox key points

Pediatric Toxic Ingestion/Exposure/Overdose-Cardiotoxic Medications

Added cardio toxic.

Pediatric Toxic Ingestion/Exposure/Pediatric Overdose-Cardiotoxic Medications-Notes

Added cardio tox key points

Pediatric Trauma Guidelines | Corrected falls to 10 ft

Pediatric Abdominal Trauma | Added TXA. Added bolus.

Pediatric Chest Trauma: Added TXA

<u>Pediatric Drowning/Near Drowning-Notes</u> Removed key points mandating immobilization

Pediatric Extremity Trauma/Amputation Added TXA.

Pediatric Maxillofacial/Eye Trauma Added TXA

Pediatric Multiple Trauma Added TXA

OB/GYN

Obstetrical Emergencies-Hemorrhage Revised TXA dose

PHARMACOLOGY

Medication Supply/Availability: Added compliance statements

Albuterol (Proventil) Added may repeat prn. Revised dialysis dose to 10 mg / 4 sticks

Amiodarone (Cordarone) Removed with consultation from indication.

Changed to 5 mg/ml and 300mg max

Atropine Removed precaution point 1. Added beta blocker od use.

Calcium Chloride/Calcium Gluconate Added may repeat if EKG changes reoccur.

Removed contraindication. Bold and italicized different drug names in dosing.

<u>Dextrose</u> Added salicylate od

DiazePAM (Valium) Changed cocaine induced ACS to sympathomimetic overdose

Protocol Changes Part F

PHARMACOLOGY-continued

EPINEPHrine (Adrenaline) mcg / ml in how supplied. Red boxed PDE for kiddos.

Added new needle to last bullet point. Added EPI drip verbiage.

Added up to 50mcg and removed timing in med page for epinephrine

FentaNYL (Sublimaze) Added CPR induced awareness. Changed fentanyl max to 200 mcg.

HYDROmorphone (Dilaudid) Revised precaution point 3.

Ipratropium (Atrovent) | Added may repeat prn. Added CPR induce awareness.

Replaced precaution 3 with capno statement. Added dissociative dose to Key Points 1

Lidocaine (Xylocaine): Changed pediatric pulse producing verbiage to match adult

LORazepam (Ativan) All doses changed to Q10 min max 4 mg except status - q5 min.

Added CPR induced awareness. Changed indication 3 to stimulant overdose.

Changed cocaine induced ACS to sympathomimetic overdose.

Magnesium Sulfate | Added Potassium channel blocker indication and dose.

Added peds lower airway dosing

methylPREDNISolone (Solu-Medrol): Added IM route

Midazolam (Versed): Added CPR induced awareness. Changed indication to sedation.

Changed cocaine induced ACS to sympathomimetic overdose.

Morphine Added prn

Naloxone (Narcan) added q and prn variables. Precautions, #4. sentenced revised.

Ondansetron (Zofran) Added prn

Oxytocin (Pitocin) Added no repeat

Racemic Epinephrine (Vaponefrin) Added no repeat

Sodium Bicarbonate Added may repeat. Added salicylate od.

Tetracaine (Pontocaine) Added no repeat

Thiamine Added no repeat

Tranexamic Acid (TXA) Added pediatric dosing. Added vaginal bleeding. Added epistaxis.

Protocol Changes Part G

SPECIAL USE MEDICATIONS

Calcium Gluconate Solution (10%) Corrected dose.

<u>DuoDote (Atropine/Pralidoxime)</u> Added organophosphate indication.

Added 90 lbs for peds dose.

PROCEDURES

<u>Automated CPR Device (LUCAS) Part A</u> Revised contraindications.

<u>External Jugular Intravascular (IV)</u>: Removed contraindication bullet point 2 – covered elsewhere in procedure

12-Lead ECG Cardiac Monitoring: Revised right EKG box

Stroke Telemedicine Changed mend to stroke

Traction Splint Device Procedure: New page added

MEDICAL CONTROL

Consent and Refusal of Care Flow Chart first and last bullet points reworked.

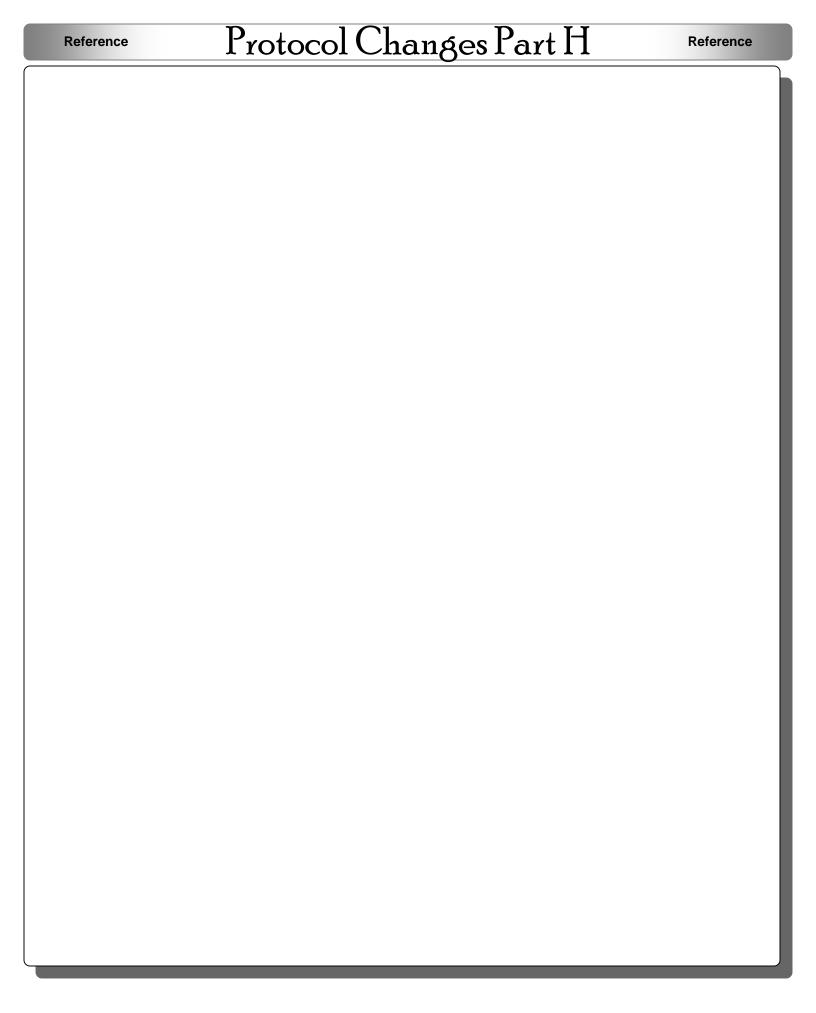
Removed suicide attempt and reworded intoxication to under the influence of etoh and drugs.

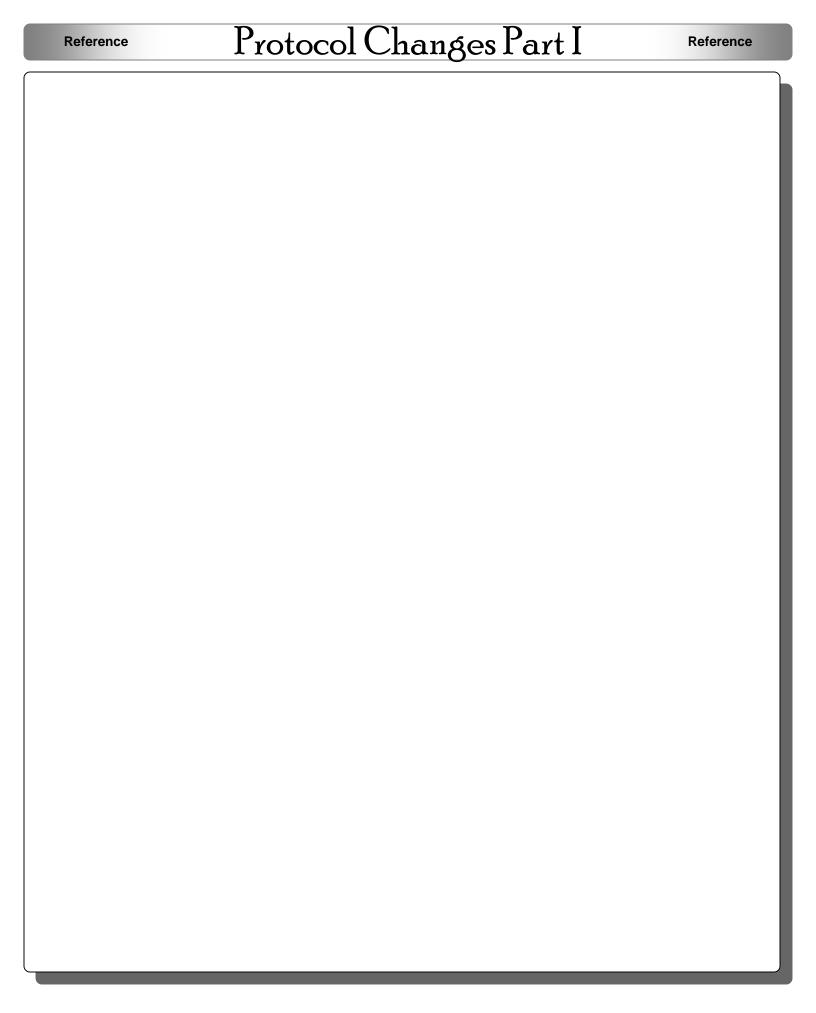
EMS Levels of Certification: Added RN as an EMS provider

Level of EMS Care Reassignment Added level of care reassignment

Pink Slipped Patients | New page added

Infection Control/Exposure Policy Guidelines Part G: Removed verbiage to southwest general hospital





EMR Introduction

These protocols and procedures are to be used as Emergency Medical Responder guidelines for operation during the medical and or trauma care of a person that require medical direction. They are also intended to be guidelines to ensure that personnel are trained in proper pre-hospital patient care.

Procedures are not considered rigid rules, but rather established standards against which Emergency Medical Responder care practice can be measured.

Treatment protocols are specific orders directing the actions pertaining to techniques and/or medications used by Emergency Medical Responder personnel who are required to practice under direct supervision of a physician and under their respective EMS Medical Control authority.

Treatment protocols may and should be initiated without prior direct Medical Control contact, especially when the patient's condition and/or situation is life threatening. As soon as the condition and/or situation permits, the patient should be transported to the emergency department via company policy or local 911 emergency service.

These protocols assume that the Emergency Medical Responder has a thorough working knowledge and current completion card in Basic Life Support (BLS) by the American Heart Association or American Red Cross. Accordingly, BLS procedures are not discussed at length in these protocols.

The Protocols may be used as an educational device before, during and after a run, as a general education tool for squads and responders.

Although not identical, these protocols and procedures are derived from the State of Ohio EMS guidelines. Please note that items in this manual are subject to continuous review for the sake of providing members with the most current emergency medical information. Updates to this material may be frequent to maintain a current standard of care to benefit both the patient and the provider of emergency medical care. The cover page of this manual indicates when the most current version was printed. Please replace older versions with newly updated material as soon as it is issued. Once updated, older versions are to be considered obsolete and are to be discarded to help eliminate confusion.

EMR Introduction Medical Control General Guidelines EMR Introduction

- 1. The patient history should not be obtained at the expense of the patient. Life-threatening problems detected during the primary assessment *must* be treated first.
- 2. Cardiac arrest due to trauma is not treated by medical cardiac arrest protocols. Trauma patients should be transported promptly with CPR, control of hemorrhage, cervical spine immobilization, and other indicated procedures attempted en route.
- 3. When transferring lower level pre-hospital care to a higher level of prehospital care, a thorough consult should be performed between caregivers describing initial patient presentation and care rendered to the point of transfer.
- 4. If the patient's condition does not seem to fit a protocol or protocols, contact Medical Control for guidance.
- 5. All trauma patients with a mechanism or history for multiple system trauma should be transported as soon as possible. The scene time should be 10 minutes or less.
- 6. Medical patients will be transported in the most efficient manner possible considering the medical condition. Justification for scene times greater than 20 minutes should be documented.
- 7. The state of Ohio, Division of EMS, specifies minimum Emergency Medical Responder equipment. The Medical Director may also make specific recommendations for equipment choices.
- 8. These protocols are the written Medical Direction and Standing Orders of the Medical Director and authorize the activities of the Emergency Medical Responder until such time as these Standing Orders are overridden / supplemented by:
 - a. Radio / telephone contact with the Emergency Department for direct "on-line" medical direction / orders.
 - b. The arrival on the scene of a person with a higher level of EMS certification. This person must provide proof and state / accept responsibility for the care delivered to that patient.
 - c. The arrival of local EMS to take over care and transport of the patient.
- 9. Vital signs should be obtained and recorded every 5 minutes for unstable or critical patients, if possible

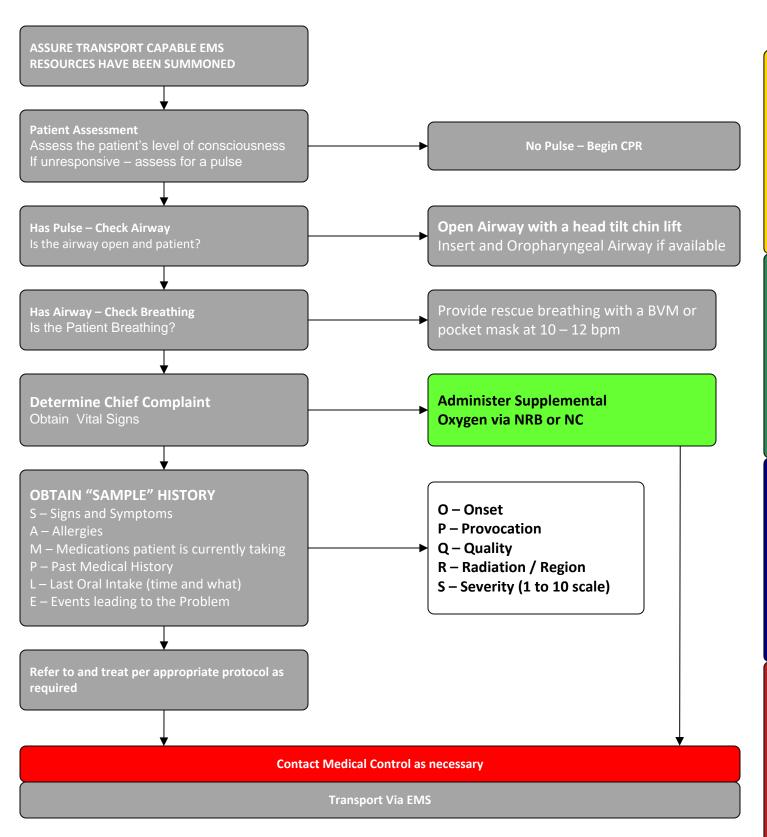
EMR Introduction Physician Intervener Guidelines EMR Introduction

- 1. When a non-medical-control physician offers assistance to EMS or the patient is being attended by a physician with whom they do not have an ongoing patient relationship, EMS personnel must contact On-line Medical Control and the physician must be approved by On-line Medical Control.
- 2. When the patient is being attended by a physician with whom they have an ongoing patient relationship, EMS personnel may follow orders given by the physician if the orders conform to current EMS guidelines, and if the physician signs the PCR. Notify Medical Control at the earliest opportunity. Any deviation from local EMS protocols requires the physician to accompany the patient to the hospital.
- 3. EMS personnel may accept orders from the patient's physician over the phone with the approval of Medical Control. The paramedic should obtain the specific order and the physician's phone number for relay to Medical Control so that Medical Control can discuss any concerns with the physician directly.

All algorithms are color coded to denote procedures, which may be performed by the Emergency Medical Responder. To perform procedure color - coded red, Medical Control must be contacted for permission. Higher levels of certification will perform lower level evaluations and procedures when interpreting the algorithms.

The protocol format is for quick reference and does not detail patient assessment, interpretation or interventions. EMS personnel are accountable for all patient care and documentation to their level of training.

Color Codes		
White	Universal Patient Care Protocol/Patient Care Notes	
Gray	Emergency Medical Responder Skill and Assessment Level Interventions	
Green	Medication Administration/Assist	
Red	Medical Direction Contact/Authorization Required	



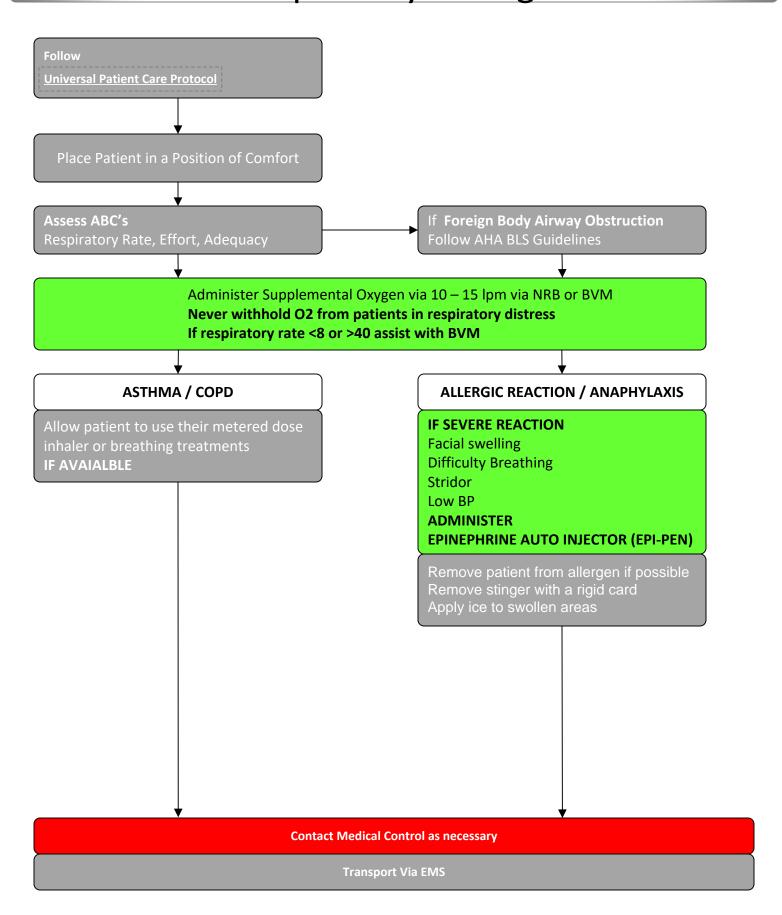
EMR Medical Emergencies

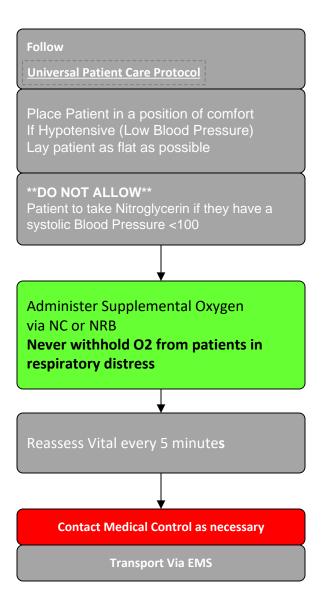
EMR Medical Emergencies

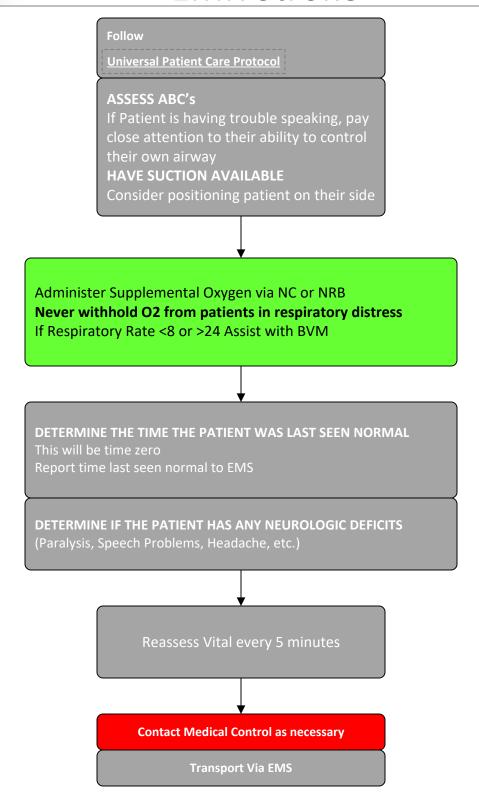
EMR Medical Emergencies **EMR Medical Emergencies**

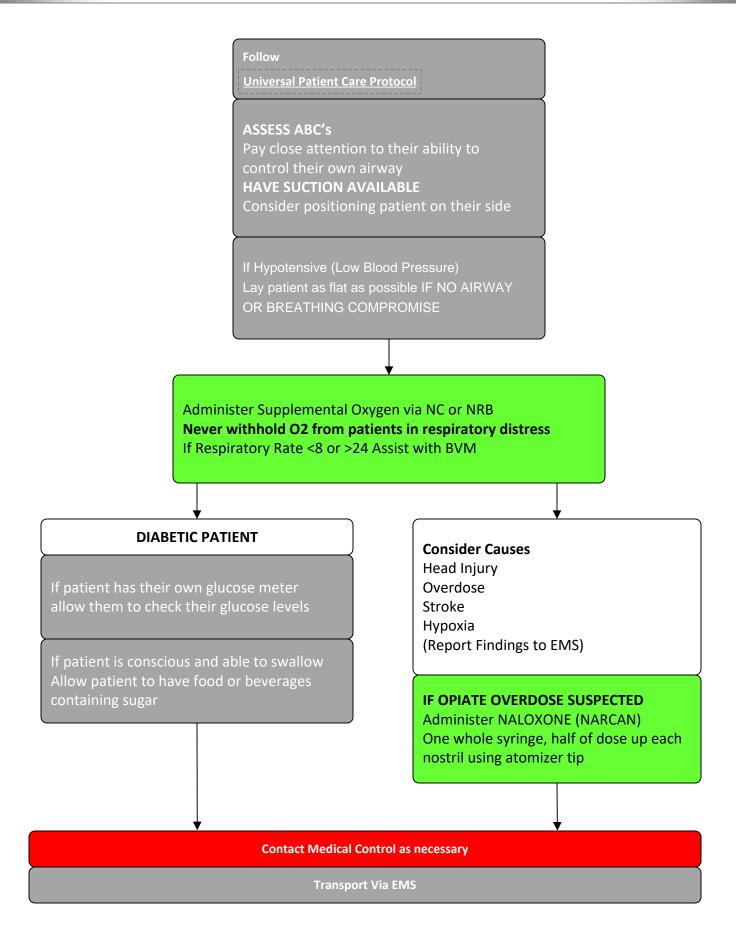
Respiratory Emergencies

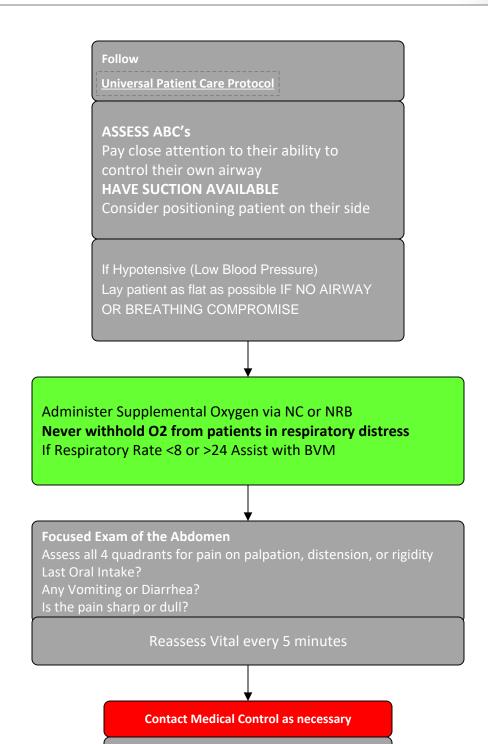
EMR Medical Emergencies



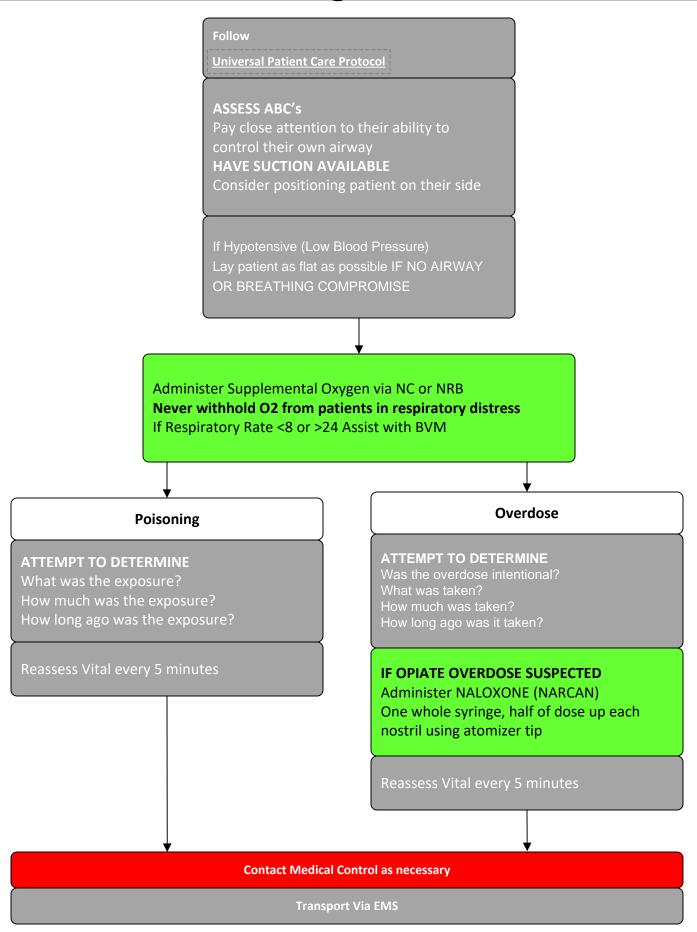


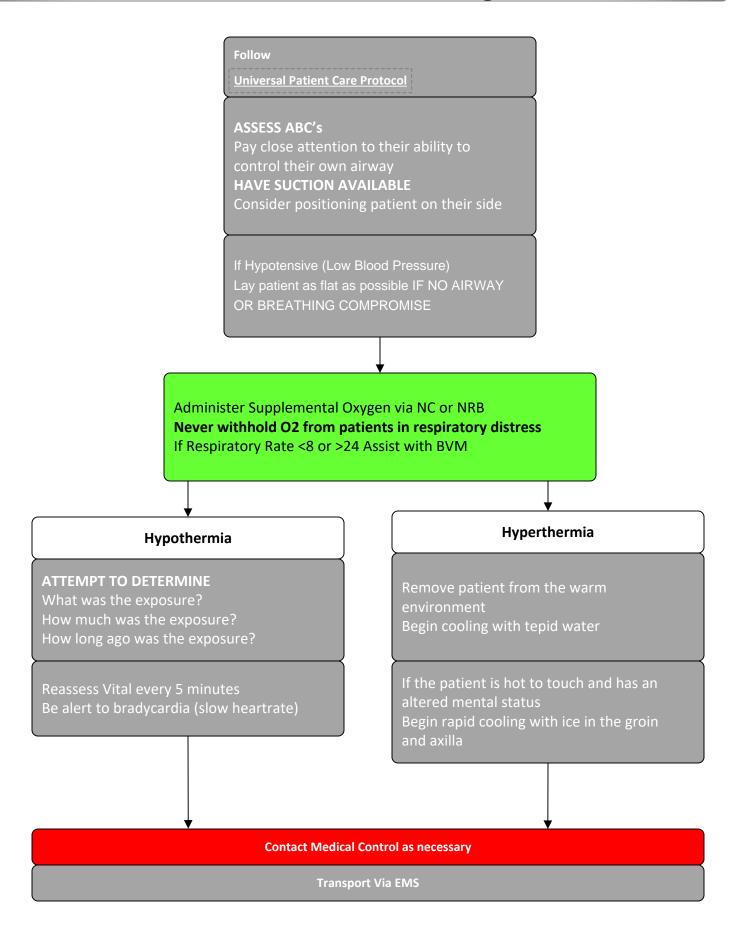


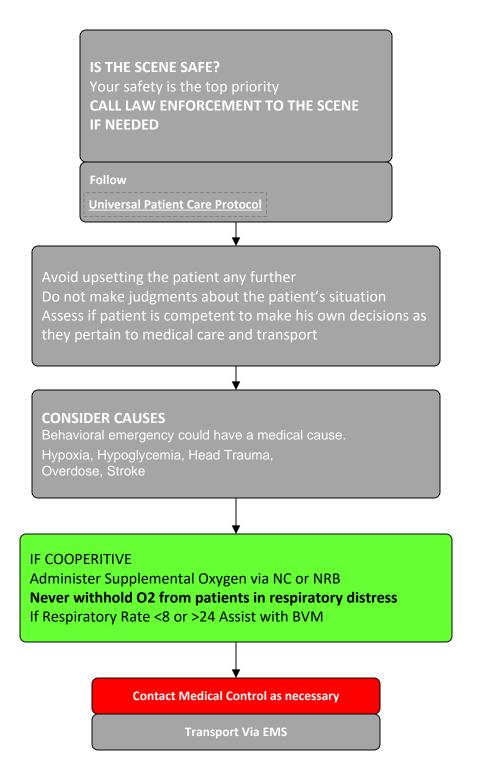




Transport Via EMS

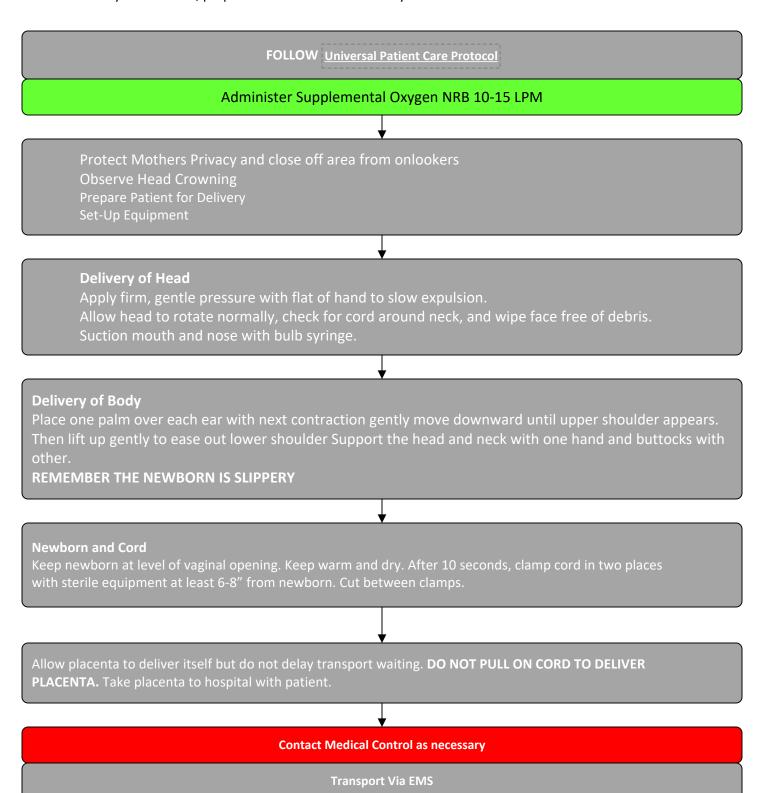






Determine if there is time for transport or whether delivery is imminent. Signs of imminent delivery include contractions 1-2 minutes apart, lasting 30-45 seconds, bulging membranes, or the presence of crowning.

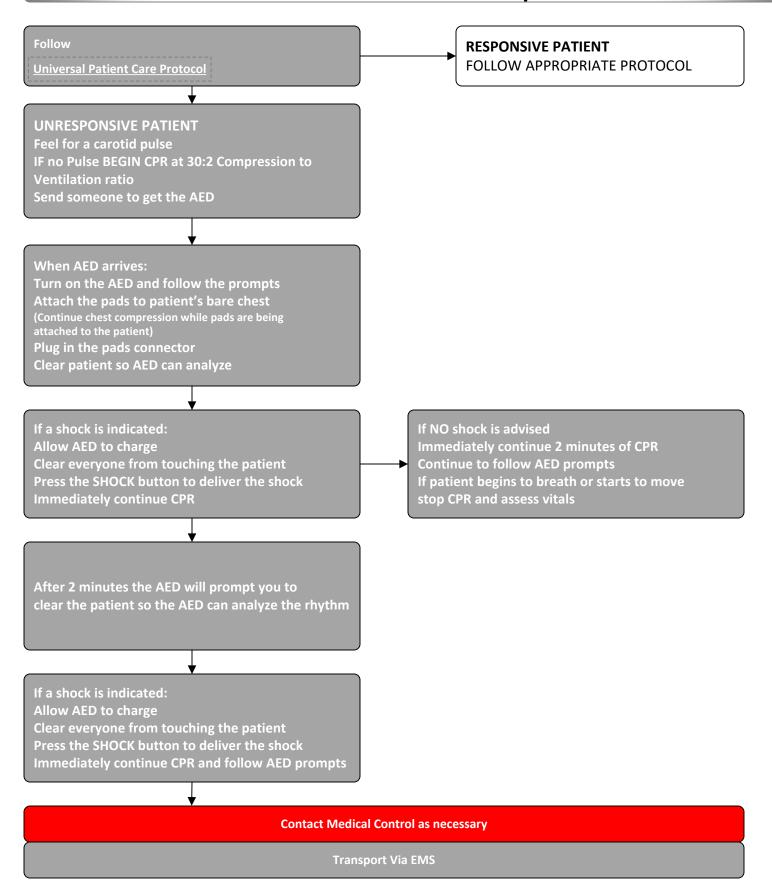
- Activate the EMS system to expedite transport.
- If delivery **IS NOT** imminent, prepare patient for incoming ambulance.
- If delivery IS imminent, prepare to assist with the delivery.



EMR Medical Emergencies

EMR Cardiac Arrest/AED

EMR Medical Emergencies



EMR Trauma Guidelines

Emergency medical service personnel shall use the following criteria, consistent with their certification, to evaluate whether an injured person qualifies as an adult trauma victim or pediatric trauma victim, in conjunction with the definition of trauma according to the State of Ohio Trauma Triage Guidelines.

An Adult Trauma Victim is a person 16 years of age or older exhibiting one or more of the following physiologic or anatomic conditions:

Physiologic conditions

- Glasgow Coma Scale < 13
- Loss of consciousness > 5 greater minutes
- Deterioration in level of consciousness at the scene or during transport
- Failure to localize to pain
- Respiratory rate < 10 or > 29
- Requires endotracheal intubation
- Requires relief of tension pneumothorax
- Pulse > 120 in combination with evidence of hemorrhagic shock
- Systolic blood pressure < 90, or absent radial pulse with carotid pulse present

Anatomic conditions

- Penetrating trauma to the head, neck, or torso
- Significant, penetrating trauma to extremities proximal to the knee or elbow with evidence of neurovascular compromise
- Injuries to the head, neck, or torso where the following physical findings are present:
- Visible crush injury
- Abdominal tenderness, distention, or seatbelt sign
- Pelvic fracture
- Flail chest
- Injuries to the extremities where the following physical findings are present
- Amputations proximal to the wrist or ankle
- Visible crush injury
- Fractures of two or more proximal long bones
- Evidence of neurovascular compromise
- Signs or symptoms of spinal cord injury
- 2nd or 3rd Degree > 10% total BSA or other significant burns involving the face, feet, hands, genitalia, or airway

Field Trauma Triage Criteria: Mechanism of Injury (MOI) & Special Considerations

Co-Morbid Diseases and Special Considerations:

- Age < 5 or > 55
- Cardiac disease
- Respiratory disease
- Diabetes
- Immunosuppression
- Morbid obesity
- Pregnancy
- Substance abuse/intoxication
- Liver disease
- Renal disease
- Bleeding disorder/anticoagulation

Physiologic conditions

- Glasgow Coma Scale < 13
- Loss of consciousness > 5 greater minutes
- Deterioration in level of consciousness at the scene or during transport
- Failure to localize to pain
- Respiratory rate < 10 or > 29
- Requires endotracheal intubation
- Requires relief of tension pneumothorax
- Pulse > 120 in combination with evidence of hemorrhagic shock
- Systolic blood pressure < 90, or absent radial pulse with carotid pulse present

EMR Trauma

EMR Trauma Guidelines Key Pointes

EMR Trauma

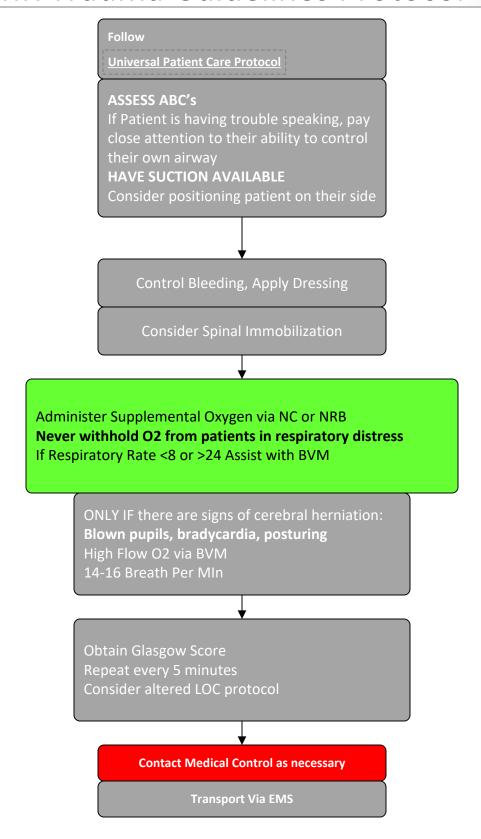
Key Points

Exceptions to Mandatory Transport to a Trauma Center:

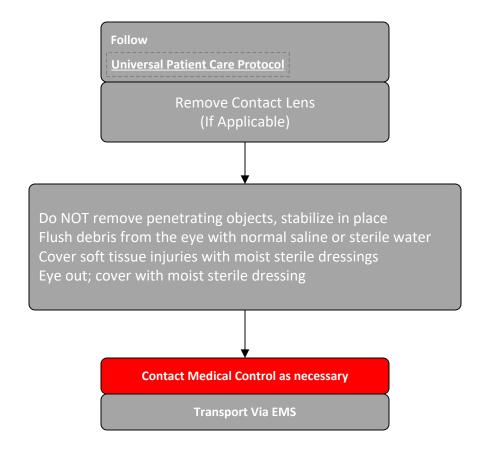
Emergency medical service personnel shall transport a trauma victim directly to an adult or pediatric trauma center that is qualified to provide appropriate adult or pediatric care, unless one or more of the following exceptions apply:

- It is medically necessary to transport the victim to another hospital for initial assessment and stabilization before transfer to an adult or pediatric trauma center
- It is unsafe or medically inappropriate to transport the victim directly to an adult or pediatric trauma due to adverse weather or ground conditions or excessive transport time
- Transporting the victim to an adult or pediatric trauma center would cause a shortage of emergency medical service resources
- No appropriate adult or pediatric trauma center is able to receive and provide adult or pediatric trauma care to the trauma victim without undue delay
- Before transport of a patient begins, the patient requests to be taken to a particular hospital that is not a trauma center or, if the patient is less than eighteen years of age or is not able to communicate, such a request is made by an adult member of the patient's family or a legal representative of the patient

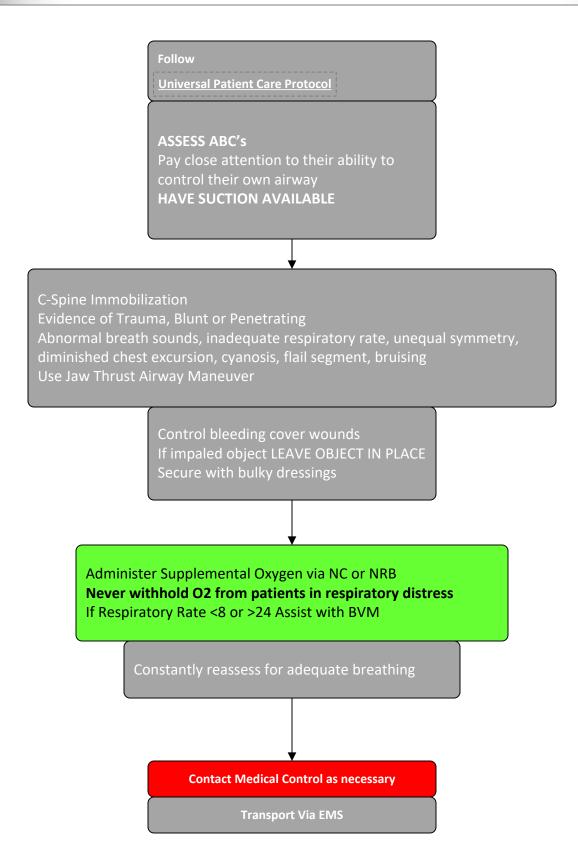
	Glasgow Coma Scale	
INFANT	Eye Opening	ADULT
Birth to age 4		Age 4 to Adult
4 Spontaneously		Spontaneously 4
3 To speech		To command 3
2 To pain		To pain 2
1 No response		No Response 1
	Best Verbal Response	
5 Coos, babbles		Oriented 5
4 Irritable cries		Confused 4
3 Cries to pain		Inappropriate words 3
2 Moans, grunts		Incomprehensible 2
1 No response		No response 1
	Best Motor Response	
6 Spontaneous		Obeys commands 6
5 Localizes pain		Localizes pain 5
4 Withdraws from pain		Withdraws from pain 4
3 Flexion (decorticate)		Flexion (decorticate) 3
2 Extension (decerebrate)		Extension (decerebrate) 2
1 No response		No response 1
= TOTAL		TOTAL =

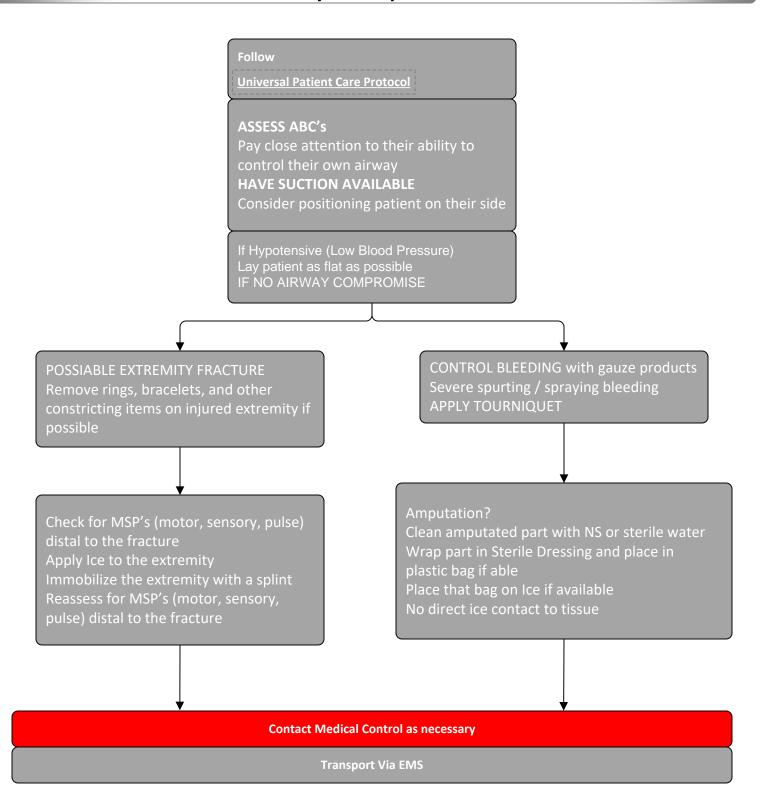


EMR Eye Trauma



EMR Chest Trauma





EMR Burn Trauma

